

Dec '92.

The LINK



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Mountfitchet

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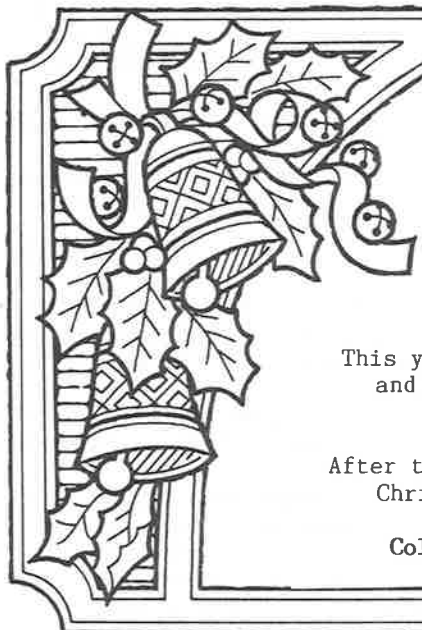
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D. W. Harrington



CHURCHES TOGETHER IN STANSTED
CAROL SINGING
Tuesday 22 December 1992
7.00pm

This year we meet on the corner by Lloyds Bank
and then proceed to the Memorial Gardens.

After the carols, there will be refreshments and
Christmas music in St John's Church Hall.

Collection in aid of Save the Children

The Link is published monthly by Churches Together in Stansted
Cost is 25p a month; £2.50 for the year. To order your copy please contact:
Mrs Lindsey Collingwood, 15 Loates Pasture. Tel: 813428.

Advertising Manager: Mrs L Everitt, 12 Meadowcroft. Tel: 813504.

All other enquiries to the Editor, Mrs Phyllis Harrison. Tel: 813535.

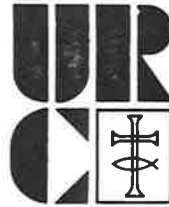
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represent those of CTS, its member churches,
village organisations or advertisers.

Copy to reach 58 Chapel Hill by
10th December for January issue
14th January for February issue

CHURCHES TOGETHER IN

STANSTED



United Reformed

Chapel Hill

Minister: The Rev'd Margaret McKay MA BD
1 Howe Hall Cottages
Littlebury Green
Saffron Walden Essex
Tel: (95) 528155

The Rev'd Lydia Rapkin
23a St. John's Close
Saffron Walden Essex
Tel: (95) 523296

Group Secretary:
Miss Muriel Dalley
145 Cherry Garden Lane
Newport Essex
Tel: (95) 41210

Stansted Contact:
Mrs Janet Townsend
59 Chapel Hill
Tel: 812593

Services: 11 a.m. each Sunday

For details of services at Clavering and
Newport please ring the Group Secretary.

CHRISTMASTIME

A time of presents, good food and drink. A
time of family and fun. A time of warmth and
happiness. And may we all be blessed.

Sadly for some a time of looking back longingly
and a time of looking forward with fear.

At Christmas Jesus comes to all of us in our
happiness and in our sorrows: Jesus, Emmanuel
or God with us. The stories of the birth of
the baby in a stable, the shepherds in the
fields and the wise men following the star come
from a time long, long ago, but they speak
directly to us now. In the shadow of Yugoslavia,
of Somalia and Northern Ireland, they bring us
light and in the darkness of homelessness and
unemployment and poverty, they should be a guide
and to those who suffer, they should bring hope,
not just that things will get better, but that
the world may be transformed.

Jesus is the gift of God to the world.

A Prayer:

Jesus
gift of God
to a worn-out world,
let your presence
open our eyes
to see your salvation.

Jesus
gift of God
to a violent world,
let your presence
guide our feet
into the way of peace.

FROM THE CHAIRMAN OF THE LINK COMMITTEE

In my new role as chairman of the Link Committee
I am writing to thank all who have helped during
the past year by contributing, and by production
and distribution of The Link. I am sure that I
speak for all of the Link "staff" in expressing
our gratitude to The Rev'd. Margaret Booker, the
previous Chairman, for the many years of
splendid work which she gave to our magazine.

Distribution can be yet another job that has to
be fitted in with other tasks in a busy month,
so I do want everyone to know that their efforts
are appreciated both by the readers and the
small group that is responsible for Link's
monthly appearance. The time has again come
round for subscriptions to be renewed, and I am
pleased to tell you that the present rate of
£2.50 per annum is to be held for the coming
year.

Our little committee is constantly looking for
new ways of making the Link more attractive,
and even more importantly, of reaching more
potential readers. It is in this regard that
the distributors are in a key position, for if
you see newcomers arrive in your road it would
be most helpful if you would give them a spare
copy (obtainable from one of the churches) and
encourage them to subscribe. Alternatively,
you could notify me or one of the committee
whose names appear below and one of us will
make an approach. All readers could help in
this way!

Again, thank you.

Derek Honour

Derek Honour, 59 Blythwood Gardens, 813160
Janet Townsend, 58 Chapel Hill, 812593
Olive Bunting, 27 Burnells Way, 813184
Katherine Hurford, 2 Matchings Lane,
Bishop's Stortford, 654945
Mary Warnett, 9 Mary Macarthur Close, 814521
Lynn Everitt, 12 Meadowcroft, 813504
Catherine Dean, 49 Recreation Ground, 813579
Phyllis Harrison, White House, Ugley Green,
813535
Pascall Fowell, 57 Woodfields, 812500



Methodist

Jesus
gift of God
to an unprepared world,
let your presence
rouse our sleeping spirits
into welcome and worship.

Jesus
gift of God
to a rebellious world,
let your presence
confront our disobedience,
redirecting our lives
and transforming our society.

Jesus
Christmas gift
to us and the world,
we offer you our lives
that they in turn
may be a gift to your world
for its peace, its joy, its future
displaying for all time
your self-emptying pilgrimage to power and
glory.

(URC Prayer Handbook 1987)

May God bless you this Christmastime.

Margaret McKay

Preachers for December

- 6th 11 am Dr. J. Anderson of Cambridge
Bible Sunday
13th 10.30 am Rev. M. McKay & Rev. L. Rapkin
Group Gift Service followed by
coffee and mince pies in the
Lecture Hall
20th 11 am Rev. L. Rapkin Communion
25th 10.30 am Rev. M. McKay Group Family
Service
27th 11 am Mrs. J. Townsend Carols - Readings

At our Group Gift Service on 13th December we are asking everyone to bring gifts of toiletries, gloves, scarves or items of clothing for the "street people" who go to Whitechapel Mission. During the year many of us have heard Mr. & Mrs. Gill of Bishop's Stortford tell us of their visits to the Mission and of their work amongst those people and of how grateful they are of any support we can give. So please give generously.



Meets in Quaker Meeting House, Chapel Hill

Minister: The Rev'd Michael Hayman
2 South Road
Bishop's Stortford, Herts.
Tel: 654475

Secretary: Mrs Marion Dyer
7 Blythwood Gardens
Stansted, Essex CM24 8HG

Services: Morning Service - 9.30am.

Preachers for December

- 6th Rev. Ronald Rawlings Holy Communion
13th Mrs. Daphne Cornell
20th Rev. Michael Hayman United Carol Service
with Society of Friends
27th Miss Jean Hay Family Service

Other Dates to Note:

- December 11th 8.00 Fellowship at Tim & Fran
Richards', 17 Spencer Close
December 19th 8.00 Christmas Party at the
Friends' Meeting House

Society of Friends

Quaker Meeting House, Chapel Hill

Clerk: Katharine Hurford
2 Matching Lane
Bishop's Stortford, Herts.
Tel: 654945

**Meeting for
worship:** 11am

DIARY OF A DOUBTER

Sunday 25th October

I wish I hadn't volunteered to write this month's Link article. I haven't a clue what to write about. I look at various Quaker writings for inspiration, but none is forthcoming. A diary from 1792 shows promise, but is really too quaint. Besides, a diary is too personal.

Monday 26th October

Phone call from Anthea regarding the proposed refurbishment of the Meeting House. I agree that something needs to be done, but the initial enthusiasm is wearing off and I'm beginning to have real doubts about our ability to raise the large sum of money needed.

Tuesday 27th October

To London for a seminar at the Portman Hotel. Very posh. The buffet lunch is magnificent. I recall the old chap I'd seen earlier, sheltering from the frost in the doorway of Littlewoods.

Thursday 29th October

News at work of a takeover bid. I've always felt on ethically safe ground working in the food industry, but it turns out that the bid comes from a firm also involved in manufacturing guns. A testing time ahead for Quaker principles, I fear.

Monday 2nd November

To Harlow County Court for the Adoption Hearing. After three minutes in the Judge's chambers, Jenny is officially ours. The day has been a long time coming, but the waiting has been worthwhile. No doubts today. I thank God for His precious gift, and look forward to a real family Christmas.

God bless you, Jenny.

John Millington

Church of England

St. John's Church, St. John's Road

Clergy: The Rev'd Bob Wallace
The Rev'd Brenda Wallace
The Vicarage, St. John's Road
Tel: 812203

Services: Holy Communion 8.00 a.m.
Parish Communion 9.30 a.m.
(Creche, Children's Church and Lazer Group)
Holy Communion (1662) 12.15 p.m.
(1st Sun excl. August)
Evensong 6.30 p.m.

Holy Communion is also celebrated on:

Monday 7.30 p.m.
Wednesday 10.00 a.m.
Friday 9.00 a.m.

DIARY FOR DECEMBER

- 1 10.30 Service at Norman Court
- 2.15 Tiny Tots
- 8.15 Prayer Group at 9 Hargrave Close
- 8 10.30 Service at Mead Court
- 2.00 Tuesday Club at 10 Hargrave Close
- 13 3.00 Christingle Service
- 6.30 Royal British Legion Carol Service
- 14 8.00 Standing Committee in the Vicarage
- 15 2.15 Tiny Tots Christmas Party in the Hall
- 16 2.30 St. Mary's School Carol Service in Church
- 18 2.30 Peter Kirk School Carol Service in Church
- 20 6.00 Carol Service at Farnham Church -
No evening service at Stansted but
all are very welcome at Farnham
- 24 3.00 Crib Service
- 11.30 Midnight Mass
- 25 8.00 Holy Communion - ST. MARY'S
- 9.30 Parish Communion
- 27 9.30 Parish Communion for the Feast of
St. John the Evangelist
- 3.30 Carol Service

REGISTERS FOR OCTOBER

Baptisms

18th October Natasha Faye Howard
Thomas Owen John Rees

Funerals

14th October James Dougal McFarlane, aged 83
30th October Elsie Adelaide Herrington, aged 82



CRISIS IN AFRICA APPEAL

As at 10th November, £3,776.25 has been banked as a result of the Village Appeal. This reflects a generous response right across the whole village community from playgroups and schools to senior citizens' clubs and from a large number of individuals in every part of our village. It is hoped that the £4,000 target will be reached by the end of November when the National Appeal is officially concluded. However, any contributions received after then will still be accepted and directed by the Disasters Emergency Appeal. Any final contributions may be sent via the Vicarage (cheques payable to "Crisis in Africa").



Dr. Brenda has been appointed to a new post as Secretary to the Diocesan Youth Service. This is a full-time post, based at St. Mark's College at Audley End, from 16th November. She will continue as non-stipendiary parish deacon at St. John's, but her time for parish activities will be limited as a result of her new responsibilities.



CHILDREN!

Come and bring your parents to our two special pre-Christmas services in St John's Church:

CHRISTINGLE SERVICE

Sunday 13 December at 3pm

See 'Our Page' for how to make a Christingle.

CRIB SERVICE with blessing of Christmas Crib

Christmas Eve at 3pm





St. John's Church

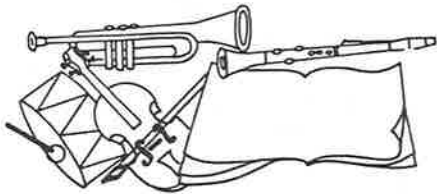
Christmas Concert Netteswell Youth Band

Saturday 12 December
7.30 p.m.

Tickets:
Adults £2.50; Concessions £1.50,
Family £6.00

*Interval refreshments included -
seasonal fare and hot punch.*

Raffle in aid of the Band



St. John's Church

Christmas Cards

Pack of 10 (5 each of 2 designs) £3.00

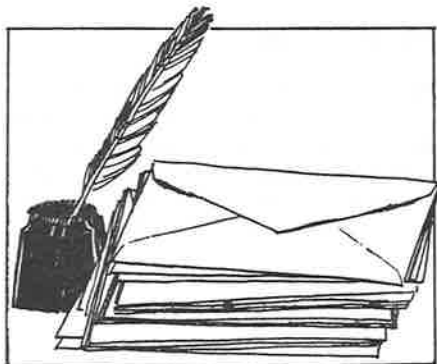
Christmas gift idea!

Framed Prints

Three designs - £15 each

*all from the original drawings by the Architect,
W. D. Caroe*

available from the Vicarage



Roman Catholic

St Theresa's Church, Millside.

Priest: The Rev'd John Meehan
The Presbytery, 12 Millside.
Tel: 814349

Services: Sunday Masses - 8am and 10.30am
and at Henham - 9.15am.

Holy Days - 9.15am and 8pm
and at Henham - 7pm.



MARY, WHO WAS SHE?

Why is she so dear to me?

She was a poor girl, a virgin still

Chosen for a role long foretold

As she was led along that Bethlehem road

To give birth to a little child

Through whom God and sinners were reconciled

Let us give thanks as did she

And magnify His name

That we may God's love receive

As we remember His little child

Through whom God and sinners were reconciled

D.H.R.



Many thanks to all who are contributing so generously with tins of fish, meat and babyfood for the refugees of Bosnia and Croatia. All contributions gratefully received at St. Theresa's or at Eileen Quinn's, 4 Greenfields.

Shalom Group

Monday 7th December 8 p.m.

Advent Meditation by Rev. Chris Bishop at the home of Phyllis Harrison, White House, Ugley Green.

Monday 14th December 8 p.m.

Christmas Party at the home of David and Rita Morson, Chantry Hall, Crow Street, Henham.



STANSTED R.A.P.

[Regular Aid for the Poor]

Following on the excellent response from the whole village to the Crisis in Africa appeal, we hope readers will

WATCH THIS SPACE

for further announcements about how we can contribute regularly to a fund for the needs of the world's poor. A continuous sharing will best help the continuing problem of world famines and disasters.



**"UNTO US
A CHILD
IS BORN..."**

Village News



FUTURE EVENTS

VILLAGE DIARY

December

- 3 8.00 Day Centre. Local History Society
- 5 2.00 Broome End Nursing Home Christmas Fayre
- 9 11.00 Stansted Hall. Barnardo's Christmas Fayre
- 13 6.00 St. John's Church. Royal British Legion Carol Service for 6.30
- 7 Civic Amenity Skip at Crafton Green Car Park

January

- 4 Skip at Crafton Green Car Park
- 7 8.00 Day Centre. Local History Society

Stansted Mountfitchet Parish Council

Office Hours:
Monday to Friday
10.00 a.m. to 1.00 p.m.



Council Offices
Crafton Green House
71 Chapel Hill
Stansted Mountfitchet
Essex CM24 8AQ
Telephone: (0279) 813214

Clerk: Mrs. Ruth Clifford
Tel: 813214
Office House: Monday to Friday
10.00 a.m. to 1.00 p.m.

BULBS

Our thanks to all those who donated bulbs for planting and in particular to the anonymous donor who left two bags outside the office door! Planting is now complete and we hope to see "a host of golden daffodils" come the spring.

SKIP DATES

The Civic Amenity Skip will be at Crafton Green Car Park on the following dates:

Monday 7th December - Thursday 10th December
Monday 4th January - Thursday 7th January

A complete list of dates for 1993 will be available from the office from 1st December.

FOR YOUR DIARY

The Annual Parish Meeting will be held on Wednesday 24th March 1993 - please put this date in your diary as we are hoping for a higher turnout next year. Venue and time are yet to be confirmed, but will be well publicised prior to the event.



The 66th Annual General Meeting was held on October 29th at the cricket pavilion. Numbers attending were small due to the very cold evening.

We have lost seven members through decease but had gained five new ones. Social events had been successful and we had a healthy bank balance.

Officers elected as follows:

President: Major Wallace, Chairman: Mrs. Stevens, Vice Chairman and Secretary: Mr. D. Challis, Committee Members: Messrs. Laird, Stoddart, Tisbury and Mrs. Challis.

The Treasurer Mr. Kemsley retired due to a change of work. Mr. J. Segar took his place. Poppy Organiser: Mr. Segar.

On behalf of the Poppy Appeal Organiser I would like to thank all those who have been round with a tray of poppies and a tin, those who paraded on Remembrance Sunday, laid a wreath on behalf of their organisation and those who joined in the service at the United Reformed Church. Thanks are also expressed to Rev'd Lydia Rapkin for taking the service at both the Memorial and in church.

My thanks to you all.

Mrs. K. Stevens
Chairman
Stansted and District Branch
The Royal British Legion

C Group The Royal British Legion are holding their 16th Annual Carol Service on December 13th at St. John's Church, Stansted, starting at 6.30 p.m.

The Lord Lieutenant, High Sheriff, a National Officer of the R.B.L. plus County Officers, Standards and Branches in Essex will be attending.

We offer a warm welcome to the people of Stansted to join us. Please be seated by 6.00 p.m. to be sure of a seat.



There was a very good attendance for the A.G.M on 15th October. Mrs. Betty Little stood down as Chairman and I have taken her place. Mrs. C. Whall remains Secretary and Mrs. V. Levey Treasurer. Mrs. Little will be moving away from Stansted. She has been a very good chairman. We thank you for all the work that she does for the R.B.L.W.S.

Steve Foster talked to us about his holiday in Death Valley. It was interesting to hear about the beautiful sunrises and sunsets but quite hair raising about the vicious terrain.

There will not be a meeting in December so January 21st is the date for your new diary - 7.30 p.m. Day Centre. All ladies will be welcome to join us.

Donations towards the upkeep of the cut flowers on the War Memorial will be most welcome. The Women's Section pay for and attend this job every week.

We wish you all a Very Happy Christmas.

Sheila M. Parry
814788



It was rather humbling for us to have a visit by Ronald Campbell, a carpenter from Sierra Leone, at the end of October. His many years of experience with tools were evident from the effortless way in which he put a perfect edge on a plane blade and brought a blunt panel saw back to life. Ronald is spending a year working with TFSR, and has been touring around looking at what some of the national groups are doing. He was accompanied by the delectable Debra Dilcock, our friendly TFSR area representative. Debra will be sharing mince pies with us at our social gathering on 15th December, and in return she will no doubt tell us a bit about her visit to Arusha in Tanzania, where the first overseas TFSR conference took place in mid November.

The most important news item this month is that we are running short of tools for refurbishing. In particular we are in need of your (or your next door neighbour's!) old chisels, planes and saws; but any small hand tools are welcome in whatever condition. We do not send gardening tools abroad, but we do have an obliging local fence (alias Tony!), who is prepared to convert them into cash which is then used to buy consumables such as hacksaw blades for packing in the tool kits. Please give me a call if you have any tools for collection.

Michael Dyer
814059



STANSTED EVENING

The November meeting of the Stansted Mountfitchet Evening Women's Institute took place on the 12th of the month.

The President introduced the speaker, Mr. Ted Pretty, who spoke about his work at Audley End House, reminiscing on how the house was run and on the staff hierarchy in the older days. He described some of the ways things were done, such as how the coal was hauled into the house from the outside, the way the water was piped and pumped up to the roof tanks (which were made of slate) from a natural source. Also he talked about the restoration which has taken place both in the house and the garden, which has been relaid as it was in 1840. He also mentioned the fact that it had been taken over during the war and used by the Polish section of the S.O.E.

After the coffee break the A.G.M. was held. As Mrs. Brenda Ryan was standing down as President an election was held for that post. Mrs. Anne Johnson was elected and duly installed. A vote of thanks and appreciation for all her work was given to the outgoing President.

The result of the competition "A lace hankey" was announced and the winner was Miss Claire Francis.

The raffle was drawn and thus came the end of an evening with a very fascinating talk.

Mrs. C. E. Brook
812155



Stansted Mountfitchet Local History Society

Meetings held in the Day Centre at 8 p.m.

Thursday 3rd December
Gravestones and Monuments at St. Mary's,
Stansted Frances Spalding

Thursday 7th January
Local Timber Framed Buildings Adrian Gibson

Thursday 4th February
Hassobury and the Gosling Family Toby Lyons

For further information please ring
Peggy Honour B/S 813160

STANSTED AFTERNOON

On 11th November our W.I. held their Annual General Meeting with reports on the year's activities, including the committee's and the treasurer's, who drew our attention to the rather low state of our funds and urged every one to rejoin next year and endeavour to enrol one new member each. A vote of thanks to the retiring committee was given by Mrs. Wheeler.

We had a very interesting talk by Mrs. Booker on her holiday earlier this year in New Zealand, describing the scenery, history and the people she met. Mrs. Calver gave the vote of thanks for this talk.

The overall winner of the Competition Cup this year was Mrs. Dowdel.

The competition this month was an unusual candle stick. Winner - Mrs. Banks, second - Mrs. Scarr.

The raffle prizes were won by Mrs. Wheeler and Mrs. Leach.

The committee for the coming year is as follows:- President - Mrs. Rumney, Committee Members - Miss Oswald, and Mesdames Grose, Freeman, Scarr, Cooper, B. Little, P. Little, Leech, Davis and Reed.

Our next meeting will be on Wednesday 9th December and is our Christmas Party at which the speaker will be Mrs. Parrot, so I urge all members to come along and have an enjoyable time.

K. G. Rowley
812424



MOUNTFITCHET GARDEN CLUB

The November meeting of the club included an informative talk by Mr. Mackay on Rock Gardens including tips on the most suitable plants to use.

The monthly competition for a small Rock Garden - max 6 inches - was won by Betty Waterman.

On Wednesday December 2nd our meeting will include a Quiz and a gardening video.

Members competition - A Christmas Wreath.



CAROL SINGING

The Carol season has come round again, and once again the hardy group of singers will be taking to the streets. As usual they will welcome newcomers; auditions are not required! Nevertheless, if any reader feels that the timbre of their voice is not up to it they would be equally welcome as collectors. So come along and make it a cheery and worthwhile evening out.

The collection this year is for Medics, the acronym for Mid Essex Doctors Immediate Care Service. This is run by doctors who, without charge, give immediate aid to victims of road and other accidents. The organisation, which we used to know as SWAG or Saffron Walden Accident Group, has since expanded to include the area from Haverhill down to Ingatestone, and from Stebbing across to Standon, so including Harlow and Chelmsford as well as our own area. It now numbers eight doctors who provide a 24 hour 365 day service entirely outside the NHS. With the centralising of accident facilities at fewer hospitals it follows that the need for their service is greater than before. At present they have a cash crisis, and since it takes £15,000 to equip each doctor, much of it needing regular renewal and replacement, it becomes a challenge to us all to keep this outstanding voluntary service "on the road".

Carol singing begins at 7.30 p.m. each evening and the venues are:

Saturday 19th December - Meet Corner Bentfield Road/Bentfield Gardens

Monday 21st December - Meet Corner Cambridge Road/Five Acres

Wednesday 23rd December - Meet Corner Chapel Hill/Spencer Close

Thursday 24th December - Meet Chapel Hill: outside Les Oldfield's shop

Judy Goddard, Helen Baker, Peter Jones



HEALTH AID U.K.

My sincere and grateful thanks to the very efficient helpers, for the generous donations and to the kind people who came to the Coffee Morning on October 21st, raising a magnificent £350 for the Romanian babies.

Margaret Arnold

Health Aid
The Bateman Centre
Birch Hill Hospital
Rochdale OL12 9QB
Registered Chairity 327695

28/10/92

Dear Margaret,

Many many thanks for the donations you have paid in to Health Aid U.K. bank account, we are very grateful and pleased your coffee morning was such a success.

Without the support of so many kind people, our work in Romania could not continue, the money you have sent will help to make the childrens Christmas more enjoyable.

Thank you again.

Kind regards

Dorothy Cumbley





BARNARDO'S CHRISTMAS FAYRE

WEDNESDAY 9TH DECEMBER

FROM 11.00 A.M. TO 12.30 P.M.



Welcome to Stansted Hall! Thanks to the kindness of Mr. Alan Reynolds, General Manager of the Hall, this splendid old house with its warm, Christmassy atmosphere is again the setting for the annual Barnardo's Christmas Fayre. There's the usual generous raffle with lots of prizes, Christmas stalls, tombola, cakes, delicatessen, plants, 'bring and buy', guess the weight of aturkey and a cake, 'good-as-new clothes', etc.

Nowadays, Barnardo's is an up-to-date welfare group dealing with today's problems of child neglect, drug abuse, Aids, divorce, homelessness - as well as caring for mentally and physically handicapped children and their families. But Barnardo's need our help.

By coming along on Wednesday 9th December to Stansted Hall you will be helping Barnardo's. Perhaps you could give a lift to friends or neighbours who have no car? It's a lovely old house, but difficult without a car. Stansted Hall, next-door to St. Mary's Church, Burton End, Stansted. 50p admission, including refreshments.

BROOME END NURSING HOME

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CHRISTMAS FAYRE

Please come to our Christmas Fayre at Broome End on 5th December 1992 at 2 p.m. until 4 p.m. There will be various stalls, entertainment and also refreshments.

We would like to take this opportunity to thank all our many friends in the village for their kindness and support during 1992 and wish everyone a peaceful Christmas and Joyous New Year.

Noel G Griffiths and Staff





Alzheimer's Disease Society

Caring for Dementia

Over 70 people crowded into Stansted Day Centre on Wednesday 8th July to attend the launch of the North West Essex Branch of the Alzheimer's Disease Society.

Among those attending were District Councillors, health and social service professionals, clergy, carers, former carers and representatives from voluntary organisations. Cllr. Robert Chambers, Leader of Uttlesford District Council was in the chair and the speaker was Dr. Angus Kennedy from the Alzheimer's Disease Research Group, St. Mary's Hospital, Paddington.

Mrs. Marjorie Stone, National Vice Chairman of the Alzheimer's Disease Society was to have been one of the speakers but was unable to be present for the best of reasons; she had been invited to a meeting of MPs and Peers at the House of Commons to answer questions prior to the formation of an all-party committee to address the problems of dementia.

Dr. Angus Kennedy, a Research Fellow working with the Alzheimer's Disease Research Group, gave a most interesting account of the difficulties encountered in researching the causes of dementia and the search to find genes and markers which he likened to the search for a particular entry in a towering pile of telephone directories. His affable style and amusing cartoons of unspeakable medical scenes belied the very real concern that he and fellow practitioners have at the present lack of precision in the diagnosis of dementia. The attentive audience, while admitting to some difficulty in understanding the medical language, asked some wide-ranging questions which continued the debate so enthusiastically opened by Dr. Kennedy's talk. Before he left for Liverpool to address another Alzheimer's meeting, scheduled for the following day, several of those present had volunteered to be scanned as 'normal' patients in the programme of research at St. Mary's Hospital.

Barbara Stephens, the Eastern Regional Development Officer of the Alzheimer's Disease Society, gave an account of the progress of the North West Essex Steering Group from the original exploratory meeting of professionals and voluntary organisations convened by UCVS to the present launch of the North West Essex Branch.

Local telephone: 815150.



STANSTED AIRPORT

Stansted Airport is happy to be associated with Uttlesford CVS and assist the work it is doing in the community through the sponsorship of the UCVS Newsletter over the next year.

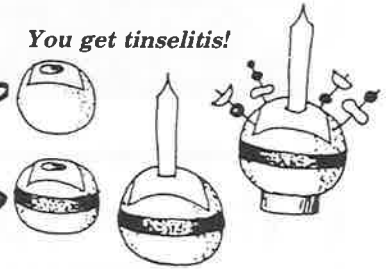
The airport has established many links with the local community not only through the many groups working in Uttlesford but in the immediate physical environment. It has been developed as "an airport in the countryside" and great care has been taken to preserve the rural nature of its surroundings.

Over 350,000 trees and shrubs have been planted around the site and 10% of the airport has been landscaped at a cost of £3 million. Many species of wild flowers have been successfully transplanted in a ten acre conservation area on the airport boundary and recently, sheep have been introduced into the area so that the grass can be kept short and the flowers preserved.



What happens if you eat Christmas decorations?

You get tinselitis!



CHRISTMAS LIGHTS

I love Christmas decorations, all the sparkling tinsel and fairy lights. There is something very special about the twinkling coloured lights that you see in front windows as you pass other people's houses - they remind us that people everywhere are joining together to celebrate the birth of Jesus, the Light of the World. Jesus' coming brought light to a dark world.

One very special light that we have around Christmas is the Christingle - lots of churches hold special candle-lit or Christingle services. But perhaps you'd like to make your own Christingle.

Traditionally, a Christingle is a specially decorated orange and all the bits put on it have a special meaning.

What you need:

*an orange
a candle
red insulating tape*

*4 cocktail sticks
nuts, fruits and sweets*

What it represents:

*the world
Jesus, light of the world
the blood of Christ, shed for the world
the four seasons
the fruits of the world*

Carefully make a hole for the candle in the top of the orange. Put a square of cooking foil to line the hole and catch any drips of wax.

the candle firmly into the hole, making sure that it stands upright.

Put a band of red round the middle of the orange (don't use paper as it is very dangerous). Put

Add cocktail sticks with fruit, sweets and nuts on. Cut a slice from a cardboard tube to stand the orange on (part of a loo roll middle is just right).

BROOME END

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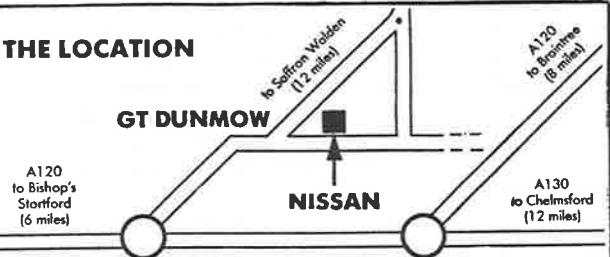
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