

Feb 93

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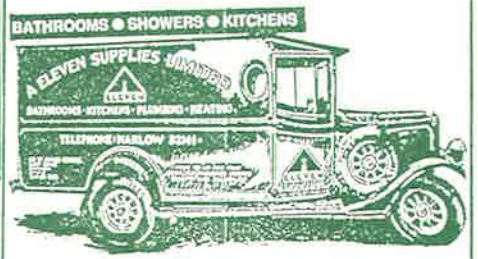
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STANSTED R.A.P. (Regular Aid to the Poor)

An extraordinary meeting of Churches Together in Stansted will be held on MONDAY, FEBRUARY 15th at 8.00 p.m. at The UNITED REFORMED CHURCH HALL, CHAPEL HILL to approve the constitution and to elect a committee for R.A.P.

ALL THOSE INTERESTED VERY WELCOME!

Women's World  Day of Prayer

FRIDAY 5TH MARCH 1993, 2.00 p.m.

ST. THERESA'S CHURCH, MILLSIDE

Speaker: GERALDINE FRAIN

"GOD'S PEOPLE, INSTRUMENTS OF HEALING"

ALL WELCOME

The Link is published monthly by Churches Together in Stansted
Cost is 25p a month; £2.50 for the year. To order your copy please contact:
Mrs Lindsey Collingwood, 15 Loates Pasture. Tel: 813428.

Advertising Manager: Mrs L Everitt, 12 Meadowcroft. Tel: 813504.

All other enquiries to the Editor, Mrs Phyllis Harrison. Tel: 813535.

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Opinions expressed in this magazine are given freely and do not necessarily represent those of CTS, its member churches, village organisations or advertisers.

Copy to reach 58 Chapel Hill by
11th February for March issue
11th March for April issue



Church of England

St. John's Church, St. John's Road

Clergy: The Rev'd Bob Wallace
The Rev'd Brenda Wallace
The Vicarage, St. John's Road
Tel: 812203

Services: Holy Communion 8.00 a.m.
Parish Communion 9.30 a.m.
(Creche, Children's
Church and Lazer Group)
Holy Communion (1662) 12.15 p.m.
(1st Sun excl. August)
Evensong 6.30 p.m.

Holy Communion is also celebrated on:

Monday 7.30 p.m.
Wednesday 10.00 a.m.
Friday 9.00 a.m.

There was a change of venue for the Village Carol Singing this Christmas, as we moved down Chapel Hill to sing in Lower Street and Station Road, hopefully raising the spirits of a few weary commuters. The excellent concert afterwards in St. John's Hall and the mulled wine and mince pies gave us all a warm glow. We also raised £53.79 for Save the Children. Many thanks to all contributors.

Day of Reflection

On March 6th there is to be a Day of Reflection at Church House in Newport. This will be led by Rev. Michael Cruchley, who is a Rural Churches Consultant at The Arthur Roul Centre in Warwickshire. The purpose of the day is for us to look at what the Stansted Churches have so far achieved in practical and spiritual co-operation, and to consider what further progress we can make. Hopefully the day will be challenging, thought-provoking and reflective, and everybody is invited.

Catherine Dean

Society of Friends

Quaker Meeting House, Chapel Hill

Clerk: Mary Rice
92 Hadham Road
Bishop's Stortford
Herts CM23 2QP
Tel: 651769

Meeting for
worship: 11am



A MEDITATION ON GRACE

It seems that, on the human level, to 'grow in grace' means to be poised. It means to live a rhythmic life so that order and harmony may appear in our undertakings and do so by reason of the fact that we are fixed and settled in our true centre. But the human meaning does not exhaust the meaning of the phrase 'grow in grace'; since it means also to grow into grace. We may say that a flower in the garden grows into the sun; absorbing into itself the energy and power of the sun. To those who are open to receive it the Grace of God is as the sun to the flower - the

source alike of life, of growth and human poise. It is true to say that the Creative Spirit - which is the Grace of God, can be absorbed into the structure and organisation of the human personality. Thus growth in human grace requires that we shall grow into the Grace of God. Let us consider whether and in what ways our life is hindering our growth in grace and our growth into Grace and our service to others.

Howard Collier

DIARY FOR FEBRUARY

2 10.30 Service at Norman Court
8.15 Prayer Group at 62 Chapel Hill
7 9.30 Family Communion for Education
Sunday
9 10.30 Service at Mead Court
2.00 Tuesday Club at 10 Hargrave Close
2.15 Tiny Tots
8.00 Social Committee at the Vicarage
23 2.15 Tiny Tots
7.00 Shrove Tuesday Party
24 ASH WEDNESDAY
10.00 Holy Communion
8.00 Parish Communion

REGISTERS FOR DECEMBER

Funerals

2nd December Peter John Dellow, aged 48
7th December James Power, aged 71
9th December Charles Leslie Clark, aged 77
24th December Florence Hilda Morley,
aged 85

SUNDAY SCHOOL

We are grateful for so many folk responding to our recent appeal for leaders for this important part of our work. For further details of our programme for 3 year olds and upwards, please either call at the Vicarage or come along on Sunday morning 9.30 a.m. to 10.30 a.m. (except Family Communion on 1st Sundays).

EDUCATION SUNDAY

On Sunday 7th February at 9.30 we will welcome staff, parents and pupils from St. Mary's School. The school will be open after the service until 11.30 a.m. and all members of the congregation are invited to the school for coffee and an opportunity to look around.

CONFIRMATION

COPY OF LETTER RECEIVED BY THE VICAR

Disasters
Emergency
Committee

Our Confirmation Service this year will be on 9th May, and classes are beginning at the beginning of February for young people (Wednesday evenings at 6 p.m.). Please contact Deacon Brenda at the Vicarage immediately if you wish to join.

An adult group will be starting at the beginning of March. Please contact the Vicar for details.



ST. JOHN'S HALL - UPPER ROOM

Now available for letting to small groups of up to 30 people

Charge £7.00 per session
(either morning, afternoon or evening)

Enquiries to
Jackie Corbishley, 813040

SHROVE TUESDAY PARTY

This will be run as a Beetle Drive, starting at 7 p.m. and finishing at 9.30 p.m. The tickets will cost £2.50 (concessions £1.50).

AFRICA IN CRISIS APPEAL

The target of £4,000 was achieved in mid-December. See copy of letter from Disasters Emergency Committee.

Thank You 

I have had so many cards that it has become for me an impossible task to thank you individually for your kindness during my recent hip replacement. I hope that you will accept my thanks through "The Link" for your cards, your gifts and your visits both in hospital and since my return home. Six weeks have passed, very quickly I am glad to say, and I hope soon to be around the village a bit more when I can again drive the car.

Thank you all, and too, the staff at the Herts & Essex Hospital - I was very fortunate to be there in such a friendly and happy ward - alas - I was one of the last orthopaedic patients to be treated there.

A belated, but very happy New Year to you all.

Margaret

Dear Bob,

I should very much appreciate it if you could pass a BIG THANK YOU to all of the people in the Stansted Mountfitchet community for their tremendous efforts over the past few weeks on behalf of the Africa in Crisis Appeal.

The £4,000 target that you have reached is truly wonderful, and will go a long way to helping the aid agencies in their disaster relief and longer term rehabilitation work in east and southern Africa.

Once again many many thanks and may I wish you and the people of Stansted Mountfitchet a very happy Christmas and a peaceful New Year.

Yours sincerely,

Gary Willis
Co-ordinator

Footnote: For those who wish to carry on this great work please see notice of meeting on Front Page.
Editor.



Roman Catholic

St Theresa's Church, Millside.

Priest: The Rev'd John Meehan
The Presbytery, 12 Millside.
Tel: 814349

Services: Sunday Masses - 8am and 10.30am
and at Henham - 9.15am.

Holy Days - 9.15am and 8pm
and at Henham - 7pm.

Grateful thanks to all who are supporting the refugees in Croatia/Bosnia by donating tins of baby food/fish/meat, sugar or rice.

Gifts can be brought to St. Theresa's or to Eileen Quinn at 4 Greenfields.

"He said to his disciples, make them sit down then taking the five loaves and the two fishes, He looked up to Heaven, said the Blessing over them, broke them, and gave them to the disciples to distribute to the people. They all ate to their heart's content". (Luke 9, 14-17)

".... I was hungry"



United Reformed

Chapel Hill

Minister: The Rev'd Margaret McKay MA BD
1 Howe Hall Cottages
Littlebury Green
Saffron Walden Essex
Tel: (95) 528155

The Rev'd Lydia Rapkin
23a St. John's Close
Saffron Walden Essex
Tel: (95) 523296

Group Secretary:
Miss Muriel Dalley
145 Cherry Garden Lane
Newport Essex
Tel: (95) 41210

Stansted Contact:
Mrs Janet Townsend
59 Chapel Hill
Tel: 812593

Services: 11 a.m. each Sunday

For details of services at Clavering and Newport please ring the Group Secretary.

PREACHERS FOR FEBRUARY

7th 11 a.m. Family Service
14th 11 a.m. Rev. L. Rapkin
21st 11 a.m. Rev. M. McKay Communion
28th 11 a.m. United Service at the
Quaker Meeting House

Every Wednesday Morning at 9.30 a.m.
there is a Prayer Group led by
Rev. L. Rapkin in the Vestry to which
everyone is invited to join.



Methodist

Meets in Quaker Meeting House, Chapel Hill

Minister: The Rev'd Michael Hayman
2 South Road
Bishop's Stortford, Herts.
Tel: 654475

Secretary: Mrs Marion Dyer
7 Blythwood Gardens
Stansted, Essex CM24 8HG

Services: Morning Service - 9.30am.

FEBRUARY SERVICES

7th Rev. R. Rawlings (Holy Communion)
14th Mr. D. Coulton
21st Rev. M. Hayman
28th 11.00 a.m. Society of Friends -
Churches Together

Thanks from us all to Marion and Michael Dyer for a lovely gathering at their home for Christmas ... and congratulations to Tim Richards on passing the next hurdle towards ministerial training.

Our recent coffee morning raised £83 for Methodist Homes for the Aged, which, together with £50 already allocated, will make a special contribution to M.H.A.'s Golden Jubilee Year - 1993.

Shalom Group

Monday 8th February, 8 p.m.

Tools for Self Reliance - Michael Dyer at
7 Blythwood House

Sunday 14th February, 3 p.m. - 5.30 p.m.

Tea Dance - Ugley Village Hall

Sunday 21st February

Whitechapel - Jim Collin's team

Monday 22nd February, 8 p.m.

Meditations by David Richardson at
4 Greenfields

Sunday 14th March

Whitechapel - David Morson's team

Monday 8th March, 8 p.m.

A journey down the Jordan River - by
Rev. Ronald Rawlings at 20 Bentfield Green

Friday 19th March, 8 p.m. - 11.30 p.m.

St. Patrick's Day Concert for Corrymeela
in St. John's Hall

Village News



Future Events

February

- 5 8.00 Day Centre. Liberal Democrats AGM
 13 7.00 St. John's Hall. Valentine Quiz
 Night (see notice)
 27-28 Skip at Crafton Green

March

- 5 2.00 St. Theresa's Church, Millside
 Women's World Day of Prayer
 13 12.00 Day Centre. Liberal Democrats
 invitation to Ploughmans Lunch
 and evening function at
 Mountfitchet School
 14 3.00 Ugley Village Hall. Tea Dance
 19 8.00 St. John's Hall. St. Patrick's
 Day Concert for Corrymeela
 22-25 Skip at Crafton Green



The National Childbirth Trust Education for Parenthood

DIARY DATES FOR FEBRUARY 1993

Coffee Mornings are from 10 a.m. to 11.30 a.m.

- Tue 2nd Expectant Mums & Under 1's, Mandy
 Honour, 60 Blythwood Gdns, Stansted
 816895
 Wed 3rd Toddlers, Clare Arnold, 40 Wetherfield
 Stansted, 815225
 Fri 5th OPEN HOUSE, Nola Marshall, Hollybank
 Crow Street, Henham 850307
 Tue 9th Expectant Mums .. Hazell Manundrell
 6 Hall Close, Henham 850423
 Wed 10th Toddlers, Shelley Mulhall, 5 Pimblett
 Row, Henham 850133
 Fri 12th Pre-school, Maxine Mott, Hillcroft,
 Stansted Rd, Elsenham 812516
 Tue 16th Expectant Mums .. Shelley Mulhall,
 5 Pimblett Row, Henham, 850133
 Wed 17th Toddlers, Yvonne Rains, 6 Markwells
 Elsenham 815707 OR
 Shelley Mulhall, 5 Pimblett Row,
 Henham 850133
 Fri 19th Pre-school, Sue Bone, The White Hart
 Cambridge Rd, Ugley 815447
 Tue 23rd Expectant Mums .. Sue Carrington,
 33 The Croft, Elsenham 647343
 Wed 24th Toddlers, Mandy Honour, 60 Blythwood
 Gdns, Stansted 816895
 Fri 26th Pre-school, Penny Brooks,
 42 Bentfield Gdns, Stansted 814763

THE PARISH COUNCIL OF STANSTED MOUNTFITCHET

Clerk: Mrs. Ruth Clifford
 Office Hours: Monday to Friday
 10.00 a.m. to 1.00 p.m.
 Telephone: 0279 813214

As mentioned in the December issue, the Annual Parish Meeting will be held on Wednesday, 24th March 1993 in the Day Centre. This will commence at 8.00 p.m. - all are welcome!

STANSTED BROOK

You will have read in previous editions of "The Link" of the success of the enhancement project, and we would like to take this opportunity to thank all the volunteers who took part. The brook certainly looks much tidier and the water is flowing well. We are hoping to have one more day of work in the spring to plant wild flowers and the Clerk will be in touch with the voluntary groups again in due course.

SKIP DATES

The Civic Amenity Skip will be at Crafton Green on the following dates:

Saturday 27th and Sunday 28th February
 Monday 22nd March - Thursday 25th March

IMPROVEMENTS

We hope everybody will agree that the old-style streets lights in Lower Street and Station Road are an improvement. We do apologise for the delay in painting them which was caused by problems with our suppliers.

The access road to the car park and Castle has now been resurfaced. In the absence of anybody claiming ownership of the whole road, the Council undertook this work to improve safety conditions and general appearance in this much used part of the village.

STANSTED CONSERVATIVES

Following the success of the public meeting held last November to discuss the implications of the "Maastricht Treaty" which our Member of Parliament, Alan Haselhurst, kindly agreed to attend and answer questions, the Branch is currently arranging a similar event to be held later in the year. Further details will be announced in due course.

Our Annual General Meeting will be held at the Day Centre, Crafton Green on Friday 19th March at 8 p.m. and all members are welcome.



Well, it's the start of a new year and our resolution at Rainbow is to make sure that 1993 is as interesting, energetic and fun-filled as 1992 was for all our children and parents.

Is it really only weeks ago that "our little angels" were acting out the Nativity and singing their little hearts out at the Christmas Concert? (and am I the only mum who sniffs and swallow a lump in her throat throughout these occasions?)

Our Indoor Boot Sale in November was well attended and we were pleased to raise £30 on our cake stall for the Africa in Crisis Appeal - thanks to all who contributed to this event.

Looking ahead to 1993 and a few dates to put in your diary.

At 8 p.m. on 30th January we are holding a Quiz Night in the Hall (Youth and Adult Centre, Lower Street, Stansted). Of course there will be prizes but the sheer prestige of winning this event is worth the effort in itself! At £5, including a fish and chip supper and a glass of wine, this is a very reasonable and enjoyable night out.

On 3rd February at 2 p.m. in the hall a qualified Speech Therapist will give a talk on speech development.

Due to the success of their visit in November, "See-Saw Clothes" will be returning on 3rd March at 11 a.m. Anybody who saw their beautiful range of reversible children's clothing could not fail to be impressed by their quality and value for money.

Also due to popular demand our photographer will return on 10th March at 11 a.m.

Another Indoor Boot Sale will be held in the hall on Saturday 27th March at 1.30 - 4 p.m. So start rummaging now and you could easily get a "bootfull" assembled in time to earn some pocket money for Easter.

The children will also be busy with Pancake races on Shrove Tuesday and a visit to a local farm to see the lambs in spring.

Mum and Co. is now open on Tuesdays (for under 3's) and Wednesdays (under 3's and their older brothers and sisters) from 1.30 - 3.30 p.m. This is a great way to meet other mothers and is still very cheap at £1 per session.

Further details of all the above events will be posted on noticeboards around the village or contact our Playgroup Supervisor, Ann Conroy, on 0279 812457.

Wishing you all a great 1993 from all at Rainbow. Thankyou for your support in all our ventures.

Anne Pardue
815975



Once again we were the noisiest group at the Pantomime with our "Look behind you" and our "Oh yes you did". Joanne brought the house down when during a very tense and silent moment as with the last stroke of midnight Cinderella fled losing her shoe Joanne loudly exclaimed "Oh no".

Everyone enjoyed the ice creams, lollies and orange drinks during the interval, thanks to a generous donation from the Stansted United Reformed Church.

We say thankyou to the Rushmore family who organised a Charity Football Match on Boxing Day which raised £165 for our holiday fund. Thankyou to everyone who gave their time and money to raise money for us in this way. We also say thankyou to our friends at the Cock Public House for their continued support over many years and for the £50 raised by their Christmas raffle.

Our A.G.M. will take place on February 10th at the Day Centre at 8 p.m. We hope to make this a very informal evening with cheese, wine, tea and coffee served throughout the evening. There will also be a display of photographs of events enjoyed by our club members over the past years. Do come along and meet us all. We promise you a pleasant evening.

M. G. Johnson



ROTARY SEND THANKS

The members of the Rotary Club of Stansted Stort Valley wish to thank everyone who gave so generously to their Christmas Appeal in the village. The response was far beyond all expectations and made the project such an enormous success.



Stansted Afternoon

Stansted Evening

The President, Mrs. Joan Rumney, welcomed members and visitors and then introduced the new committee for 1992-93.

A successful coffee morning/wool sale had been held - £100.70 being raised.

Medics have written asking for a donation to their 'operating fund'. It was decided to hold a coffee morning with other organisations in the village on March 31st.

Several members showed interest in taking part in the Kilroy programme in March and four members will attend the Evening Institute Meeting on 14th January.

The president introduced Mrs. Parrott, whose talk "I'm too modest" proved to be an apt description of herself.

A very pleasant Christmas tea was enjoyed by all. New members/visitors are most welcome.

R. A. Davies
0279 870383



Hello Everyone,

We hope you had a good Christmas and are now fighting fit for a new term full of activities and fund-raising. You will see the children around the village collecting items for their sponsored I-spy boards.

Saturday 27th February will find the children bring their dads, grannies and grandads to play at Nursery School in the morning.

Everyone's welcome to join us at our Annual Quiz Night on Saturday 6th March, 7.30 p.m. at St. John's Hall.

We hope you will continue to support us during 1993. Sideways Pre-School Nursery is situated in St. John's Hall, Monday to Friday. Top Group, Monday, Wednesday and Friday 9-12. Little Group, Tuesday and Thursday, 9-12.

Auntie Helen

The January meeting of the Stansted Mountfitchet Evening W.I. took place on the 14th of the month. The President, Mrs. Anne Johnson, welcomed the members and guests. She also presented the birthday buttonholes.

The members were advised that there would be a change in the programme for the February meeting. Inspector David Perry will be speaking on the subject of "Drugs". Anybody who would be interested in this subject will be welcome to come to the meeting.

The trading stall for February will be "Unwanted Gifts" - a chance to dispose of presents that have not been an unqualified success.

As this was the New Year Party meeting, to enhance the atmosphere our speaker was Mrs. Jill Chartell who talked and demonstrated on "The Art of Belly Dancing". She demonstrated the differences between the Egyptian, Arabian and Turkish styles of dance, also the variations in the dress that is worn in these countries. Her talk was most interesting and very amusing.

The competition "A pretty scarf" was won by Mrs. Meadows. Next month it will be "A brooch".

A small quiz finished a most delightful evening.

At the previous meeting Mrs. Margaret Rogers spoke about her experiences as a contestant on the T.V. show "Countdown". It was extremely enlightening and very amusing from start to finish.

The members were reminded that the Spring Group Meeting will take place on 23rd April 1993, at 7.30 p.m. The venue is the Village Hall at Clavering and Stansted will be running the bring and buy stall.





(National Association for Mental Health)

UTTLESFORD BRANCH

Support and a listening ear have helped people cope with anxiety and depressive problems in the Stansted district. And they are to be found at a drop-in centre in Chapel Hill which opened last year.

Co-ordinator of the centre, Anne Ruskin, said this week: "We offer tea, coffee and a chat with people who have any type of mental health problem. However, we have found that the majority of the people who come along have anxiety or depressive type problems and a few are coping with withdrawing from tranquilliser dependency."

The drop-in centre is run by the Uttlesford branch of MIND, the largest mental health charity in the country and is the third to be set up by the local group.

Friendships have grown within the group as people have found they have a listening ear from other volunteers and support from members who have had similar experiences.

"The difficult part is coming along for the first time which is why the welcome is among the most important aspects of the centre." said Mrs. Ruskin. "Each person is greeted by name, offered tea or coffee and encouraged to sit and talk with a volunteer. Barriers come down and people feel free to talk about their feelings."

There is no stigma or fear of rejection in the group and many of the volunteers are former mental health sufferers so there is great empathy. However, some people do not want to be involved in a group or maybe cannot get out due to an illness such as agoraphobia so we also offer a befriending service. Volunteers visit people on a one-to-one basis for about an hour a week, usually in their own homes where they will chat over coffee or share hobbies and interests. The volunteers have been on a 10 week training course and references are taken up before they go ahead with befriending.

MIND aims to complement the medical service and offers the listening time doctors have not got to spare. Many people take the support of friends and relatives for granted but some have no-one to share their problems with in times of need.

The centre is held at the Friends Meeting House, Chapel Hill, Stansted, on Tuesdays from 2 - 4 p.m. Other drop-in centres are held in Saffron Walden and Dunmow.

For more information contact the co-ordinator, Anne Ruskin, on 0279 726135, on Monday to Wednesday.



VALENTINE QUIZ NIGHT

in aid of the Chevetogne visit in May

St. John's Hall
Saturday, 13th February
7.00 p.m. for 7.30 p.m. start

Tickets £3.00 each
available from the Churches or
Vicarage, or 'phone 812109

Refreshments provided
(Bring your own drink and glass)

Good Friday

GOOD FRIDAY PROJECT
APRIL 9TH

Plans are already being made to prepare for this year's "Project". We are always looking for helpers to run this event and Marion Johnson will be delighted to hear from previous and new people who would like to contribute to this day. You do not need any special talents and newcomers will be well supported by the veterans.

This has become a truly ecumenical event and the 200 children who attend benefit from the guidance and help received from Christians from all the Stansted Churches. Do contact Marion on 812284 or at 62 Chapel Hill if you would like to volunteer or find out more details.



Stansted
Liberal Democrats

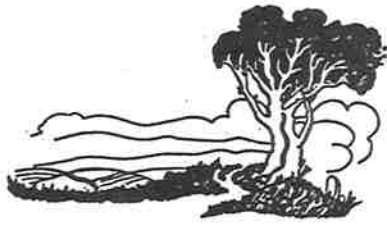
On Friday February 5th we hold our A.G.M. in the Day Centre starting at 8 p.m. Our guest speaker is Jim Gordon who is the Party spokesman on Education on Essex County Council.

The highlight of the next month is the Eastern Region Conference which will be held in Saffron Walden Town Hall on February 20th. Among the Delegates attending will be Paddy Ashdown and Shirley Williams.

We invite everyone to join us at our regular Ploughmans Lunch at the Day Centre on Saturday March 13th between 12 and 2 p.m.

Please also reserve the date of March 13th for our annual function which this year will be held at the Mountfitchet School. Keep an eye open for tickets which will be available shortly!

Steve Riley
815455



The 23rd Psalm for Busy People

The Lord is my pacesetter, I shall not rush;
He makes me stop and rest for quiet intervals.
He provides me with images of stillness which
restore my serenity;
He leads me in ways of efficiency, through
calmness of mind,
And his guidance is peace.
Even though I have a great many things to
accomplish this day
I will not fret, for His presence is with me.
His timelessness, His powerfulness will keep
me in balance.

He prepares refreshment and renewal in the
midst of my activity
By anointing my mind with oils of tranquility.
My cup of joyous energy overflows.
Surely harmony and effectiveness shall be the
fruits of my hours,
For I shall walk in the pace of my Lord,
And dwell in His House forever.

Found in a Norfolk Parish Newsletter

The
Stort Enterprise
Trust

Our charity shops desperately need books,
records, tapes, CD's, glass, china, ornaments,
tools and good quality clothing. You will
appreciate that this Trust needs funds and our
shops and stalls are a very important source
of revenue.

Also, any spare coupons, given by garages, for
the purchase of petrol can be used by the Trust
to enhance our prizes collection or to obtain
cash - why not collect them and hand them into
your nearest Stort Enterprise Trust Charity
Shop.

Thank you for your continuing support and
interest in the Trust and our work.

Yours sincerely,

Michael R. Tarling
Director
Stort Enterprise Trust
63 South Street
Bishop's Stortford
Herts CM23 3AL
Tel: 0279 465075



A BASKETFUL

As a country, we buy food from
all over the world. Some of this
is from people who are fair to
those who grow and process the
products, others aren't.
Traidcraft and Tear Fund are
very careful that all the food
and other products they sell are
fair. Does your church have a
Traidcraft/Tear Fund stall
sometimes? Then you could buy
what you need to make...

IT ISN'T FAIR

That's what we say when
someone else has the biggest
slice of the chocolate cake. We
say that when someone gets
something they don't deserve...
or if they don't get something
they do deserve.

For a long time we haven't been
being fair to others, we've been
used to having the biggest slice
and the person who worked so
hard to grow the ingredients for
our cake has been getting only
the crumbs of the cake.

Well, now we can do something
to make it fair. Last month the
Fairtrade mark was started.
This mark is on some super-
market items to show us that
these products are fair, that the
people who pick the tea leaves
or who harvest the coffee beans
are paid a proper, fair wage.



STICKY SLICES

125g / 4oz margarine
50g / 2oz soft brown sugar
75g / 3oz dates, finely chopped
25g / 1 oz desiccated coconut
75g / 3oz Rice Crispies
125g / 4oz chocolate,
broken into small pieces
Grease and line a swiss roll tin
(28x18cm / 11x7 inches).
Put the margarine, sugar and
dates into a saucepan and heat
gently until soft. Take the pan
off the heat.
Stir in the Rice Crispies and
coconut, mix well. Turn the
mixture into the tin and press
down evenly.
Melt the chocolate (in a bowl
over hot water or in a
microwave). Spread the melted
chocolate over the mixture and
leave to set. When cold, turn out
and cut into 24 slices.



I bought you a present - your
favourite chocolates.
But the box is half empty.
I know - they're my
favourites too!



ON CHILDREN

Your children are not your children
They are the sons and daughters of life's
longing for itself.
They come through you, but not from you
And though they are with you, they do not
belong to you.
You may give them your love, but not your
thoughts
For they have their own thoughts.
You may strive to be like them
But seek not to make them like you.
For life goes not backwards nor carries with
yesterday.

Anon



BROOME END

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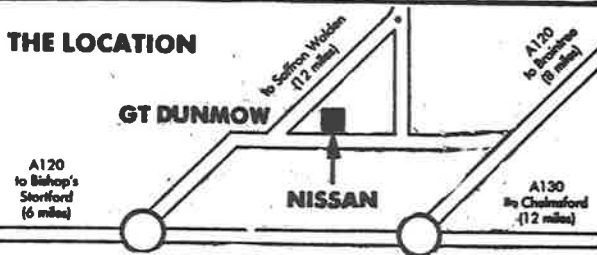
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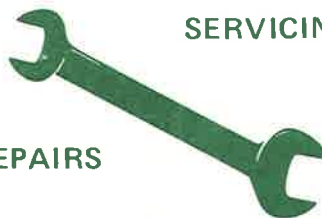
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