

April 96

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From the Chairman

When the Link went over to computerised printing in 1994, the Link Committee felt that in the light of rapidly changing methods we should from time to time review our magazine to ensure that it remained the best that we can consistently produce. We are now considering how we can most effectively provide the Link with its own means of production.

The late Judy Goddard, who was ever appreciative of the efforts that went into Link, left us a generous legacy of £500. We feel that Judy would have wished this money to go towards an important development such as re-equipping.

Gina's editorship brought us through its first major change since 1980, and we are grateful for the trouble she took to steer the Link from its editorial to production stages each month, a demanding task which brought out her skills and dedication. She has now retired from this role and we thank her and wish her well for the future.

When our technology is in place a new Editor will be appointed; in the meantime the Committee will ensure that business continues as usual. Do keep those contributions rolling in!

D. Honour
Chairman, Link Committee

The Link is published monthly by Churches Together in Stansted

To order your copy of *The Link*,
please contact:
Mrs L Collingwood, 15 Loates Pasture
Tel: 813428

Advertising and other enquiries:
Sheila M Parry, 16 Bentfield Causeway
Tel: 814788

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Copy to reach 58 Chapel Hill
For May issue by 11 April 1996
For June issue by 9 May 1996

Society of Friends

Quaker Meeting House, Chapel Hill

Clerk: Mary Rice
15 Carrigans, Bishop's Stortford,
Herts. CM23 2SL
Tel: 651769

Meeting for 11.00 am
Worship:

After Quaker Oats, the commitment to peace is perhaps the first thing people associate with us. Our Peace Testimony is often summarised in part of the famous declaration of Quakers to Charles II in 1661:-

"... we do certainly know and so testify to the whole world that the spirit of Christ that leads us unto all things, will never move us to fight and war against any man with outward weapons, neither for the kingdom of Christ nor for the kingdoms of this world."

Most Friends (Quakers) can be called pacifists in the strict sense of the word "pacifico" - I make peace. This is an active rather than a passive idea, not merely a determination not to fight. The problem is that many obstacles can stand in the way of creating peace in and around us and being at peace with ourselves. It is very difficult to be strong enough to refuse to respond to violence with violence. We are all limited and erring and when put to the test we may fall short. Quakers don't have a blue print for peace that spells out every stepping stone on the way to the goal that we share - in any given situation a variety of personal decisions could be made with integrity - but we do feel we should try to develop the skills of being sensitive to aggression and grievance in ourselves and others.

The workshop "The Art of Living in Peace", to be held at the Friends Meeting House on May 4th, aims to help us link ideas and experience to practical steps, which are within our capacity to take every day. Pierre Weil, the creator of the workshop and advisor to UNESCO on Education for Peace has worked for two decades to bring a depth of knowledge, understanding and insight into peace education.



Joycelin Hobman, who will be running the workshop, trained with Pierre Weil and she is very enthusiastic about both the man and the workshop.

She says:- "His is a unique vision, which gives me both a way of understanding peace at all levels, from myself to the wider world, and a way of putting that into practice."

(If you would like to attend the workshop please ring 01279-656707 for details.)

Anthea Lee

Methodist

Meet in Quaker Meeting House, Chapel Hill

Minister: The Rev'd Michael Hayman
2 South Road, Bishop's Stortford, Herts.
Tel: 654475

Secretary: Mrs Catherine Dean
49 Recreation Ground, Stansted, CM24 8BD
Tel: 813579

Services: Morning Service 9.30 am

BISHOP'S STORTFORD CIRCUIT

Ministers
Revd Michael Hayman B.D.
2 South Rd. Bishop's Stortford
CM23 3JH 01279 654475
Revd Michael Giles
4 Nightingale Mews, Saffron Walden
CM6 2QT 01799 522037
Supernumerary: Rev R Rawlings
30 Newbiggen St. Thaxted
CM6 2QT 01371 830141

PREACHERS FOR APRIL

7th EASTER DAY 9.30 am
The Revd Ronald Rawlings
Holy Communion

14th 9.30 am The Revd Michael Hayman

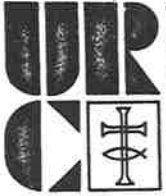
21st 9.30 am Mr Ron Cox

28th 9.30 am Mr Don McGregor

Our minister returns from his two months Sabbatical this month, with a marvellous round the world trip completed and much still to be done on his project on the meaning and purpose of old age.

Have you given him your thoughts yet?

Michael Hayman



United Reformed

Chapel Hill

Ministers: The Rev'd Margaret McKay, MA BD
1 Howe Hall Cottages
Littlebury Green
Saffron Walden, Essex
Tel: 01799 528155

The Rev'd Lydia Rapkin
23a St John's Close
Saffron Walden, Essex
Tel: 01799 523296

Group Secretary: Miss Muriel Dalley
145 Cherry Garden Lane
Newport, Essex
Tel: 01799 541210

Stansted Contact: Mrs Janet Townsend
58 Chapel Hill
Tel: 812593

Services: 11.00 am each Sunday

For details of services at Clavering and Newport please ring the Group Secretary.

PREACHERS FOR APRIL

4th 7 pm Rev M McKay Communion
5th 11 am Rev L Rapkin Meditation
at Clavering
7th 10.30 am Rev L Rapkin
EASTER DAY COMMUNION
Followed by coffee and
Hot Cross Buns in the
Lecture Hall
14th 11 am Mr B Huband
21st 11 am Rev M McKay Communion
28th 11 am Rev Hoskins

Another reminder to you to come to the Bible Society Coffee Morning in the Lecture Hall on April 30th at 10.30 a.m. and bring your old but in good condition Bibles with you. Mr Bill Hiley of Book Aid is coming to tell us how they make use of them in the English speaking parts of Africa.

Another date for your diary:
MAY 11TH a Quiz Night in the Lecture Hall.
Tickets available. Please ring 812593.



Roman Catholic

St Theresa's Church, Millside

Priest: The Rev'd Joe White
The Presbytery, 12 Millside
Tel: 814349

Services: Sunday Masses -
Henham 9.00 am
Stansted 10.30 am
Holy Days -
Henham 7.00 pm
Stansted 8.00 pm
Saturdays
Stansted 6.00 pm
Weekday Mass
Tuesdays-Saturdays inclusive
Stansted 9.30 am
Confessions: Saturday after 9.30 am Mass

Mass Times

Saturdays
Stansted 6.00 p.m.

Sundays
Henham 9.00 a.m.
Stansted 10.30 a.m.

Holydays of Obligation
Henham 7.00 p.m.
Stansted 8.00 p.m.

Registers for February

Funeral

28 February Marie Peachey
Aged 73



Good news for all deaf and hard of hearing people
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Church of England

St John's Church, St John's Road

Clergy: The Rev'd Bob Wallace
The Rev'd Brenda Wallace
The Vicarage, St John's Road
Tel: 812203

The Rev'd Andrew Spurr
43 Gilbey Crescent
Tel: 815025

Weekly Holy Communion 8.00 am
Services: Parish Communion 9.30 am
(Creche, Children's Church
and Lazer Group)
Evensong 6.30 pm

Holy Communion is also celebrated on:

Monday 7.30 pm
Wednesday 10.00 am
Friday 9.00 am

The following services are held monthly:

1st Sunday Holy Communion (1662) 12.15 pm
2nd Sunday Holy Baptism 4.00 pm
3rd Sunday Family Service 11.00 am

Diary for April

HOLY WEEK
1 7.30 pm Stations of the Cross
with Holy Communion
2 10.30 am Service at Norman Ct
2.00 pm Tuesday Club at
10 Hargrave Close
8.15 pm Prayer Group at
15 Wetherfield
3 10.00 am Holy Communion
4 MAUNDY THURSDAY
8.00 pm Parish Communion
9.00 pm Vigil (till 11 pm)
5 GOOD FRIDAY
11.00 am Good Friday Liturgy
at Farnham
2.00 pm Family Service at
St John's
8.00 pm Compline at Birchanger
6 EASTER EVE
8.00 pm Confirmation and
Easter Vigil
The Bishop of
Colchester
7 EASTER DAY
8.00 am Holy Communion at
ST MARY'S
9.30 am Family Communion at
St John's
12.15 pm Holy Communion (1662)
at St John's
6.30 pm Evensong at St John's



9 10.30 am Service at Mead Court
16 10.30 am Service at Broome End
22 8.00 pm PCC in the Upper Room
23 10.30 am Service at Hargrave
House
2.15 pm Tiny Tots

REGISTERS for February

Baptisms

25th Kate Frances Goddard
Samuel David Straker

Funeral

23rd George Edward Clarke, aged 77

The Quiz Night on March 9th
attracted sufficient competitors
for 14 tables. A very happy
evening was enjoyed by all.

Next event: A Barn Dance.
Watch this space.



GREENBELT 96

The origins of Greenbelt Festivals
are pretty much as you would expect.
A group of former drug addicts and
flower children from San Francisco
had been touring Britain in 1973
with a 'Jesus Rock Musical' called
Lonesome Stone. A young student
from Essex University caught their
vision of an open air festival
where Christians could come and
present their talents before a
sympathetic audience, and thank God
for their gifts. So with a field
and a dream, Greenbelt was born.

The Sun, reporting on Greenbelt,
dubbed it the 'Nice People's Pop
Festival' where the 600 police
congratulated the fans on their
behaviour.

Twenty-two years later, like the
generation which conceived it,
Greenbelt has become an institution.
While young people do enjoy the
freedoms of being away from home,
the police presence is down to
three, and the site is a drug and
alcohol free zone. It is well-
established as a marketplace for
those who are interested in how
Christian faith relates to the
issues and concerns of the present.
One of the steady shifts in emphasis
at Greenbelt over the years has been
towards a higher profile of global
issues, both in a concern for the
ecology of the planet and for the
conditions of the poor.

This year's Greenbelt Festival is
being staged in partnership with
Christian Aid for the third year
running. Janet Morley from Christian

Aid will be using themes from the world church for those who are up early enough for morning worship each day. As I walked around the festival site last year I marvelled at how many of our young people are taking the gospel of Jesus Christ seriously and, while absent from our Sunday congregations, are working creatively, imaginatively and with a passion to establish the Kingdom of God in ways which make sense in their world, and which, sadly, bypass ours.

I will be leading a group to this year's Greenbelt Festival. If you would like more information call me on 815025.

Andrew Spurr



SHALOM

Retreat Weekend. Friday 12th - Sunday 14th April.
 Leader, Rev. Jeremy Saville of Hadstock and Ashdon Parish at St. Mark's, Audley End.

April 22nd
 Taize Prayer and Praise at Jim Collins
 20 Bentfield Green





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References available




STANSTED FUN RUN



This year our annual Fun Run will be held on Sunday 23rd June starting at 11.00 a.m. from Bentfield Green.

Together with the Carnival, held the day previously, these events have become a "Stansted Village Event". The "weekend" is not only a time for the village to enjoy themselves together as a community but it is also an opportunity to look beyond our confines and help a little towards the sufferings of communities elsewhere.

Stansted Fun Run have always chosen three beneficiaries: from a local project, to a national, to an international one. This year the benefitting charities are:

- Local: St Clare's Hospice
- National: Cystic Fibrosis Society
- International: British Aid for Deprived Children (This is centred mainly in Croatia).

We do hope the village will support this as well as they have in the past. Entry forms can be obtained from Marian Dyer (814059). Fees are:

In advance:	
Children £1.50	Adults £5.00
On the day:	
Children £2.50	Adults £6.00

Refreshments will be available on the day.

Don't forget - this is a Fun Run/Walk as well as a serious running event. Those participating may enjoy a family walk or a community outing and all sorts of guises may be worn to make this a 'fun' day as well as a 'run' day.

Rita Morson



Village News

April Events

3 Wed	Gardening Club	22 Mon	Shalom, 20 Bentfield Green
4 Thu	History Society	22-25 Mon/Thu	Skip at Crafton Green
7 Sun	Windmill open 2 - 6	24 Wed	Rainbow 2/h Book Sale. Tea in aid of Motor Neurone Disease 3 p.m.
8 Mon	Windmill open 2 - 6	27 Sat	Mountfitchet School Roller Disco Sideways Quiz Night
11 Thu	Evening W.I. "Wales"	30 Tue	URC Hall Coffee Morning Bible Society
12-14 Fri/Sun	Shalom Retreat		
18 Thu	Royal British Legion		
20 Sat	Tools for Self Reliance		
21 Sun	Mountfitchet School Boot Sale		



Rainbow Playgroup, Youth and Adult Centre,
Lower Street, Stansted, Essex CM24 8LR

Pancake Race

We celebrated pancake day a week late as it was during half-term. The children helped to make the pancakes and watched them being cooked, then ate them with sugar and lemon juice sprinkled on. Afterwards they had lots of fun practising tossing pancakes before their parents arrived for a race. The children's race was first. They had to run, toss a pancake and run back. This was followed by the mums' race. It was very exciting and everyone enjoyed themselves.

Hairfund Raiser

A lot of you came along to our fund raising evening at the 'Avant Garde' hair studio in Bishop's Stortford. We had a wonderful evening watching four professional hairdressers transform four volunteers. Two of the models had had a perm and one a colour as well during the day. While we sat and enjoyed watching them all have a change of style, we had wine and nibbles. We were talked through the stages, then learnt about 'how



to care for your hair at home'. It was a very interesting evening and we all enjoyed it very much. We would like to thank 'Avant Garde' for accommodating us all.

This half-term our subjects were: cooking, brown, flowers, spring and Easter. The children were also very busy making Mothers' Day cards. In the run up to Easter the children made and decorated Easter eggs, bonnets and hats, and had their Easter concerts. I will let you know next month how well they went.

After Easter all the children are going to see the newborn lambs and the older group will be raiding the fire station.

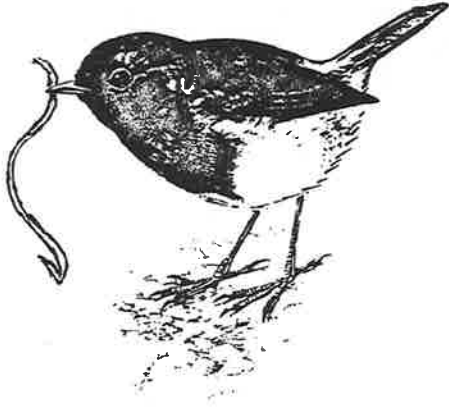


Forthcoming Events

24th April - Second-hand book and toy sale, with refreshments. 1.30 p.m. to 3 p.m. at Lower Street, to be run alongside Rainbow Tots. Everyone welcome whatever your age! For donations of unwanted toys and books please tel. 816965 for collection.

28th April (Sunday) - Parents Open Day.

We are very busy planning and arranging many new and exciting activities and I look forward to telling you about them all.



STANSTED PERSPECTIVE

The natural world is ever changing, even within the confines of Stansted. Two decades ago a fox in the garden would have been an event, and muntjac deer almost unknown. Now both are frequent visitors, or even residents. On the negative side, grass snakes and slow-worms are seldom seen, and bats seem to be in continuing decline.

The bird scene has also undergone a transformation. The house sparrow makes only an occasional appearance in many gardens, and the evocative call of the tawny owl is heard less often. Not surprisingly the black-bird explosion of three years ago has now returned to more sustainable numbers. The vulgar pidgeon and starling give an impression of increase, but the former's near relative, the collared dove, might have fallen from its high population of the 80's. Fortunately, these variations are balanced by a consistent presence of most tits and a small but welcome increase in the song-thrush. The nuthatch and tree-creeper too seem to be holding their own.

But what of overall numbers? My impression is that we have fewer song-birds now than twenty years ago. Occasional flurries of redwing and fieldfares in the snowy weather, and itinerant flocks of long-tail tits provide an encouraging blip from time to time, but do little for the annual picture. Are there too many insidious pollutants, or cats, or squirrels? Or is this particular writer unobservant or just in the wrong place at the wrong time?

It would be useful if readers could give their impressions to the Link of these other Stansted residents and callers. It may be more significant than we think.

Cogitatus

Stansted Tennis Club



People are often surprised to hear that members of the club play tennis all the year round. It is still often regarded as a summer game. Stansted Tennis Club goes a little bit further and the keenest members play in "almost" all weather conditions. Snow has been scraped off the courts, salt scattered on sheet ice and rain is no deterrent at all!

This was amply proved on the weekend of the 24/25 February. Two matches were played in pouring rain on the 24th and on the 25th a club "Chilli" Tournament was held. Eleven intrepid members took part between 11 a.m. and 4 p.m. The victors were Richard Crosby and Richard Eyre who beat John Eyre and Martin Nankivell 6-3 in the final.

A delicious "Chilli" lunch was served which helped to warm the drenched players. So far, no colds have been reported! The prizes were presented by Keith Johnson who had organised the tournament with Richard Eyre.

Despite this report we are not completely mad. We try to play serious and competitive tennis, but it is always fun. Players of all standards are always welcome and if you are keen to improve we are very fortunate to have as our coach Norman Elson, who can be contacted on B/S 850057 (senior and junior players).

The new season starts on 1st April and any enquiries should be made to Janet Hollis - B/S 812073 (Chairman)
Gill Robinson - B/S 815486 (Treasurer) or Richard Mott - B/S 466348 (Secretary).



Carers Support Group Alzheimer's Disease Society

Talk by Jack Pitman
on

Piper Lifeline
(Emergency Telephones)

Monday 1 April 1996

2.00 - 4.00pm

**Quaker Meeting House, Chapel Hill
Everyone Welcome**



Stansted Mountfitchet Local History Society

LIBERAL DEMOCRAT SURGERY

Parish, District & County Councillors

Will be available to answer queries, give advice or listen to any ideas you may have for improving our village.

The surgery is held on the 2nd Saturday of each month at the Parish Council Offices, Crafton Green. 10.30 a.m. - 12 noon.

Next surgery: Saturday 13th April.

If you are unable to attend the surgery why not give us a ring? We will be pleased to help.

Forthcoming Events

Ploughman's Lunch

Saturday 13th April at the Day Centre, Crafton Green. 12 noon - 2 p.m.

For further information contact: Jane Freeman, 814084, Steve Riley, 815455, Frances Spalding, 813432.



Vetchling, Meadow
1-4 ft May-August



Tulip
1-2 ft April-May



Broom
2-6 ft May-June



Buttercup, Meadow
1-3 ft May-July

Around 60 members attended the March meeting at Crafton Green to hear Peter Sanders and Ken McDonald talk on "Monumental Inscriptions - A Message from the Grave". Ken's talk was based on the Society's first major publication, "Monumental Inscriptions at St. Mary's", the results of members' efforts to record, index and analyse all 1,200 gravestones and memorials inside and outside St. Mary's Church. Slides illustrated a number of themes, including the improvement in life expectancy over the centuries, the most common or unusual messages, local families and place names.

Peter set our local inscriptions into the wider context of the historical information available from English gravestones. Trends, for example in the status of women, could be determined by the way in which they were referred to. In this respect, our inscriptions were fairly typical. Males and females are equally commemorated, but, whilst women were referred to as "the wife of" more than 400 times, less than 200 men were "the husband of".

The next meeting, at 8pm on Thursday 4th April, will hear Jean Page talk on Much Hadham, prior to our planned visit there this summer.

Thurs 4th April	Much Hadham - Jean Page
Thurs 2nd May	Annual General Meeting War Memorials - Paul Embleton

8 p.m. in the Day Centre.

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NCT COFFEE MORNINGS

All Coffee Mornings are 10.00 am - 11.30 am. Tea/Coffee 30p members 40p non members. Childrens' drinks 10p members, 15p non members.

Everyone is welcome. Please call the host for more information.

APRIL

- Tue 2nd Under 1s Kim
Elsenham 812854
Wed 3rd Toddlers Alyson
Henham 850166
Tue 9th Under 1s Monica
Henham 850363
Wed 10th Toddlers Anna
Stansted 814503
Fri 12th Pre-school Michaela
Stansted 815796
Tue 16th Under 1s Glenda
Stansted 812682
Wed 17th Open House Crafton Green

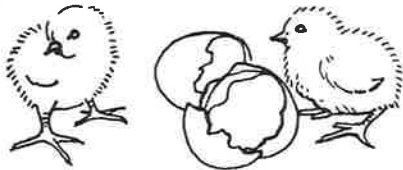
Centre ALL WELCOME

- Fri 19th Pre-school Julie
Elsenham 814047
Tue 23rd Under 1s Margaret
Stansted 816053
Wed 24th Messy Morning Henham
Church hall
Fri 26th Pre-school Suzanne
Henham 850497
Tue 30th Under 1s Brigid
Stansted 816514

MAY

- Wed 1st Toddlers Helen
Elsenham 816088
Fri 3rd Pre-school Mandy
Stansted 816895
Tue 7th Under 1s Jane
Stansted 813010

If you are interested in the NCT and would like any further information, please contact our Membership Secretary on 815953.



STANSTED DAY CENTRE
CRAFTON GREEN
CHAPEL HILL

Open to all Senior Citizens - 60 plus - on Tuesdays, Thursdays and Fridays for teas, coffee, snacks or a cooked lunch at very reasonable prices. If you are not already a regular visitor, call in, a warm welcome awaits you.

Can you help? Dedicated volunteers are the foundation upon which our successful Day Centre is based. Helpers do two hour shifts, 10 am to 12 noon, 12 noon to 2 pm, 2 pm to 4 pm.

New volunteers are needed to offer one or more shifts per week or a fortnight. Helpers are never on their own and always have an experienced organiser with them.

This voluntary service is of great value to our community and is an experience generally enjoyed by all involved. If you can offer to help - even one shift a fortnight - please ring or write to Mrs. Brenda Scarr at the Day Centre, B/S 815091 or B/S 813080.

Drivers needed - More volunteer drivers are needed to convey people with restricted mobility to and from the Day Centre. It is not an onerous commitment, just two hours a fortnight or more if convenient. Drivers can claim 30p per mile and are insured against loss of no claims bonus. There is no problem with motor insurance companies as payment covers only expenses, no service for profit is involved. Visiting the Day Centre is a lifeline for many senior citizens, particularly those with impaired mobility. If you can help - however little - please ring or write to Mr. W. Wood, B/S 814477 or B/S 815091.

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MOUNTFITCHET GARDEN CLUB

Our March meeting was held at the Day Centre on the first Wednesday in the month. Some 40 members attended expecting to hear a talk by James Buttress on London's Central Parks. Unfortunately due to some confusion in his diary he failed to appear so we were left without a speaker for the evening.

Gardeners, like boy scouts, are always prepared. Our indefatigable Show Secretary, Ros Calver, had a gardening quiz up her sleeve (one that she had prepared earlier). After much brainstorming and a nail biting tie breaker, Cyril Stoneham emerged the winner and was presented with his prize Easter egg.

April Meeting

Wednesday 3rd April. We hope to welcome John Court to tell us about Warley Place, Then and Now. His presentation will be followed by the club's Annual General Meeting.

Looking Forward

Arrangements are well in hand for our exciting list of speakers for 1996/7.

Watch this space.



Yes, we are still chipping away at the rusty old tools and breathing new life into sewing machines which have probably not been used for fifty years! No doubt many of you wonder what really goes on in our workshop; well, you now have an opportunity, because on Saturday April 20th we are throwing the doors open (weather permitting!) for the day and inviting you to come along and see what the inside of a sewing machine looks like, before and after it has been given the five star clean-up! Of course, what we would really like is for you to come along in your old togs and help us meet our target of refurbishing 10 sewing machines in one day. We expect to be joined by Colin Tysoe from Cambridge, Judith Barrett from TFSR and one or two other visitors. So, everyone is very welcome to come along to 7 Blythwood Gardens from 10 a.m. onwards on 20th April to help, cheer or jeer as you feel led!

Michael Dyer
814059



WOMEN'S SECTION

After normal business we discussed our 50th Anniversary lunch and decided on the venue, the date and the menu.

We were then shown some lovely slides by Mr. & Mrs. Alan Wright. We saw their beautiful garden in all the seasons - covered in snow in winter - bright with bulbs in spring, glowing in summer and flaming in autumn - with close-up shots of flowers and trees. Their donkeys were very much part of the scene; also dragonflies, ladybirds, hornets, owls, squirrels, fieldfares, etc. - all of which made us forget the cold winter evening outside.

Our next branch meeting will be on Thursday 18th April at 7.30 p.m. in the Day Centre.

Pat Clower

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STANSTED AFTERNOON

Sidways this term start their various trips in and around the village. The first will be to visit the Fire Station to learn a little about fire safety and also see the Fire Engines. Our second visit will be to see the various animals at Gorsefield Farm, Stansted.

We will also be having a visitor to see us. P C Pike from Stansted Police Station will come in and chat to the children to familiarize them with a policeman, and the main highlight - his police car.

Easter went well with the children making Easter cards, bunnies and decorating eggs. It was also the time for some mums to receive the very first special Mothers' Day cards, although a little liberal with the glue, hopefully they will be treasured for ever.

Our Smartie fund raising is going well and so far we have raised £75, although we do suspect outside help eating the Smarties. As May will soon be here the children are busy learning new songs for a May time concert for the parents and grandparents.

Our Quiz Night is to be held at the Church Hall on 27th April, with tickets at £4.00 each, inclusive of a ploughman's supper. Please bring your own refreshments. Tickets are available from the Nursery or members of the committee.



CRICKET CLUB

JUMBLE SALE

Saturday 20th April

at 2 p.m.

Hargrave Park Pavilion
Cambridge Road
Stansted

Entrance 20p

For jumble collection
Tel: 814471



After normal business at our February Meeting, our speaker was P C Caulford, who has 16 years service in the Essex Police Force. He gave us a most interesting talk on Crime Prevention and he asked us who we thought the most vulnerable age group. We all said the older person but in fact he told us it was the 18/25 year olds, which surprised us all.

Tickets were given out for the County Annual Meeting at Brentwood so 11 of us are off to a good day out.

The speaker for March is Mr Gardener on Gardening for Birds. Why not come and join us?

Pauline Reed
870197

STANSTED EVENING

W.I. OUTING
DOCKLANDS/THAMES BARRIER
SATURDAY MAY 11TH

In spite of recent events, we shall be going on a guided coach tour of Docklands, followed by a river trip, with commentary, to the Thames Barrier.

We shall depart from Barclays Bank Stansted at 8.30 a.m., returning from London at 4.30 p.m. There will be stops for refreshment, including a lunch break at a pub. You may bring a packed lunch if you prefer.

The cost of the tour is £8.25 or £7.25 for senior citizens, plus coach fare which should not be more than £5.

Places are limited, but if you are interested in joining us telephone me on 813614.

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Carers Support Group Alzheimer's Disease Society

Talk by Carole Smith
on

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Monday 29 April 1996

2.00 - 4.00pm

Quaker Meeting House, Chapel Hill
Everyone Welcome

National Carers Week 29 April - 5 May

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for carers across the UK

*Uttlesford Carers and
Alzheimer's Disease Society*

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Carers Help and
Information Day

on: Wednesday 1st May
from: 10 - 4pm
at: Foakes Hall
Stortford Road,
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Aims of National Carers Week are:

- To reach out to all carers
- To find hidden carers
- Celebrate the new carers act
- Tell carers about their rights

● Increase the membership of
Carers National Association so that
the carer's voice can be stronger still
and to recruit friends on CNA who can
help the Association and the carer's
cause.

- Speakers
- Information stands
- Refreshments
- Tell your Friends, Neighbours
- Even your Enemies!

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Saturday 27th April

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Saturday 20th April 1996



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Bring your own lunch, coffee etc. provided.
Numbers limited so book early. Details from

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**All proceeds will go to
The Motor Neurone Disease
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EASTER JOY

Did you give up something special, something you like, for Lent? Did you do it to help you remember what Jesus did for YOU? Lent seems to go on for a very long time if you gave up sweets, but towards the end of this month Easter will be here and you can attack the hot cross buns and Easter eggs.

When you wake up on Easter Day it is such a special day - really full of joy because we celebrate the Resurrection of Jesus.

But on that first Easter morning the friends of Jesus were very sad when they woke up, because they didn't know Jesus had risen. They hadn't understood when Jesus had told them that he would rise again after three days. They were confused and afraid, and wouldn't believe Mary when she told them that she had seen the Risen Jesus in the garden by the tomb.

Thomas refused to believe unless he saw Jesus and could feel his wounds - that is why we still call

someone a 'doubting thomas' - but Jesus wasn't angry with Thomas. He invited Thomas to see for himself the marks that the nails had made. Then Thomas knew that Jesus had really risen from the dead. Why don't you read about the first Easter Day in each of the four Gospels - the accounts are easy to find as they come at the end of each Gospel.

We can't see the actual marks like Thomas, but we can know the real truth - that Jesus is risen. Jesus told Thomas, and all of us, 'Because you have seen me you have found faith. Happy are they who never saw me and yet have found faith.' So Easter Day must be the happiest day of the year!



What did the mother egg say to her baby on its first Easter? Don't get over-eggcited.

EASTER EGGS

Melt 6oz plain chocolate in a bowl over a pan of hot water. Add 2 egg yolks, 1oz of butter and 2 teaspoons single cream. Beat till thick and then chill till firm enough to handle. Shape into 12 eggs and roll them in chocolate strands.





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ARE YOU LOOKING AFTER

- a Child who is sick?
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- a Relative who is unwell?
- or Elderly friend or partner?
- or Responsible for Someone?

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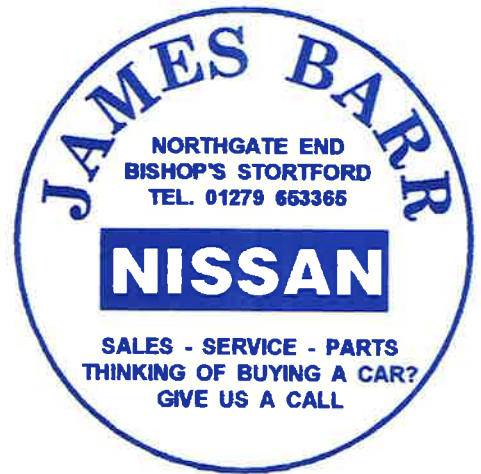
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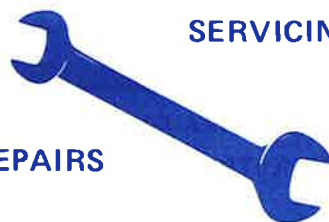
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