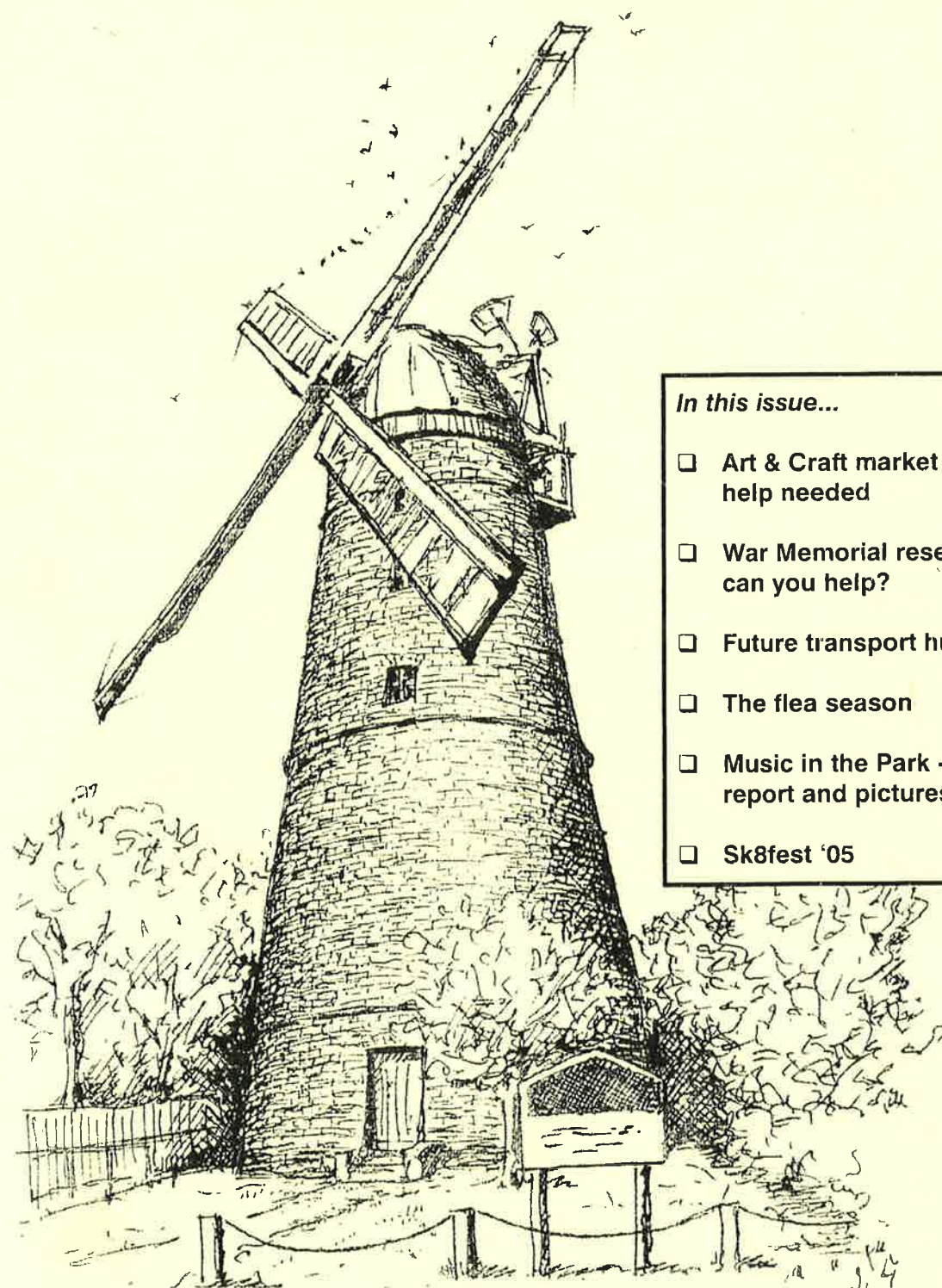


Stansted Mountfitchet

The Link



In this issue...

- | | |
|--|-----|
| <input type="checkbox"/> Art & Craft market - help needed | p8 |
| <input type="checkbox"/> War Memorial research - can you help? | p8 |
| <input type="checkbox"/> Future transport hub? | p11 |
| <input type="checkbox"/> The flea season | p15 |
| <input type="checkbox"/> Music in the Park - report and pictures | p17 |
| <input type="checkbox"/> Sk8fest '05 | p30 |

BATHROOMS • TILES • ACCESSORIES

BUBBLES

27 - 29 High Street, Saffron Walden, Essex CB10 1AT
 ☎ 01799 522488 / www.bubbles-bathrooms.co.uk

Thinking of a New Bathroom?

Then why not visit us where we can offer the complete service, from design to completion, which includes a 6 year IBSA backed guarantee at no extra cost to yourself.



Terms and conditions apply on 6 year guarantee



VALLEY CARPETS

The Carpet Specialist for
 Quality Carpets and Fitting for all
 Domestic & Contract Floorcoverings

For an appointment please contact:
 Stuart & Sue Timms
 25 Cambridge Rd, Stansted
 Tel: 01279 817757

www.valley-carpets.co.uk
 Email: info@valley-carpets.co.uk

Also at:
 121 London Road
 Sawbridgeworth
 Tel: 01279 724041



FOSTER PLUMBING & HEATING

Mr I K Foster
 Speckled Hen Cottage
 27 Chapel Street
 Stoke by Clare, Sudbury
 Suffolk CO10 8HS

Tel 01787 279146
 Mobile 07774 654378

J.D.W.

GAS HEATING SPECIALIST

Boiler Servicing
 Fast response to breakdowns
 of Central Heating
 & all gas appliances

Carbon Monoxide Testing
 Boiler Replacements
 General Plumbing
 Cooker Installations

24 Hour Call Out
 CORGI Registered
 Ex. British Gas

Contact Julian
 25 Bentfield Causeway
 Tel 01279 816083
 or 07967 366585

CHIMNEYS

Guest House



Exceptional standard of accommodation

ETB 4 Diamond Rating with Silver Award

All guest rooms have ensuite facilities

Open All Year including Christmas

Iain & Selina Rankin
 Chimneys
 44 Lower Street, Stansted,
 Essex CM24 8LR

Tel/fax: 01279 813388
 Email: info@chimneysguesthouse.co.uk
 Web: www.chimneysguesthouse.co.uk

ALDWYCH CONSTRUCTION

23/25 Lower Street, Stansted CM24 8LN

Building and Decorating Contractors

All needs provided throughout
 North West Essex,
 East Herts & South Cams

FOR ESTIMATES
 Tel 01279 816701
 Mobile 07976 050802
 Fax 01279 812656



'PROPER WORK AT PROPER PRICES'
 BOTH PERIOD AND MODERN

Greenways Financial Planning

Independent Financial Advisers

- Free Consultations
- Confidential Home Visits
- No Fees Charged

Professional friendly advice on

Life Assurance • Pensions including Stakeholder
 Mortgages • Investments including ISAs / PEPs
 Critical Illness • Income Protection
 Annuities • Long Term Care • Estate Planning

Greenways

Park Road, Elsenham CM22 6DF
 Tel / Fax 01279 816622

A member of DBS Financial Management plc which is regulated by the Financial Services Authority. DBS is part of the MYSIS group of companies. The FSA does not regulate mortgages nor all forms of critical illness income protection & long term care

Opinions expressed in this magazine are given freely and do not necessarily represent those of CTS, its member churches, village organisations or advertisers.

<i>Editor</i>	Derek Honour	☎ 647213
<i>Distribution</i>	Janet Townsend	☎ 812593
<i>Advertising</i>	Wendy Moss	☎ 812797

Copy to reach 58 Chapel Hill or email to stanstedlink@aol.com

By 8th September for publication on 24th September

By 13th October for publication on 29th October

Index to Advertisers

		<i>Page</i>			<i>Page</i>
Animal Care	Angels4Animals (pet sitting)	29	Household Services	Do-It-4U	11
	Mercer & Hughes (vets)	22		Executive Carpet Care	24
Community & Care	Alzheimer's Society	28	Express Picture Framing	14	
	Hearing Help	10	Flowers for all Occasions	20	
	Helpline	18	Foster Plumbing & Heating	FC	
	MIND	20	G.P. Clark (roofer)	12	
	Stansted Day Centre	12	Iron Maiden	21	
Computing	Uttlesford Carers	18, 22	JDW Gas Heating Specialist	FC	
	Alan Horsley	18	Knights Windows	24	
	Computer Help	10	Mark Robinson (handyman)	12	
	MCM Computer Services	12	R.D. Ellis (furniture restorer)	14	
	ShadowFax	28	Ray Morton (painter/decorator)	14	
Education	The Cartridge Centre	10	Stansted's Painting Ladies	14	
	Birchanger Nursery Unit	28	Tim's Tiles	14	
	Montessori Nursery	12	Leisure		
	N&W Essex Adult Comm Coll	25	2DiVE4	30	
	Rainbow Pre-school	10	Celebrations	32	
Electrical	Sideways Pre-School	24	Elsenham Golf Centre	32	
	Uttlesford Learning Centre	23	Graham School of Dance	32	
	Corbett Electrical	29	Newport Croquet Club	12	
	Zelta Batteries	10	Romeera Leisure Centre	29	
	Financial & Legal	Davidson Oakley & Co	29	Motoring	
Food & Lodging	Greenways Financial Planning	FC	Autopoint Car Sales	20	
	Pothecary & Barratt	22	D Bonney & Sons	32	
	Vickers	28	Nunn's Garage	28	
	Bistro 49	29	Onward Driver Training	29	
	Chimneys Guest House	FC	Rowland Ridgwell	22	
Funeral Services	Courtyard Gites	30	Personal Services		
	Eddie Ho Fish & Chips	28	CK Men's Room	14	
	Royal Tandoori	30	Fancy Fingers	12	
	Star of India	27	Glynis Cheers (hypnotherapist)	14	
	D.C. Poulton & Sons	30	Grave Concern	14	
Furniture & Furnishings	Daniel Robinson & Sons	30	Lower Street Clinic	18, 24	
	J Day & Son	10	NLP Solutions	18	
	Bubbles Bathrooms	FC	Slimming World	24	
	Fabrications	29	Sue Leach (chiropractist)	22	
	G E Sworder & Sons	30	The Eye Practice	22	
Garden Supplies & Services	Kate Harrison	20	The Park Clinic (weight loss)	22	
	New Look	12	Copyzone	15	
	Stansted Carpets	28	Millway Stationery	18	
	Valley Carpets	FC	Playsongs Publications	18	
	You're Furnished	20	Property Services		
Household Services	D Honour & Son	20	Aldwych Construction	FC	
	Garden Design	10	City & Country Residential	32	
	JR Johnstone	28	David Lee	18	
	Perry's Garden Centre	19	Inter County	20	
	Selina Rankin	24	Mullucks Wells	30	
Other	Steve Hall's Gardening Services	20	PHD Associates (architects)	14	
	The Mower Shop	32	Family News	28	
	A Better Aerial	24	King's Family Butchers	10	
	ADA Decorating	10	R & K Newsagents	18	
	Clive's Maintenance Services	22	R P Ellen Ltd (fashion shoes)	29	

METHODIST

Meets in Quaker Meeting House, Chapel Hill

Minister Rev'd Keith Page
2 South Road
Bishop's Stortford
Tel: 01279 654475

Secretary Mrs Catherine Dean
49 Recreation Ground
Stansted
Tel: 01279 813579

Email methodists@stansted.net

All services start at 9.30am unless otherwise stated

Preachers for August

7th 9.30 am Nigel Courtman
14th 9.30 am Rev'd Keith Page – Holy Communion
21st 10.30 am Rev'd David Simpson (Joint at URC)
Communion
28th 10.30 am Mr Jerry Heyhoe (Joint at URC)

Preachers for September

4th 9.30 am John Banks
11th 9.30 am Rev'd Keith Page
18th 10.30 am Rev'd David Simpson (Joint at URC)
Communion
25th 10.30 am Miss Joan Kennett (Joint at URC)

There will be a joint Methodist / URC fellowship meeting on Thursday 15th September at 7 Blythwood Gardens, starting at 8.00pm.

Catherine Dean

Just over 30 years ago I remember arriving at Birmingham New Street Station. Instead of the usual hustle and bustle of a Friday evening, things were eerily quiet. Just 24 hours previously a bomb had gone off in the Bull Ring. Many were dead, injured and bereaved. A few weeks ago four bombs went off in London. Investigations continue. Like 30 years ago, people ask – Why?

We have CCTV pictures of four young men at Luton station. A few hours later they will be dead, together with 50 or so other people. There are two primary motivations for human beings to undertake ultimate actions – love and hate. For me, ultimate love is when the one loved is more important to the lover than life itself. To put it another way, that person is more important to you than you are to you. *'Greater love has no one than this: to lay down one's life for one's friends.'* John 15:13.

This is ultimate love – that we all like to receive, but find so hard to give. Yet there is an ultimate side of hate. This is really dark and incredibly evil. In effect, it is someone saying that their hate for you is so deep, that they are prepared to give their own life to hurt or destroy you. That is what we have experienced in this case. Most people run through lives with less than ultimate motives. It is easy to give if you have much or expect a return. It's nice to be nice to those who are nice to you.

That's why we find it hard to understand. Only those who have a view of the ultimate either of love or hate, could ever understand. What these bombers hated is the lukewarm nature of British society. They see this as the essence of Christian civilisation. They are mistaken – not by the lukewarm self-interest of our society, but in that it is also Christian. Faith always looks to the ultimate. The ultimate base of Christianity is love. A love so deep that Jesus Christ gave His life for all humanity. Hate tries to shut Him up, seemed to succeed – until the third day He rose again. The reason for our existence is found when we discover this love.

Rev'd Keith Page

UNITED REFORMED

Chapel Hill

Minister Rev'd David Simpson
11 Church Manor
Bishop's Stortford
CM23 5AF
Tel: 01279 504900

Contact Mrs Janet Townsend
58 Chapel Hill
Stansted
Tel: 01279 812593

Preachers for August

7th 2.30 pm Rev'd David Simpson
14th 10.30 am Mr Alan Wheeler and Mrs Betty Francis
21st 10.30 am Rev'd David Simpson (with
Methodists) Communion
28th 10.30 am Mr Jerry Heyhoe (with Methodists)

Preachers for September

4th 2.30 pm Mr Michael Dyer
11th 10.30 am Mrs M Kendle
18th 10.30 am Rev'd David Simpson (with
Methodists) Communion
25th 10.30 am Miss Joan Kennett (with Methodists)

Dates for your diary

August

7th 3.30 pm Afternoon Tea
For lifts telephone 814850 or 812593
15th 2.30 pm Monday Club, open to all
For information telephone 815137

September

4th 3.30 pm Afternoon Tea
For lifts telephone 814850 or 812593
12th 6.00 pm Pilots for children 5-13 years
For information telephone 813433
19th 2.30 pm Monday Club, open to all
For information telephone 815137
26th 6.00 pm Pilots for children 5-13 years
For information telephone 813433

Janet Townsend

ROMAN CATHOLIC

St Therese of Lisieux
High Lane

Priest Father Joe White
The Presbytery
St Therese of Lisieux
High Lane
Stansted
Tel: 01279 814349

Masses Saturday 6.00pm
Sunday 9.00am and 10.30am
Holy Days of Obligation 8.00am and 8.00pm
Tuesday-Saturday 9.30am

Confessions
Saturday 10.00am
and by appointment

Baptisms By appointment

By the time you receive this edition of the 'Link', the G8 Summit, MakePovertyHistory, concerts, protestors/marches/violence, destruction to property, police struggling to keep peace, law and order while world leaders met to discuss constructive issues such as aid, the environment, combating terrorism, etc - may well be forgotten. God willing the goodwill, coming together, resolve and intentions of all leaders and people who **care** for the lives, health, education and suffering of people, will unite, motivate and draw us out of apathy and the feeling of helplessness, so overwhelming seeing the immensity of the problems in Africa on our TV screens. Hopefully corruption and injustice will be dealt with positively in order that aid and resources go to the deserving - not abused by the people in power. MakePovertyHistory should not be a fading memory but something we could all be proud of. The G8 leaders, bless them, are now obliged to deliver with immediate effect the promised aid, cleaner environment and a safer planet on which to live.

The euphoria of winning the Olympic bid and imminent and ongoing development of the Olympic village in the next few months and years will give joy and hope to the people involved in this worthy project and should restore the spirit of London and the country.

Lots has and will continue to be written about the suicide bombings; inexcusable loss of lives, trauma and injury to innocent people going about their daily business. These sad events will go down historically as a shameful legacy left by misguided people, obsessed with revenge and hatred in their hearts. May God in His mercy give comfort and healing to victims and bereaved and may he enfold all those who lost their lives so tragically in His light and peace. Pope Benedict, Cardinal Murphy O'Connor (who was in Rome at the time when he heard the news), returned to London and offered Mass at Westminster Cathedral on the Friday. Thomas, Bishop of Brentwood and the Bishop of Birmingham's messages of prayers and condolences were read out at our Masses here in Stansted. We all prayed and remembered those who were killed, injured and traumatised, their families and friends. We also prayed for the people who acted so promptly and courageously, rescuing, nursing and caring for the victims.

In July, our Bishop Thomas celebrated his 25th Jubilee as Bishop of Brentwood. This was a momentous occasion for Bishop Thomas and our diocese, and we offer Bishop Thomas our prayers, support and thanks for his leadership and ministry all these years.

I came across a Prayer of a 17th Century Nun, which I think you all might enjoy. God bless. Wendy.

17th Century Nun's Prayer

LORD Thou knowest better than I know myself that I am growing older and will someday be old. Keep me from the fatal habit of thinking I must say something on every subject and on every occasion. Release me from craving to straighten out everybody's affairs. Make me thoughtful but not moody; helpful but not bossy. With my vast store of wisdom, it seems a pity not to use it all, but Thou knowest Lord that I want a few friends at the end.

Keep my mind free from the recital of endless details; give me wings to get to the point, seal my lips on my aches and pains. They are increasing, and love of rehearsing them is becoming sweeter as the years go by. I dare not ask for grace enough to enjoy the tales of others' pains but help me to endure them with patience.

I dare not ask for improved memory, but for a growing humility and a lessening cocksureness when my memory seems to clash with the memories of others. Teach me the glorious lesson that occasionally I may be mistaken.

Keep me reasonably sweet; I do not want to be a Saint - some of them are so hard to live with - but a sour old person is one of the crowning works of the devil. Give me the ability to see good things in unexpected places, and talents in unexpected people. And, give me, O Lord, the grace to tell them so.

Amen

(The title of this prayer is traditional; the source is unknown)

OPERATION CHRISTMAS CHILD

Christmas 2004 saw a record number of shoe boxes leave the UK. The grand total of 1,142,037 boxes were sent to children, mostly across Central and Eastern Europe, nearly 100,000 more than in 2003. Worldwide, the 'Samaritans Purse' sent out an astonishing 7.4 million boxes to 95 countries. Of the UK boxes 324,000 were sent to Romania, 187,000 to Belarus; Indonesia received 35,000 and Mozambique 22,000. This year it is hoped to send 50,000 boxes to Azerbaijan alone, following visits this Spring by Dave Cooke, the Children's Advocate of Samaritans Purse.

There will again be a shoe box packing evening in November (date not yet fixed) so please start collecting items, pens, pencils, note books, colouring books, toiletries etc, but please remember no glass or liquids. It is suggested that each box should contain a ball, and thanks to the generosity of Stansted Tennis Club all our boxes have a tennis ball included as well as a cuddly toy. Empty shoe boxes are also needed; these can be left at 58 Chapel Hill, any time.

The shoe boxes are only a small part of the work of Samaritans Purse International Relief. For more details of their relief work visit their website at www.samaritanspurse.uk.com or come along to the Shalom evening on 7th November.

Janet Townsend

Hymns we know and a few other empty ideas

There is a tired old expression which describes something or someone as being 'too heavenly to be of any earthly use'. I don't like it very much.

It comes from a strange view of the world which says that spiritual things are opposite to practical things. I'd never given much thought to where that idea came from, only that I didn't think much of it. If God is the name we use for the force which runs through the whole universe, then *everything* is spiritual.

About a week ago I was thumbing through an old hymn book, comparing with a friend the hymns we had learned and loved in our schooldays. As we recited the lyrics, I was reminded how beautiful they were, while at the same time, I suddenly saw for the first time how flawed they are. They deal with personal concerns and largely neglect anything to do with how people in the world live together. This is strange since the world of the Bible has little about private, personal spiritual concerns. The Bible is more about what goes on between three things: God, people and land. It doesn't get much more practical than that.

Much of what is in the Christian gospels is about how you recover a sense of living in God's land, with God's generosity, while living under a very ungenerous Roman occupation. The titles given to Jesus: Son of God, prince of peace and so on, are titles which the hearers would have first encountered as titles for Caesar. The writers deliberately used the same titles for Jesus because they are raising

the question about whether God looks more like Jesus or Augustus Caesar. In short, the Christian gospels are about what the world would look like if God sat on Caesar's throne; what would the imperial budget then look like?

The early Christian community was a movement for change from the underside of Roman domination. Making community, healing and feeding the hungry are very down-to-earth practical ways by which the early Christians sought to change the world bearing the weight of imperial rule.

Much of the history of the Church of England has not been one of a Jesus movement working for change from the underside of empire. More often it has been the opposite. We have worked *for* empire, and in the interests of empire, the British empire, the one we were relinquishing in the years I was growing up when our maps still used pink to identify our domains.

So, when you look at the hymns we all know and love, and read the verses, they are about *personal* faith, *private* spirituality. They praise an other-worldly, spiritual God and they teach the reader to aspire to be a better and more spiritual person, a better citizen. As one Scottish hymn writer says: we still sing hymns which assume God is on *our* side. What they do *not* do is dream of a world in which God sits on Queen Victoria's throne, they do not dream of a world in which all God's creatures live as if God cared for everyone, whatever their race or standing. These hymns extol a world which is only marred by personal sin,

contact us

all enquiries

The Church Office

St John's Hall
St John's Road
Stansted CM24 8JP

(01279) 815243

church.office@stansted.net

Office hours

9:00am-12:00noon
Monday, Wednesday, Friday

Adminstrator

Mrs Elizabeth Jennings

Church Hall Bookings

Mrs Joy Lambe
(01279) 817937
joy@stansted.net

Rector

Revd Andrew Spurr

(01279) 812203

rector@stansted.net

Assistant Curate

Revd Dr Caroline Currer

(01279) 815243

curate@stansted.net

Director of Music

Mrs Glynis Morris

(01223) 263640

church.music@stansted.net

website

www.stansted.net/stjohns

In and around St John's



- **Harvest Hop.** Friday September 30th 8pm *Benny and the Jetts*, 50's and 60's rock 'n' roll dance with Harvest Supper, bar and raffle. Proceeds to Christian Aid's campaign to change trade rules.



- **Harvest Festival Service** October 2nd 9:30am. *Preacher:* Marj Carter from Christian Aid. Marj will be at the 11:00am Open Door service which will include a discussion of the work of Christian Aid and its 2005 Harvest project. www.christianaid.org.uk



- **St John's Book Group** will be meeting at Andy Thornton's in Bentfield Gardens. Call Andy on 813003, or the Church Office on 815243 for details.



- A course on the *Life and Spirituality of Thomas Merton* will be meeting on Wednesdays in the Rectory. Call Andrew on 812203, or the Church Office on 815243 for details.



- **Living the Questions**, a course in Christian faith over twelve weeks. Using video clips from a number of eminent Christian thinkers and social activists. A new session will begin in October at the Rectory.

All of the above events are open to any who are not members of the St John's community.

SOCIETY OF FRIENDS

Quaker Meeting House, Chapel Hill

they have nothing to say about the morality of how the world is organised. The hymns I know by heart are hymns which do not bother me with questions about how my country's foreign policy affects the lives of other people in distant countries whom God loves.

Far and away most of the Christians in the world today live in the impoverished global south, on the under-side of a world which works to the rules of the G8 nations. They don't sing about being spirituality being the opposite to practical, they sing for change, practical change, they pray for God to intervene and change the way the world is. They want to imagine what it would be like for God to sit in the Oval Office or the European Parliament, and how the world would look, and imagine what God's budget would look like.

So when you hear complaints about how the church no longer sings hymns we know, or that its worship is undergoing 'change for changes sake', or its leaders are being shallow and trendy, there is something more serious going on, which these critics overlook entirely.

The church is slowly recovering a sense of what its central figure was about. Jesus was not crucified because he wanted to make individuals more spiritual, or because he wanted to stop us thinking covert naughty thoughts about the lady next door. Jesus was crucified because he was teaching downtrodden people to live as if God was on Caesar's throne. He was teaching them that empire and its trade rules do not have the last word. He was leading by example and sharing food and including the outcasts and making an alternative world, right under the nose of the empire of the day. This is what he meant by the Kingdom of God, which is the central topic of the first three gospels.

If the church's purpose is about Jesus' programme, then our worship and our mission should be about changing the way empire and its trade rules distort the lives of others. We should stop domesticating Jesus' preaching about an alternative kingdom to simply being about the salvation of our own private souls.

AS

Clerk Mrs Anthea Lee
24 Lea Close
Bishop's Stortford
Tel : 01279 656707

Meeting Sunday, 11.00am

Visionaries to transform the world

A revolutionary new plan to effect major changes to the world has just been launched by the Joseph Rowntree Charitable Trust. Seven visionaries have been selected from 1,622 applicants, ranging in age from 21 to 85, "to effect real change for the better - wherever in the world they can." The tests laid upon the applicants were stringent. Each applicant, called 'A Visionary for a Just and Peaceful World', had to prove that they had a real track record for effecting change - and then cut down their dream to a maximum of 100 words. These submissions were then tested in turn against Joseph Rowntree's founding trust deed, which requires the promotion of truth, justice, integrity, conflict resolution and peace.

Will the plan work? The Foundation is "prepared for a certain amount of cynicism" but is buoyed up by its previous experience. In the 1970s its sister Reform Trust pioneered the use of paid researchers for MPs - nicknamed 'Rowntree's chocolate soldiers' - to help their political representatives become better informed in world affairs. Additionally the Rowntree name has been behind such innovations as The Low Pay Unit, Voluntary Service Overseas and the Child Poverty Action Group - all aimed at the betterment of some of the world's most deprived and neglected people. The successful visionaries have a range of plans to make the world a better place. These vary from a plan to close Guantanamo Bay, to employing 'super diplomats' to work with small, disadvantaged countries with no voice in the world; and cutting the existing red tape that prevents the spread of healthcare to the poor and disadvantaged.

Other plans, inspired by Joseph Rowntree's conviction that individuals could be a real force for change, include changing attitudes to race equality in the United Kingdom through black-led initiatives, new methods of sustainability dreamed up in a Pennine mill town in Yorkshire and a new concept in twinning between the developing world and an area of Coventry.

Steve Pittam, secretary of the JRCT, said "We have all dreamt up ideas of how we could change the world... This has been an amazing opportunity to hear some of those ideas and help make the best a reality. The quality of applications was very high, and the seven appointed visionaries are exceptional, not just because of their visions but because of their track record of delivering real change. We expect great things of them."

Anthea Lee

From the Registers

Baptisms:

19th June - Hugo Mark Elms, Amy Elizabeth Millar

Marriages:

4th June -

Martin Stephen Craig to Julia Frances Phillips
Scott Michael Downes to Kelly Belinda Evans

25th June -

Lee Stuart Lockwood to Sarah Jane Victoria Jones

Funerals:

6th June

David Stephan Martin - St John's
Sylvia Mary Treweek - Parndon Wood Crematorium

16th June

Lilian Grace Jones - Parndon Wood Crematorium
Whynnie Ellingham - St Mary's

23rd June

David Paul Williams - Parndon Wood Crematorium

27th June

Barbara Lillian Price - Parndon Wood Crematorium

Christian Aid

We believe in life before death

Did the G8 leaders Make Poverty History?

In the July 'Link' I was hopeful that some real benefits for the poorest countries would result from the G8 summit. So did this happen? Well yes, the commitments will help millions of people out of poverty, but these are only a beginning:

- Aid - \$50 billion a year has been pledged by 2010. This is good news, but why not do it now?
- Debt relief – the G8 agreed to cancel the debt of 18 countries. Good news for those 18, but many more countries are struggling to pay the debt at the expense of education and health care.
- Trade justice – not much progress unfortunately. There was no commitment to end export subsidies that keep so many in poverty.

So the campaign has achieved a lot and the G8 leaders should be congratulated on having listened and acted. But the campaign still goes on!

You add, we multiply!

This was the theme of Christian Aid week. So what sort of things does Christian Aid do with the £15 million plus it has collected in Christian Aid week this year? Here are a few examples of what your money may be spent on:

- £327 will enable ten children in the Democratic Republic of Congo to escape life on the streets by paying for them to attend school.
- £1,120 will pay for concrete water tanks in ten villages in Peru. Each tank can hold enough water for 70 families.
- £1,980 pays for a year's education, food and accommodation for 30 girls in India.

Whatever the money donated in Stansted is spent on, we can be sure that it will be improving the lives of disadvantaged people somewhere in the world.

Catherine Dean 813579



SHALOM

Shalom has two stalwart bookends which refresh us as we start the meeting and send us on our way thoughtfully as we leave for home. They are our Shalom prayer which pithily sums up what we are searching for as Shalom – fullness of life and peace with God. Our other bookend, the prayer for reconciliation from the Cornerstone community in Northern Ireland is a gutsy prayer rubbing shoulder to shoulder with the difficulties of getting on with other people whose beliefs we do not begin to understand or who we even fear or despise. They have served us well over the years. And yet prayer does not come easily to all of us in this group. We are perhaps more at home laughing or feasting together. How

unusual for us then to hold two consecutive evening meetings focusing on praying!

First we were pleased to welcome three members of a local Lydia fellowship prayer cell accompanied by three male companions who provided support for the singing and scripture reading. Lydia's mission is to serve Christian women with a means of meeting in a comfortable setting (their children often play at their feet during the prayer time). The format that these ladies adopt for their prayer time is nicely structured and includes a time of putting on the armour of God for the spiritual fight, which was something I was particularly struck by. The two musicians accompanied our singing with great skill and artistry and it was certainly an evening to remember. Some of us found the theology and spirituality were at the opposite pole to our own but we are glad that once again Shalom has an open ear to different points of view and different spiritual paths.

The following meeting came as something of a contrast. Although dealing with prayer once again, here the approach was different. The key to prayer on this occasion was not the mind but the body, in particular expressed by our hands. We were reminded that God wants us to come to Him with our whole selves. Maybe our prayers are too brain centred and we should allow our bodies to express themselves in praise and meditation. We were reminded of the way hands are used in Buddhist, Hindu, Jewish and Christian paths to spirituality and invited to make use of our hands in our own praying. Each study of the hand gestures or mudras (to use the Buddhist term) was accompanied by helpful meditative music.

Why not come and join us in the autumn? We are already planning a varied programme. Prayer is unlikely to be our theme for a while but we will still continue to use our faithful bookends.

Alan Wheeler

There are no Monday meetings in August; instead we will be holding our popular **Auction and Cream Tea** on Sunday 21st August at 3.00pm in the garden (hopefully) of the Quaker Meeting House, Chapel Hill. You are invited to bring along anything saleable with almost total certainty that you will find a buyer and enjoy scones, jam and cream as well. Better than eBay!

See you there!

Shalom is Twenty

In September we are celebrating 20 years of Shalom starting with a special Service on Monday 12th at 8.00pm in the **United Reformed Church**. This will be led by our very own Michael Dyer and we expect to see quite a few 'old' faces in the congregation. All (old and new) are welcome to this service, which will be followed by refreshments.

We are continuing the celebrations on 17th September with a day retreat at Clare Priory, followed by a dinner at The Bell in Clare.

On Monday 26th September we meet at 8.00pm at 7 Blythwood Gardens when Rev'd Jane Freeman (a former member of St John's Church and now an Anglican Priest in the East End), will talk about 'Ministry and Multi-culturalism'.

Catherine Dean



Chevetogne Visit to Stansted 2005

The group from Chevetogne arrived this year on Friday 1st July. To meet again old friends and new in the usual warmth and closeness that has enveloped us over so many years (now almost 20) was a wonderful start to the month; and because the Belgian school summer holidays start earlier than ours, it was especially lovely to welcome some children; four teenagers, Celine, Audrey, Orelei and Vincianne; and also two babies, always smiling and outgoing, Eloise (nicknamed Princess Eloise) and her cousin Louis (nicknamed Louis Quatorze!). They were all delightful children and it was fantastic to have three generations of the same family on the trip – especially as the babies' mothers used to come when they were still schoolchildren and we have watched them grow over the years into lovely young women and they have now become delightful wives and mothers.

On Saturday we all set off in their coach to enjoy a day in Long Melford, where the weather was very co-operative (the umbrellas were not needed) and we spent an hour before lunch scattered throughout the village with the longest main street in England, sampling the shops, the pottery and viewing the architecture. It was something of a surprise that all managed to arrive back at the Bull Hotel on time for lunch, where the staff were most attentive and served a delicious meal.

The afternoon was spent at Kentwell Hall where we had a marvellous time taking part in the re-creation of the Tudor year of 1569. It was fascinating - and if you have not experienced it, do make a mental note to do so next year. The manor and people return in time and it is quite magical. We even had to change our money into groats before entering!



Photo: Mary Warnett

Josette enjoys her meal at the Bull Hotel

I must confess that despite us all considering ourselves to be good Christian members of Churches Together in Stansted, we were more than happy to join in with enthusiasm and become members of a common crowd bent on running the manor's 'doxy' off the site - and even following the cart, in which she was thrown with a horse's collar around her neck, to the gates of the manor to make sure the job was done properly! In fact we were also more than ready to deal with the 'errant husband', who had seemingly been caught 'in flagrante', in similar fashion, but alas, he was left only to face a tongue-bashing from his 'wife' and the scorn of his 'friends'. This caused one of our group to try to start a Women's Lib Movement, but it was considered a little ahead of the time!

On Sunday we attended Mass at St Therese's after which hosts and guests did their own thing. We took our guests for a tour of the local villages and many photographs were taken of English country scenes. We were lucky, the sun shone for us, but the weather changed and Rita and David's garden party became a house party instead, though none the worse for that! Tea and cakes taste just as good indoors with music and good company! Later in the afternoon we were able to admire the beautiful roses and sample the peaceful atmosphere when conditions improved.

That evening the farewell dinner was lively and enjoyable as ever. Everyone brought a dish to share and as usual the entertainment was diverse. David and Wendy bowled us over with their take of Peter Sellers and Sophia Loren's 'Oh doctor I'm in trouble' - Wendy, if possible, looking even more glamorous than Sophia Loren and the instruments that were wielded by David looked positively lethal! In fact his wig even seemed to have a life of its own! More music was provided by 'The Band', Mary and Barbara, and our local 'Von Trapp Family' Mary, Hannah and little Megan. One of our Belgian guests, Guy, entertained us on his clarinet. Not to be outdone Phyllis produced a poem with alternate lines in French and English - which still rhymed - she just gets better and better.

At the end of the evening, our Belgian friends presented Churches Together in Stansted with a gift of brass candlesticks and candles brought from the monastery in Chevetogne as a memento of the visit.

We give heartfelt thanks to the committee who organise the visit which went so well; to all the hosts who gave so generously of their homes, their hearts and their time; and all those who offered help and came along to help in the kitchen on Sunday night and were beavering away behind the scenes in order that the rest of us could have such a good time.

On Monday morning before our farewells we all attended morning prayers in St John's Church where the service, which was led by Michael Dyer, David Morson and Catherine Dean, reminded us of the true purpose of our exchange - that we break down barriers through true love and understanding of each other's beliefs and customs and give service to our communities through Our Lord Jesus Christ.

Edna Goreing and Eileen Quinn

Stansted Art & Craft Market

WANTED – STRONG MEN AND LADS



It's that time of year again! ... and by the time you read this article the **Stansted Art and Craft Market** will be fast approaching and the committee beavering away in anticipation.

This year we are looking to recruit some strong lads and men to help with the setting up and taking down of our new boards, purchased last year after the arson attack on the shed in which our old boards were stored. We need help on Wednesday 7th September from about 6.00pm for a couple of hours and Thursday from 10.00am. Taking down of the boards is from 5.00pm on Sunday 11th September. If anyone can help please contact Sue Holland on 813542. Not requiring muscles is the hanging of pictures which takes place on Friday from 2.00pm. The contact for this is Pat Barrett on 812455.

In St John's Church, visitors will be able to enjoy flower arrangements and the exhibition of framed paintings by local artists, along with unframed pictures for sale, plus some of the craft stalls. Many more craft stalls and also the renowned home-made refreshments will be available in the adjacent hall. All the profits from the venture go to benefit local causes in Stansted. Local charities, schools, playgroups, churches, community organisations, the appearance of the village and the windmill have all previously benefited from our support.

Practically speaking, the committee relies entirely on the goodwill of volunteers, some of whom have faithfully supported the event by helping over many years. We need them as much as ever, but also 'new blood and muscles' too, as people do sometimes move away or are otherwise committed during the weekend itself.

Please consider whether you could give some of your time this year! Muscles are not essential for stewarding the painting exhibition or the two entrances for a one-two hour slot on either Saturday or Sunday. We look forward to seeing you there as a volunteer or visitor or both!

St John's Church and Hall Saturday 10th and Sunday 11th September, 11.00am to 5.00pm. Admission £1 adults, 50p children.

Linda Gurr 816250

CONTINUED RESEARCH ON THE STANSTED WAR MEMORIAL

As some of you will be aware I am currently researching all those fallen soldiers commemorated on the Stansted War Memorial and also looking into quite a few names that are not inscribed on it for a forthcoming book.

Firstly many thanks to those who took the time to contact me and the information you have provided is invaluable to this project. For anyone not aware of those remembered on our village memorial – here is a list.

World War 1

William Alan Fuller-Maitland	Claude Stewart Jackson
James Timothy Bush	Albert B Florey
William John Haggerwood	Robert George Brown
Reuben Law	Alfred R Bush
Henry William Chapman	Joseph Haggerwood
Peter Warwick	William Albert Sapsford
Ernest Luckey	Frederick Warner
Edward Banks	Albert E Bonney
Charles William Brown	Frederick Charles Buck
Edward Camp	Donald Carruthers
Joseph Debman	George Henry Carter
Herbert Frederick Cavill	Arthur Henry Childs
James Walter Crockford	Issac Joseph Felstead
Arthur Gray	Walter Gray
William Henry Harvey	William Herrington
George Herbert Hickling	Henry James Law
Frederick Alfred Mumford	Arthur Levey
William Thomas Monk	Albert John Patmore
Alfred William Patmore	Charles Patmore
William Thomas Ratcliff(e)	Percy Frederick Poole
Victor Valentine Poole	Harry Phillips
Edward John Reeve	Charles John Robinson
Alfred Sanders	Philip Hallings Smith
Stephen Stanley Staines	Arthur Turner
Frederick C Turner	Charles William Warwick
Herbert Thomas Wright	Francis Greygoose
Albert Moreton - found as Morton	
Ernest Walter Sagggers - Walter Ernest	

World War 2

Charles William Carter	Frederick George Darby
Herbert Charles Ellis	James Frederick Kitchener
William Rous Mallory	Patrick Allen Snow
Herbert William Patmore	William Arthur Bill Gray
Douglas Donald Arthur Frost	Harold George Gunn
Winifred Joan Johnson	George Bertram Ecclestone
Thomas Stanley Ecclestone	Robert Charles Johns

Were any of these people your close or distant relatives?

Maybe you have photos, newspaper cuttings or other related items tucked away, which could be copied and added to the book.

I already have some information on most of them but would really like to hear from anyone who can provide additional information (no matter how little). Please feel free to contact me by phone, post or email and I will be more than happy to meet and discuss this with you. Also I am planning to add a section within the book to remember those local men who survived the Great War – if you have a story to tell please let me know.

Glyn Warwick
5 Mary McArthur Place Tel: 01279 815851
email: glyn_warwick@yahoo.co.uk



Stansted Windmill
ANNUAL FÊTE

2 - 5 pm 29th August
(Bank Holiday Monday)

Plants ~ Books
Stalls ~ Refreshments
Windmill Open 2 - 6 pm

A village family afternoon

**Stansted
Art & Craft Market**

Sat 10th & Sun 11th Sep
11 am to 5 pm

St John's Church & Hall

**Framed & Unframed Paintings
Craft Stalls ~ Flower Displays**

Refreshments

Adults £1 Accompanied Children 50p
Tel 816250



**MOUNTFITCHET
GARDEN CLUB**

AUTUMN SHOW

Sat 10th September
2.30 pm
United Reformed Church Hall
Chapel Hill

For details tel 812593



VILLAGE EVENTS

August

3	Wed	Mountfitchet Seniors Mountfitchet Garden Club	Day Centre 2 - 4 pm Day Centre 8 pm
6 Sat / 7 Sun		Green waste, metal & wood	Lower Street car park 9 am - 3 pm
7	Sun	Afternoon Tea (after service) Windmill Open	U R Church 3.30 - 5 pm 2 - 6 pm
8	Mon	RBL (Women)	3 St John's Lane 2.15 pm
13	Sat	Lib Dem Ploughman's	Day Centre noon - 2 pm
14	Sun	LDem Salmon & Sparkling Wine	7 Blythwood Gdns 12.30 pm
17	Wed	Mountfitchet Seniors	Day Centre 2 - 4 pm
20 Sat / 21 Sun		Green waste, metal & wood	Lower Street car park 9 am - 3 pm
21	Sun	Shalom Auction & Cream Tea	Quaker Meeting Hse 3 pm
28	Sun	Windmill Open	2 - 6 pm
29	Mon	Windmill Fête & Mill Open	2 pm

September

1	Thu	History Society	Day Centre 8 pm
3 Sat / 4 Sun		Green waste, metal & wood	Lower Street car park 9 am - 3 pm
4	Sun	Afternoon Tea (after service) Windmill Open	U R Church 3.30 - 5 pm 2 - 6 pm
7	Wed	Mountfitchet Seniors Day Outing Mountfitchet Garden Club	Day Centre 8 pm
8	Thu	WI Members evening	St John's Hall 7.45 pm
9	Fri	HEAL Golf Day	Much Hadham 10 am
10	Sat	Garden Club Show	U R Church Hall 2.30 pm
10 Sat / 11 Sun		Art & Craft Market	St John's Hall 11 am - 5 pm
11	Sun	Lib Dem Treasure Hunt	Clavering 2.30 pm
12	Mon	Shalom Anniversary Service	United Reformed Church 8 pm
17	Sat	Fête	Mountfitchet School 1 - 4 pm
17 Sat / 18 Sun		Green waste, metal & wood	Lower Street car park 9 am - 3 pm
21	Wed	Mountfitchet Seniors	Day Centre 2 - 4 pm
24	Sat	SSE Quiz	St John's Hall 7.30 pm
26	Mon	RBL (Women) Harvest Sale WEA Enrolment Shalom Group	105 Cambridge Road 2.15 pm Day Centre 7.30 pm 7 Blythwood Gardens 8 pm
30	Fri	Macmillan Coffee Morning Harvest Hop	Old Lane Hse 10.30 am - 12.30 pm St John's Church 8 pm

October

1 Sat / 2 Sun		Green waste, metal & wood	Lower Street car park 9 am - 3 pm
2	Sun	Windmill Open	2 - 6 pm
3	Mon	Afternoon tea for Bliss	Day Centre 3.30 pm

Mountfitchet High School



FÊTE



1 - 4 pm Sat 17th September

Croquet ~ Punch & Judy
Archery ~ Entertainment
BBQ ~ Indian Food

Stalls still available to book
Please tel: 815813 or 815707



QUIZ

Sat 24th September

St John's Church Hall

7.30 for 8 pm

TABLES OF 6 TO 8
BUT INDIVIDUALS ALSO WELCOME

Raffle ~ Licensed Bar
Tickets £10 incl supper
from Liz 814931



**Wildlife &
Conservation in
East Anglia**

Enrolment

Monday 26th Sept at 7.30 pm
thereafter at 8 pm

Fee £33 Concessions £23.50

Day Centre

Secretary: Harold Thistle 813250



Afternoon Tea

in aid of of BLISS
Premature Baby Charity

Monday 3rd Oct
Stansted Day Centre
3.30 pm

Tickets £5



(please note that numbers are limited)
from Audrey Rodgers ☎ 812162

Christian Aid

Change the Trade Rules Campaign

Harvest Hop

supper ~ raffle ~ bar

8 pm Fri 30th September
St John's Church

Benny & The Jetts

music of the 50s & 60s

Tickets from Church Office 815243

**Macmillan
Cancer
Relief**

**COFFEE
MORNING**



Fri 30th Sept 10.30 am - 12.30 pm
Old Lane House, Church Road, Stansted
with raffle & cake stall ☎ 813172

"To you it's just a coffee morning, to someone living with cancer it's a lifeline"

ada

Decorating
Reliable Painting and Decorating Services:

Andrew Richardson

Tel: 01279 817282

Mob: 07980 439924

- 20 years experience
- References available
- Fully qualified
- Competitive rates

*Customer satisfaction
guaranteed*



Printer · Fax · Copier
Consumables

- Genuine inkjet & laser cartridges
- High quality compatibles
- Printers/fax machines/copiers
- Extremely competitive prices
- Free next day delivery

Mountfitchet House
9 Riverside Business Park
Stoney Common Road
Stansted CM24 8PL

Tel: 01279 815533 Fax: 816663

Mobile: 07710 037134

robshirley@thecartridgecentre.co.uk

www.thecartridgecentre.co.uk



Registered charity number 10049801

*St John's Road
Stansted*

For children aged
2½ to rising 5

For details please contact

Ann Conroy on

07966 506997 or

Gill Pursglove on

01279 814701

HEARING HELP UTTLESFORD

Free hearing help
sessions at
Stansted Day Centre
10am-noon
on the last Tuesday
of each month

For information ring
HELPLINE 07659 550127
or 01799 522915
(9 am - 4 pm)

For home calls ring
Mrs Hutson 01799 501682
between 8am and 6.30pm

Registered Charity No. 289280

Battery Distributors

SERVICE & REPAIRS POWER TOOLS
ALSO BATTERY PACKS TO FIT
MOST MODELS LEISURE MARINE
GOLFING MOBILITY

TEL. 01279 657040



Unit 13, The Links Business Centre,
Raynham Rd
Bishops Stortford, Herts CM23 5NX
www.zelta.co.uk email: @zelta.co.uk



FREE RANGE:
SUFFOLK PORK

BLACK / BRONZE TURKEYS
SUFFOLK PORK SAUSAGES
(Homemade)

DRY ENGLISH CHICKENS

HOMEMADE:
BEEF, LAMB & PORK BURGERS
LAMB KEBABS

PRIME SCOTCH BEEF

QUALITY:
ENGLISH & WELSH LAMB

16 LOWER STREET, STANSTED
TEL 01279 812219

GARDEN DESIGN

Liz Elfick-Wood (Dip GD)



Professional design service
from single consultations
to landscape design and
planting plans

Tel: 01279 815425

Computer Help

*Individual Tuition
Broadband
Home Network
Repairs & Upgrades*



Tel: 01279 814644 (Mark)

J DAY & SON

MONUMENTAL MASONS

Stone Works, Station Road,
Bishop's Stortford

Tel 01279 654555 or 653450



Readers may be aware that Cllr Alan Dean has resigned as leader of the Liberal Democrat Group, which means that he will no longer be Leader of the Council. Alan has led the Council since May 2003 and has worked extremely hard to raise Uttlesford's profile both regionally and nationally. Within the Council he has led the fight against a second runway for Stansted. He was instrumental in persuading the Council to have a referendum to see whether or not residents agreed with the Council's opposition. The result was a tremendous vindication of the stance we took. I know how much time and effort Alan has given to the job of leading the Council. I am pleased that he is staying on as member for Stansted South and continuing to represent the Council at the regional level.

The new leader of the Council will be Cllr Mark Gayler who represents Great Dunmow North, and currently chairs the Resources Committee. I have worked with Mark for many years and I am confident that he will continue to develop the work already started by Alan.

Bridge End Gardens, Saffron Walden

I was pleased to be present at a reception recently to mark the completion of the restoration of these 19th century gardens. This has been funded by the Heritage Lottery Foundation (£387,000) and Lord and Lady Sainsbury's Charitable Trust. Bridge End Gardens is a private garden leased to the Council and open to the public. The gardens have been described as a hidden jewel. They have a marvellous backdrop of the Parish Church. Much work has gone into the restoration of the gardens, which are a real credit to Saffron Walden and the District. John Bosworth, the project manager (for whom this was much more than just a job, but more a labour of love) and Cllr David Morson the Chairman of the Bridge End Gardens task group, deserve special mention. The gardens can be accessed from Bridge Street. Nearest car parks are either Swan Meadow or Catons Lane. Further information on the gardens is available on the Council's web site – Uttlesford.gov.uk. If you are in Saffron Walden and it is a nice day, I would thoroughly recommend spending some time in these beautiful gardens.

Councillor Geoffrey Sell 815925
cllrsell@uttlesford.gov.uk

I wonder what effect the award to London of the Olympics will have in this area. Concerns were raised at the regional assembly in July about proposals for two of the tracks into Liverpool Street station being taken over by the Underground for a revised Crossrail service. This could clog up the route for normal railway services like our own. Representations are being made. On top of that, One Railway plans to divert one of the local train services to Stratford from Liverpool Street.

Will the Olympics make a second runway at the airport more likely? I don't know the answer but I do fear that the Government will now be diverting lots of investment into projects that support the Olympics and local residents may find that investment for local needs – such as infrastructure

for local housing growth - is reduced or never materialises, unless we can find an Olympics tag to hook it on.

Discussions will be continuing over the summer about a new post office for Stansted and I am keeping my fingers crossed that the next few months will see some progress.

You may have read that I have resigned as leader of Uttlesford, which means that I shall now have more time to devote to Stansted matters – and my family and garden, and with the summer ahead that should be more enjoyable.

Councillor Alan Dean 813579
cllrdean@uttlesford.gov.uk



ESSEX COUNTY COUNCIL

Those of us who travel extensively or commute to London and elsewhere will be only too aware of the growing congestion on the roads and the often, poor service provided by the railway.

Not surprisingly, in the recent Draft Local Transport Plan produced by the County, Stansted has been identified as a "Regional Interchange Centre" (RIC) and whilst this may sound like a daunting prospect, it does mean that some priority will be given to the transport links within this area to ensure that the growth in airport related traffic together with the increases associated with the Governments planned housing development, can be adequately absorbed.

It is particularly important that the rail links, both to and from London and to the north of Stansted are developed to ensure that people travelling to the Airport use public transport rather than their car as first choice.

The Draft Local Transport Plan is currently under review and the finalised document will be submitted to Central Government by the end of July. I will advise on future developments.

Ray Gooding, County Councillor, Stansted Division
Tel 813103 Fax 814506
Email: cllr.ray.gooding@essexcc.gov.uk

Do-It-4U

General Handyman

Home & Garden Repair, Care & Maintenance

- ◆ Household Services, i.e. Plumbing, Carpentry etc.
- ◆ Drain Blockages Cleared
- ◆ Gutters Cleaned, Repaired or Replaced
- ◆ Fences Erected & Repaired
- ◆ Gardens Tidied & Maintained
- ◆ Hedges & Topiary Trimmed & Re-shaped

Telephone / Fax 01279 814411
Mobile 07774 877320



Over 55 or Retired?

Then a warm welcome awaits
at
Stansted Day Centre

Home cooked or frozen lunches
Snacks and social activities

Open Tuesday, Thursday
& Friday 10 am to 4 pm

Crafton Green, top of Chapel Hill
Tel. 01279 815091

Fancy Fingers Nail & Beauty Studio



All beauty treatments
including
IPL permanent hair removal
St Tropez Spray Tanning
also

Hypnotherapy
Jeanette Nelson Dip Hyp, Dip Couns
Reflexology

Alwyn Bessant ELSR, MIGPP

Medical Herbalist

Patricia Taylor BSc, MNIMH, MCPP



52a Silver Street, Stansted
Tel 01279 647646

www.fancyfingers.co.uk

Open Mon-Sat plus one late evening

Mark Robinson Handyman

All jobs considered
'No Job too Small'



For information
and a competitive quote
please call Mark on

Home

01279 813730

Mobile

07766 761081

Joinery, Gardening, Plumbing,
Painting, Patios, Fencing, Guttering,
Brickwork and Tiling

NEW LOOK UPHOLSTERERS

Antique & Modern Furniture
Upholstery Specialists

Domestic / Commercial
Hotel & Contract Work
Full Repair Service.

Wide range of fabrics & accessories
French Polishing



Free quotes - Collection & Delivery
Professional Workmanship
Excellent Prices

01279 816222

34 Stoneyfield Drive, Stansted CM24 8PA

G P CLARK ROOFING

New & Restoration Work

FREE ESTIMATES

01462 672888

07811 928605



Newport Croquet Club

Come & have a go!

Complimentary trials to start you off

Please wear flat shoes on the lawns

More information from
David Manley 01279 812564



MCM Computer Services

A Reliable and Friendly Service for
Homes and Businesses

Computer Systems • Upgrades & Repairs • Parts & Peripherals

- FREE Telephone Advice
- No Call-Out Charge
- No Fix, No Fee on all home user systems
- Fixed Price + FREE collection and return for workshop repairs
- On-Site Repairs, £30 1st hr, £20 per hour thereafter

Tel: 01279 813227 / 07815 011925

9 am - 9 pm Mon - Sat

www.mcmcomputerservices.co.uk

HIGH HOUSE

Montessori Day Nursery

(opposite Stansted Airport Terminal)

Accepts children from 3 months to 5 years

Excellent Ofsted Report

Nursery & Baby sections, small class ratio with qualified staff

Approved for Government funding for children 3+

Flexible hours and days according to needs of child and parent

Full day care available 8 am to 6 pm

Open 51 weeks a year

For further information please ring 01279 870898

MEADOW

Montessori Day Nursery

Saffron Walden

Accepts children from 2 to 5 years

Traditional values of Montessori teaching with structured reading,
language and number. Children accepted full or part time, flexible

hours, excellent ratio. Excellent Ofsted Report.

Open 51 weeks a year

For further information please ring 01799 513858

Stansted Tennis Club



BENTFIELD PRIMARY SCHOOL

Latest Tournament Results

The Paul Bristow Memorial Tournament held on Sunday 26th June attracted 16 pairs of juniors aged between six and 15. They competed through the round-robin stage and then the knockout stage. The final was won by Brad Armorgie and James Brown, who defeated Fred and Charlie Kirby.

The Pat Clower Secondary Boys' Singles tournament was held on Sunday 10th July. Fifteen boys battled against each other in the round-robin stage in order to achieve a high seeding for the knockout draw. Brad Armorgie notched up his second tournament win in two weeks by defeating Fred Kirby, last year's winner, in a very close and exciting final.

The Club Tournament and Hospital Cup competition are now underway. Players should please take note of the current play by dates as it becomes more difficult to arrange matches with the holiday season beginning.

Coaching

Chris Hollis (319155) and Martyn Taplin (816386) are available for a variety of individual or group adult and junior lessons. Please contact either of them if you would like to find out more.

Maintenance

A hatch has been installed in the garden end of the clubhouse, which will be excellent for serving teas to players and spectators on busy tournament days. It will also help to ventilate the clubhouse as it can get extremely hot and airless in the summer months.

Invited Juniors

Several of the older junior members have recently been invited to join in with the adults on Wednesday evening club sessions. This is going well and the juniors taking part certainly seem to be growing in confidence and playing ability.

Club Sessions

Please see the club noticeboard for full times for all sessions. New adult members are welcome to come along and join in the open sessions on Sunday, Wednesday and Friday mornings and Wednesday afternoons. This is the busiest time of year, during and just after Wimbledon. Please be patient and join in with others at busy periods. It will calm down soon, honestly! If you would like to find out further details, please contact either:

Janet Hollis (Chairman) 812073

Richard Mott (Secretary) 466348

Kate Rutter (Membership Secretary) 813053

Chris Hollis

The summer term ended in a blaze of sunshine and a very busy few weeks. We have had two more sporting triumphs making it one of our most successful years ever. Our rounders team were overall winners in the District Tournament at Saffron Walden County High School with an average score of 14 rounders per match. Our girls athletics team won both the field and track events in their section at the District Sports, again held at the County High. In addition we sent a team to the District Cricket Tournament at Friends School. Well done to everyone!!

On a musical note the choir participated in the Newport Festival, and the musicians in the school performed in our own Concert to parents and to residents of Hargrave House. Class 4 went back in time and donned Tudor costume for their visit to Kentwell. Every one had a very enjoyable and informative day seeing life as it was and experiencing all the sounds and smells of the time!!

Our Year 6s finished their final year with a flourish. Together with Year 5 they staged an outstanding musical version of the Robin Hood story – 'Hoodwinked'. Everyone sang their hearts out and really enjoyed the stage fights! A collection was made at the end of each performance, which was sent to Plan International to provide mosquito nets for families in Kenya and immunisation equipment in India. A lovely visit was made to Audley End House and Saffron Walden, including an exciting time exploring the maze at Bridge End. As in previous years a mural was painted on one of the walls in the playground. This year it portrayed the flora and fauna of the local area and looked very impressive indeed. A book of research for others to discover more accompanied it. You may have seen excerpts on display in Sworders window as part of Stansted in Bloom. For a final trip they went, together with the Year 5s who had been in their class for the last four years, to Aquasplash at Hemel Hempstead and enjoyed a full day of ice-skating, swimming and bowling. Finally we said goodbye to our Year 6 Class with a rather tearful Leavers' Disco. We wish them all good wishes as they begin their secondary school lives!

Elsewhere in this edition of the 'Link', you can read about **Music in the Park**. Even while we were still counting the takings (of which there were many and we'll let you know exactly how much was raised in the next issue) the children were busy raising even more money with the Sponsored Sign. For the Sponsored Sign each class was given a different set of Makaton signs to learn and the children were sponsored on how many they signed correctly. All children were included and the children rose to the challenge and all signed brilliantly. We hope they will put their new Makaton vocabulary to use this term.

If you are interested in either a Nursery or Reception place in September 2006, and would like to visit the school, please give us a ring and we would be very pleased to arrange one for you. Messy play starts again on 26th September.

Marnie Tait

**Tim's Tiles
& INTERIORS**

Quality interior decoration,
including tiles, wood
flooring, Amtico & carpet.

Slate house names
made to order

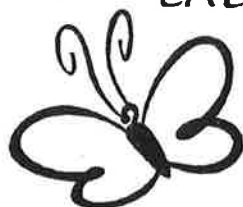
Stockists of
Farrow & Ball Paints

Pilgrim's Barn, Gypsy Lane
BISHOP'S STORTFORD
CM23 1HA
Tel / fax 01279 813333

www.tile-store.co.uk

Stansted's

**PAINTING
LADIES**



**Interior
Decoration & Design**

For free initial
consultation please call

Gail 07818 093992
Michaela 07782 251491

**Professional
Self - Employed Barbers**



5 Station Rd, Stansted
Tel 01279 817788

Opening Hours:

Mon & Fri 8 am - 6 pm
Tue 7 am - 6 pm
Wed & Thu 8 am - 8 pm
Sat 7 am - 4 pm

www.the-mensroom.co.uk

**ARE YOU UNABLE TO
ATTEND TO A LOVED ONE'S
GRAVE OR MEMORIAL?**

GRAVE CONCERN

family business

OFFER CARE,
MAINTENANCE
AND UPKEEP OF
FAMILY MEMORIALS
AND GRAVES

BROCHURE WITHOUT OBLIGATION
01371 870 685



Ray Morton

**PAINTER & DECORATOR
GENERAL HANDYMAN**

**No Job Too Small!
Free Estimates**

Tel 01279 812792

8 Mill Close, Elsenham

patrick
howard
design
associates



BRAEMAR HOUSE, WATER LANE
STANSTED CM24 8BJ

Tel: 01279 817342 Fax: 01279 647086
email: phdassoc@aol.com

GET THE MOST OUT OF LIFE

Hypnotherapy

& other brief therapies

**One session
smoking therapy &
weight loss**

also

Confidence ~ Eating
Stress & Anxiety
Phobias
IBS & Depression
Study & Exams
and much more...

Please ring **GLYNIS CHEERS**
MA. BA. BSCM,
Dip. Clinical Hypnotherapy

01279 812165

**EXPRESS
Picture
Framing**

We can design and frame anything
from the simple to the extreme.
contact us for exceptional prices on

PHOTOS PRINTS POSTERS
CANVAS WORKS ARTWORKS
FOOTBALL SHIRTS MULTIMOUNTS
PRESENTATIONS 3D FRAMES

Unique Concepts & Design
Bespoke and Contract Experts
Specialist Works Undertaken
Company Contract Service
Extensive Selection of Mouldings
Unique European Mouldings
Custom Made Mirrors
Captions: Printed & Mounted

Express Picture Framing
in association with
Stunning Frames.

14 Cambridge Road, Stansted, Essex, CM24 8BZ
01279 647404
www.stunningframes.com

R D Ellis

FURNITURE RESTORATION

Repair and traditional
polishing of antique and
not-so-antique furniture
by a local restorer

Tel 01371 879859

Mobile 07950 051577

Unit 4, Kerwyns
Gallows Green
Dunmow
CM6 3QS

THE FLEA SEASON

Well it's that time of year again. As a client said to me the other day, "the blighters are back!" I am of course talking about fleas. It used to be said that there was a 'flea season' that ran from about April to November, but because most people have central heating, you can get flea infestations at any time of year. Having said that, we undoubtedly do see an increase in the summer and autumn months.

People's reaction to the news that their pet has fleas is very interesting. It varies from an indifferent shrug, to the lady that screamed and ran out of the consulting room! Flea infestations are nothing to be ashamed of and are not generally an indication of a dirty house or a neglected pet. In fact flea related problems are one of the commonest health problems and I always tell clients that every self-respecting cat or dog will have fleas at some point in its life.

Fleas are tiny little brown insects about 2-3 mm long and are a nuisance for a number of different reasons: they make your pet bite and scratch and that can cause a skin infection; some animals are allergic to fleas and can get severe skin reactions; fleas can transmit tapeworms; a heavy infestation of fleas in puppies and kittens can cause anaemia; and, worst of all, fleas can bite *us*!

I won't get too technical, but basically the flea on your pet lays eggs, which drop off and hatch into larvae. The larvae get stuck in carpets and bedding and hatch to pupae. The pupae hatch to adults, which jump back on your pet and suck some more blood. Now, here's the scary bit. An adult flea can lay 50 eggs a day and up to 1500 eggs in her lifetime and the life cycle of the flea can be as short as three weeks in the warm weather. That's a lot of fleas!

You can tell if your pet has fleas by regularly checking its coat, particularly if it starts to scratch or nibble more than usual. It's not easy to see the fleas themselves but you might see the flea dirt in the coat. Flea dirt is black specks in the coat which are dried blood excreted by the adult flea. One good way of checking for fleas is by doing the 'wet paper test'. This involves getting a piece of wet white paper or kitchen roll, putting it next to your pet and rubbing its coat onto it. If little black specks appear which then slowly turn red, these are flea dirt.

There are many modern treatments for fleas and the choice is often quite confusing. The most important point is, always get your flea and worm preparations from your vet, not a pet shop or supermarket. Vets can sell products that are more effective. We can also give you advice about the best product to use for your particular situation. Generally most modern flea preparations come in a 'spot on' formulation, ie drops that you put on the back of your pet's neck that spread all over the body. Gone are the days of chasing your cat around the kitchen, can of flea spray in one hand, gas mask in the other. Shampoos, powders and flea collars are also considered a little old fashioned and are definitely not as effective as spot ons. The most effective products are things like Frontline, Stronghold and Advantage. If you have a flea infestation it is important to treat the environment as well as your pet. This can be done with a room spray such as Nuvan Staykil or a product called Program, which stops flea eggs hatching. Frontline Combo is a new product that is a spot on formulation that kills fleas and stops the eggs hatching.

The golden rules for treating an infestation are:

1. Treat the environment and the pets.
2. Use an effective product from your vet.
3. Treat all your animals in the house on the same day.
4. Follow the manufacturer's instructions.
5. Repeat the treatment until all fleas have gone. This may take a few weeks in heavy infestations.
6. Washing bedding does not kill fleas it just makes them clean fleas!

Well, I hope that's shed some light on fleas and how to treat them. If you are still unsure, pop into the surgery and speak to Sally or Jan or one of the nurses who can advise you what the best treatments would be for your particular situation.

Anyone scratching yet?!

Ilse Pedler,
Partner, Mercer & Hughes
Veterinary Surgeons



Stansted Open Gardens

After a wet week when 16 sets of green fingers were frequently crossed in hope, the sun finally blazed down, and groups of people were seen earnestly studying maps whilst wandering through the village. Yes, it was the sixth Stansted Open Gardens, and the most successful to date, with well over £1,600 having been raised for HEAL Cancer Charity.

Sixteen gardens opened their gates to the public, and as well as the variety of horticultural displays there were raffles, plant sales, tombolas and refreshments available. Grateful thanks as always to all the garden owners for allowing us access to their premises and making the event possible, and to the general public for supporting us. We are already planning next year's event, and if you would like to open your garden for the charity please phone 813710.

Attention all Golfers

HEAL is staging a Charity Golf day at Ash Valley Golf Club, Much Hadham on Friday 9th September. Entry fee for teams of four to include the golf and refreshments both before and after play is £120. For entry forms and further details please call me on 813710.

Ian Neville



COPYZONE

MISSION: DIGITAL

PRINT COPY ARCHIVE

T: 01 279 657769
F: 01 279 503151
E: INFO@COPYZONE.CO.UK
W: WWW.COPYZONE.CO.UK

UNIT 3, SOUTHMILL TRADING CENTRE,
SOUTHMILL ROAD, BISHOP'S STORTFORD,
HERTS CM23 3DY

ST MARY'S CHURCH, STANSTED

What is wrong with our Society? The most historic and beautiful building in Stansted has been seriously vandalised. It is not alone. Quendon Parish Church was targeted at the same time, and we constantly hear of churches suffering the same fate.

I was brought up to have deep respect for the Church and clergy, the police, teachers and doctors. If I had vandalised a church I would have feared the wrath of God as well as the police and my parents.

There are now misguided laws of human rights which mean that people no longer respect the values of a law-abiding society and have no shame. Pathetic excuses are found and there is no punishment. I hope the culprits will be found. It will be very sad if they are children, as parents should be taking more responsibility for their families.

Great praise should go to Phyllis Saban, the caretaker of St Mary's. For very many years she has been a loyal guardian of the Church and has looked after every aspect of it with loving care, way beyond the call of duty. The Churches Conservation Trust totally depend on these exceptionally dedicated people to look after their churches.



Janet Hollis



**WORKERS'
EDUCATIONAL
ASSOCIATION**

We are pleased to announce that the Autumn Course this year is to be led by Mr Fred Boot, and his subject is 'Wildlife and Conservation in East Anglia'. The course will cover all aspects of this very interesting subject, starting with the Ice Ages and their effect on Eastern England, and leading on to woodlands, grasslands and wetlands in this part of England. Fred will also discuss the effects of mineral extraction; and then the present day situation with its surveying, monitoring and recording.

The course will again be held at 8.00pm in the Day Centre, on ten Monday evenings, starting on 26th September. Enrolment on the first evening is at 7.30 pm. The full fee for the ten weeks is £33; concessions £23.50. Please contact me for further information.

Harold Thistle 813250

MOUNTFITCHET HIGH SCHOOL



Mountfitchet High School is holding its first ever Fête on 17th September from 1.00pm– 4.00pm. It is being opened by an Olympic medallist who has just been awarded the MBE and is a familiar figure on BBC television. There will be a huge range of stalls and attractions, with something for everyone. You could try your hand at croquet; have a go at being Robin Hood with the Archery Club; sit with the children at the Punch and Judy Show; or just chill out with a drink whilst watching the entertainment in the arena. There will be a choice of a BBQ or Indian food, as well as cakes and other goodies – so no need to cook lunch either!

Put the date in your diary and come along for a great afternoon. If you would like a stall and haven't already booked, you can do so by calling Stella on 815813 or Yvonne on 815707.



Bliss Premature Baby Charity

James Edward Baker decided to make his entry to the world two months earlier than expected. At 3lbs 8oz, he was a **very** little boy and like so many newborn babies, needed all the help that the neo natal unit at St Thomas's Hospital in London could offer. **BLISS**, the premature baby charity, is dedicated to ensuring that more babies like James survive and have the **best possible quality of life**, and that their parents and families get the support they need.

We hope that you will come and join us for Afternoon Tea at the Day Centre on 3rd October at 3.30pm. Tickets cost £5 and numbers are limited. Please telephone me for tickets and further information.

As I write this, James is just over two weeks old, and is making good progress at Princess Alexandra Hospital in Harlow. Mastering the technique of breathing **and** feeding simultaneously needs some specialist help, but he now weighs in at 4lbs.

Audrey Rodgers 812162

SNIPPETS

Passers-by may have noticed that the walled garden at Stansted Hall has been restored to its original purpose of growing flowers and vegetables. This is really cheering, coming in a period when so many walled gardens have fallen into neglect. The rebuilt wall demonstrates confidence in the future.

Another plaudit is due to the anonymous lady who regularly clears rubbish from the verges at the south end of Silver Street. It is good to notice these things when the downside of life receives so much coverage.

Editor



MUSIC
in the park



Photos by Robert Coop

The weather on 16th July was definitely on our side and we spent the afternoon basking in the sunshine and listening to amazing music. The school field was packed with families enjoying their picnics and tripping the light fantastic on the dance floor (or grass!). As always, the bands were superb with a spectacular performance from 'Elvis' bringing the day to an end.

Thank you to everyone who attended and made the day such a success. Thanks also to many villagers for their patience and understanding, as I'm sure many of you heard the festivities from the comfort of your own gardens! You'll have to join us next year!!! *Marnie Tait*



Picture books and CDs of delightfully recorded old favourite and new songs for babies and very young children, sung by Sandra & Nancy Kerr and Leon Rosselson and Friends

Playsongs Publications Ltd
 01799 599 054
www.playsongs.co.uk

HELPLINE
07659 550127

If you have a **PROBLEM** or are in need of **ASSISTANCE**

Monday - Friday
 9.00 am - 4.00 pm

Stansted's voluntary community care service



CARERS UK
 Uttlesford District Branch

"Caring about the Carer"

Carers are the biggest provider of health and social care in the UK. We offer help, support and advice

If you would like to know more about us, call us now on:

01371 875810
 Uttlesford Carers
 12 Stortford Road, Dunmow CM6 1DA
 Registered Charity No. 246329



Stansted's newest estate agents

- Free no obligation valuation.
- Competitive selling fees.
- Mortgage advice.

Tel: 01279815511
 33, Cambridge Road,
 Stansted
www.davidleeestates.co.uk

R & K NEWS

Newsagent & Tobacconist
 Home Delivery Service
 Newspapers & Magazines

5 Lower St, Stansted
 Tel: 01279 647280

NLP Solutions - for today's problems!

Stress, Anxiety, Depression, Smoking, Weight Loss, Anger, Allergies, Phobias, Unhelpful mental blocks, Bad memories or habits

Why let them run your future?
 Resolve them with Brief Therapy

Call today: 01279 817976
 or email Link@NLPsolutions.com

Sian Lloyd MBA
 Certified NLP Trainer & Master Practitioner
 Registered Timeline @ Practitioner
 Member of ANLP & NLPtCA

Neuro-Linguistic Counselling, Therapy, Coaching and Training.

Computer Users! Mac & PC Repairs

software & hardware upgrades
 computer repairs

call:
Alan Horsley
Tel: 01279 835475
Mobile: 07952 970324

*No call out fee ~ Viruses eradicated
 Low cost antivirus ~ No job too small*



Lower Street Clinic
 36 Lower Street, Stansted

**Homeopathy
 Aromatherapy**

Safe and effective methods of healing which look beyond the symptom or the disease and treat the person as a whole

JAN RICKWOOD
 MIGPP LCHE MIFA
Tel: 01279 850727

ART & CRAFTS **NOW OPEN!**

OUR FANTASTIC NEW CRAFT DEPARTMENT IS NOW OPEN!

ACRYLIC PAINT, GOUACHE, SILK PAINTING, STENCILLING, OIL PAINT, GLASS PAINTING, SCRAPERFOIL, GOLD LEAF, BRUSHES, POSTER PAINTS, MOUNTING BOARD, MARQUETRY, ETC.

NEW STOCK ARRIVING DAILY!

WE NOW HAVE PARKING FOR OVER 30 CARS PLUS AN ALL NEW OFFICE FURNITURE BUILDING, CALL IN AND SEE!

Millway Stationery
 Chapel Hill, Stansted. Tel: 01279 812009








Stansted
Evening
Women's Institute

MP DEMANDS AIRPORT WATCHDOG

In a debate on the Civil Aviation Bill (27th June), Mark Prisk, the Hertford and Stortford MP, warned the Government against removing the current limits on the number of night flights which were an important safeguard for his constituents. Mark called on the Government to appoint an independent watchdog to monitor airport operations, saying that the current procedure whereby BAA is responsible for dealing with public complaints about aircraft noise and track-keeping lacks transparency and objectivity.

"The airport operator both monitors the problem and decides whether to charge and what to fine. It is not so much poacher as both policeman and judge," he told the House of Commons. "That is why the Bill should establish an independent watchdog to monitor, manage and enforce aircraft noise and emissions' limits – a watchdog independent of commercial interests and therefore likely to attract the full confidence of the public."

Stop Stansted Expansion (SSE) has commended Mark Prisk MP for speaking out on behalf of the many thousands of local people who have to endure sleep disturbance and deprivation as a result of aircraft landing and taking off from Stansted during the night. The call for an independent watchdog was echoed by many MPs during the course of the debate but it seems unlikely that the Government will agree – not least because the airline industry and airport operators are happy with the current arrangements. This, together with his comments on night flights limits will be considered as possible amendments to the Bill by the House of Commons Standing Committee which is examining the content over the coming week.

Relying upon BAA to provide objective data on noise and emissions for Stansted is like putting the fox in charge of the chickens. Oliver Heald MP recently challenged the Government to justify the whole idea that the focus for cheap holiday flights from Britain should be on the south-east of England. "Some 65 per cent of air traffic goes from the south-east at present and the assumption for the future seems to be that we should try to suck holiday travel passengers down from the Midlands and the North by road to fly from airports such as Stansted", he told a packed Westminster Hall. Describing this as a ridiculous situation, he continued: "The time has come to question seriously whether BAA should be able to demand that the south-east bears the burden of all the extra air traffic and to consider whether BAA should retain its monopoly."


Peter Sanders,
Chairman
01799 520411
www.stopstanstedexpansion.com

A warm July evening brought many members out for a talk intriguingly entitled 'Something Different', which turned out to be a very entertaining presentation by Chris Christensen of the 'Best Hand Blender in the World'. Made in Switzerland it turns skimmed milk into low-calorie whipped cream in seconds, chops raw vegetables up to make soups and produces fresh fruit juices quicker than it takes you to open a carton. Apparently it is used by some of the top chefs in their kitchens and most of us could understand why. Chris's family also have a business called 'Nature's Gift' which produces a range of skincare products using herbs, oil and beehive products, many of which are obtained locally in Woodbridge, Suffolk, from where he travelled. These have been used over the past centuries for healing and beauty purposes. All these were available for sale and several members bought them and the blender.

Our 45th anniversary supper took place on Thursday 7th July and was attended by 45 members, five of whom were founder members. It was a lovely evening and the supper, prepared and organised by a special committee, was enjoyed by all: with white cloths, deep blue serviettes and flowers on every table it looked really beautiful. The evening was informal though we did open with 'Jerusalem' and our thoughts were with those who had suffered as a result of the bombings in London earlier in the day. The talking never faltered the whole evening and the party broke up about 10.15pm with the hope that we shall be able to repeat it in five years time for our 50th anniversary! The proceeds of our raffle this month have been donated to SK8 Fest as were unable to organise a stall in time for 23rd July.


Next month we have a return visit from Paul Stevens, a Romany gypsy who is going to tell us of a Romany journey through New Zealand. He is a very interesting speaker and last time brought along some of his hand-made model gypsy caravans. Do come along as a visitor if you can. We shall also have a trading stall.

Judy Colliver 812470




S. PERRY

CHAPEL END NURSERY



HUGE RANGE OF SHRUBS AND TREES
INCLUDING MANY UNUSUAL VARIETIES

PLANTS AND BULBS FOR ALL SEASONS
TUB & BASKET PLANTS PLANTED HANGING BASKETS
HERBS VEGETABLE PLANTS FRUIT BUSHES
ROSES HEDGING

<p style="text-align: center; font-size: x-small;">GODWIN'S MULTIPURPOSE COMPOST 75 LITRE BAG £3.65 EACH 3 FOR £9</p>	<p style="text-align: center; font-size: x-small;">LEVINGTON MULTIPURPOSE 75 LITRE + 33% FREE = 100 LITRE BAG £4.95</p>
<p style="text-align: center; font-weight: bold; font-size: small;">WE ARE HERE</p> 	<p style="text-align: center; font-weight: bold; font-size: small;">EXCELLENT PRICES IT PAYS TO VISIT US FIRST</p> <p style="text-align: center; font-size: x-small;">SUTTONS SEEDS 5 PACKS OR MORE SAVE 10p PER PACK</p>
<p style="text-align: center; font-size: x-small;">OPEN: 9 am TO 6 pm EVERY DAY MOLEHILL GREEN ROAD BROXTED DUNMOW ESSEX 01279 850774</p>	

CONIFERS
BEDDING
ALPINES
HERBACEOUS
COMPOST
STONE
PAVING

GRITS & GRAVEL
SUNDRIES
WILD BIRD FOOD
XMAS TREES

Flowers for Every Occasion

from
Diane & David Newland

Weddings, Anniversaries,
Floral Tributes or just a bunch
in fresh or silk flowers

Fresh Flowers Always Available,
No Order Too LARGE or SMALL

Call at "Cedarwood", Station Road, Elsenham or Tel: 01279 812110

AUTOPOINT

11 - 13 Cambridge Rd
Stansted CM24 8BX
Tel/Fax 01279 813311

CAR SALES of STANSTED ~ QUALITY USED CARS

- 12 month RAC comprehensive warranty
- Pre-delivery and safety inspection
- 12 months MOT
- Part exchange welcome
- H.P.I. check
- Finance arranged

INTERCOUNTY

The area's leading Independent Estate Agents
Tel 01279 814400

8 Cambridge Road, Stansted
also at Saffron Walden and Bishop's Stortford

www.intercounty.co.uk

STANSTED ALL-STEEL

Custom Manufacture

Security Grills
Railings
Gates etc.



Residential
&
Commercial

All Styles

All Sizes

Tel: 01279 817801 Fax: 01279 817802 Mobile: 07785 772341
Corner Buildings, Parsonage Estate, Stansted, CM24 8TY

STEVE HALL

GARDEN SERVICES

CALL FOR HELP IN YOUR GARDEN

Tel 01279 817739

Mobile 0777 8049063

HIRE THE NEWLY REFURBISHED

Ugley Village Hall

With two halls, ample parking, facilities for the disabled and competitive rates, the refurbished Ugley Village Hall on Cambridge Road is ideal for clubs, classes, functions, children's parties and social meetings.

Bookings or further information please call Susan Bone 01279 814052

YOU'RE..... FURNISHED
Famous Branded Furniture at

HALF PRICE

NEW STOCK IN EVERY WEEK

Rear of 14 Cambridge Road, Stansted 01279 815028

Mon - Sat 10 am - 5 pm Sunday 11 am - 4 pm

Also new warehouse at Takeley

D HONOUR & SON (LANDSCAPE)

GARDEN DESIGN AND CONSTRUCTION

- Ground Preparation
- Paving
- Planting
- Brickwork
- Lawns
- Fencing

British Association of
Landscape Industries



PHONE OR FAX

01279 813160

59 Blythwood Gardens, Stansted



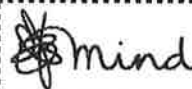
Kate Harrison

Made to measure curtains, pelmets & blinds
Loose covers, cushions & upholstery

I can supply fabrics, trimmings, tracks etc.
Please call for free advice & measuring service

Tel / Fax 01279 777452

email: kateharrison_1@yahoo.co.uk



For better
mental health

Uttlesford Mind

Information & support for people with mental health problems
Advocacy ~ Befriending ~ Drop-in centres ~ Counselling
Weekly Drop-Ins: Saffron Walden, Thaxted, Stansted & Dunmow
Volunteers are always welcome

Tel: 01371 876641

Charity No: 1023708

DAYS OF THE WEEK



5. WEDNESDAY

Roman dies Mercuris - the day of Mercury
In French Mercredi.
German - Mittwoch (midweek)

However, we take our name for this day from the Norse Odinsdag - Odin's day. Sometimes spelled Othinn and known as Wotan or Wodan in Germany, in modern Dutch Woensdag, but in Saxon Britain Woden from which the Old English Wodnesdaeg comes. He was the god of magic, poetry, wealth, the dead, wind and weather and leader of the Wild Hunt, among other things; a very busy god! He was in command of the Valkyries, the warrior-maidens who escorted the souls of dead heroes to Valhalla. His most fanatic followers were the Berserkers (no doubt from which we get our word), who fought bare-sark, or stark naked, believing that a swift death in battle would mean a place in Valhalla. Odin was depicted riding a horse and with only one eye. He had given his other eye in exchange for a drink from the spring of wisdom and so became the cleverest of the gods.



Odin was father to Thor (see Thursday), Tyr (see Tuesday) and Balder. The latter could not be killed by metal, stones, animals, people and plants growing in the ground but met his death when struck by a dart made from mistletoe.

Ash Wednesday is the first day of Lent when a sign of the cross is marked on foreheads  as a sign of repentance. The ash used should be  traditionally that of the burnt remains of the palms blessed on Palm Sunday.

Spy Wednesday is in Holy Week and is said to be the day on which Judas betrayed Jesus.

On Holy Wednesday, in the Lithuanian village of Samogitija, there was a custom of dragging a herring around the church - not apparently a real one, at least not in recent times. The children drew a picture of a herring on a flat board and as it was dragged round the church people whipped it as it went by.



In Austria, Wednesday is said to be the best day to get married; although so many countries have different lucky and unlucky days for marriage that if someone wishes to marry on a particular day of the week they are sure to find one to suit them in some place around the world!

Shakespeare mentions 'Wednesday in Wheeson Week' (Whitsun) in Henry IV part II. This apparently refers to the day on which Christopher Marlowe died. He was born in 1564, a contemporary of Shakespeare's and also a great dramatic writer and poet, but he led an irregular life. He was probably a spy, always getting into fights and other trouble and was about to be arrested for disseminating atheistic opinions when he was killed in a tavern brawl on Wednesday 30th May 1593. His killer was pardoned by Elizabeth I. Was he set up and was it murder?!!

Peggy Honour

St Mary's
Primary School



A YEAR IN THE LIFE OF A PARENT GOVERNOR

This year three new parent governors have joined St Mary's School Governing body. All of us wanted to serve on the Governing body because we care about education and we are committed to our children's school. We believe that it is important that parents have a voice and we want to work in partnership with Wendy Wood and her staff to help make the school even better in the future.

At first we felt very nervous. The knowledge and experience of our fellow governors was quite daunting but we were made to feel extremely welcome and soon settled in. The Committee Structure was also very helpful as we felt more confident in a group of three or four people than in front of a full Governing Body meeting. Between us we have served on the Assets Management and the Curriculum and Learning Committees.

The training we have received has also been invaluable. In the Autumn Term we attended an evening session about the role of the Governing Body as 'a Critical Friend' to the school and we have all attended Governor induction days run by Essex County Council.

As well as the business side of being a governor, we have also enjoyed helping out at social events; donning our pinnies to serve Christmas lunch to the children, and serving strawberries at our annual strawberry tea for helpers. We were also invited to the Federation of Schools Summer Event which celebrated the success of the Teaching and Learning Partnerships that many of the school's staff have been involved in.

It has been a steep learning curve for all of us. We are much more aware now of the decision making processes in a primary school and are in a much better position to help parents with queries. We have experienced the rigours of an Inspection and are very pleased to have received a positive report. It has been very rewarding to be part of making the school a better learning environment and we look forward to being able to make more input in the future.

Vicki Brice, Sandra Wood, Lorraine Curtis



Never ending ironing pile?
Then call the

Iron Maiden

Competitive, reliable and friendly.
Non-smoking environment.
FREE local collection & delivery.

Tel : B/S 771867

CARERS UK

Uttlesford District Branch

"Caring about the Carer"

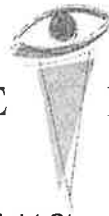
Support group for carers held in

Stansted Quaker Meeting House, Chapel Hill
on 2nd Thursday in each month from 2 pm to 4 pm

For further information call us on

01371 875810

Registered Charity No. 246329



OPTOMETRISTS AND CONTACT
LENS PRACTITIONERS

THE PRACTICE

Eye care for all the family

47 Knight Street
Sawbridgeworth
CM21 9AX
01279 725332

4 Chapel Hill
Stansted
CM24 8AG
01279 816198



Sue Leech MSSCh MBChA

HPC Registration No: 17977

Chiropodist

9, Mill Road, Henham

Appointments 07881 942836

Surgery and Home Visits



MERCER & HUGHES

Veterinary Surgeons

80 Cambridge Rd, Stansted. Tel 01279 813780

Surgery Hours

Mon - Fri 8.30 am - 10.30 am

4.30 pm - 7 pm

Sat 8.30 am - 10 am

Also surgeries at Saffron Walden & Dunmow

Clive's Maintenance Services

Kitchens designed, supplied and fitted to your requirements. We are also happy to fit your own kitchen, or any similar work, plumbing, tiling, joinery; in fact all the little jobs around the home that you can't or don't want to do. We know how important it is to be tidy, efficient and do exactly what you require.

Clive Richardson

Telephone 07770 273 544 Fax 01279 850618

VAN HIRE

Rowland Ridgwell Ltd

Woodview Garage, Stansted Rd, Birchanger

Tel 01279 654408

- ♦ £40 + vat per day
- ♦ £75 + vat per weekend (Fri night to Mon am)
- ♦ £220 + vat per week

Fully Insured ~ Unlimited Mileage



POTHECARY & BARRATT SOLICITORS

Providing Legal Services for
People & Businesses

For Professional Advice You Can Trust

Call Us

☎ 01279 506421

email: mail@pothecary.co.uk

or visit

www.pothecary.co.uk

White Horse Court, North Street
Bishop's Stortford, Hertfordshire CM23 2LD

Clients' parking and Disabled Access

Also in the City of London

Wills, Probate & Trusts - Commercial & Residential Conveyancing
Charities and Ecclesiastical Law - Corporate & Commercial Matters
Litigation & Matrimonial - Landlord & Tenant

Members of the Lawyers Christian Fellowship

RejuvaSlim

Revolutionary Detox & Wellness Programme

We have had amazing results with:

- IBS (irritable Bowel Syndrome)
- Adrenal stress
- Depression
- Liver toxicity
- Rheumatoid Arthritis
- Blood Sugar disorders
- Skin disorders
- Insomnia
- Migraine
- Constipation



You could lose 10lbs in weight, drop a dress size
or just feel healthier **IN ONE MONTH!**

Call **Park Clinic** for
FREE consultation
01279 321726



MOUNTFITCHET GARDEN CLUB

At our July meeting Ken Collins of the Gibberd Garden Trust talked about Sir Frederick Gibberd and his garden.

He is best known as the architect of Harlow New Town; he was born in Coventry in 1908 and chose architecture as his profession, coming to London in 1930 during the Depression and was frequently unemployed. Before the War most of his work was for public authorities. After the War he designed the Third Terminal at Heathrow, the Festival of Britain on the South Bank in 1951 and worked on Liverpool Cathedral.

In 1946 he was asked by the Minister of Town & Country Planning to design the new town of Harlow and showed his skills as a landscape architect.

In the late 1950s he bought the house and garden at Marsh Lane, Harlow. The garden was designed as a series of rooms. It is not a flower garden but relies on shapes and textures. There is a collection of some 50 sculptures, large ceramic pots and architectural salvage.

When Sir Frederick died in 1984 he left the house and garden to the people of Harlow for their enjoyment and education. Unfortunately the will was contested and the property had to be sold to pay the legal fees. A public meeting was called and, with the help of the Essex County Council, the local Council and the Heritage Lottery Fund, £½ m was raised and the property was saved for its intended purpose. It is now run by the Trust with one paid employee and many volunteers. They are now carrying out a restoration programme. The garden is open to the public from April to September.

On 3rd August the talk will be 'Seasons of a Woodland' and the competition will be 'one stem of a rose'. On 7th September the talk will be 'Gardens and Villas of Northern Italy'. The competition will be 'one lettuce'.

The Autumn Show is on Saturday 10th September at the URC Hall, open to the public at 2.30 pm. Some of the classes in this show are open to non-members. Details from Janet Townsend on 812593.

Sally Stockman

Stansted Mountfitchet Parish Council

Clerk Ruth Clifford
Office Hours
10 am - 1 pm
Monday - Friday



Council Offices
Crafton Green
Tel 813214
Fax 813964

Playscheme

As we go to print, the summer holidays will be upon us and the Playscheme should be well underway. The scheme is running in St John's Church Hall, every weekday from 10.00am-12noon and 1.30pm-3.30pm, until Friday 12th August. For the benefit of working parents, we have now extended supervision to cover the lunch period, so children may stay from 10.00am through until 3.30pm, as long as they bring a packed lunch. The charges are £2 per child per session, or a charge of £5 for the whole day per child. Families with two or more children will be charged £2 for the first child, and £1.50 for any others attending at the same time.

Activities are largely art and craft or sport based, and we are grateful to Wendy Wood at St Mary's School for allowing us the use of their outdoor facilities for the Playscheme.

Please note that the scheme is open to children from five years old up to a max of 14 years. However, under 8s may only attend the morning session, in line with current legislation, as the scheme is not registered. We are hoping that, if we can find a permanent venue, we will be able to apply to Essex County Council for registration, thereby enabling all age groups to attend for the whole day.

So - pass on the information to your children or grandchildren, to siblings, nieces and nephews. Further details can be obtained from the Council Offices.

Stansted in bloom

Results of local competitions will be given in the next edition of the 'Link', as judging is imminent. Our thanks to the local primary schools for joining in the spirit of things with their wonderful displays, and to Sworders for allowing their work to be displayed in the window.

Ruth Clifford
Parish Clerk
ruth.clifford@stansted.net

– LEARN TO IMPROVE YOUR LIFE –

Uttlesford Learning Centres offer a huge variety of courses – just for you.

Whether it's getting to grips with computers, a foreign language, improving your knowledge or ways to develop a business as well as your own skills.

It's all here – just 'round the corner' from you - or even on your doorstep, with your own computer at home. Now, how EASY is that?

With a number of FREE courses and many more costing only a few pounds - there is really no excuse. So, why are you waiting!

Look for the nearest centre to you and give them a **CALL NOW:**

- **Dunmow & Thaxted Areas:** Clarence House 01371 830245
- **Saffron Walden Area:** Fairycroft House 01799 527109 and the **learndirect** centre at Saffron Walden High School 01799 513030
- **Stansted Area:** Stansted Airport **learndirect** 01279 656532 and Peter Kirk Centre 01279 813319

or view full details on-line at www.uttlesford.gov.uk

*After all, learning does not stop when you leave school.
Learning is for life, and it can be fun as well!*

Protect and preserve with Knights Windows PVC-U replacement fascias, soffits, guttering, bargeboards and cladding



Buy quality by
KNIGHTS
WINDOWS

No more repairing or painting...

Knights Windows:

- ✓ Completely maintenance free
- ✓ Will not warp, crack, discolour or blister
- ✓ Resistant to weather and other pollutants
- ✓ Enduring quality
- ✓ Choice of finishes
- ✓ All work guaranteed

Call us now, **FREE**, on **0800 294 0652** and make painting a thing of the past!

We'll be pleased to provide you with a professional, free quotation, no matter how large or small the job.

John Newman
John Newman
Managing Director

The Courtyard
Forest Hall Road
Stansted Essex
CM24 8TS
01279 647999

LOWER STREET CLINIC
36 Lower Street, Stansted

REGISTERED OSTEOPATHS

Jacolin Sheaf DO & Associates

Specialists in treatment of spinal, joint & muscle pain, headaches, trapped nerves & sports injuries

Treatment suitable for all ages, including children

Tel: 01279 815907

STATE REGISTERED CHIROPODIST

Richard Handford BSc, SRCh, MChs

Specialising in routine chiropody, sports injuries, ultrasound, biomechanics, orthotics, nail surgery & verrucae

Tel: 01279 647337

A.BETTER.AERIAL

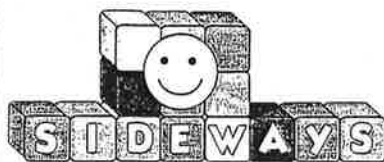


www.abetteraerial.co.uk

- DIGITAL AERIALS
 - SKY TV
 - FM & DAB RADIO AERIALS
 - ANTI-GHOSTING AERIALS
 - EXTRA TV POINTS
 - AMPLIFIERS
 - COMMUNAL SYSTEMS
 - FREE ESTIMATES & ADVICE
- YOUR LOCAL AERIAL MAN**

Bishop's Stortford
01279 815948
07980 817251

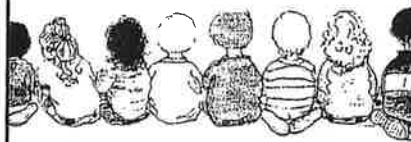
Carters Hill Manuden



Pre-school nursery

- ☺ Excellent Ofsted Report
- ☺ qualified Friendly Staff
- ☺ Spacious hall with a quiet room for Rhymes & Stories
- ☺ Emphasis on learning through play

telephone 01279 813828



Selina Rankin
Garden Design



Offering a comprehensive garden design service to meet all your needs

Friendly, professional service.

No job too big or small

One off consultations through to complete garden re-designs

For further information please contact:

Selina Rankin
Chimneys, 44 Lower Street, Stansted
Tel: 01279 813388
Email: info@srgardendesign.co.uk
Web: www.srgardendesign.co.uk



Want to lose weight with a friendly group near you?

STANSTED MOUNTFITCHET

Quaker Meeting Hse, Chapel Hill
Pam 01279 842774

Wed 7 pm

BISHOP'S STORTFORD

Parsonage Community Centre, Parsonage Lane
Jane 07802 483191

Mon 5.30 & 7.30 pm

St Joseph's Hall, Apton Rd

Kim 01992 584286

Wed 9.30 am, 5.30 & 7 pm

New group opening in Saffron Walden
Phone Jane on 07802 483191 for details

NEW
better than ever
Food
Optimising

FREE
24/7 online
support
exclusive to members

HURRY!
join now and
save £££s

The **most thorough Cleaning**
ever seen or it's **Free.**

100% money back guarantee if your not satisfied

My personal guarantee to you!

If you aren't happy with the way I clean your carpets or upholstery, I will re-clean them for FREE and if you're still unhappy I will give you your money back. Carpets & Upholstery professionally cleaned using Industry Leading Extraction Systems.

Call my FREE Consumer information line on:

0800 6952220

EXECUTIVE
CARPET CARE

For a free quote call:

01279 307171

- * Rapid Turbo Drying
- * Stain & odour removal
- * Anti-stain protection
- * Most carpets dry in 2-4 hrs
- * Suites dry in 4-6hrs
- * Oriental rug cleaning
- * Van mounted system
- * 20x more powerful than others.
- * Leather Cleaning



IICRC Certified Technician

*Subject to on-site survey

www.executivecarpetcare.co.uk

IN MEMORIAM

John Eric (Jo) Evans

Like many couples of their generation, Jo and Elizabeth Evans met as a result of the war. Jo was born in Oswestry and although his family later moved to Gloucester, the chances of he and Elizabeth meeting in Essex would have been slim in those days without the aid of Herr Hitler.

Jo's given name was actually John. Some of his family even called him by his full names of 'John Eric'. But at the time he and Elizabeth met there were actually two 'John Evans' working with his signals unit, both of them Corporals, so he was nicknamed Jo by his WAAFs. He was very popular with them and therefore, as may be imagined, those WAAFs also took a strong interest in his telephone romance with the 'girl on the switchboard'.

After many phone conversations, Jo and Elizabeth finally met on New Year's Day 1945. Jo had actually been invited to Christmas Dinner with Elizabeth's parents but turned up a week later! Despite that, however, their relationship flourished and they married in 1946. With the war over, Jo carried on working for what was then the GPO, being in charge of the Stortford telephone exchange. Automation meant he took over several other local exchanges until he took early retirement.

My own knowledge of Jo was through Ugley church, which he regarded very much as his own. He was a quiet churchgoer but sincere, whose faith made itself known to others. For example, he had a copy of 'The Bible for Every Day' given to him by an American niece not known for her own churchgoing, so it must have communicated to her that this was where his heart lay.



Part of the Revd John Richardson's address at Jo's funeral.



Adult Learning – on your doorstep!
NORTH & WEST ESSEX
ADULT COMMUNITY COLLEGE
Peter Kirk Centre, St John's Road, Stansted

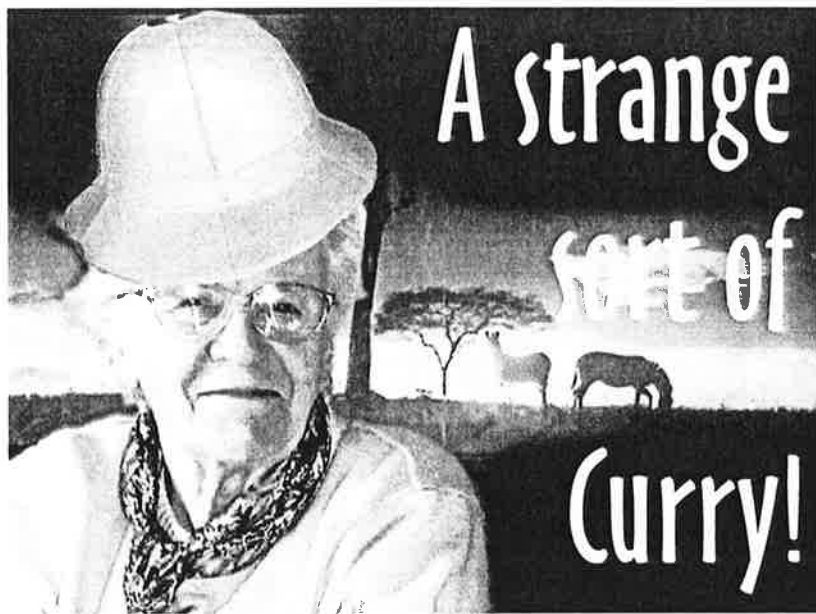


Fancy learning something just for fun?

Our wide range of interesting courses for Autumn are detailed in our *new prospectus* now available from the College or from:

Stansted Library, Stansted Working Men's Club, Collins Family News, R & K News, CK Men's Room, YZ Minimart, and other local outlets

Tel 813319 or email enquiry@nweacc.ac.uk



This month's recipe

The British must have acquired their taste for curry in India - rather odd since they normally like their food bland. They brought it back to England and then took it to Africa - the West Coast first, then East Africa, but it went through a few changes on the way

The main difference is that they thought up a whole lot of side dishes - lots of crushed roasted peanuts, chopped pineapple (fresh if possible), chopped raw onion, mango, pawpaw (melon makes a good substitute), oranges (peeled, skinned and chopped) bananas, desiccated coconut and anything similar you can think of. Mango chutney and popadums are also essential.

You start the day before by simmering the chicken (add onion and carrot to the water if you like) until it is cooked. Don't roast it because the meat needs to be moist. Allow to cool but don't throw away the liquid - you'll need it later. When cold pick the meat off the carcass.

Next day the currying begins and for this you can either use a good paste or mix your own with ground cumin, coriander, turmeric, cayenne pepper, ginger, mustard seed and garam marsala etc. Heat some oil in a pan and add a chopped onion and garlic. Allow it to soften but not brown and at this stage, if you are using your own curry powder, add it to the onion and garlic. This is important because the spices must be cooked in oil otherwise they have a nasty raw flavour. Now add the chicken, the curry paste if you are using it, a dollop of tomato paste and some of the liquid you cooked the chicken in, thickening it if you like with a roux. Leave it to simmer until you are ready to eat, then cook the rice and popadums, loosen your waist belt, sit down and get stuck in. Take a serving of rice, add the chicken to the middle and then sprinkle the side dishes over the top.

The only possible follow-up is a fresh fruit salad and then very small cups of tea without milk or sugar - it is

Loose clothes, side dishes, spices cooked in oil, a leisurely pace, beer and a reliable escape route were essentials to good curry lunches writes Margaret Lehner

better than coffee. Drinks - beer, gin or fruit juice but definitely not wine - a complete waste because the spices ruin the wine.

There are certain traditions to be observed: first of all you don't eat curry in the evening, it is a lunchtime business and the siesta is very necessary - also you eat

it with a spoon and fork, not a knife. Never rush, make sure you have congenial guests and take your time, then, when you are comfortably full just totter off to bed. One other point - this African version of curry is very good but don't ever make the mistake of offering it to an Indian - he would be horrified!

I well remember my introduction to this ceremony in Ghana during the war. We (a small group of newly-arrived QAs*) were invited to lunch by some Old Coast-ers. The lunch was most enjoyable but we had different views when it came to the siesta - we spoilt their fun by going straight back to the Mess!



We invite recipes for inclusion on this page. Please send them to the Editor (not to the Rector as the wretched man loses them!).

***Wretched Rector's note:** A QA is, apparently, shorthand for Queen Alexandra's Imperial Military Nursing Service (Reserves).



STANSTED MOUNTFITCHET

LOCAL HISTORY SOCIETY

Although the holiday season has not yet got into its stride, it is time for me to remind you that the History Society will be meeting again on Thursday 1st September at 8.00pm in the Day Centre. David Harrison has put together another interesting programme of speakers, the first of whom is Jack Livesey, who will be speaking on 'Duxford Aerodrome from 1918'. Duxford has a fascinating history involving many exciting events and personalities; and now, as a branch of the Imperial War Museum, is still developing and progressing. I hope that you will put the occasion in your diary and we shall see you then. In the meantime, I also hope that the rain that is falling as I type will stop and allow us all to enjoy a good summer. Have a good time!

Ian Seavers



Royal British Legion

Women's Section

On Monday 13th June we met at 2 Clarence Road and spent an enjoyable afternoon while Harold and Doris showed us slides of a holiday spent in Spain and Morocco during 2004. On 17th May they had boarded a coach to Portsmouth which then took them aboard the 'Pride of Bilbao'. They spent two nights in Spain; then on to Gibraltar where they saw the Rock, a few monkeys and the cemetery where some of those killed in the Battle of Trafalgar are buried. Then on to Morocco and Tangier. (Harold had been in Tangier and Casablanca during the War.) Among many other shots we saw the mosque at Marrakesh and the Royal Palace; and the mosque at Casablanca which is the tallest in the world.

We then dallied with a short quiz, drank tea or wine and drew for prizes from a very generous raffle.

Our next meeting will (if fine) be in Gill Reeve's garden at 3 St John's Lane on Monday 8th August at 2.15 pm. The following meeting, to be held at 2.15 pm on Monday 26th September at the home of Janet Hollis, 105 Cambridge Road, will be our Harvest Sale.

Pat Clower



Huw Johnson Club

As I promised in the last edition of the 'Link', the concert given by Charity was a great success. Even though the weather turned cold, it was a lovely evening, with an appreciative audience, and everyone enjoyed the music. Club members took the opportunity to dance, and they were soon joined by others from the audience. A big thank you to

Charity and to all the Lenten family for all their hard work. The magnificent sum of £1,560 was raised for the funds.

On 6th August most of our members will join us for a holiday in Porthcawl, South Wales. Thanks to all the people who contributed in all kinds of ways, we have raised enough money to cover the cost of the holiday and the coach. All our members and helpers pay £250 for the holiday, but this does not cover the cost of the coach or outings.

The club begins again on 15th September with a disco by Garry. After that, our minds will be full of our Christmas Concert. Look out for posters advertising this event. A final plea - **we still need at least two more drivers**. Please volunteer, as our members do love coming to our Thursday evening club.

Marion Johnson 812284

DAY CENTRE NEWS

The Day Centre is a pleasant place to meet old friends or make new ones. We are open Tuesday, Thursday and Friday from 10.00am until 4.00pm and we serve the most delicious home cooked meals, price £3.50 for two courses.

Coffee is available in the morning and tea in the afternoon when, if you wish to join in, there is a Beetle or Whist Drive or Bingo. We are open to over 55s and to anyone with a permanent disability.

To keep our prices low and to give a very friendly atmosphere we have a wonderful band of volunteers but we always need more, especially between 12 noon and 2.00pm. No cooking is required as we have excellent cooks - Veronica, who is also the organiser, and Bridget.

If you feel able to give a commitment weekly or fortnightly please ring 815091 and have a chat with Veronica. You will find us at the top of Chapel Hill adjacent to the Clinic and Council Offices at Crafton Green.

Brenda Scarr



Quality is the result of Care!

THE STAR OF INDIA

Take Away & Delivery Service

From NOW until close of business on 31st August 2005, we will give you ...

2 main courses for the price of 1


You will not be charged for the least expensive of the two main courses. Offer applies to all meals ordered for collection or delivery

Opening times: 12 noon to 2pm & 5pm to 10pm (except Sundays and Bank Holidays)

Order Lines

0800 007 6768 or 01279 810810

3 Ambrose Corner, Robin Hood Rd, Elsenham
www.starofindia.co.uk



Alzheimer's Society
Dementia care and research

Uttlesford Branch

*Help, advice and support
for people with dementia and
their carers.*

Home visits possible.

We are now at:-
The Voluntary & Community
Centre
46 High Street
Gt. Dunmow, Essex
CM6 1AN

☎ **01371 872519**
email:
alzheimers@uttlesford.freeserve.co.uk

Registered Charity No 296645
CoReg No 2115499

SHADOWFAX

TECHNOLOGY

Your local IT supplier

- PCs, peripherals and software
- Broadband Internet from £24.99/month (less than BT)
- Complete networks for business and home
- Antivirus software
- Advice from qualified staff

Microsoft
CERTIFIED
Partner

14 Riverside Business Park
Stoney Common Road
Stansted CM24 8PL
Tel: 01279 813076
E-mail: info@sfx.co.uk



Birchanger
Nursery Unit

Ages 2½ - 5 years
morning & afternoon

Own building in beautiful
village school grounds

**Excellent facilities
& outdoor play areas**

Well qualified staff

Outstanding OFSTED
Report (January 2004)

Come & visit - you will be
made very welcome

For further
information tel A MEMBER OF 
814037 or 0777 3730754

EDDIE HO 

Fish & Chips
BBQ Chicken
Southern Fried Chicken
Pukka Pies
Beef Burgers

Station Road, Stansted
01279 817307

M COLLINS
Family News

NEWSAGENT TOBACCONIST
CONFECTIONERS
AGENTS FOR DRY CLEANERS

Chapel Hill, Stansted
Tel 01279 812049

J R JOHNSTON C&G RFS
Qualified Tree Surgeon
Fully Insured



Pruning
Dismantling
Hedge Trimming

Trees/Shrubs supplied & planted
Contract Maintenance

Tel 01920 821595

AUTOMOBILE ENGINEERS

*David
Nunn's
Garage*



SERVICING
REPAIRS

Bentfield Road Stansted
TEL: 01279 812686

VICKERS
SOLICITORS

Friendly & personal service
Fixed fee Conveyancing
Litigation

Free initial consultation

Advice & assistance at
reasonable cost
Prompt attention

Please contact Julian Vickers
16 Lower Street,
Stansted CM24 8LP
Tel: 01279 817871
Fax: 01279 817877

Email:
julian@vickerslaw.demon.co.uk

STANSTED
CARPETS EST. 1982

42 CHAPEL HILL, STANSTED

CARPETS & VINYL

CARPET TILES - SAFETY FLOORING
DOMESTIC AND COMMERCIAL

CURTAINS
AND FABRICS · RAILS AND POLES
HAND MADE CURTAINS
FREE LOAN OF SAMPLES
HUGE SELECTION
FREE QUOTATIONS

WALLPAPER
BORROW THE BOOK - CHOOSE AT HOME

01279
812019



The last few weeks of the Summer Term have been extremely enjoyable. The older children have taken part in several visits including an all day trip to Harlow Town Park on the train and a morning visit by bus to the 'Helter Skelter' Park in Bishop's Stortford. The weather wasn't always very kind to us – the heavens opened while we were in Harlow but the children all enjoyed themselves despite the rain!

We have also been preparing our older children for next year. To help make the transition to 'big school' as easy as possible, children from Rainbow have spent a morning at each of the primary schools in the village. Although some of the children are feeling a little nervous, most of them are really looking forward to the next stage in their educational careers. We will of course miss them in September but are already looking forward to welcoming a new cohort of children into our older group.

The end of term was absolutely fantastic. The highlight of the final week was our special celebrations for the 90th birthday of 'Auntie Joan', one of our volunteer helpers. Auntie Joan has worked at Rainbow for over 20 years, helping out in particular with the younger children. All the children who have passed through Rainbow have fond memories of the care, kindness and help that they received from this wonderful lady. On Wednesday 20th July we held a special party for Joan to sing her happy birthday and drink a toast to her 90 years.



We have a large number of children in our groups next year. If you have a child who will turn 2½ during the next academic year and you think you might be interested in a place at Rainbow for your child, please contact Gill Pursglove on 814701 for information about admissions and waiting lists.

Vicki Brice



Wanted – a 'Natural Observer'

When we recently made an appeal for an illustrator we were encouraged when Carole Crosby came to our rescue. Her contributions are now widely appreciated. You may have noticed that for some time we have been without a Nature Notes column. Rosina Kirkwood wrote delightful notes for our column over two or three years and her retirement has left a void. A goodly proportion of our residents have a keen perception of the natural world which surrounds them, so perhaps our appeal could be directed to these readers to provide an occasional (or even regular) short chronicle of what they have or have not seen and what the rest of us may be missing. There is an appreciative readership waiting for you. Please give me a ring if you feel you could help.

Derek Honour 647213



STANSTED & DISTRICT LIBERAL DEMOCRATS

Our next ploughman's lunches will be on Saturday 13th August, Saturday September 10th and Saturday October 8th at the Stansted Day Centre, 12 noon to 2.00pm. All are welcome.

We will be holding a Salmon and Sparkling Wine lunch at 7 Blythwood Gardens, Stansted on Sunday 14th August at 12.30 pm, and a Treasure Hunt and Tea at Clavering on Sunday 11th September. at 2.30 pm. Please ring 814222 or 813432 for details of both these events.

Ruth Rawlinson



UGLEY WOMEN'S INSTITUTE

At the June Meeting we celebrated the 90th birthday of Mrs Marjorie Martin; she had a chocolate cake with candles (four not ninety) and was presented with a bouquet. Mrs Margaret Rogers gave a fascinating talk entitled 'Bats in the Belfry'. She did a 'bat watch' one night and counted 260, but on the whole, she told us, the number is decreasing. Their 'life style' is most interesting.

In August we will be having a talk by Mr D Johnson about smuggling on the Essex and Suffolk coasts - I assume that this is a historical account and not an encouragement to get involved! On 21st September Mr Paul Stevens will be telling us about the 'History and Life of Romany Gypsies'.

While this year the WI as a whole is celebrating its 90th birthday, our Ugley branch is 85 years old and we are having a lunch together to mark the occasion.

Frances Spalding



SK8

STANSTED SKATEPARK



Large numbers of young folk (and a few not so young) descended on our skateboard park on July 23rd to demonstrate their skills. Maybe records weren't broken, but it was all good fun.

There was a display of the features planned for Phase 2 for which the monies are being raised.

Village organizations were well represented and there was brisk trade at the barbeque, strawberries and cream and beer tent departments



Photos by Mandy Honour

NOTICE BOARD

PHONE FRAUD !!!

When you answer the telephone you may hear a recorded message congratulating you on winning an all expenses paid trip to an exotic location - you will be asked to press 9 to hear further details.

IF YOU PRESS 9 YOU WILL BE CONNECTED TO A PREMIUM RATE LINE THAT COSTS £20 PER MINUTE!!

Even if you disconnect immediately, it could remain connected for a minimum of 5 minutes. The final part of the call involves you in being asked to key in your postcode and house number, which has other serious consequences. After a further 2 minutes you will receive a message informing you that you are not one of the lucky winners. Since the calls are originating from outside the UK, BT and other telephone companies are left relatively powerless to act. The only safe solution is to **HANG UP** on any unsolicited 'free offer calls'.

UTTLESFORD CULTURAL FESTIVAL

Join the fun at Audley End House
Sunday 18th September 12.30 - 6 pm
Music, dance, costume and food
from around the world

School Holidays?
Kids bored?

Why not visit
Saffron Walden Museum
'Fighting Napoleon'
Walden at War 1789 - 1815
Tel 01799 510333

WANTED

Do YOU have any news
we can put on next
month's noticeboard?

Please submit to the
editor - see details on
page 1

CONGRATULATIONS ..

.. to Link Editor, Derek Honour,
(and also Margaret Gibson) on
being awarded the **Scout Order
of Merit**. Derek's award was in
recognition of his hard work in
starting up and running the
'Tortoises' over many years

Clean up those bikes ..
.. and get ready for the
Essex Churches
sponsored cycle ride
Saturday 10th September

Not fit enough?
You can also use cars
or walk!



9 Hole Golf Course
Pay and Play
Health & Fitness Suite
 Memberships Available
 Driving Range
 Open 7 Days a week

01279 812865



Our beauty therapy suite provides the ideal environment in which to experience some of the most deeply therapeutic treatments available

Telephone **01279 817277** to book an appointment

Celebrations

Balloons for that Special Occasion

Whether you need a single balloon or balloons for a large party, we can accommodate all your needs. We have a vast selection of balloons to cater for all occasions.

Have that special gift wrapped into a balloon.

Ideal for new baby, flowers, wedding gifts for bridesmaids etc



All orders can be placed by telephone so call us now on 01279 814815

All major credit cards accepted

www.standonmill.co.uk

Standon Mill is the latest exciting new development from City & Country Residential. Located alongside the River Rib the former Flour Mill, dating back to 1901, is being sympathetically converted into twenty-one contemporary loft-style apartments of 1, 2 and 3 bedrooms.

Standon Mill will feature attractive waterside communal gardens and many of the apartments will also benefit from unique balconies and roof terraces to offer extended living space and take advantage of the fine views.

Prices start from £179,000.

Call Residential Sales on 01279 818 900 for further information.



CITY & COUNTRY
RESIDENTIAL

Benfield Place,
Benfield Road,
Stansted,
Essex,
CM24 8HL

www.cityandcountry.co.uk



GRAHAM SCHOOL OF DANCE

R.A.D. Ballet Classes held in Stansted

Also at Bishop's Stortford
Classes in Ballet, Tap & Modern Dance,
Drama & Singing

For details & prospectus please
tel 01279 654423 or visit us at
www.grahamschoolofdance.fsnet.co.uk

email: philip@grahamschoolofdance.fsnet.co.uk

The Mower Shop

ELSENHAM



**Mower
Strimmer
Chain Saws**

**Garden Tractors
Tools & Accessories**

Fieldings engineers

FULL REPAIR SERVICE

Tel **01279 813381**

D BONNEY & SONS (Manuden)

MOT Testing ~ Diesel & Catalyst

Selection of New & Used Cars
Accident Recovery Work
Welding & Chassis Repairs
Borg & Beck Clutch Point Centre
Calor Gas Stockist

We help YOU the motorist by

- cheaper labour rate
- guaranteed workmanship
- free collection & delivery in local area

Familiar with most makes of vehicles including four wheel drives

Please ring Malc or Neil on 01279 813315 or 815946

ONWARD DRIVER TRAINING

'Safe driving for life'

Driving Standards Agency Approved Instructor and Assessor

- **Learner Tuition:** Manual & Automatic dual-controlled Fiat Puntos - friendly non-smoking environment with in-car laptop & video for Theory & Hazard Perception Training
- 'Pass Plus' Registered Instructor
- Advanced & Defensive Driver Training
- Company & Fleet Driver Training and Assessment (for compliance with HSE requirements)
- Motorway Tuition and incident management
- Refresher and Confidence-Building Courses (Parking, Manoeuvring, Economy & Winter driving)
- 4x4 and 6x6 Off-Road Tuition (including winching, self-recovery, commercial and leisure)
- Driver Instructor Training

Philip Hastings Dip.DI, ADI

19 Cawkell Close, Stansted CM24 8JF

Tel: 01279 815571 email: DrivingOnward@aol.com

Chartered Accountants Davidson Oakley & Co

We provide a friendly and efficient professional accountancy and taxation service for local businesses and individuals including:

*Self Assessment Tax Returns
Accountancy and Audit
Management Accounts
Business Tax*

Free Initial Consultation

Please tel 01279 813294

Forge House, 39-41 Cambridge Rd, Stansted CM24 8BX

A taste of what **Mountfitchet Romeera Leisure Centre** has on offer!

Something for you & your family!

Facilities at the centre include:

- Harpers Gym
- Tennis Courts
- Sports Hall
- Aerobics Studio
- Creche
- Free Parking

Activities at the centre include:

- Soccer School
- Tennis Action
- TOP Start Sessions
- Camp Energy
- Hall of Fun
- Trampolineing
- Ladies morning
- Badminton
- Yoga Classes
- Short Mat Bowls
- 50+ morning
- Tennis
- Table Tennis
- Trampolineing for Adults

Mountfitchet Romeera Leisure Centre prides itself on being home to many of the leading sports clubs in Essex. To join in, simply phone the centre on the telephone number below.

Fantastic Membership offers are available!! To find out more simply phone the centre on the telephone number below.

Tel: 01279 648580



An Uttlesford Leisure Ltd facility managed by Leisure Connection Ltd



Bistro 49

Relax ~ Unwind ~ Enjoy

30A Lower Street • Stansted

Reservations 01279 817177

Fabrications

*is the local company for all soft furnishings,
made from our fabrics or your own.
Wallpapers, tracks and blinds also supplied.*

For free advice and measuring service call

Sue 01279 777465 or Carol 01279 777480

LADIES' FASHION SHOES

AT FACTORY PRICES

Open: Mon - Sat 10 - 4

Tel: 01279 508441

free parking



R.P. ELLEN
UNIT 4
SOUTHMILL TRADING ESTATE
SOUTHMILL ROAD
BISHOP'S STORTFORD

R.P. Ellen

www.rpellen.co.uk

CORBETT ELECTRICAL

Electrical Contractor

Rewires ~ Extra Sockets & Lights
Inspection & Testing ~ Repairs

31 Rainsford Road, Stansted Tel: 01279 816577



ARE YOU RETIRED?

We are looking for people to take well behaved dogs into their homes and care for them while their owners are away on holiday or just away for a day or two.

We are an established pet sitting company based in Bishops Stortford & offer our clients an alternative to kennelling, thereby reducing stress to both dog & owner.

You must be at home most of the day, have a secure garden and no other animals.

If you feel you would like the companionship of a dog without the fulltime commitment, whilst earning some extra money, we would love to hear from you!

Please telephone 01279 654487

D. C. POULTON & SONS

Funeral Directors

A FAMILY RUN BUSINESS
PERSONAL ATTENTION
AND UNDERSTANDING

Established 1888



Day and
Night
Personal
Service

2 Chapel Hill
Stansted
CM24 8AG
**01279
813219**

Pre-
payment
Plans
Available

Also at CLARKS LANE
EPPING CM16 4NJ **01992 572609**

SCUBA DIVE

with

2DIVE4

SCUBA DIVING CENTRE

10 Chapel Hill, Stansted

08700 502254

www.2dive4.co.uk

ONE ON ONE SUPERVISION BEGINNER COURSES TRY DIVES
FULLY STOCKED SHOP AIR FILLS DIVE TRIPS SERVICING

Exclusive Indian Cuisine

FREE Home Delivery
Take-away available
10% discount
on orders over £10
on collection

8 Chapel Hill
Stansted
Essex CM24 8AG

01279 815688
01279 812774

Daniel Robinson & Sons

*Independent Family Funeral Directors
& Monumental Masons*

A personal caring service from a family business
day or night

Our trained staff will be pleased to give free confidential
advice on any matter

79/81 South Street
Bishop's Stortford
Tel. 01279 655477

3 Bullfields
Sawbridgeworth
Tel. 01279 722476

146 High Street
Epping
Tel. 01992 560890

Wych Elm
Harlow
Tel. 01279 426990



Haslers Lane
Great Dunmow
Tel. 01371 874518



24-hour family careline • Golden Charter Pre-Payment Plans

Courtyard Gites

SOUTH of FRANCE

Luxury gites, fully equipped
to a high standard

10m pool

Pretty secluded courtyard

Fireplaces & central heating

Short walk to shops

Easy distance to golf,
canoeing & beaches

Call Alison Barr

Tel/fax 01799 530136

Email info@selectgites.com

www.selectgites.com



SWORDERS

FINE ART AUCTIONEERS

G E Sworder & Sons
14 Cambridge Road
Stansted CM24 8BZ

Tel: 01279 817778

Email:

auctions@sworder.co.uk

www.sworder.co.uk



MullucksWells

FOR A
PROFESSIONAL APPROACH
AND EXPERT ADVICE
ON ALL YOUR
PROPERTY MATTERS

Country Properties
Town Houses
Residential Lettings
Commercial Sales
Management and Letting
Surveys and Valuations

6 GREENS BUILDINGS
CAMBRIDGE ROAD
STANSTED MOUNTFITCHET
TEL: 01279 816816

web: www.mullucks.co.uk
email: stansted@mullucks.co.uk