

July 2004

The *LINK*



*Stansted
Mountfitchet*

GET THE MOST OUT OF LIFE

Hypnotherapy

& other brief therapies

**One session
smoking therapy**

also

Confidence - Eating
Stress & Anxiety
Phobias

Gastro Intestinal
Study & Exams
and much more . . .

Please ring **GLYNIS CHEERS**
MA. BA. BSCH,
Dip. Clinical Hypnotherapy
01279 812165

SHADOWFAX

TECHNOLOGY

Your local IT supplier

- PCs, peripherals and software
- Broadband Internet from £24.99/month (less than BT)
- Complete networks for business and home
- Antivirus software
- Advice from qualified staff

Microsoft
CERTIFIED

Partner

14 Riverside Business Park
Stoney Common Road
Stansted CM24 8PL
Tel: 01279 813076
E-mail: info@sfx.co.uk

IN-STEP REFLEXOLOGY

Feel generally out of step with life?
Get-up-and-go, got up and gone?

REFLEXOLOGY

could be the answer

An holistic therapy designed to aid deep relaxation, reflexology promotes the body's own powers of healing and gives an enhanced sense of well-being.

Beverley Davies **MAR** is now practising from **Fancy Fingers**.

Silver St. Stansted every Thursday.
To book phone 01279 647646 or
07866 553524 to arrange a home visit.



D. BROWN

**Interior / Exterior
Decorator**

FREE ESTIMATES

Telephone 07973 777106

Fabrications

*is the local company for all soft furnishings,
made from our fabrics or your own.
Wallpapers, tracks and blinds also supplied.*

For free advice and measuring service call

Sue 01279 777465 or Carol 01279 777480

the MORTGAGE experts

special schemes on different terms

**First Time Buyers
Re-Mortgages
Right To Buy
Self Employed-No accounts
100% Service
Buy To Let Specialists**

**THE ONLY CALL
YOU NEED TO MAKE**

with access to EVERY lender in the country

**GENESIS FINANCIAL
SERVICES**

01279 815815

18-20 Silver Street, Stansted
Essex CM24 8HD
info@genesis.co.uk

YOUR HOME IS AT RISK IF YOU DO NOT KEEP UP REPAYMENTS ON A MORTGAGE OR OTHER LOAN SECURED ON IT. WRITTEN DETAILS AVAILABLE ON REQUEST. A SUITABLE LIFE ASSURANCE POLICY MAY BE REQUIRED.
BUY TO LET There is no guarantee that it will be possible to arrange continuous letting of the

AUTOMOBILE ENGINEERS

**David
Nunn's
Garage**



SERVICING

REPAIRS

**BENTFIELD ROAD
STANSTED**

TEL: 01279 812686

A.BETTER.AERIAL



www.abetteraerial.co.uk

**DIGITAL AERIALS
SKY TV**

**FM & DAB RADIO AERIALS
ANTI GHOSTING AERIALS
EXTRA TV POINTS
AMPLIFIERS**

**COMMUNAL SYSTEMS
FREE ESTIMATES & ADVICE**

YOUR LOCAL AERIAL MAN

Blshop's Stortford

01 279 815948

07980 81 7251

Carles Hill Moulton

BRADWELL PILGRIMAGE 2004

SATURDAY JULY 3rd from 11 am



Chapel of
St Peter-on-the-Wall
Bradwell-on-Sea

THE 1350th ANNIVERSARY of ST CEDD'S LANDING in ESSEX

*Speaker: The Rt Revd John Gladwin
Bishop of Chelmsford*

*The two mile pilgrimage starts from Bradwell
Village, with transport for those unable to walk
the distance.*

*The day includes picnic lunch, dramatic
presentation, music and dance.*

For more information ☎ 01279 654945



A delightful seaside venue for the whole family

The Link (price £3.50 per year) is published monthly by Churches Together in Stansted

Editor: Derek Honour

Advertising enquiries to Wendy Moss Tel 01279 812797

All other enquiries to Janet Townsend Tel 01279 812593

Opinions expressed in this magazine are given freely and do not necessarily represent those of CTS, its member churches, village organisations or advertisers. Printed by Copyzone, Bishop's Stortford.

Copy to reach 58 Chapel Hill or email to
stanstedlink@aol.com

by 15th July for publication on 31st July

(Note: next issue covers August & September)

by 9th September for publication on 25th September

SOCIETY OF FRIENDS

Quaker Meeting House, Chapel Hill

Clerk Mrs Anthea Lee
24 Lea Close
Bishop's Stortford
Tel: 01279 656707

Meeting Sunday, 11.00am

The question of our further involvement in the EU is to the fore again in all the media, and although the EU is still an experiment in intergovernmental co-operation, it is not a new idea. In an essay written in 1693, William Penn put forward the idea of a United States of Europe. His vision was inspired by the 18 months he had spent at the court of Louis XIV, where he had gained a personal understanding of the rigours of despotic rule in France. He had also been profoundly shocked to hear of the suffering of a member of his family at the hands of the Inquisition in Spain. He thought that the existence of a European government might have prevented such governmental and ecclesiastical excesses and provided the checks and balances needed to protect citizens against misuse of power. However, although his vision of Quaker principles being practised in government was worked out as a 'holy experiment' in Pennsylvania, Europe remained divided and war torn.

The moral perspective in Europe came strongly to the fore after the Second World War when many European leaders were anxious to create institutions or even some kind of Europe-wide family of nations that would create and maintain peace. Quakers had played their part in ambulance units and relief work in the 1870, 1914 and 1939 wars but despite the fact that the EU had its genesis in anti-war idealism, Quakers did not immediately take it to their hearts as a 20th century manifestation of Penn's vision. However, in 1979 an enthusiastic group of Quakers working in European institutions in and around Brussels, came to understand the immense economic, social and political significance of the EU (then EEC). They passionately wanted to bring some spiritual weight to bear on what was then being called a rich man's club and their persistence and hard work eventually resulted in the establishment of the Quaker Council for European Affairs, which is supported by Quakers from all over Europe. The Quakers were the first religious group to have representatives and an individual office in Brussels but others have followed suit and QCEA now works alongside ecumenical organisations and other non-governmental organisations (NGOs) to bear witness to Quaker beliefs and testimonies in the fields of peace and security, human rights and economic justice. Quakers are particularly respected in Brussels because their lobbying is recognised as being motivated by something other than self-interest, and over the last 25 years they have combined protest at injustice with the formation of a modern Quaker vision of the kind of Europe Penn dreamed of: "a peaceful, compassionate, open and just society, using its moral influence to encourage other countries and peoples towards the same goals".

The word 'spiritual' is not much used in political parlance and there has always been a tension between a higher vision

and the process of its practical realisation. Certainly there is still much to criticise about the EU but it is interesting to note that since its inception, its member countries have tended to indulge in what Churchill called 'jaw-jaw' rather than 'war-war' and trade wars rather than bloody armed conflict.

Anthea Lee

UNITED REFORMED

Chapel Hill

Minister Rev'd David Simpson
11 Church Manor
Bishop's Stortford
CM23 5AF
Tel: 01279 504900

Contact Mrs Janet Townsend
58 Chapel Hill
Tel: 01279 812593

Preachers for July

4th	2.30pm	Miss J Kennett
11th	10.30am	Mr G Doyle
18th	10.30am	Rev'd D Simpson Communion
25th	10.30am	Mr D McGregor - Joint with Methodists

Monday Evening Pilots

Our Monday evening Pilot Group is growing by the minute! We now have twenty-six children on our books and a regular fortnightly attendance of 16 to 18 Pilots. With the help of friends, members of other churches in the village and our own Junior Church leaders, we are able to give the children a varied programme each time that we meet. Henry Playle, the United Reformed Church Youth Organiser, continues to put a much appreciated input into the group and the children love to work with him.

During the remaining summer months some of our Pilots will be preparing a short play about Gladys Aylwood and her work with the people and more especially the children of China. A 'Talent Show' is on our agenda in the autumn and a special Pilot Service as we near the 1st anniversary of our new Pilot group in Stansted. Preparations are also going ahead for some 'Radio Broadcasting' of material selected by our older group, namely the Voyagers.

Due to the enthusiasm and commitment of our leaders and helpers in this new venture we are able to offer local children an opportunity when they come together and help to prepare their own programmes and events, which reflect what they see as a happy and fruitful time in a friendly atmosphere, which they themselves have helped to create.

Valerie Trundle

Legoland Trip

We picked one of the best days to visit. The sun shone and not a cloud in sight. After the long coach trip we were greeted by huge statues of people and animals all made from Lego. We entered the theme park and were bewildered by all of the fantastic rides and things to do.

I went on all of the fast moving water rides and met many more Pilots from different parts of Essex at the same time.

All I can say was that I don't think anyone wanted the day to end. I know I didn't.

Christine McGregor

The Pilots had a very nice day at Legoland and the day was bright and sunny. We met some Pilots, and two people from our group were sick and went to the First Aid Room with Henry. Megan's mum and nan helped to look after us and we went on some rides with Caroline, whose mum and dad had been taken ill.

We went back on the coach and I liked it very much. I hope to go back go Legoland again.

Amy McGregor

METHODIST

Meets in Quaker Meeting House, Chapel Hill

Minister Rev'd Keith Page
2 South Road
Bishop's Stortford
Tel: 01279 654475

Secretary Mrs Catherine Dean
49 Recreation Ground
Stansted
Tel: 01279 813579

Email methodists@stansted.net

All services start at 9.30am unless otherwise stated

Services and preachers for July

4th Rev'd Keith Page – Holy Communion

11th No morning service
6.30pm Rev'd Keith Page

18th Christine Heyhoe

25th 10.30am Joint service at URC led by Don McGregor

Thursday 15th July - Church Fellowship at 8.00pm

ROMAN CATHOLIC

St Therese of Lisieux
High Lane

Priest Father Joe White
The Presbytery
St Therese of Lisieux
High Lane
Stansted
Tel: 01279 814349

Masses Saturday 6.00pm
Sunday 9.00am and 10.30am
Holy Days of Obligation 8.00am and 8.00pm
Tuesday-Saturday 9.30am

Confessions
Saturday 10.00am
and by appointment

Baptisms By appointment

Pentecost has come and gone - how did you celebrate this great Feast day? Was it extra special or just another Sunday?

In Charismatic Renewal (and I expect for most of the Christian Churches), the Feast of the Holy Spirit is a day of rejoicing and expectation. Many churches hold vigils and special services; groups and individuals make novenas to the Holy Spirit and scores of people attend Life in the Spirit Seminars in preparation for this special feast day. The traditional colour in Church is red, ie .priests' vestments, altar cloths, banners, posters, flowers, etc. Red is a vibrant colour - bold and authoritative, symbolising fire, warmth, celebration and new life in the Spirit. Often priests are ordained around this time, children make their first Holy Communion and young adults are confirmed. People and communities await excitedly, welcoming the Holy Spirit into their lives and celebrating the birthday of the Church!

Pentecost was not just Jesus' gift of the Holy Spirit to the Apostles, but a gift to each and every one of us. He came to set us free, to take control and renew the face of the earth and each one of us personally, so we could have eternal life with Jesus!

Charisms, or gifts of the Spirit, were given to us in Baptism and Confirmation. However, we have the responsibility to learn, use and enjoy new life in the Spirit. "I am the Vine, you are the branches," said Jesus (John 15:5). We are united in the Risen Lord and have to learn how to draw powerful life from Him.

Jesus promised to send His Holy Spirit, who would remind us of all that Jesus had said, and would lead us into truth. We do not make our faith journey by our own efforts, although they are important and necessary. The Holy Spirit guides, strengthens, enlightens and consoles us along the way - we only have to tap into His resources to experience the gentle stirring and overwhelming reality of life in the Spirit!

The quiet of our 'Heart Room' is a good place to start (not easy!) but by listening and leaving open, letting Him be in control, our prayer and praise will become alive in the Spirit.

Wendy Moss



The Parishes of
Stansted Mountfitchet
with Birchchanger
and Farnham

All enquiries
are welcome at
The Church Office
located in the
Upper Room,
St. John's Church Hall,
Stansted CM24 8JP

Monday	Open from
Wednesday	9:00am-
Friday	12:00noon

(01279) 815243
<church.office@stansted.net>

Administrator
Mrs Elizabeth Jennings

Church Hall Bookings
Secretary
Mrs Joy Lambe
(01279) 817937
<joy@stansted.net>

Rector
Revd Andrew Spurr
The Rectory
5 St. John's Road
Stansted Mountfitchet
Essex, CM24 8JP
phone/fax (01279) 812203
<rector@stansted.net>

Honorary Assistant Priest
Canon Derek Jackson
88 Stansted Road
Bishop's Stortford
Herts, CM23 2DZ
phone (01279) 652664

Director of Music
Mrs Glynis Morris
Wakeley
Leetes Lane
Eversden
Cams, CB3 7HH
phone/fax (01223) 263640
<church.music@stansted.net>

Children's Church
Mrs Sandra Wood
(01279) 647054
<sandra@skygod.demon.co.uk>

Introduction

The Church Hall Committee hopes to improve communications with its users and potential users; a Newsletter to begin; a website to follow.

It is our hope that it will be a useful communication, one that will appear approximately quarterly with additional issues when circumstances demand.

Committee

As most will be aware, Jeremy and Elizabeth Wagener retired from the Committee, Jeremy as Chairman, on their retirement to Suffolk. They had worked tirelessly to upgrade the Hall and to plan the Hall extension, the building of which only commenced after they had left the Village. The extension will be an enduring reminder of their efforts on behalf of the Hall and its users. They have our lasting gratitude.

Alastair Richardson took on the role of Chairman with a brief to build upon the sound foundations laid by the Wageners.

Other recent changes include the fusing of two 'half' members into one: Marnie Tait, who alternated with Alan, her Husband, left the Committee to devote her time to other Village activities; Alan has assumed her role. We are delighted that Judith Heald has kindly agreed to be Secretary.

Caretaker

Another important change has been the appointment of Nigs Hall as Caretaker to keep an eye on the Hall's operation, maintenance and security.

If there is a problem, speak to Nigs first.

Deposits for Occasional Users

Unfortunately, a recent party degenerated so badly that the Rector had to call the Police and terminate the party. Not only were local residents seriously disturbed and intimidated, but damage included a broken window in the ladies toilet; blood, chewing gum and the like on the floor; off the premises, a broken car windscreen.

It took Nigs four hours to collect and dispose of the cans, bottles, broken glass and other litter found in the Church grounds. The mess blighted the Hall all weekend and was a disgraceful start to the following week for Sideways Nursery School.

A small deposit had been paid, which did not cover the cost of damage in time or money. Substantial deposits will in future be required so that there are available funds to bring in contract cleaners if needs be. It is a pity that the behaviour of a few will penalise the many.

Live and Let Live

It is a pleasure to report that the Hall is much in demand and well used. But, there is the downside that there is often no time for our cleaners to clean the Hall between users. Users are generally co-operative and ensure that the Hall is clean and tidy when they have finished with it. However, there are occasional lapses, particularly in cleaning the toilet, that cause subsequent users no little aggravation.

Sideways, which uses the Hall more than anyone else, probably also suffers more from these lapses. The Ballet School can be another victim. There can be no question of allowing small children to use a dirty hall, so the already pressed helpers must clean up before they can start. Clearly this is 'not on'.

It will be to no one's benefit if availability is curtailed to give access for additional cleaning; if hire charges rise to meet additional cleaning costs; if charges rise to compensate for lost revenue.

In the meantime, Nigs has taken to exercising his dog around the Church grounds in the evenings. Just this activity seems to have had a beneficial effect. Perhaps others in the locality might participate in a little passive crime prevention by doing the same. If you run into Nigs he is a personable fellow with whom to enjoy an evening chat; we cannot however speak for his canine companion!

Regulation

Increasingly our activities are becoming circumscribed by regulations under a number of different Acts of Parliament. If users are aware of any regulations that they think may apply to their use of the Hall, please let us know.

For example, one user is required by its insurers to carry out a risk assessment of all premises that it uses. If other users are similarly required to carry out risk assessments, then please let us know. Rather than allow a number of different users to carry out separate assessments, it would be better for us to carry out one assessment that meets the requirements

(continued)

Registers for May

Weddings

1st Francis Crommie and Claire Stone
29th Michael Henry and Joanne Wells

Funeral

12th Kathleen Abbott age 89



Visit to Chevetogne, Belgium - 11th to 14th June 2004

The bi-annual visit to Chevetogne has been going for 19 years. It is one of the great highlights of the calendar for those who take part, and the sun never ceases to shine on the exchange, both spiritually and physically. For the 25 members of the different churches from Stansted who went, we experienced the usual generosity, love and hospitality which we have become used to, but never take for granted. In an age when division and disunity have become the hallmarks of animosity and violence, this is witness of breaking down barriers, and the opening of hearts to new and old is much appreciated.

The 25 members of our group travelled to the beautiful tranquil countryside of Southern Belgium whose forests, unspoilt meadows and turreted chateaux give the impression of a former idyllic rural age. We were warmly met by our hosts and transported to their homes for a sumptuous feast of lovingly and generously prepared food.

The next day, accompanied by our hosts in our coach, driven by the very erudite and accomplished John, we visited a snail farm, a bicycle museum and a chateau. The undoubted highlight was George Lee's ingenious translation of the evolving sex life of snails, so enthusiastically expounded to us by the owner of the farm. That evening we shared prayers in the Chapel of the Chateau of Jehay, led by a resident Anglican priest. We returned home, weary, but smiling at our 'snail experience'.



Escargot anyone?

On Sunday, we attended Mass in the refurbished church at Chevetogne. Our priest, Fr Angelo, was from Venezuela and spoke animatedly about the Gospel of the loaves and fishes. It was so apt that the story of generosity and sharing was our shared Gospel. In the afternoon we were invited to tea at the Chateau of Baron and Baroness de Goffinet. Early evening we attended Vespers at the Orthodox Monastery, followed by our usual last night feast. Besides the excellent food, the highlights were a piper who had come specially from Namur, the wonderful and powerful singing of Fr Angelo and Ruth Rawlinson's eloquent address in French at the presentation of our gift of a picture of the Resurrection from St Theresa's Church, Stansted.

Next day, after fond and sad farewells, we got underway for our return journey home. We stopped at the beautiful square at Ypres for lunch before heading to the town of Dixmude in Flanders to learn about some of the experiences of Belgian troops in World War I.



The old Peace Tower at Dixmude

We returned to Stansted tired, but spiritually refreshed in the goodness of the Lord, experienced through the kindness of our friends in Chevetogne.

David Morson

Christian Aid

We believe in life before death

With most of the money counted, the total collected at the Market and from the house-to-house envelope collection is around £2,000. I am also pleased to report that more of the tax declarations were completed this year, which means that this sum will be increased courtesy of the Chancellor of the Exchequer!

Many thanks to all who contributed to raising this magnificent sum.

The faith we have in the future shows that we are people who believe in life after death.

The love we put into practice shows that we are people who believe in life before death."

Catherine Dean
813579



SHALOM

Monday 5th July

St. Paul's mission to Turkey – a slide show by Margaret Silvester at the Quaker Meeting House.

Monday 19th July

We end our Summer term with an evening of poetry and music in the garden followed by a bring and share supper at 7 Blythwood Gardens.

Both meetings are at 8.00pm

On Sunday 1st August we will be holding our annual Auction and Cream Tea at 3.00pm at the Quaker Meeting House. This is an opportunity to find a treasure at a bargain price, and to get rid of those items you never use but don't want to throw away!

We hope to see you at one or all of these events. All are made very welcome.

Catherine Dean

ESSEX COUNTY COUNCIL

As many will know, to build a house it is first necessary to have access to some form of water, sewerage and electricity supply. Under current legislation these facilities are provided by separate bodies ruled by their own legislation and so are autonomous. Yet their decisions determine to a great degree where housing, especially in large numbers, is to be built. Clearly, therefore, there are problems. So far as the local area is concerned, there is the threat of large local housing developments being allowed over the coming years. Readers should take note and remember that before housing, come facilities, which must be in place. The best action, therefore, must be to resist this aspect.

So much for a practical problem in relation to housing. There are also the other more subtle problems of provision of schools, medical facilities, shops and recreational facilities, all of which should be in place or be being provided as the housing is developed. It is, as we all know, no longer sensible or wise to build these after the housing but at the same time.

Readers must be aware of these matters as the housing development proposals develop and so support the actions of the County Council, which is keenly aware of these matters and is already considering what actions should be taken.

Should any reader wish to discuss these subjects further, they should contact the undersigned on 01279 812588.

Richard Wallace
County Councillor
Stansted Division

UTTLESFORD DISTRICT COUNCIL

Vanessa Pedder and I met with Post Office management. As I mentioned last month, I hoped to find out whether or not the PO was committed to reopening in Stansted or if they were content for us to continue to traipse to Bishop's Stortford and Elsenham.

What I found out was partly reassuring. A post office in Stansted would be a profitable and viable business for the operator. The PO representatives at the meeting are committed to opening a new post office this year. The Elsenham counter is struggling at times with the extra work from Stansted.

The PO had hoped that a new post office at an agreed new location would have been open by now. There have been delays in getting started. However, we were given the clear impression that Post Office Counters will soon start to look for alternative accommodation for the service counter and sorting office. The district council has offered to help in any new search for premises, though it has no premises of its own in Stansted.

Councillor Alan Dean
Email: cldrdean@uttlesford.gov.uk



Bradwell Pilgrimage

1350 years after St Cedd's landing in Essex

Saturday 3rd July

11am Opening Worship Bradwell Village

Afternoon speaker at St Peter's Chapel

Rt Revd John Gladwin

Bishop of Chelmsford

Celtic Songs & Music

Bring a picnic ~ for info' call 654945

St John's, Stansted Family Barbecue in the Rectory Garden

12.30 for 1 pm Sun 11th July

Raffle - Bouncy Castle - and more

Adult £7 Child £3 Family £18

Tickets from Church Office 815243
or Cheryl on 812739

Proceeds to 'Stansted Charities'



Fun Run & Walk

STANSTED FUN RUN

www.stansted10k.org.uk

info@stansted10k.org.uk

**Bentfield Green 11am
Sun 11th July**

SERIOUS RUNNER - need a challenge

FUN RUNNER - improve your time

WALKER - enjoy a pleasant stroll



*Pre-race massages
& warm-up session*

Call ☎ 01279 814059 for details
or visit our website as above

VILLAGE EVENTS

July

3 Sat	Bradwell Pilgrimage	see front page and above
4 Sun	Windmill Open	2 - 6 pm
	Afternoon Tea (after service)	UR Church 3.30 - 5 pm
5 Mon	Shalom Group	Quaker Meeting House 8 pm
7 Wed	Mountfitchet Seniors	Day Centre 2 - 4 pm
	Garden Club	Day Centre 8 pm
8 Thu	WI	St John's Hall 7.45 pm
10 Sat	Lib Dem Ploughman's	Day Centre noon - 2 pm
10 Sat/11 Sun	Green Waste, Wood, Metal	Lower St Car Pk 9 am - 3 pm
11 Sun	Boot Sale	Mountfitchet School 8 am - noon
	Fun Run & Walk	Bentfield Green 11 am
	Barbecue	Rectory Garden 12.30 for 1 pm
	HEAL Open Gardens	Info' from Day Centre 2 - 6 pm
17 Sat	Music in the Park	Bentfield School 2 - 8 pm
19 Mon	Shalom Group	7 Blythwood Gardens 8 pm
24 Sat/25 Sun	Green Waste, Wood, Metal	Lower St Car Pk 9 am - 3 pm

August

1 Sun	Windmill Open	2 - 6 pm
	Afternoon Tea (after service)	UR Church 3.30 - 5 pm
	Shalom Auction & Cream Tea	Quaker Meeting House 3 pm
4 Wed	Mountfitchet Seniors	Day Centre 2 - 4 pm
7 Sat/8 Sun	Green Waste, Wood, Metal	Lower St Car Pk 9 am - 3 pm
12 Thu	WI	St John's Hall 7.45 pm
14 Sat	Lib Dem Ploughman's	Day Centre noon - 2 pm
15 Sun	Lib Dem Sparkling Wine Lunch	7 Blythwood Gardens
21 Sat/22 Sun	Green Waste, Wood, Metal	Lower St Car Pk 9 am - 3 pm
29 Sun	Windmill Open	2 - 6 pm
30 Mon	Windmill Fête	Windmill 2 - 5 pm



STANSTED OPEN GARDENS



**Sunday 11th July
2 pm - 6 pm**

17 gardens to visit

See page 16 for details

Tickets £4 Tel 814265

Bentfield School PTA



**in the park
Saturday 17th July
2pm - 8pm**

live music all afternoon
bouncy castle ~ games
BBQ ~ beer tent

Tickets - £6.50 in advance/£7.50 on gate
from 07789 953517 or PTA members
Accompanied children free

THIS SPACE COULD BE ANNOUNCING YOUR EVENT

Don't let it go unused!

NOTIFY US OF THE OCCASION by email or to 58 CHAPEL HILL

ALDWYCH CONSTRUCTION

23/25 Lower Street, Stansted CM24 8LN

Building and Decorating Contractors
All needs provided throughout North West Essex,
East Herts & South Cambs

'PROPER WORK AT PROPER PRICES'
BOTH PERIOD AND MODERN

FOR ESTIMATES Tel 01279 816701
Mobile 0802 548471 Fax 01279 812656

The Mower Shop

ELSENHAM



**Mowers
Strimmers
Chain Saws
Garden Tractors
Tools & Accessories**

Fieldings engineers

FULL REPAIR SERVICE

Tel 01279 813381

OPTOMETRISTS AND CONTACT
LENS PRACTITIONERS

THE PRACTICE



Eyecare for all the family

47 Knight Street
Sawbridgeworth
CM21 9AX
01279 725332

4 Chapel Hill
Stansted
CM24 8AG
01279 816198



24 Hour Luxury Travel

- All Fares Quoted Before Journey Commences
- All Vehicles Are Fully Air Conditioned
- Limousines / Chauffeur Service
- Corporate Account Facilities
- Wheelchair Access - Minibus On Site

For Bookings Call:

Tel: 01279 662444 Fax: 01279 680750

Passenger Terminal, Stansted Airport

www.airportcarz.com

YOU'RE..... FURNISHED
Famous Branded Furniture at
HALF PRICE

NEW STOCK IN EVERY WEEK

Rear of 14 Cambridge Road
Stansted 01279 815028

Mon - Sat
Sunday

10 am - 5 pm
11 am - 4 pm

Also new warehouse at Takeley

Ware Planters

The Tithe Barn, Parsonage Farm, Stansted,
Essex CM24 8TY

Tel: 01279 817641/2/3 Fax: 817644
www.wildroseuk.co.uk
email: sales@wareplanters.co.uk

WildRose

Handmade Pottery & Reliefs

Watertight, Frostproof
Interior & Exterior, Robust

NEW PRODUCT TO THE UK

GARDEN DESIGN

Liz Elfick-Wood (Dip GD)



Professional design service
from single consultations
to landscape design and
planting plans

Tel: 01279 815425

D. BROWN

House Clearance

- Houses
- Garages
- Sheds

Anything considered

☎ 07973 777106

Continental Cars

SAAB

- Established in Stansted in 1972
- Situated next to Stansted Mountfitchet station
- Showroom open 7 days a week
- Access to around 2000 Saab Approved Used Cars
- All makes servicing & repairs at very competitive prices

Station Road, Stansted CM24 8BE Tel 01279 812534
Fax 01279 815635 Internet: www.continentalcars.co.uk

BENTFIELD PRIMARY SCHOOL

Tel: 01279 813626

What a busy few weeks it has been! Apart from the nasty bit (tests), our pupils have been out and about all over the place!

Our Reception Class visited Wimpole Hall Farm. They had great fun seeing, learning about, and most fun of all – stroking, the animals. Class 5 have been learning about the Greeks this term and they went along to the British Museum to enrich their study. They spent the morning watching a presentation on Greek Myths and during the afternoon were free to visit the very impressive museum exhibits. Class 3 also went to London and spent a very exciting day at the Science Museum.

Class 6 are now in their last term with us and are not resting in their bid to make it the best ever! They have spent six weeks practising and taking their Cycling Proficiency Certificate. They have also had a visit to Pizza Express in Bishop's Stortford to make pizzas and a full day out to Walton. They are also busy painting a new mural in the playground, continuing the tradition started by last year's leavers. What a busy time!

The after school clubs have also been very active. We sent two teams to the Essex Schools Chess Tournament at Dame Johanne Bradbury School in Saffron Walden. It was wonderful to see a hall full of children all sitting and concentrating so hard on their matches. Well done to all those who competed. Our cricketers and the rounders teams are busy having inter-school matches, and our athletes are practising hard for upcoming events. The rounders team also competed in a tournament at Howe Green School, coming a very creditable second. Well done!

With many more activities coming up over the next few weeks, there is still plenty for our children to look forward to this term.

Don't forget – there are still a few vacancies in our Nursery for this coming September! Contact the school if you would like to visit and see Mrs Smith and her team in action!

With July now here and the summer holidays almost upon us, it is time, once again, to dust off those dancing shoes for Music in the Park on 19th July (2.00pm-8.00pm). For those of you who haven't yet experienced this annual event, it is a spectacular way to spend a summer afternoon. We've got live music from 2.00pm with five bands taking the stage throughout the afternoon with music to suit all tastes. There are bouncy castles, games and other activities to keep the children amused, plus a beer tent and BBQ to top up the picnics. A great family day is guaranteed. Gates open at 1.30pm with live music starting from 2.00pm. Tickets are available from the school, a PTA member or by ringing 07789 953 517 at a cost of £6.50 per adult in advance or £7.50 on the gate, with accompanied children under 16 going free. Come and join us for a great start to the summer!

As we reach the end of an incredibly busy school year, the PTA would like to thank everyone who has helped over the past year to raise so much money for the school. Huge thanks go to all the PTA committee, staff, and parents for

their continued support at our many events. Also thanks to all the businesses that have helped financially through generous sponsorship.

With the money raised this year, we have already been able to fund a new path to the play equipment, stage lighting for the hall, tracksuits for the netball team, and media equipment for the classrooms. We are in the process of purchasing a new interactive white board and projector for use in the classrooms and are looking to fund some new climbing equipment for the reception playground. Quite an achievement really!



Nature Notes

Two native reptiles that are locally present are the grass snake and the slow worm. The latter has been sadly misnamed as it is neither slow nor a worm. It is in fact a legless lizard and can often be seen emerging from under a pile of disturbed logs, or lying under a stone. Its full adult length can be 50 cm but is usually nearer 35 cm. The upper surface is greyish or copper coloured, the females frequently having darker sides than the males. The slow worm is completely harmless and is a very useful creature to have in one's garden as its diet consists of slugs and insect larvae. It is very long lived and is known to have survived as many as 54 years in captivity. Females give birth to live young in early summer, after coming out of hibernation.

By contrast, the grass snake lays clusters of oval, soft-shelled eggs in decomposed plant material. This generates heat which speeds up the development of the eggs. The newborn snakes are 15-20 cm long and eventually reach 130-150cm as adults. The grass snake, which is not poisonous and rarely bites, is found in most of Europe and in Asia as far eastwards as Siberia. It inhabits overgrown banks along stagnant water and also the edges of ponds and streams. It is an excellent swimmer and often hunts its prey, consisting of tadpoles and small frogs, in the water. When swimming, it lifts its head above the water surface. The bright yellow or cream collar behind its head is clearly visible. Behind it are two black patches. Like the slow worm, the grass snake hibernates in winter and emerges in March and April.

Rosina Kirkwood

STEVE HALL'S GARDENING SERVICES

**CALL FOR HELP IN YOUR
GARDEN**

TEL. 01279 817739
or 07778 049063





Stansted Evening Women's Institute

Our June Meeting was very well attended by members plus three visitors, who were able to hear the report of those members who had attended Denman College the previous weekend as a result of the 'Awards For All Grant' we had obtained last year. 17 members went to do four different courses, and it was agreed by all to be a huge success. Several members who had never been before are now looking forward to going again. Denman College, with its 17 acres of grounds, was looking its best, being the month of June, and the weather was perfect.

Pearl Wellings spoke of her course on 'Cook Vitality', which was partly practical and partly demonstrations; there were only eight people on the course so plenty of individual attention. She came back with lots of vegetarian ideas for using unusual vegetables.

Rosemary Minshull spoke on the 'Social History of the Garden', a course that nine members attended, and which traced the history of the garden from the 18th century onwards, with special reference to women gardeners. They also visited Water Perry Garden near Wheatley.

Margaret Chastney spoke of the Literary Course entitled 'Wind in the Willows', which four of us attended and which traced the life of Kenneth Graham and his son 'Mouse', for whom the book was written, and included a visit to the locations that inspired it.

Brenda Ryan brought along some of the photographs of the College and its grounds, which she took on her Photography course and was immediately appointed WI official photographer for the future!

Kath Johnson told us of the Art course she had attended in April, and brought samples of the beautiful watercolours she and another member had produced. The President and the secretary were presented with a bouquet of flowers for their efforts in procuring the Award.

The Speaker for the evening, Sheila Shehadeh, gave a talk entitled 'Granny's Bit Box' and produced from a deep wicker basket a wonderful collection of what she called 'antiques for the poor'. There were examples of embroidery, a handmade baby bonnet using fine cut-out work, various holiday souvenirs of the Victorian era, a silver hambone handle, a grapefruit corer, a travelling iron for pressing your collars and cuffs, and a weighing machine for sovereigns and half-sovereigns - in fact all those things that a well-respected person just can't do without!

It was decided to try and arrange some flower arranging classes with a Christmas theme in October/November in the evenings as a Grant-Aided Class, which we as a WI can apply for each year. A trip to Chartwell is taking place on Wednesday 16th June and a trip to Buckingham Palace is being arranged for September. Our fund-raising evening on

11th June took the form of a concert by 'The Entertainers', a group of 11 singers from Bishop's Stortford Amateur Operatic Society, who give concerts and raise money for their Society at the same time. The United Reformed Church was filled to capacity with members and friends, some coming from Saffron Walden and Matching Green, to hear a wonderful selection of songs from the shows both old and new. Glasses of wine and fruit juice were served in the interval in the lecture hall, and afterwards the WI must - a raffle - was drawn before the second half of the show. The singers ended with a medley from 'The Sound of Music' which they will be performing at Harlow in November, and almost raised the roof - it was a wonderful end to a most successful and enjoyable evening.

Judy Colliver



The National Childbirth Trust Education for Parenthood

The school holidays are nearly upon us and many of you will be wondering what to do with your children during the weeks ahead. Many activities for children close down during the summer (just when you need them!) but the NCT is one of the few where everything carries on as normal and, if anything, fires up to make the most of the great outdoors (weather permitting sometimes!).

We have lots planned for July and August including a picnic lunch, a nature reserve walk, an outdoor obstacle course, a paddling pool party, a farm visit, a teddy bears' picnic at Audley End, a trip to the open air pool at Old Harlow and a seaside trip to Frinton. Do come and join in the fun.

Our three coffee groups continue to meet regularly: tiddlers and tums for pregnant mums and those with babies or children who are not yet walking; toddlers for mums with children who are walking confidently, and pre-school for the older children. We ask for donations of 50p per family for these coffee events and many of the other activities are only £1 per child. You do not have to be a member to come along to any of our events, so do feel free to come along and join in.

If you would like to receive a free listing of events being held during the summer or if you want any further information about the NCT or our branch, please email StanstedNCT@skygod.demon.co.uk or phone the branch enquiry line on 07020 936552. If you would like to book for our popular antenatal classes, call Rachel (early in your pregnancy) on 01279 841117.



PATIENT & PUBLIC INITIATIVE FORUM

Patients have been given their first chance to tackle the new independent watchdogs for Harlow's Princess Alexandra Hospital - and ask those who run the hospital just what they're doing.

The first public meeting of what's the successor to the old Community Health Council - the Patient and Public Involvement Forum (PPI) for the Princess Alexandra - was held at Harlow's Latton Bush Centre.

The Forum's chair, Mrs Lilian Chandler, said people now knew where to go if they had issues to raise. They also need to understand that the PPI has tough statutory powers. "Our challenge is to reach out into the community and show them this isn't just a bit of fluff." But she warned of the dangers of being too negative: "Our task is the education of the patient. Let's home in on what's good."

The hospital trust's chairman, Robert Powell said: "I hope the PPI will prove a critical friend. It's vital. But where we are doing things right, we want the PPI to say so."

The PPI now has its own representative on the hospital's board, Charles Jackson - one of the first in the country to do so. It also has its own offices in Moot House, The Stow, Harlow CM20 3AG Tel 01279 418666.

One of the major issues raised at the meeting was hospital hygiene and cleanliness. Mr Powell said cleaning was now being brought back in-house instead of being contracted out. "Hygiene is high on our priorities - particularly infection control."

He said a wide-ranging review of transport and travel was underway: "I suspect it will be very critical - but helpful." Car parking at the hospital, he said, would not get better for another year, but hundreds of new spaces were planned. One disabled member of the PPI, Jennifer Steadman, said that even then, far too few spaces for the disabled would be provided.

Mr Powell was asked why the hospital had only one star under the NHS performance system. He said a great deal of work had already been done to remedy this. "We have hopes of getting at least one, possibly two more stars this year." And he pointed out that the hospital's A&E department was the best in Essex last year.

The forthcoming Patient Choice - where people can choose where they want to be treated, in effect being handed their own budget - brought concern that this would mean much more use of the private sector. Capacity in the NHS was a key factor. As one member of the public put it: "If there's no capacity, then there's no Patient Choice! It's easy to use these phrases glibly, by government and health services. I want to know what will be the REAL Patient Choice."

Mr Powell admitted there was still a shortage of capacity at the Princess Alexandra, but said new projects underway would see a big boost in beds and the ability to treat more patients. As for choice, he said: "Power will be transferred to the Patient". That was the reality and the challenge the hospital had to face.

There was also concern at the Government's new plans to axe or merge some health organisations, announced by the Health Secretary John Reid this week, and whether this

would hit the support and resources provided for the PPI - whose members are all unpaid volunteers. The Commission that oversees all PPI Forums - and there are some 600 across the country, covering hospitals, general health services, mental health and ambulances - said the likely impact would be on reducing bureaucracy and improving efficiency, but not at the PPI volunteers' expense.

Luke Albarin
PPI Media Link
01279 816980

luke@albarin.fsworld.co.uk



STANSTED BOWLING CLUB

The new season has started well; luckily with the weather on our side. Our open morning drew an excellent response with 14 people attending to see what bowls is all about and to have a go. Unfortunately we only had two instructors available so could spend only a limited time with those attending. We arranged for a further session on the following Saturday but the weather changed to rain and put many off. Since then a number have come along to our Friday evening sessions and six have joined to whom we extend a very warm welcome. It is early in the season, so if any of those who attended the first session would like to have another go please turn up on a Friday evening.

Stansted Bowling Club is a private club, and as such has Trustees to oversee important decisions etc, and up until a few months ago they were Peter Bush, George Dennison, John Blake and John Hollis. Peter Bush has now moved to France so we have a new nominated Trustee to take his place - Peter Brown, who many of you in the village will know. Peter has had connections with the club for a number of years as a bowler, and indeed his father bowled here for many years so we are pleased to welcome him into his role.

Various competitions are taking place or about to take place, which always raise the competitiveness of the members; crowding around the competition board to see whom they have to take on and maybe defend a trophy they won last year. Good luck to everyone.

I mentioned the last time I wrote, about the club holding its centenary year in 2006. We are currently considering what functions we will be holding during that year and this will include special games against other clubs and associations as well as in club commemorative functions. It is quite a milestone for a small club like ours and let's face it the present members are highly unlikely to see a second hundred years' celebrations, so we have to make it a year to remember! I will let you know of our arrangements in due course.

Please remember that the club is very much a part of the village community and we would like to see more of the community becoming a part of the club.

Rex Turner
Secretary/Chairman

Local Occupations

No. 7

Litter Collector

Gerard Frogley

There will not be many people in Stansted who do not know Gerard and appreciate all he does. He has, in fact, several jobs and the title 'Litter Collector' for his main one hardly describes the amount of work and the care he puts into it.

He is employed by the Parish Council five days a week and two hours on Saturday, and on each day he covers a different section of the village. He is responsible for emptying all the public bins as well as keeping the pavements clean. As he is a keen conservationist he makes sure that the glass, tins and paper are separated into different sections of his trolley. He is particularly concerned that all broken glass is carefully removed to avoid danger to children. Quite often the bottles in the bins (mainly vodka) are full, or only half empty – but Gerard is a teetotaler! He is also prepared for emergencies, carrying a tow rope, water and detergent – all of which have been in use.

As a Council employee he feels he represents them on the street, so he makes a point of being well turned out and greeting everyone he passes, often acting as a general information giver.

On one occasion following a car accident in Chapel Hill he (wearing his fluorescent jacket) re-directed the traffic for an hour before the police arrived. The police later thanked him very much but said they would have to charge him for impersonating a police officer! After merriment they said they would take no further action.

Gerard has two other jobs, one of which is Gardener and Assistant Caretaker at Bentfield School. This takes four hours a week – gardening and clearing up, and he enjoys the contact with the children very much. One of them asked him if he was a janitor; obviously a keen watcher of American films.

His third job is as a senior salesman two evenings a week in the gardening section of Focus in the Stansted Road Industrial Estate in Bishop's Stortford. This gives him the experience of a different kind of job and he thoroughly enjoys advising and serving customers as a member of a happy team of employees.

Gerard is also a Trustee of the Kings Arms Youth Centre in Bishop's Stortford. This is run voluntarily by a group of Christians from various denominations that provide a centre for youngsters to meet once a week. They serve tea, coffee and soft drinks, discourage smoking and are quite strict on politeness, but there is often a queue to come in. Gerard is a Baptist, although he also worships with the Methodists in Stansted. He is a member of the local branch of Gideon's International which supplies copies of the New Testament to

secondary schools, hospitals and hotels in the Stort Valley area.

He is married to Sharon, pictured here on their wedding day.



He has two sons, Thaddeus, who is a computer games programmer working in Vienna, and Nathaniel, who works in public relations; and one two year old grandson.

When Gerard has time for his hobby he goes sailing – he has a RYA Yachtmasters Certificate.

His attitude to life and to work is very positive – upbeat is the word that springs to mind. Anyone meeting him in the village feels more cheerful for the encounter. He clearly lives a full life and a satisfying one.

Katharine Hurford

NLP Solutions - to life's little problems!

**Solving even a small problem could make a BIG
difference**

Stress & Anger Management
Anxiety, Depression, Sleep problems
Smoking, Weight Loss, "bad habits"
Trauma, Abuse, Allergy, Phobias, Spelling Difficulties, ADD

All SOLVED in only 1 - 3 sessions!

Why let the past run your future?

Call today: 01279 817976

or email Link@NLPsolutions.com

www.NLPsolutions.com

Sian Lloyd MBA

Certified NLP Trainer & Master Practitioner

Registered Timeline © Practitioner

Also available: NLP Training & Workshops,
Team Development, Personal & Career Coaching

St Mary's Primary School
Parents, Teachers and
Friends Association



01279 812212

We are now in the last half term of the school year, and for our Year 6 pupils this means looking toward the future and their new secondary schools, and the challenges and opportunities this brings. At the other end of the school we are looking forward to welcoming our new Reception class and their parents to St Mary's, when they attend a taster day on 9th July for a look at school life.

With the end of the year looming, you would think that there might be an opportunity to slow down, but not at St Mary's! School life is as busy as ever. At the end of May the School Council organised a money tree, where all the children brought in coins which were arranged in the hall in the shape of a tree of learning. The result looked amazing and you can see the pictures in the reception area. £112 was raised which the Council have decided will go towards a friendship bench in the playground. Well done to everyone who took part. We had a fantastic day on Sports Day on 18th June with everyone having fun participating in the races. Parents were then invited to stay for a delicious picnic with their children, prepared by the school kitchen. It was lovely to sit and enjoy the wonderful family atmosphere at our school.

To support their topic work, Year 6 visited Duxford, and Year 5 went to the nature reserve in Landguard, Suffolk. The week beginning 21st June was Healthy Eating Week, where activities and assemblies focused on healthy eating, and encouraging children to make healthy choices. We all know how important this is, and we hope that our children will keep this knowledge with them for the future. Fruit was prepared for the children each day at break time, and we would like to thank Tesco for providing this.

26th June was the PTFA's biggest event of the year, and so many people worked hard to make it a success – a big thank you to you all. There was fun and games for everyone with traditional stalls like the tombola and smash-a-plate, a beer tent and barbeque to keep everyone going, a children's football tournament and skipping demonstration and so much more. Thanks to everyone who attended and made it such an enjoyable day.

The diary is full for July too, beginning with Years 4,5 and 6's production of 'School Daze'. All their hard work culminates in two evening performances on 7th and 8th. Maths week starts on 12th July, with a theme of 'maths in the environment'. There will be lots of local outings and local businesses coming into school, or sponsoring activities to show the children how maths is used in daily life. On Friday 16th parents are invited to an open afternoon where they will be able to look at their children's work and activities. We are supporting 'Shades for a Day' in aid of Guide Dogs for the Blind on 14th, and on 21st is the Leavers Service in St John's Church at 9.15am. It is always rewarding to see the children benefiting from such varied and worthwhile activities, so why not get involved wherever you can, you will be very welcome!

Nicki Kelly



**STANSTED
FUN RUN**

Fun Run & Walk

www.stansted10k.org.uk
info@stansted10k.org.uk

**11 am Sunday 11th July
Bentfield Green**

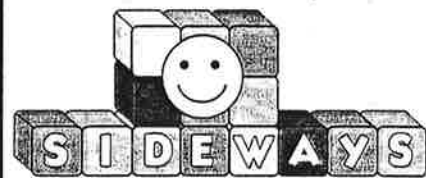
Why not come along and cheer the runners and enjoy the refreshments (drinks from the Rose & Crown, ice creams, BBQ)? Entries for individual runners and walkers are welcome on the day from 10.00am to 10.45am. There will be pre-race massages and warm-up exercises for those who want to 'hit the ground running'!

Marion Dyer
01279 814059

STANSTED RED CROSS WEEK MAY 2004

May I take this opportunity of thanking everyone in the village who gave so generously to the British Red Cross collection, when we raised a grand total of £1051.71. I would also like to thank all those people who so kindly gave their time once again to collect for this very worthwhile cause.

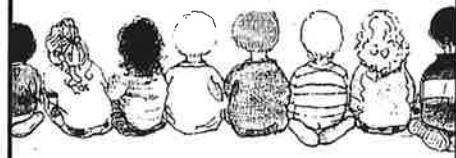
Diana Pelly



Pre-school nursery

- ☺ Excellent Ofsted Report
- ☺ qualified Friendly Staff
- ☺ Spacious hall with a quiet room for Rhymes & Stories
- ☺ Emphasis on learning through play

telephone 01279 813828



THE PLAYTEX MOONWALK 2004 – breast foot forward...!

On 15th May 2004 at midnight, 15,700 walkers (mostly women, but about 1,000 brave men) made their way on a 26.2 mile route around London's major landmarks. This was the sixth annual Moonwalk – the world's only moonlit marathon. The participants (including the men!) wear decorated bras. The Moonwalk is a charity event in aid of breast cancer research and cancer care. As well as raising money, the organisers aim to raise awareness of the importance of healthy lifestyle as a vital part of cancer prevention. You may have read about The Moonwalk or seen the tabloid pictures of the many celebrity walkers, but among the walkers were several groups of women from Stansted, including myself.

We applied to enter the event early in January 2004 and began training at about that time. We walked two to three times a week in all weathers – bitter cold, pouring rain and even occasional sunshine! The walks gradually increased in length until we reached 20 miles, two weeks before the event. Training was full of ups and downs. It took up a great deal of our time and there were times when we did not feel like venturing out in the dark and cold to walk. However, we were all very excited when our event packs arrived, complete with t-shirt, gloves, hat, bra and walker number. The whole thing became very real at this point and spurred us all on. Similarly, the death of former television presenter Caron Keating at about this time was a reminder of the fact that breast cancer is cruel and indiscriminate. One in nine women in the UK are affected by it and the UK has the highest breast cancer mortality rate in the world. We were trying to do something to make a difference.

Finally, the big night arrived! We reached Hyde Park, where Playtex City – an enormous tent – had been erected. This was to be our base for the next few hours. It was a fabulous spectacle. The tent was absolutely enormous – the largest floored tent to be erected in Great Britain – and there were pink balloons everywhere. The park was a sea of pink – the colour of the Breakthrough Breast Cancer Charity. There were some fantastic costumes. One team had dressed as opera divas – black evening gloves, diamond chokers, chignons decorated with feathers, pink voile skirts over running shorts and shoes and of course the ubiquitous bras. In this case, black and lacy!

At 8 o'clock we were admitted into the tent. Here, there was free massage for all, temporary tattooing, a pasta meal and distribution of plasters! There was also entertainment – Bjorn Again played all the famous Abba anthems. We had a great time, but once again were reminded of the real reason we were there in a video message recorded by Prince Charles. In fact, there were reminders all around us. Many of the participants walk because a much loved sister, mother, wife, daughter, friend is ill or has died. Many have moving stories to tell and many wear notices pinned to the back of their costume to explain why they are walking. There were banners all around the tent bearing messages of good will to those who were absent and competing in their own personal marathons. Some participants were cancer survivors. One of the event's official starters was Koo Stark

(Prince Andrew's former girlfriend) who is herself recovering from breast cancer.

By midnight, we had been warmed up en masse and were off! It was very difficult to move at a reasonable pace as there were so many of us. Many of the streets are very narrow, such as those in Kensington and Chelsea. The roads are not closed and remain very busy. The event marshals do their best to keep everybody on the pavements, so there are a lot of bottlenecks! Despite the fact that it is almost impossible to walk at a decent pace, there was a lot of good feeling and camaraderie among the walkers – even at the toilet stops where the queues were unbelievable.

It was a very memorable night. The organisers were fabulous and very supportive, as were the people on the streets of London. It was wonderful to see the sun rise and the day begin. We were very glad that we had trained properly and finished in good spirits and in good condition. The worst thing was the lack of sleep and the last couple of miles were quite tough, but we felt very pleased that we had done it.

If you would like to find out more about the event you could visit the website www.walkthewalk.org. It would be tremendous if a large team from Stansted could take part next year! If you are interested in walking regularly in a group to improve your fitness, or would like to make a donation to the charity, please contact me, Karen Singleton (813838).



Essex County Council

North and West Essex Adult Community College
Summer School Programme
(One day or ½ day sessions)
5th to 15th July 2004
Rivermill Centre in Harlow
or Clarence House in Thaxted

Learn French on a Computer	Bargain Hunt
Exploring your Family Tree	Get on with History
Take Care on your Holidays	Life is Sweet
Learn Spanish on a Computer	Portraits in a Day
Let's Get on the World Wide Web	French Cinema
Learn to Use a Digital Camera	Yoga for the Over 50s
Spanish Property Language	Glass Painting
Tour Around St Petersburg	Draw in a Day
Reflexology Hands & Feet	Alexander Technique
Short Steps to the Merengue!	Tune In to Song Writing
Introduction to Fundraising	Know Your Germs!
Take a look inside the box	Summer Arrangements

For full details telephone Harlow 01279 427711 or
Thaxted 01371 830245

FREE LANGUAGE TASTER EVENING
Newport Free Grammar School
Thursday 15th July 2004 – 7.15pm
Call Georgina Martin or Nola Marshall
on 01279 813319



**Royal British Legion
Stansted & District
Branch**

**D-DAY 60th ANNIVERSARY
MEMORIAL SERVICE**

This was held in glorious sunshine in the Memorial Garden at 3.00pm on 6th June. This very moving event was well attended by all ages and particular thanks must be given to our Rector, Andrew Spurr, who organised the Service and to the Royal British Legion Chairman, David Challis, who had been closely connected with the arrangements.

Many thanks are also due to Sonia Levy, the organist; the Braintree and District Scout and Guide Band who played before, during, and after the service; Dorrington Bakeries and McEwan Tea and Coffee for their contributions, and also to all the ladies who, as usual, so willingly helped with the welcome refreshments afterwards in the Day Centre.

Harold Thistle
Secretary, Stansted Branch
Royal British Legion



**Huw Johnson
Club**

The unsung heroes of our club are our drivers. They never refuse when asked to step in if there is an emergency. When at 1.00pm on 10th June we heard that the minibus was out of action I had to quickly find drivers to cover the evening. It was Garry's disco evening and Sandra and Paul's barbecue, and I knew none of our members would want to miss this important event. By 3 o'clock I had seven drivers all ready to speed to Saffron Walden at 6 o'clock to bring in our members. So thanks to our gallant drivers we were all happily dancing away at 7 o'clock with the smell of the barbecue, promising good things to come.

Have you a spare evening? If so, why not visit us one evening and meet our members, or become one of our gallant crew of drivers.

Tom and I would like to thank all those who came to the Huw Johnson thanksgiving service. It was a wonderful occasion and a great opportunity to meet up with past friends and members of the Club.

It is with great sadness we have learnt of the death of James' father, Richard Stratton who, after suffering frightful burns, spent several weeks in the Broomfield Burns Unit. James and his mother know that they have the support and prayers of the whole Club.

Marion Johnson



We have had a wonderful June at Rainbow. The theme for the term has been travel and the children have certainly had plenty of travel experiences. On 11th June children from the older group took the bus to Bishop's Stortford to spend the morning in the 'Helter Skelter' park.

A fortnight later we held our annual outing. Children from all groups, accompanied by parents and siblings, travelled by coach to Paradise Wildlife Park at Broxbourne. The children (and grown-ups) very much enjoyed looking at the wild animals and playing in the adventure playground. I think everyone was very sad when it was time to go home, and I am sure that many of the children will be nagging their parents to take them back again another day.

After a bus journey and a coach trip, the older group experienced a train ride to Harlow to visit Harlow Town Park. Here the children visited the adventure playground and very much enjoyed playing on the different equipment. They showed great stamina on the walk to and from the station but were very glad to have a picnic stop.

We are now preparing for the end of term, which we will celebrate in traditional style with our annual teddy bears' picnic. We shall be sad to say good bye to the children who are starting school in September and wish them well in the future.

If you are interested in a place at the pre-school from September please contact Gill Pursglove on 814701 for further information.



**MCM Computer
Services**

**A Reliable and Friendly Service for
Homes and Businesses**

Computer Systems • Upgrades & Repairs • Parts & Peripherals

- **FREE Telephone Advice**
- **No Call-Out Charge**
- **No Fix, No Fee on all home user systems**
- **Fixed Price + FREE collection and return for workshop repairs**
- **On-Site Repairs, £30 1st hr, £20 per hour thereafter**

Tel: 01279 813227 / 07815 011925

9 am - 9 pm Mon - Sat

www.mcmcomputerservices.co.uk



Open Gardens

Our 5th Open Gardens will be on Sunday 11th July, 2-6 pm. We have 17 this year, old and new. Refreshments will be at several gardens – indicated in the programme.

Come and see how big the fish have grown and if Monet's bridge is still blue!

Tickets on sale at Crafton Green, top of Chapel Hill and at participating gardens at £4.

Quote:

Flowers always make people better, happier and more helpful; they are sunshine, food and medicine to the soul.
(Luther Burbank).

Enquiries: Sue Hitchmough, 814265

Stansted Mountfitchet Parish Council

Clerk Ruth Clifford
Office Hours
10 am - 1 pm
Monday - Friday



Council Offices
Crafton Green
Tel 813214
Fax 813964

Parish Council Playscheme

We are delighted to announce that the Playscheme will make a welcome return this summer. Thanks to the kindness of Head teacher, Wendy Wood, the playscheme will run at St Mary's Primary School in St John's Road for two weeks, commencing Monday 2nd August. Full details of times and prices will be published in our newsletter to be distributed in early July, and also direct to local primary schools, and to Year 7's at the High School.

We have a new leader this year, a lady who teaches at a primary school outside the village, but lived here for many years, and her parents still do. With support from other helpers, old and new, we aim to offer an exciting programme of arts and crafts, sport and drama/music workshops. Morning sessions will be open to 5-11 year olds, whilst the afternoons are restricted to 8-11 year olds - this is to comply with Under-8's legislation as our scheme is not registered with Social Services.

Ruth Clifford
Clerk

JULY

Originally Quintillis – the 5th Roman month – this was renamed in honour of Julius Caesar who was born about 100 BC and assassinated in 44 BC. A military genius who extended the Roman Empire, but lost his grip on matters at home and also 'got a bit above himself'. Among many memorable phases in Shakespeare's 'Julius Caesar' this sums it up:

"As he was valiant, I honour him but as he was ambitious, I slew him".

15th July is St. Swithin's Day. He was Bishop of Winchester and had requested that when he died he should be buried in a simple grave outside the north wall of the church so that the 'sweet rain of heaven' could fall on him. However, after his death in 862 the monks decided that this was not good enough and moved his body to an ornate shrine. Thereupon it rained for 40 days and nights, showing St. Swithin's displeasure. So watch out for the weather forecast for 15th July and if it shows rain coming, don't forget your umbrella for the next 40 days.



The American Declaration of Independence of the original 13 United States was in July 1776. A



National Holiday is now held each year on 4th July. Another National Holiday, in France, is Bastille Day on 14th July. This was when the mediaeval fortress and prison in Paris was stormed by a mob in 1789. Nearer our time, the first landing of men on the moon was 20th July 1969.

July sometimes brings sultry weather and thunderstorms, but Lord Byron was too unkind to our climate when he wrote: "The English winter – ending in July, to recommence in August".

Peggy Honour

Royal Tandoori

Exclusive Indian Cuisine

FREE Home Delivery
Take-away available
10% discount
on orders over £10
on collection

**8 Chapel Hill
Stansted
Essex CM24 8AG**

**01279 815688
01279 812774**



HIGH COURT GIVES GO AHEAD FOR AIRPORTS CHALLENGE

Opponents of the Government's airport expansion proposals, which include building a new runway at Stansted Airport, have been given permission for a full Judicial Review hearing to challenge the Government plans.

The action, mounted by the Stop Stansted Expansion campaign in conjunction with community groups from Luton (LADACAN) and Heathrow (HACAN) and two London boroughs (Hillingdon and Wandsworth), is due to be heard alongside a separate but related claim by a consortium of five Hertfordshire and Essex local authorities.

The High Court will hear evidence that the Air Transport White Paper published in December was fundamentally flawed and the conclusions it reached were irrational and inconsistent with the Government's own policies and with the consultation ground rules.

No date has yet been set for the Judicial Review. In November 2002 the group won a High Court ruling forcing the Government to recommence its consultation on the White Paper resulting in an eight month delay in the publication of the White Paper. If the Judicial Review succeeds, the Government would be forced to re-examine its aviation policy, and begin the whole consultation process all over again.

The Stop Stansted Expansion claim, led by solicitor Richard Buxton, concentrates on four key areas. With respect to Stansted, the argument centres on the fact that the White Paper ignores the absence of a commercial justification for a second Stansted runway, contrary to the Government's own ground rules for the consultation.

The consultation documents made it clear that commercial viability was a "hurdle which must be passed for new and existing airport sites." BAA advised the Government that a second Stansted runway would only be commercially viable if it could be cross-subsidised by Heathrow and Gatwick revenues but the regulator (the Civil Aviation Authority) ruled against the option of cross-subsidisation by BAA during the consultation process. Despite this clear impasse, the Government has stated in the White Paper that a second Stansted runway should be built by 2011 or 2012.

Further grounds are that:

1. The consultation document did not make clear that the ending of runway alternation at Heathrow could be a short-term alternative to a third runway
2. The consultation document failed to give people the opportunity to comment on the proposal, favoured in the White Paper, for an extended runway at Luton

3. The Government failed to provide the public with information about alternative Thames Estuary airport proposals and failed to give proper consideration to those options

www.stopstanstedexpansion.com



STANSTED & DISTRICT LIBERAL DEMOCRATS

Our next ploughman's lunches will be on Saturday 10th July and Saturday 14th August at the Stansted Day Centre, 12 noon to 2.00pm. All are welcome.

We will be holding a buffet lunch at Churchmead, Widdington on Sunday 18th July, and a Salmon and Sparkling Wine lunch at 7 Blythwood Gardens, Stansted on Sunday 15th August. Please ring 814222 or 813432 for details of these events.

Ruth Rawlinson

SNIPPETS

In this issue we feature Gerard Frogley's role as Litter Collector. We are fortunate that this unglamorous job is so cheerfully carried out; what is more it is gratifying to know that so many appreciative residents give Gerard their encouragement as he goes about his task. There is no doubt that Stansted's appearance has improved.

Another good sign is the reduction in parked cars on footways in Silver Street. This, one of our major arteries, has been a no-go area for mothers with buggies and indeed for all but intrepid pedestrians. The police deserve our thanks - but the problem has not completely gone away and it may take some time to establish a climate of safety and confidence. Please, motorists, do not compel pedestrians to walk on any road, especially the busier ones.

The Editor

Jessica Pearce

Art for your home

Contemporary canvasses for your home or workplace



Children's murals for the bedroom or playroom

Nursery rhymes, superheroes, princess' castles, racing cars, outer space.....anything goes!

An affordable and unique gift that little ones love

Visit my online gallery at
www.jessicapearce.com
for inspiration

T: 01279 817205/ 07818 644 621

Email me at: info@jessicapearce.com

ANOTHER LOOK AT YESTERDAY



THE LIME KILN

This photograph is thought to date from the 1920's when Lime Kiln Lane was the source of most of the lime spread on fields over a wide radius. The prolific growth of old man's beard is a good indicator of the chalk and it is still in evidence today. When the kiln went out of use the pit was filled and it is now pasture and for equestrian usage.



BENTFIELD POND

This First World War photograph was sent by a soldier who had route-marched to Stansted from Luton via Ware - 46 long miles. The access for cattle is apparent and it is interesting to note the soil bunds for the reservoir and a small water tank - later to be superseded by a water-tower - now also a memory. The hurdles for hanging hay are evidence of the field's use before the play-ground arrived.

Photographs courtesy of Paul Embleton

CARERS UK

Uttlesford District Branch

"Caring about the Carer"

Support group for carers held in
Stansted Quaker Meeting House, Chapel Hill
on 2nd Thursday in each month from 2 pm to 4 pm

For further information call us on

01371 875810

Registered Charity No. 246329

LINDEN HOUSE ANTIQUES (Est 1969)

Do call and view our good selection of Antique
English Furniture in Mahogany, Oak & Walnut

Open Weekdays 10 am - 5 pm, Sundays 1 - 4 pm

3 Silver Street, Stansted Tel: 01279 812372

Chiropodist

Sue Leech MSSCh MBChA

9, Mill Road, Henham

 **07881 942836**

Surgery / Home Visits

Kate Harrison

*Made to measure curtains, pelmets & blinds.
Loose covers, cushions & upholstery.*

*I can supply fabrics, trimmings, tracks etc.
Please call for free advice & measuring service*

Tel / fax 777452 Email: kateharrison_1@yahoo.co.uk

— HIRE THE NEWLY REFURBISHED —

Ugley Village Hall

With two halls, ample parking, facilities for the disabled and competitive rates, the refurbished Ugley Village Hall on Cambridge Road is ideal for clubs, classes, functions, children's parties and social meetings.

Bookings or further information please call Susan Bone 01279 814052

Greenways Financial Planning

Independent Financial Advisers

- Free Consultations
- Confidential Home Visits
- No Fees Charged

Professional friendly advice on

Life Assurance • Pensions including Stakeholder
Mortgages • Investments including ISAs / PEPs
Critical Illness • Income Protection
Annuities • Long Term Care • Estate Planning

Greenways

Park Road, Elsenham CM22 6DF

Tel / Fax 01279 816622

A member of DBS Financial Management plc which is regulated by the Financial Services Authority. DBS is part of the MYSIS group of companies. The FSA does not regulate mortgages nor all forms of critical illness income protection & long term care

D BONNEY & SONS (Manuden)

MOT Testing - Diesel & Catalyst

Selection of New & Used Cars
Accident Recovery Work
Welding & Chassis Repairs
Borg & Beck Clutch Point Centre
Calor Gas Stockist

We help YOU the motorist by

- cheaper labour rate
- guaranteed workmanship
- free collection & delivery in local area

**Familiar with most makes of vehicles
including four wheel drives**

Please ring Malcolm or Neil on 01279 813315 or 815946

Lower Street Clinic

36 Lower Street, Stansted

Homeopathy Aromatherapy

Safe and effective methods of healing which look beyond the symptom or the disease and treat the person as a whole

JAN RICKWOOD

MIGPP LCHE MIFA

Tel: 01279 850727



9 Hole Golf Course
Pay and Play
Health & Fitness Suite
 Memberships Available
 Driving Range
 Open 7 Days a week
 ☎ **01279 812865**



Our beauty therapy suite provides the ideal environment in which to experience some of the most deeply therapeutic treatments available
 Telephone **01279 817277** to book an appointment

Chartered Accountants Davidson Oakley & Co

We provide a friendly and efficient professional accountancy and taxation service for local businesses and individuals including:

Self Assessment Tax Returns
Accountancy and Audit
Management Accounts
Business Tax

Free Initial Consultation

Please tel 01279 813294
 Forge House, 39-41 Cambridge Rd,
 Stansted CM24 8BX

Ray Morton

**PAINTER & DECORATOR
 GENERAL HANDYMAN**

**No Job Too Small!
 Free Estimates**

Tel 01279 812792
 8 Mill Close, Elsenham

M COLLINS Family News

NEWSAGENT TOBACCONIST
 CONFECTIONERS
 AGENTS FOR DRY CLEANERS
 Chapel Hill
 Tel 01279 812049

J R JOHNSTON C&G RFS
 Qualified Tree Surgeon
 Fully Insured



Pruning
Dismantling
Hedge Trimming

Trees/Shrubs supplied & planted
Contract Maintenance
 Tel 01920 821595

Celebrations

Balloons for that Special Occasion

Whether you need a single balloon or balloons for a large party, we can accommodate all your needs. We have a vast selection of balloons to cater for all occasions.

Have that special gift wrapped into a balloon.

Ideal for new baby, flowers, wedding gifts for bridesmaids etc

All orders can be placed by telephone so call us now on 01279 814815

All major credit cards accepted



COMPUTER

TRAINING

Working in partnership with Harlow College

- START IT for beginners
- SurfDirect
- CITY & GUILDS Level 1
- ECDL
- WEB DESIGN C & G Level 2
- E-Quals - Computer Maintenance
- A+ - Computer Maintenance
- C.E.S - Certificate in Employment Skills
- Essential Skills Training

Fancy getting into Technical Support?

01279 401540

www.itecharlow.co.uk
 office@itecharlow.co.uk

Harlow iTeC
 Latton Bush Centre
 Southern Way
 Harlow
 Essex. CM18 7BL



Getting on with IT

Harlow iTeC welcomes applications from all members of society

**CHILDREN'S SWIMMING LESSONS
ONLY £37.50!**

- 12 week course and no waiting list!
- All ASA qualified teachers
- Small classes (12 max)
- No spectator fee and no membership fee
- Free assessments



**Grange Paddocks
Pool & Gym
Rye St, Bishop's Stortford**

For more information on lessons
Telephone our Lesson Co-ordinator Lynn Crick

Tel: 01279 652332

East Herts Council providing value for money



**GRAHAM SCHOOL
OF DANCE**

R.A.D. Ballet Classes held in Stansted

Also at Bishop's Stortford
Classes in Ballet, Tap & Modern Dance,
Drama & Singing

For details & prospectus please
tel 01371 878410 or visit us at
www.grahamschoolofdance.fsnet.co.uk
email: philip@grahamschoolofdance.fsnet.co.uk

**HEARING HELP
UTTLESFORD**

(Formerly CamTAD)

Free hearing help
sessions at
Stansted Day Centre
between
10 am and noon on the
last Tuesday
of each month

For information ring
HELPLINE 07659 550127
(9 am - 4 pm)

OR
01799 522915 or 01371 873310
Registered Charity No. 289280

**ARE YOU UNABLE TO
ATTEND TO A LOVED ONE'S
GRAVE OR MEMORIAL?**

**GRAVE
CONCERN**

family business
**OFFER
CARE,
MAINTENANCE
AND
UPKEEP OF
FAMILY
MEMORIALS
AND GRAVES**



**BROCHURE WITHOUT OBLIGATION
01371 870 685**

J.D.W.

GAS HEATING SPECIALIST

Boiler Servicing
Fast response to breakdowns
of Central Heating
& all gas appliances

Carbon Monoxide Testing
Boiler Replacements
General Plumbing
Cooker Installations

24 Hour Call Out
CORGI Registered
Ex. British Gas

Contact Julian
25 Bentfield Causeway
Tel 01279 816083
or 07967 366585

**Painting & Decorating Service
Splash Of Colour**

Fully Insured
Clean & Reliable
All References

Mobile ☎ 07831 695879
Office ☎ 01277 899824

AUTOPOINT

11 - 13 Cambridge Rd
Stansted CM24 8BX
Tel/Fax 01279 813311

CAR SALES of STANSTED - QUALITY USED CARS

- 12 month RAC comprehensive warranty
- Pre-delivery and safety inspection
- 12 months MOT
- Part exchange welcome
- H.P.I. check
- Finance arranged



MullucksWells

FOR A PROFESSIONAL
APPROACH AND EXPERT ADVICE
ON ALL YOUR
PROPERTY MATTERS

Country Properties
Town Houses
Residential Lettings
Commercial Sales, Management and
Letting
Surveys and Valuations

6 GREEN BUILDINGS
CAMBRIDGE ROAD
STANSTED MOUNTFITCHET
TEL: 01279 816816

web: www.mullucks.co.uk
email: stansted@mullucks.co.uk

STANSTED CARPETS

EST. 1969

42 CHAPEL HILL, STANSTED, ESSEX

CARPETS & VINYL

CARPET TILES - SAFETY FLOORING
DOMESTIC AND COMMERCIAL

CURTAINS

AND FABRICS - RAILS AND POLES
HAND MADE CURTAINS

FREE LOAN OF SAMPLES
HUGE SELECTION
FREE QUOTATIONS

WALLPAPER

BORROW THE BOOK - CHOOSE AT HOME

01279

812019



Registered charity number 10049801

St John's Road
Stansted

For children aged
2½ to rising 5

For details please contact

Ann Conroy on

07966 506997 or

Gill Pursglove on

01279 814701

Collectables, Teddy Bears,
Cards, Diecast Models
Traditional Toys & Games
Wood & Pottery Gifts
Dolls Houses & Miniatures
Jigsaws & more....

LITTLE BEARS

Tel 01279 816022

www.littlebears.co.uk

email. little.bears@btinternet.com

EDDIE HO



Fish & Chips

BBQ Chicken

Southern Fried Chicken

Pukka Pies

Beef Burgers

Station Road, Stansted CM24 8BE

01279 817307

patrick
howard
design
associates



BRAEMAR HOUSE, WATER LANE,
STANSTED, ESSEX. CM24 8BJ.

Tel: (01279) 817342 Fax: (01279) 647086

E-mail: phdassoc@aol.com

PARKINS PLANTS

MILL POND GARDEN CENTRE, MILL ROAD,
HENHAM Tel: 851937

QUALITY PLANTS, HANGING BASKETS
AND GARDEN SUNDRIES

LARGE SELECTION OF TERRACOTTA POTS
AND GARDEN ORNAMENTS



FRESH FRUIT & VEGETABLES
AND SCOOP YOUR OWN FROZEN FRUIT & VEG



PET FOOD, LIVESTOCK FEEDS
& WILD BIRD FEEDS



BOTTLE GAS, COAL, LOGS
WATER SOFTENER SALT AND A LOT MORE

OPEN SIX DAYS A WEEK - CLOSED TUESDAYS

www.standonmill.co.uk

Standon Mill is the latest exciting new development from City & Country Residential. Located alongside the River Rib the former Flour Mill, dating back to 1901, is being sympathetically converted into twenty-one contemporary loft-style apartments of 1, 2 and 3 bedrooms.

Standon Mill will feature attractive waterside communal gardens and many of the apartments will also benefit from unique balconies and roof terraces to offer extended living space and take advantage of the fine views.

Prices start from £179,000.

Call Residential Sales on 01279 817 900 for further information.



CITY & COUNTRY
RESIDENTIAL

Benfield Place,
Benfield Road,
Stansted,
Essex,
CM24 8HL

www.cityandcountry.co.uk

CARERS UK

Uttlesford District Branch

"Caring about the Carer"

Carers are the biggest provider of health and social care in the UK.

We offer help, support and advice

If you would like to know more about us, call us now on:

01371 875810

Uttlesford Carers

12 Stortford Road, Great Dunmow CM6 1DA

Registered Charity No. 246329

tiddlywinks SOFT PLAY



for accompanied Under 4's
'No need to book'

Term time only

Newport Village Hall...Tues 9.30-11.30 am

Ickleton Village Hall..... Wed 10-12 noon

S/Walden Golden Acre ..Thurs 9.30-11 am

Stansted Quaker HallFri 9.30-11 am

£3 / child Special rates for siblings

Plus excellent baby area - Safe & Clean

Tel:01799 550830 Also Party hire!

ARE YOU RETIRED?



Then a warm welcome awaits you at the Stansted Day Centre.



♥ lunches ♠ snacks ♦ social activities



10.00 am

to

4.00 pm



Tuesday, Thursday and Friday



Come and enjoy the friendly atmosphere at -

Crafton Green,
top of Chapel Hill.

Tel. 815091



COPYZONE & COPYZONE ARCHIVING LTD

For

Printing, Copying
and Archiving

Please call:

Tel: 01279 657769

www.copyzone.co.uk

J DAY & SON

MONUMENTAL MASONS

Stone Works, Station Road,
Bishop's Stortford

Tel 01279 654555 or 653450

D HONOUR & SON (LANDSCAPE)

GARDEN DESIGN AND CONSTRUCTION

· Ground Preparation · Paving · Planting
· Brickwork · Lawns · Fencing



PHONE OR FAX

01279 813160



59 Blythwood Gardens, Stansted

ANTIQUES RESTORATION

25 YEARS EXPERIENCE

Repairs ~ Polishing ~ Cabinet Making

Fully Insured ~ Free Estimates

PETER WORBY Tel 01920 821973

D. C. POULTON & SONS

Funeral Directors

A FAMILY RUN BUSINESS
PERSONAL ATTENTION
AND UNDERSTANDING

Established 1888



Day and

2 Chapel Hill

Pre-

Night

Stansted

payment

CM24 8AG

Personal

01279

Plans

Service

813219

Available

Also at

CLARKS LANE
EPPING CM16 4NJ

01992 572609



POTHECARY & BARRATT
SOLICITORS

Providing Legal Services for
People & Businesses

For Professional Advice You Can Trust

Call Us

01279 506421

email: mail@pothecary.co.uk

or visit

www.pothecary.co.uk

White Horse Court, North Street

Bishop's Stortford, Hertfordshire CM23 2LD

Clients' parking and Disabled Access

Also in the City of London

Wills, Probate & Trusts - Commercial & Residential Conveyancing

Charities and Ecclesiastical Law - Corporate & Commercial Matters

Litigation & Matrimonial - Landlord & Tenant

Members of the Lawyers Christian Fellowship



Alzheimer's

Dementia care & research

*Help, support & advice
for people with
dementia and those
who care for them*

Uttlesford Branch
12 Stortford Road
Great Dunmow
CM6 1DA

Tel 01371 872519

Email:

alzheimers@uttlesford.freemove.co

ada

Decorating

Reliable Painting and Decorating Services

Andrew Richardson
Tel: 01279 817282
Mob: 07980 439924

- 20 years experience
- References available
- Fully qualified
- Competitive rates

Customer satisfaction guaranteed

KINGS

FAMILY BUTCHERS

Lower Street, Stansted

PRIME SCOTCH BEEF

DAIRY FED PORK

ENGLISH & WELSH LAMB

HOME MADE SAUSAGES

HOME COOKED HAM

ADDITIVE-FREE COOKED MEATS

HORMONE-FREE FRESH MEATS

FRESH FRUIT & VEGETABLES

Tel 01279 812219

CORBETT ELECTRICAL

Electrical Contractor

Rewires ~ Extra Sockets & Lights
Inspection & Testing ~ Repairs

31 Rainsford Road, Stansted Tel: 01279 816577

INTER COUNTY

The area's leading Independent Estate Agents
Tel 01279 814400

8 Cambridge Road, Stansted

also at Saffron Walden and Bishop's Stortford

www.intercounty.co.uk



Ages 2½ - 5 years

morning & afternoon sessions

Own building in beautiful
village school grounds

Excellent facilities
& outdoor play areas

Well qualified staff

Outstanding OFSTED Report
(January 2004)

Come & visit - you will be
made very welcome

For further
information tel

814037 or 0777 3730754

A MEMBER OF



FOSTER PLUMBING & HEATING

Mr I K Foster
Speckled Hen Cottage
27 Chapel Street
Stoke by Clare, Sudbury
Suffolk CO10 8HS

Tel 01787 279146
Mobile 07774 654378



VICKERS SOLICITORS

Friendly & personal service
Fixed fee Conveyancing
Litigation
Wills & Probate

Free initial consultation

Advice & assistance at
reasonable cost
Prompt attention

Please contact Julian Vickers
16 Lower Street,
Stansted CM24 8LP

Tel: 01279 817871 Fax: 01279 817877
Email: julian@vickerslaw.demon.co.uk

David Webb Travel

An Independent Travel Agency
You Can Depend On

CRUISES, INCLUSIVE TOURS, FLIGHTS

CAR RENTAL, COACH HOLIDAYS

UK BREAKS, HOTELS, FERRIES

INSURANCE, TAILOR-MADE ITINERARIES

3 The Greens Building
Cambridge Road
Stansted Essex CM24 8BZ
Tel. 01279 815507



Member of Travel Trust Association **R1170**

ONWARD DRIVER TRAINING

'Safe driving for life'

Driving Standards Agency Approved Instructor and Assessor

- **Learner Tuition:** Manual and Automatic dual-controlled Fiat Puntos - friendly non-smoking environment with in-car laptop & video for Theory & Hazard Perception Training.
- **'Pass Plus' Registered Instructor**
- **Advanced and Defensive Driver Training**
- **Company and Fleet Driver Training and Assessment** (for compliance with HSE requirements)
- **Motorway Tuition** and incident management
- **Refresher and Confidence-Building Courses** (Parking, Manoeuvring, Economy and Winter driving)
- **4x4 and 6x6 Off-Road Tuition** (client vehicle, including winching, self-recovery, commercial and leisure)
- **Personal and Vehicle Safety Training**

Philip Hastings, Dip.DI, ADI

19, Cawkell Close, Stansted Mountfitchet, CM24 8JF
01279 815571

email: DrivingOnward@aol.com

Protect and preserve with Knights Windows PVC-U replacement fascias, soffits, guttering, bargeboards and cladding



No more repairing or painting...

Knights Windows:

- ✓ Completely maintenance free
- ✓ Will not warp, crack, discolour or blister
- ✓ Resistant to weather and other pollutants
- ✓ Enduring quality
- ✓ Choice of finishes
- ✓ All work guaranteed

Call us now, **FREE**, on **0800 294 0652** and make painting a thing of the past!

We'll be pleased to provide you with a professional, free quotation, no matter how large or small the job.

John Newman
Managing Director

The Courtyard
Forest Hall Road
Stansted Essex
CM24 8TS
01279 647999

BATHROOMS • TILES • ACCESSORIES

BUBBLES

27 - 29 High Street, Saffron Walden, Essex CB10 1AT
☎ 01799 522488 / www.bubbles-bathrooms.co.uk

Thinking of a New Bathroom?

Then why not visit us where we can offer the complete service, from design to completion, which includes a 6 year IBSA backed guarantee at no extra cost to yourself.




Terms and conditions apply on 6 year guarantee

Daniel Robinson & Sons

Independent Family Funeral Directors
& Monumental Masons

A personal caring service from a family business day or night

Our trained staff will be pleased to give free confidential advice on any matter

79/81 South Street
Bishop's Stortford
Tel. 01279 655477

3 Bullfields
Sawbridgeworth
Tel. 01279 722476

146 High Street
Epping
Tel. 01992 560890

Wych Elm
Harlow
Tel. 01279 426990



Haslers Lane
Great Dunmow
Tel. 01371 874518



24-hour family careline • Golden Charter Pre-Payment Plans

HIGH HOUSE

Montessori Day Nursery

(opposite Stansted Airport Terminal)

Accepts children from 3 months to 5 years

Excellent Ofsted Report

Nursery & Baby sections, small class ratio with qualified staff

Approved for Government funding for children 3+

Flexible hours and days according to needs of child and parent

Full day care available 8 am to 6 pm

Open 51 weeks a year

For further information please ring 01279 870898

MEADOW

Montessori Day Nursery

Saffron Walden

Accepts children from 2 to 5 years

Traditional values of Montessori teaching with structured reading, language and number. Children accepted full or part time, flexible hours, excellent ratio. Excellent Ofsted Report.

Open 51 weeks a year

For further information please ring 01799 513858



The Mill House

Quality traditional cuisine served with original flair, friendliness & finesse that will ignite your appetite.

Open Tuesday through to and including Sunday Lunch, 11 am - 3 pm & 7 pm - 11 pm



Bring this advert and get a free bottle of house wine when you spend over £25

Natasha Caton
30a Lower Street
Stansted Mountfitchet
Essex
01279 816994

HELPLINE

07659 550127

If you have a **PROBLEM**
or are in need of
ASSISTANCE
Monday - Friday
9.00 am - 4.00 pm

Stansted's voluntary community care service



COPYZONE LTD
WWW.COPYZONE.CO.UK

JAMES BARR NISSAN

13 NORTHGATE END,
BISHOPS STORTFORD.

TEL: 01279 653365

OPENING HOURS 8AM-6:30PM MONDAY TO FRIDAY
8:30AM-5PM SATURDAY AND 10AM-4PM SUNDAY
www.jamesbarrnissan.co.uk



SHIFT_expectations

HERBAL MEDICINE

This could be the answer to your problems if you have:-

Allergies, Arthritis, Blood Pressure, Constipation, Dietary problems, Gastric complaints, Menstrual or Menopausal symptoms, Skin complaints, or Stress



All of these and many other conditions can be helped with Herbal Medicine

For an appointment contact:-

**Patricia Taylor BSc. MNIMH, MCPP
Medical Herbalist**

Lower Street Clinic
36 Lower Street, Stansted CM24 8LP
Telephone 01279 810957

STANSTED ALL-STEEL

Custom Manufacture

Security Grills
Railings
Gates etc.



Residential
&
Commercial

All Styles

All Sizes

Tel: 01279 817801 Fax: 01279 817802 Mobile: 07785 772341
Corner Buildings, Parsonage Estate, Stansted, CM24 8TY

CHIMNEYS

Guest House



Iain & Selina Rankin

44 Lower Street
Stansted Mountfitchet
Essex CM24 8LR

Tel / Fax: 01279 813388

Email: info@chimneysguesthouse.co.uk

www.chimneysguesthouse.co.uk

LOWER STREET CLINIC 36 Lower Street, Stansted

REGISTERED OSTEOPATHS

Jacolin Sheaf DO & Associates

Specialists in treatment of spinal, joint & muscle pain, headaches, trapped nerves & sports injuries

Treatment suitable for all ages, including children

Tel: 01279 815907

STATE REGISTERED CHIROPODIST

Richard Handford BSc, SRCh, MChs

Specialising in routine chiropody, sports injuries, ultrasound, biomechanics, orthotics, nail surgery & verrucae

Tel: 01279 647337