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Front cover: Amy's marathon  
music challenge

**Editor:** Elizabeth Oakley  
**Tel:** 01279 812690  
**Email:** editor@stanstedlink.org.uk

Stansted Mountfitchet Village Magazine

# The Link

www.stanstedlink.org.uk

Produced by Stansted Mountfitchet Magazine Community Interest Company

Delivered free to over 3000 homes and businesses in Stansted. Further copies may be purchased for £1 each or £11.00 per year, plus postage. Each edition is also available on our website. *If you do not receive your copy please email: distribution@stanstedlink.org.uk or telephone 813680*

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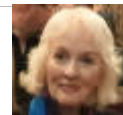
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## EDITORIAL



Warm greetings to Stansted residents from the new Editor of The Link. It seems that change is in the air within our team and in the local area. Ken Whyne has stepped down from being Editor and we are really sad to see him go; see more from Link Chairman, Mike Dyer, on page 7. Major changes which will affect all of us have taken place in Uttlesford District Council, and we have some new Parish Councillors (pages 19-23). I am constantly amazed by the large number of fundraising events which take place in this caring community of ours; this month's front cover features Amy Morrow-Plant who is doing something very unusual to raise money for Petals Charity (more details on page 23). I would like to thank all our marvellous contributors, who produce a wide variety of fascinating articles; in this issue you will enjoy reading about two long-time residents of Stansted, Mary Emerson (page 15) and Dick Pollard on page 11. Finally, warm thanks also to our advertisers for all their support. Without you, and our contributors, we would not exist.

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### CONTRIBUTIONS Up to 300 words in Word format. Photographs to be sent separately (jpeg).

By email (preferred) to editor@stanstedlink.org.uk by noon on 9<sup>th</sup> June for the July issue or by hand/post by noon on 7<sup>th</sup> June to 7 Blythwood Gardens, Stansted CM24 8HG.

**DISCLAIMER** Opinions in The Link reflect those of the authors and contributors. Publication (on paper or electronically) of articles, advertisement or product/services information does not constitute endorsement by The Link nor is any culpability accepted for work undertaken by advertisers.

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[www.birchangerbutterflies.org](http://www.birchangerbutterflies.org)

We were busy last term with our theme of 'Growing'. The children enjoyed looking at photos of themselves as babies and talked about how they had grown. They found it particularly amusing to look at baby photos of the teachers! They planted a pansy to give their mums on Mother's Day and some children were lucky to have their mums attend the Mother's Day Lunch. Thank you so much to Birchanger Primary school kitchen catering for us as well, as so many of the children were really excited that their mums were eating lunch with them. On Saturday 8<sup>th</sup> June at 7.30pm in Birchanger Village Hall we are holding a Quiz Night Fundraiser. Tickets are £10 including a sausage and chip supper and a vegetarian option. Please bring your own drink and nibbles. There will be a cash prize for the winning team. All adults are invited; if you wish to book a table (maximum six people) then please phone 810800 or email [admin@birchangerbutterflies.org](mailto:admin@birchangerbutterflies.org).



Our qualified, experienced team are pleased to be able to take children from two years old and offer up to 30 hours per week. The sessions we offer are: 9.00am-noon, noon-3.00pm, 9.00am-3.00pm. If you are interested in a place at our pre-school please contact us via our website or give us a call on 810800. We currently have only a few spaces available for the academic year 2019/2020.

Karen Reilly  
Pre-school Manager

## FOREST HALL SCHOOL



The Dyslexia Support Unit (DSU) at the school works with students with low literacy to teach them the skills and strategies to achieve in life. An educational psychologist, Dr Andy Keay, is helping GCSE students with dyslexia to prepare for their exams. Students are able to share their emotional, physical and cognitive concerns, pick up tips on how to revise effectively, tackle past exam papers and practise answers. They are taught relaxation techniques and given resources to help, such as mind maps and flash cards. Sue Flood, Head of Unit, said: "The curriculum support groups are really helpful for students, especially those in Year 9 who have not sat any GCSEs yet. They are something we can refer back to and remind students of the techniques they have been taught. This is not about students being told what to do, it is a discussion. It is an opportunity for students to discuss how they are revising and for Dr Keay to explain a format and a plan for how to approach revision." Students are advised to revise little and often, taking regular

breaks, rather than devoting an entire day to their books. Students from all across Essex attend lessons in the DSU with three specialist teachers who focus on multi-sensory teaching, while boosting confidence and self-esteem. Hannah Jones, head of school, said: "The exceptional work in the DSU is world class. Students are not just supported academically, they are supported with their social, cultural and moral development. Our specialist teachers work above and beyond to ensure these students have better life chances and future opportunities."

Kelly Clark

Tel: 01245 237751

Email: [words@kellylouiseclark.co.uk](mailto:words@kellylouiseclark.co.uk)



[www.rainbowpreschool-stansted.co.uk](http://www.rainbowpreschool-stansted.co.uk)

The summer term is all about the Adventurers' transition to primary school. Our PE sessions and lunch club have begun, all good practice for going to big school, getting dressed and undressed plus looking after your belongings.

Rainbow was lucky to be offered an allotment at Elms Farm. It is slow going, the ground is hard but we have managed to sow a wild flower bed. We were awarded money from the Stansted Airport Fund to purchase a gazebo to provide shade for the children but our first priority is to put up a shed. We have been donated the paving slabs for the base. The children have planted sweetcorn and runner bean seeds ready for transplanting to the allotment. Two raised beds are ready for them. This is a long-term project; Rome wasn't built in a day! Rainbow Pre-School takes children from 2½ years to rising 5. If you are interested in applying for a place for your child, please visit our website for details. You need to put your child's name down now, however young, to ensure a place.

Gill Pursglove

Administrator

Tel: 814242

Email: [admin@rainbowpreschool.net](mailto:admin@rainbowpreschool.net)



### Saturday 29<sup>th</sup> June 7.30pm

We are performing *A Day at the Fair* by Jonathan Rathbone in Bishop's Stortford Methodist Church, South Street. This piece is a set of light-hearted contemporary-style folk songs about the stalls and games at an Edwardian Fair. Written in 2015, Rathbone draws on his experience with the Swingle Singers and his other wide-ranging work with leading musicians. The concert also includes traditional folk songs. Tickets: adults £12 advance, £14 on the door, children and students free, available through our website or from Bishop's Stortford Tourist Information Centre.

Jill Goldsmith

Publicity





## MAGNA CARTA PRIMARY ACADEMY

Children who lack confidence to contribute in class are benefiting from a unique new form of sign language. The academy has developed its own system to enable all pupils to give feedback during lessons. With less confident pupils reluctant to put their hands up in the traditional way, teachers at the primary school decided to find a way to encourage all children to get involved. Instead of putting their hands up, pupils are now signing to comment in different ways about a particular subject.



Headteacher Marios Solomonides said: "There is lots of research out there about children putting their hands up, saying it allows some children to dominate and others to feel as though they do not matter. We are not banning children from putting up their hands, of course. This is simply about ensuring everyone has a voice. It is an opportunity for pupils to feedback to each other and to their teachers. We trialled different ways and decided on what worked best to create our own feedback policy. This has been developed with the children and they have really taken to it. It is working so well in keeping the flow of a lesson and keeping everyone on track." The new system, which will also be used in assembly to gather views from lots of people at once, is already used in Year 2 and is being introduced into Year 1 and Reception.

Kelly Clark  
Tel: 01245 237751  
words@kellylouiseclark.co.uk



[www.birchanger.essex.sch.uk](http://www.birchanger.essex.sch.uk)

### Recycling Waste

At school we have been recycling many items and our School Council have set up a recycling zone in the entrance to our school. We now recycle crisp packets with silver linings, batteries and toothbrushes, toothpaste tubes and boxes. We would welcome any additions to our recycled items and please free to drop them in at any time that the school is open. The School Council members have been checking that at our school we are putting rubbish in the correct bins, encouraging local citizens to join in this rubbish-free event and much more.

### What can we do at home?

Here are some tips:

- Make sure to put things in the right bin

- Check carefully for what can be recycled
- Use the TerraCycle website to find local recycling schemes (you will find our school details and recycling programmes on here)
- Remember to use reusable bags
- Recycle as many things as you can
- Bring the products mentioned in this article to Birchanger C of E Primary School's Recycling Centre
- When buying fruits and vegetables, do not use supermarket plastic bags; instead buy them loose or fill your own reusable bag
- Do not litter but dispose of everything in the correct bin (maybe even pick up litter if you see it)
- Use bar forms of beauty products such as soap
- For cleaning products, use cleaning pods and use these to fill your old bottles, you can find these on Amazon (made by Ocean Saver) and Splosh
- When buying cheese, meat and fish from the counters in a supermarket, take your own container and ask the shop staff to put the product in it for you
- Take a reusable drinks bottle with you.

*by Assheton (Yr 4) and Ryan (Yr 6)*

Claire Berry  
Headteacher  
Tel: 812362



[www.bentfield.essex.sch.uk](http://www.bentfield.essex.sch.uk)

The summer term is well under way here at Bentfield and all classes are busy with their termly themes. Both the Nursery and Reception pupils are looking at plants and growing, Year 1 are studying toys and animals and Year 2 are learning about journeys, travel and transport. Year 3 are finding out about types of clothing (in particular Tudor clothing for their upcoming visit to Kentwell Hall), Year 4 are learning about Egyptians whilst Year 5 study ancient Greece. Meanwhile our Year 6 pupils are busy preparing for their end of key stage tests; we wish all of them the very best of luck.

Our school PTA has, once again, been carrying out some amazing fundraising and event organisation. We had a very successful quiz night and, by the time you read this, we will have hopefully had a very enjoyable day at our May Fair. Of course, if you did miss this there is still an opportunity to come to our very popular Music in the Park event. This year it is on **Saturday 6<sup>th</sup> July 2.30pm-8.30pm** and features a host of live bands as well as bouncy castles and refreshment stalls. Tickets: £15 in advance, £18 on the door, available from Intercounty, Russell Property or the school office. For more information visit the PTA section of our website.

David Rogers  
Headteacher  
Tel: 813626



## STANSTED BOUNCY PICNIC

A Free Family Event for all Ages

This year's event will have bouncy castles and inflatable activities for under 5s and 5-10s and a bungee run and other activities exclusively for age 11-adult. The event is free of charge and for the Stansted community, so please invite family, friends and neighbours to come to the Recreation Ground on **Saturday 29<sup>th</sup> June** from 1.00-4.00pm. Please note there is no parking at Recreation Ground, so plan to come on foot or park at Crafton Green. You are encouraged to bring your own picnic; there will be hotdogs and squash available, as well as some additional activities (last year we had face-painting and craft-making). The event is sponsored by StanstedCAN and Stansted Family Café, with some additional support from the Parish Council through lottery grants, and Stansted Churches. We are also grateful to the small army of volunteers who make this day possible. If you would like to support the running of this event, why not volunteer an hour of your time for various roles, or make a small donation towards the next Bouncy Picnic at the hot-dog tent on the day? We especially need a few scout leaders, PE teachers and students as well as sports coaches who can supervise a bungee run, or something similarly physical, for an hour. Most roles are much less demanding!

Non-profit organisations who wish to attend to raise awareness (but not funds) need to contact me to book a pitch as our use of the Recreation Ground has certain conditions attached, and space has to be pre-allocated to ensure safety. Everyone is welcome. Why not join us for a fun-packed afternoon for the whole family?



Ros Page  
Tel: 810813  
Email: [rospagemusic@yahoo.com](mailto:rospagemusic@yahoo.com)



[www.eastonlodge.co.uk](http://www.eastonlodge.co.uk)

We had a lovely sunny day for our June Open Day last year, so we are hoping for the same again on **Sunday 23<sup>rd</sup> June** for this year's Fun Day for Dogs. The classes will include: best puppy, best veteran, prettiest bitch, handsomest dog, waggiest tail and the dog the judges would most want to take home with them! There will be an agility ring and stalls for gifts for dogs or their owners.

The Gardens should be looking at their best in June too. The borders and the beds in the walled kitchen garden will have filled out and the foxgloves will be in full flower in the informal areas of the Gardens. The first vegetables and soft fruit should be available for sale. Gates open at 11.30am and we will have our usual refreshments: hot and cold drinks and of course bacon and cheese rolls and homemade cakes. For further details, see our website.



Jill Goldsmith  
Treasurer and Publicity  
Tel: 07947 183439



## UGLEY WOMEN'S INSTITUTE

Paddington Bear, Rupert, Sooty and Winnie the Pooh, accompanied by their friend Carol James, were the entertainers at our April meeting. In the space of 45 minutes, Carol introduced us to her friends and told us of their fascinating history. Teddy bears as we know them today were created in 1902; before this they were anatomical representations of bears in the wild. She explained that in British sign language the sign for 'Love' and 'Teddy Bear' are the same. She gave a brief and fascinating history of the Steiff bears and showed us a recent acquisition from their museum shop. She reminded us of some well-known British teddy manufacturers including Dean and Green who started making teddy bears during WWI. Chad Valley is another well-known name and a sample teddy from this factory was proudly displayed. Merrythought is another well-known name; the only surviving British manufacturer of teddies, they have been in business since 1906. Paddington is the latest bear to appear on film and Carol told us that TV presenter Jeremy Clarkson was the first to own a Paddington Bear from darkest Peru. She ended her talk by giving us some amazing auction sales figures. A female teddy made in 1905 sold for £110,000 and a Louis Vuitton bear complete with luggage sold for £2.1. million! This is now in a Korean museum. At the end of her talk Carol judged our teddy bear competition for which there were a great number of entries in all shapes and sizes but with one thing in common: all much loved!



Our June meeting to be held on **Wednesday 19<sup>th</sup> June** in Ugley Village Hall at 2.15pm will feature the memories of Phyllis Harrison. No stranger to the residents of Ugley and Stansted, it promises to be a very interesting afternoon. Why not come along!

Andrea Fitt  
Tel: 81592

## COMMUNITY ACTION FORUM

Do you have an interest or involvement in community groups? Or do you simply have a desire to help make our existing community in Stansted stronger and more welcoming? The *Community Action Forum* is a time for all those who care about the community to meet together. There is a meeting for those who are interested on **Saturday 8<sup>th</sup> June** 10.00am-12.30pm in St John's Hall. There will be coffee and cake and an opportunity to share what we are already doing well, and to think about what we aspire to in the future. Please contact me to register your interest, or to find out more.

Rev'd Helen Flack  
Assistant Curate, St John's Church  
Email: [revhelenstn@gmail.com](mailto:revhelenstn@gmail.com).



**Stansted Windmill**  
Open 1.30 - 5.30 pm  
Sun 2nd June

\* \* \*  
**St Mary's Open Sunday**  
2 - 5 pm Sun 2nd June

*Refreshments and  
Church Tours*  
  
THE CHURCHES  
CONSERVATION TRUST  
Church open daily 9 am - 4 pm

## COMMUNITY ACTION FORUM

**10 am - 12.30 pm Sat 8th June**  
**St John's Hall**

For anyone who has an interest or  
involvement in community groups or has a  
desire to help make Stansted a stronger  
and more welcoming community

For more information contact  
Rev'd Helen Flack, St John's Church  
Email: revhelenstn@gmail.com



## QUIZ EVENING

**7.30 pm Sat 8th June**  
**Birchanger Village Hall**

£10 incl sausage & chip supper  
or vegetarian option  
call 810800 (max 6 per team)  
*Bring your own drinks & nibbles*

## WHAT'S ON IN JUNE

2/16/30 Sun	Garden Waste Skips	Lower St Car Park 12.30 - 4.30 pm
2 Sun	Stansted Family Café	Day Centre 10 - 11.30 am
	Windmill Open	1.30 - 5.30 pm
	St Mary's Church open	2 - 5 pm
4 Tue	Stansted is Well Read	Dog and Duck 8 pm
5 Wed	Mountfitchet Garden Club	Day Centre 7.30 for 8 pm
7 Fri	Business Forum Breakfast	Linden House 7 - 9 am
8 Sat	Community Action Forum	St John's Hall 10 am - 12.30 pm
	Birchanger Butterflies Quiz	Birchanger Hall 7.30 pm
	Elms Farm Allotment Quiz	Day Centre 7.30 for 8 pm
9 Sun	<b>Link copy due in today</b>	<b>before 12 noon</b>
	Fun Run and Walk	Bentfield Green from 10 am
10 Mon	Shalom	7 Blythwood Gardens 8 pm
11 Tue	RSPB AGM	Bishop's Park Comm Centre 7.30 pm
13 Thu	Stansted WI	Day Centre 7.30 pm
18 Tue	CAMEO	Day Centre 7 pm
19 Wed	Ugley WI	Ugley Village Hall 2.15 pm
20 Thu	Stansted U3A	St John's Hall 1.30 for 2 pm
	Romeo and Juliet	St Mary's Church 6.30 for 7 pm
21 Fri	Red Cross Lunch	Manuden Comm Centre from 11 am
23 Sun	Open Day and Dog Show	Easton Lodge 11 am
	Summer Soirée	St John's Church 6 pm
25 Tue	Hearing Help	Day Centre 2 - 4 pm
	Inner Wheel	Day Centre 7.30 pm
29 Sat	Bouncy Picnic	Recreation Ground 1 - 4 pm
	B Stortford Choral Society	B S Methodist Church 7.30 pm



**STANSTED 10K**  
**Sun 9th June**  
**Bentfield Green**

**All Abilities 1 mile Race 10 am**  
**10k Race 11 am**

£12 advance (£15 cash on the day)  
1 mile £3 advance or cash on the day  
Family £30 advance, £36 on the day  
Register in advance at  
[www.stansted10k.org.uk](http://www.stansted10k.org.uk)  
More info tel 813938

## UGLEY FARMERS' MARKET

**10 am - noon**  
**Sat 15th June**



Ugley Village Hall



*Meat ~ Poultry ~ Fish ~ Eggs*

*Honey ~ Preserves ~ Cheese*

*Plants ~ Fresh Pasta ~ Bread*

*Cakes ~ Ceramics ~ Fruit & Veg*

*Skincare ~ Knitting & Needlework*

Refreshments with cake and bacon rolls

**Free Parking ~ All Welcome**

## Bouncy Picnic



**1 - 4 pm Sat 29th June**  
**Recreation Ground**

**FREE inflatables for all ages**

*Drinks & Hot Dogs ~ Bring your own Picnic*

Organised and sponsored by

**Stansted Family Café and StanstedCAN**  
with support from Stansted Parish Council  
and Stansted Messy Church

**Everyone Welcome ~ Just Turn Up!**  
**No parking on Recreation Ground**



**7.30 pm Sat 29th June**

**B Stortford Methodist Church**

**Rathbone ~ A Day at the Fair**

Tickets: Adults £12 advance, £14 on the  
door, Children and Students free from  
[www.singwithbscs.org.uk](http://www.singwithbscs.org.uk) or

Tourist information Centre, B Stortford  
tel 655831 or on the door



**Friends of**  
**St Mary's Church**

**Romeo and Juliet**

**6.30 for 7 pm Thu 20th June**

Tickets: Adults £12.50

St Mary's Friends £10

from [www.thisismytheatre.com](http://www.thisismytheatre.com)

or call 07732 253311

***A fantastic night's entertainment  
right on your doorstep!***



## SUMMER SOIREE

**6 pm Sun 23rd June**

**St John's Church & Grounds**

**Featuring award-winning local  
young musicians**

*Tickets Adults £10, Children £3, Family £25  
from Absolute Travel; Nockolds, B 5;  
Sonia Levy 815282; or at the door  
Bring your own picnic for the interval*



## DOG FUN DAY

**Sunday 23rd June**

**11.30 am - 5 pm (last entry 4.00 pm)**

**Dog Show from 12.30 pm**  
**Rock Choir at 1.15 pm**

Entry: Adults £4.50 Children Free

Dog Classes £1 each

***Dogs must be on leads***

Refreshments until 4.30 pm

**All Welcome Tel: 01371 876979**



**British Red Cross**

## FUNDRAISING LUNCH

**from 11 am Fri 21st June**

**Manuden Community Centre**

Tickets £30 from Angela tel 501955

Email: [angelakhalil@btinternet.com](mailto:angelakhalil@btinternet.com)

*Talk by Alexander Matheou  
International Executive Director  
of the British Red Cross*





## George Cooper

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# Quendon

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## THE LINK EDITOR

Ken Whyne has made a significant contribution to The Link since taking over as Editor in October 2016. He bravely volunteered to take on the role without having had any previous involvement with the magazine. Bringing with him valuable experience from the publishing industry he soon showed this through his influence on the appearance and content of The Link. In particular he has consistently identified striking illustrations for our front cover that have highlighted current events in the village. This was no doubt a deciding factor in winning our latest Silver Award from the Cambridge Building Society, as featured on our cover last September. It is with some sadness and regret that we have accepted Ken's resignation as Editor. However, we recognise his need to devote all his time to pursuing his career.

Meanwhile we are delighted to appoint Elizabeth Oakley as our new Editor. Elizabeth has been part of the editorial team for two years, so she is well qualified to step into Ken's shoes. She said: "I found Ken utterly charming and excellent to work with; his gentle and caring attitude to life permeates everything that he does. He was professional and courteous at all times; a real gentleman." Thank you, Ken, for helping The Link to fulfil its role as the primary medium for conveying news of village activities to the local community; thank you Elizabeth for agreeing to maintain that tradition!



Mike Dyer  
Chairman



Many adults and children came to our two Easter Specials and joined in the fun making and decorating Easter baskets and bookmarks and other craft activities.



**The Place** is a **free** drop-in for all ages organised by and held at Stansted Free Church, Chapel Hill, open every Monday, Wednesday and Friday 9.30am-12.30pm, including school holidays but not bank holidays. WiFi, computers, newspapers and magazines to read, good company plus comfortable seating, free refreshments and a separate space for children to play with toys and run around.



Marion and Mike Dyer  
Tel: 814059



*Self-sufficiency throughout the year* was the subject of the Club's first meeting of the season. After a long search, our speaker, Maïke Windhorst, found a house with a three-acre garden which would allow her to garden organically with the aim of becoming self-sufficient.

After studying the various methods of crop rotation, her first attempt, using raised beds, was unsuccessful. After being undisturbed for many years the slugs and snails thoroughly enjoyed the banquet that was being grown for them; the framework of the raised beds gave them plenty of hiding holes! The vegetable patch was converted to rows using a four-crop rotation plan. Rather than taking vegetables back to the kitchen to clean up or taking spent greenery to a compost bin, this waste is put straight into the area of the path ready to be covered and new crops planted into this enriched soil at the next rotation. To ensure the land was always being used, quick crops such as lettuces, onions, radishes, etc. were introduced. A selection of vegetables picked from her garden that day was brought along to show members the variety of crops that can be grown. She sells her vegetables and fruit and home-made apple juice at the weekly Farmers' Market in Danbury. A piece of advice was given: always start with a small area and then slowly increase the growing plot. Keep the unproductive areas under grass, the clippings of which can be put into the path compost areas. Constant mowing will kill or weaken most weeds making it easier to bring under production eventually.

**Next meeting: Wednesday 5<sup>th</sup> June** 7.30pm for 8.00pm at the Day Centre when Debs Hart will be giving a talk and demonstration entitled *Willow in the Landscape*. Membership is available and visitors are always welcome, entry £3.

### Coach Outing to East Ruston

A coach has been booked for an outing to East Ruston Old Vicarage Garden in Norfolk on **Saturday 20<sup>th</sup> July**. Everyone is welcome to come, not just Garden Club members. Please call Linda on 816250 or me, or contact the Garden Club via the message tab on the website.

Maralyn Harris  
Chairman  
Tel: 07919 748144

## STANSTED IS WELL READ

The next meeting of our book club will be on **Tuesday 4<sup>th</sup> June** 8.00pm at the Dog and Duck in Lower Street, where we will be discussing *Force of Nature* by Jane Harper. Nature is a hostile, unpredictable force in this novel where five go out on a team-building hike, but only four come back. Jane Harper has been hailed "The new Queen of Crime" by the Sunday Times, so this should be a real page turner! Please do join us - we meet on the first Tuesday of every month and a warm welcome will await.



Anne Watson  
Tel: 898693  
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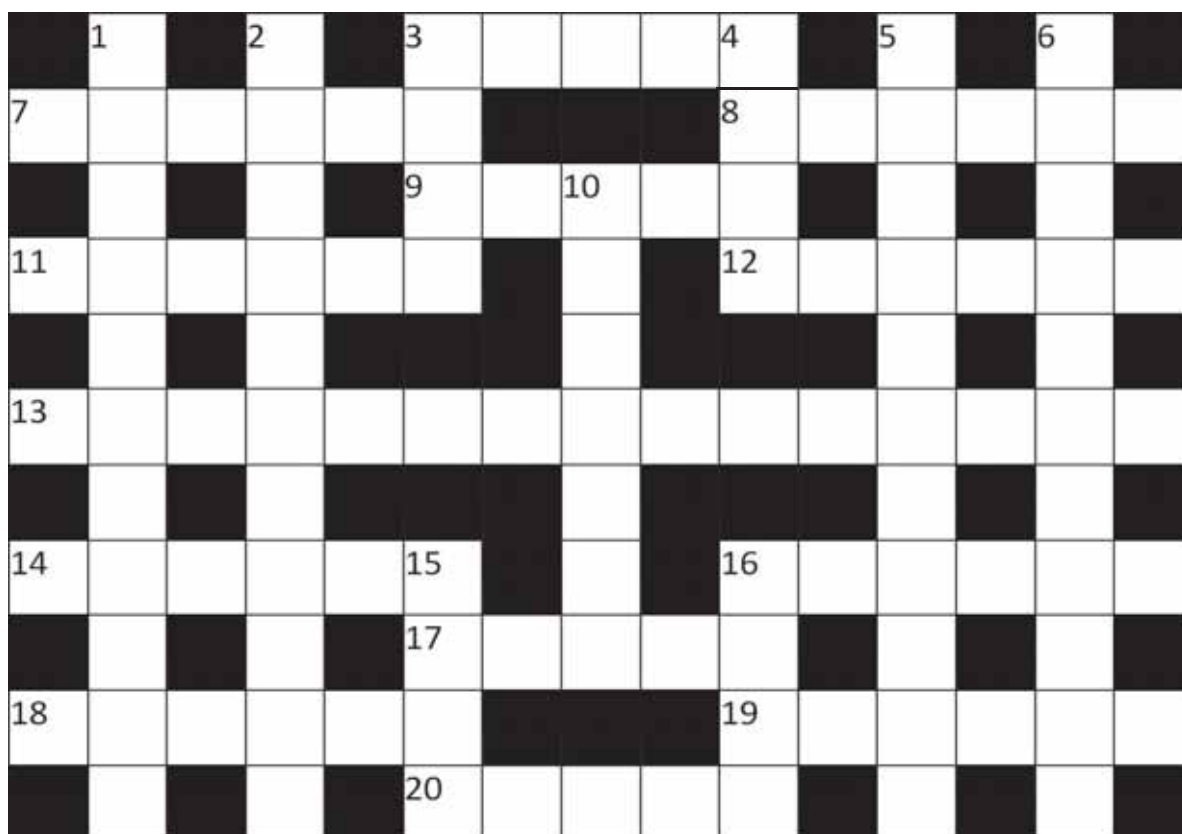
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## FUN AND GAMES PUZZLE TIME



Compiled by Roger Wardle. Answers on page 27

### ACROSS

3. Rump or T-bone! (5)
7. Book of the Old Testament (6)
8. Another 7 (6)
9. Joint to force away, given this [coll] (5)
11. London street, once a beach (6)
12. Yorkshire moors town Bar t'at ! (6)
13. Song by Sondheim, could be a circus act! (4,2,3,6)
14. An Eton scholar who doesn't row (3-3)
16. Continent we're trying to leave (6)
17. Poet, W H \_\_\_\_\_
18. Things that go bump in the night! scary stuff (6)
19. 'Wet' Italian city (6)
20. The Prince or the Potter (5)

### DOWN

1. Use cash to redeem oneself (3,3,5)
2. Go for a wander in the vicinity (3,3,5)
3. Toboggan (4)
4. Antipodean bird or fruit (4)
5. The other way round, return to the war zone! (4,2,5)
6. Comedy duo often portraying men in black (4,3,4)
10. Iraqi capital (7)
15. West country city the Romans called Aqua Sulis (4)
16. Jealousy (4)

### HORSES QUIZ

1. 1981 Derby winner kidnapped in 1983 and not seen again
2. How tall, in inches, is a horse of 15.2 hands?
3. Boxer, Mollie and Clover are horses in which novel?
4. For competition purposes, every horse has a year added to its age on the same day. Which day?
5. Who trained the three times Grand National winner Red Rum?
6. Who rode the cavalry horse Burmese at ceremonial events during the 1970s and 80s?
7. The white stallion ridden by Gandalf in Lord of the Rings
8. The only gold medal won by GB at the Olympics of 1952 was won by Harry Llewellyn on which horse?
9. Michael Morpurgo's War Horse
10. The flying horse of Greek mythology
11. The 1981 Grand National was won by Aldaniti despite carrying an injury and a jockey suffering from cancer. Who was that jockey?
12. Who had a horse called Hercules to pull a cart through the streets of London?
13. Horses associated with the Vienna Spanish Riding School
14. Horse ridden by Dick Turpin on his famous ride from London to York
15. How many characters, including blanks, may be used in naming a racehorse?

Compiled by Cliff Gilbert. Answers on page 35

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## MY STANSTED

An Interview with Richard (Dick) Pollard



*How long have you lived here?*

Most of my life, apart from 2½ years National Service, and the first six years of my married life when Sue and I lived in Newport.

*What brought you to Stansted?*

I was born in Bishop's Stortford hospital but grew up in Stansted. My parents lived in a house about halfway down Chapel Hill and I attended St Mary's Junior School before passing my 11 plus and going to Newport Grammar School.

*Why do you enjoy living here?*

It is a nice place to be, a lovely community. Although it has grown, I have always enjoyed village life. I would not want to live anywhere else.

*Is there anything you don't like about the village?*

I am concerned about the increased traffic resulting from the recent housing developments. The infrastructure is struggling to cope.

*How does Stansted compare with other places you've lived?*

I was part of the last group of young men to do National Service, which I enjoyed, and spent some time as a driver in Cyprus. I remember Cyprus as being much sunnier and warmer than here. It also seemed a bit more exciting than Stansted, but then I expect that was mostly due to it being my first experience abroad and away from home. During the time we lived in Newport it was a small village, and we particularly remember how helpful the doctors and nurses were with our children. It was convenient having the surgery just around the corner from us. The new surgery in Stansted is super, but a bit further away for me than when it was in St John's Road.

*What was your profession?*

My first job was in the village at The London and Stansted Furnishing Company, a large store on the Cambridge Road. The building was demolished and has recently been replaced by houses (Kingswood Close). The company also had a showroom near the Hockerill crossroads in Bishop's Stortford where I became manager. I went on to be a Sales Representative for a London company dealing in textiles,

and travelled widely across the UK. My last job was working part-time as a driver at a local car dealership.

*How do you spend your leisure time?*

For many happy years I ran a Cub Scouts pack here in Stansted and was also an active member of the Congregational Church (now Free Church), singing in the choir in my younger days. My favourite sport was cricket and I was the regular wicket keeper for the Stansted XI for several years. In those days it was a dangerous fielding position without the head and body protectors used today. I was also involved in the Stansted Carnival and the Stansted Fun Run in its early days, and was one of the Directors of The Link. Sadly, ill health has meant that I now spend most of my time at home reading and watching the television.

*What is the most memorable thing that has happened during your time in Stansted?*

Dressing up as a Court Jester and making all the announcements at the Stansted Carnival and other village events for many years. I thoroughly enjoyed it at the time, especially when being compère of the Carnival Queen competition!




Yvonne Ayres



## YOUNG MUSICIANS @ STANSTED SUMMER SOIRÉE AND PICNIC

[www.musicatstansted.com](http://www.musicatstansted.com)

This year's popular soirée, featuring winners from the local Rotary Young Musician 2019 competition, is on **Sunday 23<sup>rd</sup> June** in St John's church and gardens. Those taking part include the overall winner, 14-year-old pianist Justin Man, and other winners: Senior Piano, Kyle Mantere aged 18; Intermediate Strings, Amelie Ringelmann aged 14; Intermediate Brass, Owen Lee (trumpet) aged 15, and his 13-year old brother, Joe (cello), Intermediate Strings. Also taking part is 15-year-old saxophonist Finn Lihoreau. The accompanist will be locally well-known Simon Gilliver, who teaches at Hockerill College and the Guildhall School of Music and Drama. 

The concert will begin at 6.00pm then at 6.45pm there will be a long interval with a wine and soft drinks bar in the gardens; this is also time for you to enjoy your picnic. We will be entertained by the Hockerill Jazz Quartet: Lewis Jones, David Harkness, Guy Dempsey, and vocalist Rhea Wilson. This is a great opportunity to hear wonderful music played by inspiring young musicians and to get younger family members along to a musical event. The soirée is being generously supported by Councillor Alan Dean from his District Council grant allowance, the Stansted Airport Passenger Community Fund and the EALC Microgrants scheme. We are most grateful to them. Tickets: adults £10, from Sonia Levy tel 815282; Absolute Travel, Chapel Hill; Bishop's Stortford Independent newspaper or Nockolds, Bishop's Stortford. The event takes place under the auspices of music@stansted and for more information and details of their future events please visit our website.



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## THOUGHT FOR THE MONTH

As a community we are in a season of fresh starts, some happening now and others anticipated. We have a new team of Parish and District councillors (several serving for the first time), new families arriving to Walpole Meadows and elsewhere, and new library and council offices. This term older students take exams which will lead them on to new things, and younger children (September's Reception and Year 7) start visiting their new schools and making plans for going there.

In the churches we recently celebrated Easter and the Resurrection, when Jesus made the ultimate fresh start and enabled a fresh start in the relationship between God and all who choose to receive it. And now in June, we celebrate Pentecost, remembering when Jesus' disciples made their own fresh start after he had gone, and when God gifted them the Holy Spirit to empower, encourage and guide them as they sought to continue Jesus' mission. More

than 2000 years later, around a third of the world's population describe themselves as Christians, so they clearly had some impact.

Our new Parish and District councillors have a mission to serve and impact our community but they need empowering and encouraging in this fresh start too. We have a part to play in this. With all the national uncertainties and mud-slinging it is so easy to get cynical about our democratic process or to label all politicians together as self-serving, corrupt or ineffective; but that is as unfair as assigning blame to whole races, or to entire sections of society. Parish councillors are voluntary, and as local representatives their focus is on things which are usually irrelevant to party politics, but which definitely affect our everyday lives here in Stansted. So let us all lend them our support, and ideas, and thanks, and I know some will be praying for them too.



Ros and Howard Page  
Stansted Family Church



## ROMAN CATHOLIC

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[www.sttheresastansted.org](http://www.sttheresastansted.org)

Contact: Howard and Ros Page  
Tel: 810813  
Email: [contactstanfam@yahoo.com](mailto:contactstanfam@yahoo.com)

Out Christian beliefs are conventional, we are just doing church differently.

The Alpha Course finishes with a barbecue on **Saturday 8<sup>th</sup> June** for everyone who has taken part or helped in any way.

Our **@27** meetings are normally held on alternate Tuesdays; 7.30pm coffee for 7.45pm start. This month we will be meeting on Tuesdays 4<sup>th</sup> and 18<sup>th</sup> June. **@27** is a house-church or homegroup-style meeting with modern worship music, a Bible-based *thought for the day*, discussion, prayer and more. If you are looking for Christians with a contemporary outlook, a desire to grow in our faith and a vision to benefit our community, why not get in touch? All welcome; you do not have to be a member of Family Church, or any church, to attend. If you would like to join a prayer walk, or have a prayer-request, please contact us.



Ros and Howard Page

**Priest** Father John Garrett

**Office** Tel: 814349  
Email: [stansted@dioceseofbrentwood.org](mailto:stansted@dioceseofbrentwood.org)

**Masses** Saturday 6.00pm  
Sunday 10.00am  
Holy Days of Obligation see St Theresa's website  
Tue, Wed, Thu, Fri 9.30am

**Confessions**  
Saturday 10.00am  
and by appointment

**Baptisms** By appointment



Our next meeting is on **Monday 10<sup>th</sup> June** 8.00pm at 7 Blythwood Gardens, when Stuart Veitch will be leading a bible study on Matthew chapter 13 *The Parable of the Sower*. All are welcome.



Marion Dyer  
Tel: 814059





**All enquiries:** The Church Office, St John's Hall,  
St John's Road, Stansted CM24 8JP  
Tel: 815243  
Office hours: 9.00am-12 noon Mon,  
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**Assistant Curate:** Rev'd Helen Flack  
Email: [revhelenstn@gmail.com](mailto:revhelenstn@gmail.com)

**Director of Music:** Anne Brooks  
Email: [anne.brooks22@yahoo.co.uk](mailto:anne.brooks22@yahoo.co.uk)

**Church Hall Bookings:** Barbora Dragoskova  
Tel: (with answerphone): 815243  
Email: [st.johns.church@btinternet.com](mailto:st.johns.church@btinternet.com)

#### St John's Diary

##### Sunday

8.00am Said Holy Communion  
9.30am Choral Eucharist (2<sup>nd</sup>, 3<sup>rd</sup> and 4<sup>th</sup> Sundays)  
9.30am Family Communion (1<sup>st</sup> Sunday)

##### Tuesday

9.15am St John's Tots

##### Wednesday

9.00am Morning Prayer  
10.00am Holy Communion

##### Thursday

10.30am-noon The Coffee Pot

##### Monday-Thursday and Saturday

5.00pm Evening Prayer

A monthly service of Holy Communion is held for residents in two Stansted care homes: on the first Wednesday (Hargrave House) and the second Tuesday (Mountfitchet House).

## FROM ST JOHN'S REGISTERS

### APRIL

#### Baptisms

7<sup>th</sup> Lewis George Martin  
14<sup>th</sup> Arthur Stanley Jackson  
28<sup>th</sup> Isaiah Kojo Boniface Annan

#### Funerals

4<sup>th</sup> Phyllis Rose Hill - at St Mary's followed by burial at cemetery  
15<sup>th</sup> Rex Hitchmough - at Cam Valley Crematorium followed by service in St John's  
16<sup>th</sup> Jeane Peachey - at St Mary's followed by burial at cemetery  
25<sup>th</sup> Peter William Jones - at St Mary's followed by burial at cemetery

## ST JOHN'S 300 CLUB

Many congratulations to the winners of the April draw:

£100 No 150 Derek Poole-Adams  
£50 No 75 Margaret Hill  
£25 No 159 Ann Lee

The draw for June will be held on 30<sup>th</sup> June in St. John's Church following the 9.30am service. Numbers at £2 each per month are still available for anyone who may wish to join the Club and be in with a chance of winning one of the 38 prizes totalling £2,500 given away each year. The Club raises vital money to help cover the heavy maintenance costs and work of St. John's Church.

Jean Newson  
Tel: 819062

## THE RELIGIOUS SOCIETY OF FRIENDS (QUAKERS)

Quaker Meeting House, 71 Chapel Hill  
Stansted CM24 8AE  
[www.saffronquakers.org.uk/stanstedhtml](http://www.saffronquakers.org.uk/stanstedhtml)

**Clerk** Jane Mitchell  
Tel: 503024  
Email: [sjane.mitchell@ntlworld.com](mailto:sjane.mitchell@ntlworld.com)

**Lettings** Richenda Whitehead  
Tel: 07773 603618  
Email: [richendajw@live.com](mailto:richendajw@live.com)

**Meeting** Sunday, 10.30am every week

**Light Group (Guided Meditation)** 10.30am-12 noon 13<sup>th</sup> July. The 'Experiment with Light' is a process that helps people deepen their spiritual lives by discovering what it means to 'wait in the Light', as early Quakers did.



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[www.stanstedfreechurch.org.uk](http://www.stanstedfreechurch.org.uk)

**Minister** Rev'd Roy Fowler  
Tel: 814809  
Email: [minister@stanstedfreechurch.org.uk](mailto:minister@stanstedfreechurch.org.uk)

**Lettings** Marion and Mike Dyer  
Tel: 814059  
Email: [lettings@stanstedfreechurch.org.uk](mailto:lettings@stanstedfreechurch.org.uk)

#### Preachers for June

2<sup>nd</sup> 10.30am Street Pastors - New Directions  
9<sup>th</sup> 10.30am Jerry Heyhoe  
16<sup>th</sup> 10.30am Rev'd Caroline Vodden  
23<sup>rd</sup> 10.30am Rev'd Roy Fowler - Communion  
30<sup>th</sup> 10.30am Denis Walker

## FRIENDS OF ST MARY'S CHURCH

### Stansted Choirs Exhibition 27<sup>th</sup> and 28<sup>th</sup> April

The exhibition charted 106 visits to UK cathedrals, a week spent in the Holy Land at St George's Cathedral, Jerusalem and choir performances at the Royal Albert Hall in London. There had been concerns about the event taking place as my friend Keith Ayres was sadly taken to hospital the day before the exhibition was due to be set up. I was told "*Don't panic Mr Mainwaring!*" Keith Patmore and Peter Brown stepped in to help; Richard Thomas and his son Luke set up our super sound system and we were able to display the photographs and play the choir recordings as planned. Over the two days we raised £800 for the organ fund and I want to thank all of you who came to support us in spite of the cold, and no heating for which I apologise, and all my helpers who worked hard to make the event a success.

Keith Turner

St Mary's Church Open Sunday is on **Sunday 2<sup>nd</sup> June** 2.00pm-5.00pm. As always there will be refreshments, tours and a warm welcome to all.

## ROMEO AND JULIET AT ST MARY'S

*Thisismytheatre* will be returning to St Mary's on **Thursday 20<sup>th</sup> June** for a performance of Shakespeare's *Romeo and Juliet*, 6.30pm for 7.00pm. Tickets: adults £12, Friends of St Mary's £10 from [www.thisismytheatre.com](http://www.thisismytheatre.com) or call 07732 253311.

Tony Graver  
Tel: 656881



## C.A.M.E.O (Come and Meet Each Other)

The Salvation Army CAMEO group meets at 7.00pm on the third Tuesday of the month at Stansted Day Centre. The cost is £1 per session and includes an evening topic, and fellowship over tea/coffee and biscuits to finish.

In April the group enjoyed the annual Passover evening when Lt Col Alan Hart took us through the symbolism of the Jewish meal and the group enjoyed tasting and sharing in the various elements. On 18<sup>th</sup> June the group looks forward to a visit from Rev'd Gill Hulme from Bishop's Stortford Methodist church who will be delivering a talk introducing herself and what has brought her to this place at this time. Bishop's Stortford Salvation Army also meets each Sunday morning at 10.30am (Markwell Pavilion, Castle Gardens, Bishop's Stortford) and you would be welcome to join us for our Sunday service. We hope to see you soon.



Lieutenant Megan Kervin  
Tel: 507464

Email: [megan.kervin@salvationarmy.org.uk](mailto:megan.kervin@salvationarmy.org.uk)

## CONGRATULATIONS TO MARY EMERSON

Mary Emerson (nee Findlay), one of our Stansted residents, will be 100 years young on 30<sup>th</sup> June. Mary was born at Parsonage Farm, Sawbridgeworth in 1919 and she and her twin sister Jean were born prematurely, weighing only a few pounds each and were christened immediately as they were not expected to survive. Although Jean died in 1981, Mary has definitely defied the odds and, despite poor eyesight and regular macular degeneration injections, enjoys good health and takes no daily medication. She receives twice daily visits from wonderful carers and is a true farmer's daughter, stoic and no nonsense. Mary lived in Bishop's Stortford until 1969 when she moved to St John's Road. She then lived in Great Chesterford but moved back to Stansted following the death of her husband Tom in 1976.



I am Mary's daughter and I live in Ugley Green; my brother Richard lives in Barley. Mary has three grandchildren, Mark (Manuden), Sophie (currently working in New Zealand) and Naomi (London). She also has two great-grandchildren living in Manuden, William and Lucy. Mary's family will be having a party for friends and family on Sunday 30<sup>th</sup> June but there will be open house at Mary's home 2.00pm-4.00pm, and any neighbours or residents who know Mary are very welcome to attend. Please contact me for details.

Kathy Hunt

Tel: 812323 or 07740 362519

Email: [kathymfhunt@btinternet.com](mailto:kathymfhunt@btinternet.com)



[www.stansted10k.org.uk](http://www.stansted10k.org.uk)

### Sunday 9th June Bentfield Green

The all ages and abilities one mile race starts at 10.00am and the 10k at 11.00am. All paying runners will receive a medal. Runners and walkers welcome. Entry: 10k £12 advance, £15 cash only on the day; 1 mile £3 advance, £3 cash only on the day. Family (two adults and their children) £30 advance, £36 cash only on the day. See our website for registration, maps and car parking details. This annual community event is raising funds for local charities including Grove Cottage, Huw Johnson Club and Please Take Me There for children with cancer. Stansted Airport are sponsoring the event and Jet2holidays have donated a return flight for two to a country of the winner's choice in Europe for the raffle. Please support us by participating in the races or by volunteering your help on the day.



Caroline Bore  
Tel: 813938

Email: [stansted10k@gmail.com](mailto:stansted10k@gmail.com)



Manuden Village Community Centre

[www.manudencommunitycentre.co.uk](http://www.manudencommunitycentre.co.uk)

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Chris 01279 817111 [info@mvcc.manuden.org.uk](mailto:info@mvcc.manuden.org.uk)

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for further information or bookings

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[www.ugleyvillage.org.uk](http://www.ugleyvillage.org.uk)

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**For bookings or further information please contact Susan Bone  
Tel: 01279 814052 Email: [ugleyvillagehall@gmail.com](mailto:ugleyvillagehall@gmail.com)**

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## HEALTH AND WELLBEING

### ACCESSING HELP IN YOUR LOCAL COMMUNITY WITH FRONTLINE

[www.frontlineuk.org.uk](http://www.frontlineuk.org.uk)

Unfortunately, we all have times when the going gets tough and we do not know where to turn. We may have financial worries, concerns about an elderly relative or marital breakdown. Finding the right help is all important. Uttlesford Citizens' Advice Bureau (CAB) has long been dealing with the myriad problems its clients face and recognised that there was a real need to amalgamate all the services within the local community which people could access in times of trouble. In 2015, with the backing of Essex County Council and the West Essex Clinical Commissioning Group, Uttlesford CAB and Uttlesford Council for Voluntary Services launched a pioneering new service, *Frontline*, which brings together more than 130 organisations in the area which provide help, support and advice when people most need it. Frontline has an easy-to-use website which gives users the opportunity to browse through a library of all the services on offer, or to hone down their search to provide information specific to their problem and where they live. It is also available as an app for mobile devices. Information is listed under: Advice, Family, Older People, Mental Health, Transport, Disability, Addiction, Well Being. Frontline is a growing resource with more and more services signing up. Each offers a printable fact sheet with full details of the organisation, contact details, opening hours and information about how it works and who is eligible. Many offer a call-back facility. People without internet access can access Frontline by calling Healthwatch Essex weekdays 9.00am-5.00pm on 0300 500 1895 (calls charged at local rate).

Amy Rowson

Tel: 01799 618842

Email: [projects@frontlineuk.org.uk](mailto:projects@frontlineuk.org.uk)

### ACTIVE UTTLESFORD TAI CHI CLASS

We are in the process of setting up a Tai Chi class in Stansted as part of the *Active Uttlesford* programme of activities to support active aging and increased physical activity, and are keen to gauge interest within the local community. The class will provide the opportunity to get physically active in an easy, fun way through learning an array of Tai Chi movements as well as a Tai Chi form, a continuous sequence of movements. The art of Tai Chi originates from China and is currently played by millions of people around the world. With excellent medically researched health benefits, Tai Chi is a very popular form of gentle exercise which requires a synergy of mind and body. The movements are flowing and continuous, offering a rather unique way to build energy levels and physical movement strength with dexterity. If you think you may like to try Tai Chi please contact me.

Leena de Silva

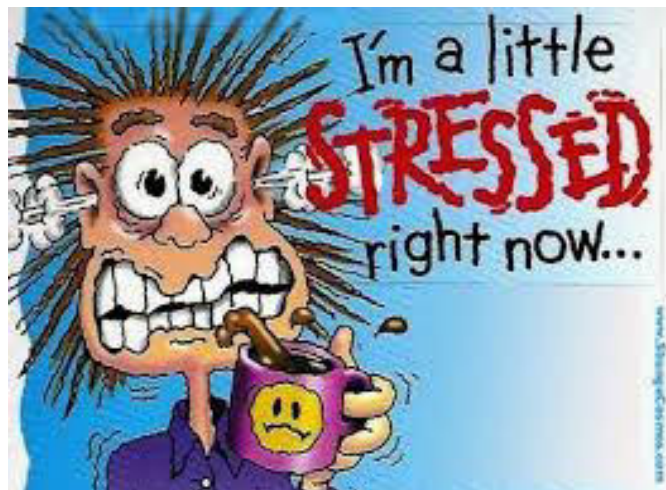
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Email: [info@tranquil-retreats.com](mailto:info@tranquil-retreats.com)

### BRAIN TRAINING – DEALING WITH STRESS

[www.clareharding.com](http://www.clareharding.com)

Long term stress is very bad for our health. However, short term stress is actually good for us; it is a learning opportunity. The main problem is finding good ways to lower stress levels once the event is over.



Here are four stress-busting ideas:

1. Take a determined walk up Chapel Hill aiming to get thoroughly puffed out. Stress prepares us for action and taking any physical action is the best stress buster.
2. Contract your muscles: most simply, squeeze your fists tight, grip your feet and teeth, tense up your leg, arms and abs and hold your breath. Then calmly let it all go. Look up slightly; lift your shoulders up into your ears: the top of the shoulder blades move towards each other, and the bottom of the shoulder blades widen. Then calmly let it all go.
3. Stress makes us hold our breath, so having a long hum or gargle will help us breathe it all away; do this for at least two minutes to encourage that breath to get moving properly again. Or breathe in and out of a hole-less bag, sealing it around the mouth and nose; this reverses over-breathing.
4. Mindfulness is an increasingly popular way of learning how to avoid getting stressed in the first place. If interested, but fear terminal boredom sitting on your bottom for hours on end doing absolutely nothing, a good app to try is *Headspace*. You try it for free and your meditation session can be as short as three minutes. This tiny length of time can be surprisingly effective. Insight Timer is good too with billions of guided meditations, a cool timer and it is free!

Clare Harding

Z-Health Master Trainer

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# Stansted Network

## NEWS FROM YOUR LOCAL COUNCILS

### PARISH COUNCIL- "CHANGING OF THE GUARD"

Our photograph shows Chairman, Maureen Caton and Parish Clerk, Ruth Clifford with our two longest-serving councillors, Peter Jones and John Salmon, prior to their final council meeting before stepping down after a combined service of over 75 years. Also standing down are Catherine Dean, who has over twenty years of service, Valerie Trundle, Samantha Dunn and Rachel Rands.



The Chairman paid tribute to all those retiring, and expressed "grateful thanks to everybody for your commitment and hard work". All 15 councillors were present for the final meeting of the old council.



The first meeting of the new council was the Annual Meeting held on Wednesday 8 May. Maureen Caton was elected as Chairman with Fran Richards as her Deputy. Details of all the committee appointments can be found on our website.

We reported in the last Link that 13 Parish Councillors had been nominated for the 15 seats on the Council which left two vacancies to be filled by co-option. Four residents put their names forward to be co-opted so one of the first jobs the new council had was to hold a ballot of members to decide who to co-opt. The process we are required to go through for this involves a complicated single transferable vote ballot, which could have resulted in a number of rounds of voting. In the end the way the votes were cast meant that this was not necessary and Matthew Jessup and Tom Van de Bilt secured a majority of votes on the first round of voting and were duly elected.



Our picture shows five of the six Councillors who are new to the Council. From left to right they are Daniel Brett, Jonathan Harding, Rafik Khan, Tom Van de Bilt and Ayub Khan.

A full list of all your Councillors along with their contact details can be found on page 24.

### A PERSONAL REFLECTION BY PETER JONES - 40 YEARS ON THE PARISH COUNCIL - WAS IT WORTH IT?

When I was first elected in 1976, the Parish Council shared two small rooms with the library which, at that time, was located in Lower Street; the Crafton Green complex was purchased in the 1980s - critics said the move was unnecessary and expensive!

The Mountfitchet Exchange represents another major step, once again bringing the Parish Council and Li-



brary together. This new build, I believe, provides a central point for community interaction but of course not everyone agrees.

Meetings in my early years often lasted to 11 pm (new councillors do not take fright as this has changed!). Sometimes, the then Council adjourned to take some refreshment in The Queen's Head before resuming. Whether decisions should have been taken before or after the break is a moot question! After supporting yellow lines on Lower Street, the Council was, for a short time, banned from The Queen's.

I have served with many councillors of all political persuasions but generally, after elections, the parish has come first - party affiliations forgotten - long may this continue. Although not all hopes were realised or actions successful, my experience has always been worthwhile.

Whatever the efforts of councillors, the Council would be ineffective without the constant focal point, the Clerk. I have served with six Clerks (Rosemary, Marty, Shelia, Janet and Owen for those with long memories), five during the sixteen years from 1976 and one, the current incumbent, Ruth Clifford, for the past twenty seven years. Their efforts have often extended well beyond their contractual commitments.



Whilst big projects excite - The Mountfitchet Exchange, the Leisure Centre, the Health Centre, the skatepark, re-equipped play areas and new allotments - just as important are the more mundane services which improve our daily lives: street cleaning, street lighting, flower troughs and hanging baskets, the Youth Centre and Windmill, as well as lobbying on worrying planning applications.

More and more responsibilities are falling on Parish Councils, a trend that is likely to continue. Demand upon councillors and staff are much greater than in my early years. Decisions will have to be made on the wants of residents against their willingness to pay for them.

Stansted is a good place to live but there is plenty of scope for improvements. A dedicated and thoughtful Parish Council is much needed but so are the ideas, the support, the knowledge and the talents of residents. Patience is essential given our limited powers but success is achievable with well researched ideas and sustained pressure.

It has been a privilege to serve as a parish councillor but to commit so much time, for so long, would not have been possible without the support and advice of my late wife, Kaye. So my thanks go to all of you and to her.

## TWINNING ASSOCIATION NEWS

Our Quiz Night took place on Saturday 13th April. This was the second community event organised by the Twinning Association this year and it was another great success raising over £600! The Day Centre was packed with around 60 people of all ages competing in the quiz. There were 10 rounds, including one about Stansted and one about France. Special thanks to the Quizmasters David, Cliff and Sophie, and congratulations to Anna Watkins, winner of the Pot of Gold.

There will be other events held during the year, all of which will be advertised well in advance. Facebook members please "Like" our page Stansted-Rungis Twinning Association. Please join our group to stay updated. We hope to see you soon!

## CLOTHES AND SHOES RECYCLING

Until recently there was a clothing recycling bank outside the Fire Station on Chapel Hill. This had to be removed because of access issues.

We had a request from the charity Scope to place a clothing bank in Stansted and we have agreed it will go into the Crafton Green car park, hopefully in the near future.



The Textile Banks help to raise awareness and provide a much needed source of income towards ongoing projects which help to make this country a place where disabled people have the same opportunities as everyone else.

At the same time, they help to reduce landfill and increase the availability of textile recycling facilities for the local residents. The bank will be monitored for collections and will normally be emptied once a week, more regularly if it fills up very quickly. If there were to be a rush of donations, there is a contact telephone number on the bank and the collection team will be straight on to it.

### THE MOUNTFITCHET EXCHANGE

As we write the issues we reported in the last edition of The Link have regrettably not been resolved. We are still waiting for a date for Openreach to install the fibre optic cables for the internet connection in the Exchange. We cannot accept handover of the building until this is complete. Unfortunately, the site was not registered by our contractors for the work to be completed with BT at the appropriate time to schedule the work in line with the project completion. We are addressing the issue with contractors. As soon as we have a date from Openreach, the Library Service will install their computers and set up the rest of their operation and we can at long last open the building.

### ELMS FARM ALLOTMENT GROUP

## QUIZ NIGHT

Saturday 8 June

Day Centre, Crafton Green

Arrive at 7.30pm for 8.00pm start

Tickets £10 each - pay on the night

*Bring your own drinks and nibbles*

Supper will be served during the interval

Entries to Olly Pocknell at  
ollypocknell@btopenworld.com

### NEWS FROM UTTLESFORD DISTRICT COUNCIL

*Cllr Dean writes:*

Friday May 3<sup>rd</sup> at The Lord Butler Leisure Centre in Saffron Walden was dramatic. No squash was being played, yet there was some squashing. The swimming pool was closed, yet a tsunami swept the premises and beyond. It was the day for counting votes from the local elections of the day before.

The big winners were the Residents for Uttlesford Party. Their number of councillors rose from 10 to 26. The Lib Dems got a boost from 4 to 7. Independents came back with two councillors.

The big shock was the collapse of Conservative district councillors from 24 to 4, the same low number that the Lib Dems had been at until the day before. Labour gained none.

The council welcomes Melvin Caton and Ayub Khan to represent Stansted South and Birchanger. Geoffrey Sell and I continue to represent Stansted North.



*From left to right, our photo shows Cllrs Dean, Sell, Caton and Khan celebrating their election.*

There can be no doubt that the collapse of the Conservative vote followed a national trend, influenced by the unstable state of affairs at Westminster.

Yet there were local factors that almost certainly contributed to what was the highest percentage Conservative loss of seats and control in England. No doubt there will be other theories, but controversy over the emerging Local Plan and public dissatisfaction with a draft obligations agreement with Stansted Airport were significant causes of residents' dissatisfaction.

As I write this account on May 6<sup>th</sup>, I can't say much about the future. Residents for Uttlesford have more than enough councillors to form the next Administration. The Liberal Democrats will be the Opposition. I am, nevertheless, confident that there will be various forms of cross-party working. There was under the outgoing Conservative administration.

I will be concerned if the Local Plan is thrown off-track by uncertainty caused by attempts to stall or rewrite it. That could bring yet more unplanned development.

I hope that the airport cooperates in a review of their planning agreement and does not rush for an appeal that would be costly in time and expense - to their neighbouring residents in Uttlesford District as well as to the airport.

## DATES OF PARISH COUNCIL MEETINGS

*All meetings start at 7.45pm unless otherwise stated*

### June

5	Full Council
12	Highways 7.00pm and F&GP 7.45pm
26	Full Council

### July

10	Open Spaces
17	Full Council
24	F&GP
31	Full Council

## PARISH COUNCIL MEMBERS

Alan Barnes	817214 afbarnes13@yahoo.co.uk
Daniel Brett	817974 danielbrettdotcom@gmail.com
Maureen Caton (Chair)	813914 m.caton@hotmail.co.uk
Rafik Fowel	07830 430064 rafikfowel@gmail.com
Jonathan Harding	817921 Jharding.stansted@gmail.com
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Tom Van de Bilt	07710 426850 tom@vandebilt.co.uk
Daphne Wallace-Jarvis	812259 dwjjwj.444@gmail.com

## PARISH COUNCIL CONTACT DETAILS

Clerk - Ruth Clifford

Assistant to the Parish Clerk - Trevor Lloyd

Administration Assistant - Emma Philbrick

Email: parishcouncil@stansted.net

Phone/fax: 01279 813214 10.00am - 1.00pm

Website: www.stansted.net

## UTTLESFORD DISTRICT COUNCIL MEMBERS

Melvin Caton	813914 melvincaton@tiscali.co.uk
Alan Dean	813579 cllrdean@uttlesford.gov.uk
Ayub Khan	815800 ayub4@icloud.com
Geoffrey Sell	815925 sellgeoffrey@yahoo.co.uk

## ESSEX COUNTY COUNCIL MEMBER

Ray Gooding	813103 cllr.ray.gooding@essex.gov.uk
-------------	---

## MEMBER OF PARLIAMENT

Kemi Badenoch, House of Commons, London SW1A 0AA Tel 0207 219 1943 (House of Commons) or 01799 506349 (Constituency Office). Email: kemi.badenoch.mp@parliament.uk

## POLICE Non-emergency 101

The Community Policing Team has its own email address which is monitored daily:

braintreeanduttlesfordcpt@essex.pnn.police.uk

## NEIGHBOURHOOD WATCH

www.stanstednhw.org.uk

## PARISH PUBLIC TRANSPORT REPRESENTATIVES

Valerie Trundle 813433 Joy Thomas 813871

### STANSTED LIBRARY

Watch our for the move into The Mountfitchet Exchange building - check the Parish Council website for details.

Tuesday	9.00am - 1.00pm
Wednesday	2.00pm - 5.00pm
Thursday	2.00pm - 6.00pm
Saturday	9.30am - 5.00pm



## AMY'S GRADE8ATHON

[www.petalscharity.org](http://www.petalscharity.org)



I am a clarinettist, teacher and Stansted resident, who is doing something unusual and challenging for a fundraising event. On 2<sup>nd</sup> July, I will complete a marathon of music examinations to raise money for Petals, a charity that offers specialised counselling for parents who have experienced trauma or loss during pregnancy and birth. I am taking grades one to eight in one day and to be further challenged, on eight different instruments – a mixture of brass, woodwind, keyboard and string instruments, some of which I will be learning from scratch. The grades are: 1- Guitar, 2- Trombone, 3- Organ, 4- French Horn, 5- Flugel Horn, 6- Flute, 7- Clarinet, 8- Alto Saxophone. With the demands of a one year old and working three days a week, practice is being squeezed in during nap times. Last January, I joined a National Childbirth Trust class; one of the couples, Louise and Andrew Judd, who were expecting twins had been given the awful news that one of the twins, Noah, no longer had a heartbeat. At 37 weeks, Louise gave birth to their daughter Esme and their son Noah who had passed away during the 28<sup>th</sup> week of pregnancy. Petals have supported Andrew and Louise through every step of their bereavement process and continue to do so now. I am undertaking this challenge to raise awareness of stillbirth and the fantastic work that Petals do, and all donations will help parents in this heart-breaking situation to access vital support from Petals. To find out more search: Amy Morrow-Plant on Justgiving.com

Amy Morrow-Plant

Tel: 07746 718372

Email: [amymorrow47@hotmail.com](mailto:amymorrow47@hotmail.com)

## ST MARY'S PRIMARY SCHOOL

[www.stmarysstansted.co.uk](http://www.stmarysstansted.co.uk)



### St Mary's World of Sport

On Sunday **23<sup>rd</sup> June**, noon-3.00pm, you are invited to St Mary's World of Sport summer fair. Look forward to a wonderful sport-themed afternoon at the school, for the whole family, where you can watch sport, play sport and be a good sport. This marathon event is a summer fair and so much more; whether you are into gymnastics and gym-khanas, or football and fencing, you will find something to take your fancy. While you take advantage of the massage stand, line the kids up for our champion inflatables, pony rides and games galore, such as Football Focus, where they can shoot and score. Let them try their hand at sports which are completely new to them, such as lawn darts. Then take your place in the stands for some incredible displays by local teams and troupes. No major sporting event would be complete without some half-time tasty treats. Sit back and relax with one of our cricket teas or at the Formula One BBQ and bar. Make sure you've got your tickets for the Big Summer Raffle where you can win a signed Saracens' rugby shirt, golf lessons, a sports massage, a scuba diving trial dive and more. There really is all to play for in what we hope will be an Olympic fundraiser to provide sports and outdoor equipment for the school.

Emma Platon

St Mary's PTFA

Email: [ptfa@st-marys-stansted.essex.sch.uk](mailto:ptfa@st-marys-stansted.essex.sch.uk)



## ST CLARE HOSPICE

### Super-gran Georgie's Racetrack Challenge raises £1,400

An 83-year-old grandmother has raised £1,400 after jumping into the driver's seat at a Suzuki Swift Sport Cup Rally Car Race at Langley Park Rally School in Langley Lower Green. Goolmohr 'Georgie' Cantel is an avid St Clare supporter and *local legend*, taking on an annual adrenaline-based challenge in aid of the hospice for the past four years. Driving six laps, each three miles long, Georgie put 'pedal to the metal', and said "It's a lot of fun to fundraise for the Hospice in this way, but the real reason that I do it is because I know how valuable their care is to local people." If you would like to help boost her total to £1,500, please visit Georgie's charity fundraising page: [www.uk.virginmoneygiving.com/GoolmohrCantel](http://www.uk.virginmoneygiving.com/GoolmohrCantel).



Georgie is a dedicated volunteer on our inpatient unit, offering tea and biscuits and a listening ear to patients and their relatives as well as keeping the unit tidy and serving meals to patients in their rooms. The Hospice provides specialist palliative care for people living with terminal or life-limiting illnesses across West Essex and East Herts. We care for patients and their families, providing physical, emotional, social, psychological and spiritual support, and ensuring they have timely access to skilled, compassionate and sensitive care in a place of their choice. Services are free of charge, but cost over £4.6 million a year to run. With limited NHS funding we need to raise the majority of this through donations and other voluntary sources.

Chris Carter

Communications Volunteer

Tel: 773752



## GROVE COTTAGE COMEDY NIGHT

[www.mencapgrovecottage.org](http://www.mencapgrovecottage.org)

Since winning the BBC New Comedy Awards in 2013, former Bishop's Stortford High School pupil **Steve Bugeja** has taken four critically-acclaimed shows to the Edinburgh Fringe and written for TV shows including *Mock the Week*, *8 out of 10 Cats*, and *Russell Howard's Good News*. Steve will once again be returning to his former school, together with **Rhys James** (from *Mock the Week*) to perform their Edinburgh Fringe Previews in aid of Grove Cottage on **Saturday 29<sup>th</sup> June** at 8.00pm. Tickets: adults £20, concessions £15 from our website or call the office on 651908. There will be a raffle and a donations cash bar (over 14s only).

Alison Cameron

Fundraising

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## STANSTED MOUNTFITCHET LOCAL HISTORY SOCIETY

Our May meeting started with our AGM where our Committee members were voted in for another year. I would like to make a point of thanking Peter Brown (Chairman), Peter Sanders (Vice Chairman), Toby Lyons (Secretary), and Ray Rogers (Treasurer) for all that they do for the society. Also a special note to Roger Barrett who gets the programme together for the year and Janice McDonald for the outings and organisation. Thank you to Rosalind Peck, David Loynds and Paul Embleton who are standing down after many years on the Committee. They are being replaced by David Perry and Leila Riddell, who I am sure will help the Committee in moving forward. The evening then went on to a presentation by Paul Embleton who showed and narrated postcards from his collection in two halves; the first being on Stansted and the second Bishop's Stortford. Paul as usual gave a good talk and presented us with new cards from his collection.



Our programme for 2019-20 starts with Terry Cox on **5<sup>th</sup> September Hertfordshire Police in the Great War**. A full programme will be shown in the August edition of The Link.

Due to Ray Rogers and his diligent financial books we are able to keep the annual subscription to £8, which includes refreshments. All are welcome; doors open at 7.45pm in the Day Centre. I would recommend that you try it, you may be pleasantly surprised ...



Steve Leaney  
Tel: 647177

## STANSTED EVENING WI



Richard Barnett talked at our April Meeting about The Talking Newspaper; this is run on a voluntary basis and is designed for people who are visually impaired or have physical problems. Volunteers read and record news from the local papers every week. Members of Rotary and Inner Wheel raised funds to get it started. The first studio was in a portakabin in the grounds of Herts and Essex Hospital; now they use two small rooms in the hospital building. Clients are issued with a high-quality player designed for people with sight and physical problems and receive the news on a USB memory stick; all this is free. We were asked to advertise its existence; their website is [www.tnauk.org.uk](http://www.tnauk.org.uk) or telephone 0303 123 9999.

The National AGM is being held in Bournemouth this year and Jenny Wraith is the delegate for four local institutes. Our president, Ann Watson and I are going with her. The resolutions to be discussed this year are for a call against the decline in local bus services, and an appeal to all women to take advantage of the smear test. We agreed as an Institute to support them both at the conference. I look forward to hearing the issues which may arise from other WIs across the country. Our resolutions are always followed up after the AGM and a lot of work has been done on plastic pollution and climate change. I am organising another theatre trip at the end of October to see the musical *Waitress*. Our trip to see *Everybody's talking about Jamie* in March was a great success, and we have been talking about it ever since! Our June meeting is on the 13<sup>th</sup> and is our Members' Day when some non-Committee members plan the meeting with a surprise speaker. We always welcome new members and meet at 7.30pm in the Day Centre on the second Thursday of the month.



Judy Colliver  
Tel: 812470



## INNER WHEEL CLUB OF BISHOP'S STORTFORD

The April meeting was held on the 23<sup>rd</sup>, St George's Day, with all members dressed in red and white. Our District 24 Chairman together with a member of her own club, Chelmer Bridge, came to visit. Gill told us about herself and how she came to be a member of Inner Wheel. This was followed by our business meeting.

As previously reported, everything is tinged with sadness as the Club will close after the AGM in June. It is hoped a Friendship Club will be started in Bishop's Stortford to which everyone will be welcome, so do watch out for information. Despite this, we plan to enjoy the final month with our AGM and meal at the Chequers, Ugley in June. A personal thank you from me for the coverage and interest we have received from staff at The Link. For more information, please contact me.

June Milne  
Club Correspondent  
Tel: 01371 875370



## HUW JOHNSON CLUB

Recently we have enjoyed a sausage and mash dinner at the Chequers in Ugley and a fiercely contested curling competition. Coming up we have netball, a fitness evening and circus-skills; they should all be lots of fun. We are delighted to have been chosen as one of the beneficiary charities for the Stansted Fun Run. Fingers crossed for good weather, but preferably not too hot! We are planning our summer trips and outings, which we are able to provide free for all our members and volunteers thanks to the generosity of our many supporters. We are always looking for new members and volunteers, so whether you want to join the Club, become a volunteer driver, help out on Thursdays or if you just want to know a bit more, please do get in touch.



Katharine Collis  
Tel: 461270  
Email: [kat\\_collis@hotmail.com](mailto:kat_collis@hotmail.com)



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## Nature Notes

When walking in the countryside one very often sees or finds something interesting. The other day I came across a small animal's skull which I was able to identify as belonging to a badger. Now, badgers are tough creatures which are only likely to come to a premature end by being run over or dispatched in various other ways by humans. This skull was not near a road so the badger was unlikely to have been run over. It was found by an area where badgers regularly forage for food and where they liked to play on old logs and steep banks. Inspection reveals that the large incisors and most of the front teeth are missing due to ageing, leaving only the molars at the back of the jaw.



This means that the creature would have been reduced to a diet of worms if it could find them, resulting in malnutrition and failing health. It would appear that this badger spent its final days in its familiar happy hunting grounds.



Felix

## STANSTED DAY CENTRE

Did you know that you do not have to be a pensioner to enjoy a meal at the Day Centre? You can be as young as 55! It is called a Day Centre, but really should be called a Lunch Club, as that best describes the atmosphere on Tuesday, Thursday and Friday lunchtimes. So, if you fancy a break from cooking, order before 11.00am and come along at 12.30pm for one of Jo or Julie's home-cooked two-course meals for the bargain price of £6.50. You will definitely want to come again; and if you are under 55, then why not join us for morning coffee or tea and one of Iris's delicious home-made scones? When the new Mountfitchet Exchange and library opens you can pop next door before you go home, and if you haven't time to sit down, bring a refillable cup and enjoy a takeaway drink. By the way, if you have been reading these articles, you may remember that Angela, our manager, said in April that she was leaving. I am delighted to say that she is still with us, but working fewer hours. You will find her in the office on Tuesdays.



Catherine Dean  
Tel: 815091  
Email: stansteddaycentre@gmail.com



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Sunday 9<sup>th</sup> 6.00pm **Livewire Rock Academy**  
Friday 14<sup>th</sup> 7.30pm **Bowie Starman**  
Saturday 15<sup>th</sup> 7.30pm **Swinging at the Cotton Club**  
Saturday 22<sup>nd</sup> 5.00pm **Ballet First presents Cinderella Act 1 plus Classical Ballet and Contemporary Variations**  
Tuesday 25<sup>th</sup> 6.00pm **Ministry of Science**  
Friday 28<sup>th</sup> 7.30pm **Flanders and Swann**  
Saturday 29<sup>th</sup> 7.30pm **Kast of Kinks**  
Sunday 30<sup>th</sup> 1.00pm and 7.00pm **Aladdin**

#### At thescreen Startford

Saturday 1<sup>st</sup> 11.00am **Peppa Pig Festival of Fun (U)**  
Wednesday 5<sup>th</sup> 7.00pm **RSC Live The Taming of the Shrew (12A)**  
Friday 7<sup>th</sup> 7.30pm **NT Live: All My Sons Encore (12A)**  
Saturday 8<sup>th</sup> 11.00am **Spy Cat – Kids for a Quid (U)**  
Monday 10<sup>th</sup> and Thursday 13<sup>th</sup> 2.00pm **Tolkien (12A)**  
Monday 10<sup>th</sup> 7.30pm and Wednesday 12<sup>th</sup> 2.00pm **Long Shot (15)**  
Tuesday 11<sup>th</sup> 7.15pm **Royal Ballet Live, Romeo and Juliet (12A)**  
Thursday 13<sup>th</sup> 7.30pm **NT Live, All About Eve Encore (12A)**  
Saturday 15<sup>th</sup> 11.00am **Detective Pikachu – Kids for a Quid (PG)**  
Monday 17<sup>th</sup> 2.00pm and Tuesday 18<sup>th</sup> 7.30pm **Amazing Grace (U)**  
Monday 17<sup>th</sup> 7.30pm and Tuesday 18<sup>th</sup> 2.00pm **The Hustle (12A)**  
Monday 24<sup>th</sup> 2.00pm and Thursday 27<sup>th</sup> 2.00pm **Breakthrough (12A)**  
Monday 24<sup>th</sup> 7.30pm and Wednesday 26<sup>th</sup> 2.00pm **Rocketman (PG)**  
Thursday 27<sup>th</sup> 7.00pm **NT Live, Small Island (12A)**

#### At themuseum Startford

Saturday 1<sup>st</sup> 11.00am **Free Tour**  
Tuesday 4<sup>th</sup> 1.30pm **Take Me Back Tuesday**  
Sunday 9<sup>th</sup> 2.00pm **Historic Walks**  
Wednesday 12<sup>th</sup> 1.30pm **Story Time at the Museum**  
Monday 17<sup>th</sup> 12.30pm **Lunchtime Lectures**  
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Email: info@rhodesartscomplex.co.uk

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#### Across

3. Steak 7. Samuel 8. Isaiah 9. Elbow 11. Strand  
12. Ilkley 13. Send in the clowns 14. Dry bob  
16. Europe 17. Auden 18. Occult 19. Venice 20. Harry

#### Down

1. Pay the price 2. Out and about 3. Sled 4. Kiwi  
5. Back to front 6. Hale and Pace 10. Baghdad 15. Bath  
16. Envy



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## FLEAS, TICKS, AND OTHER CRAWLY THINGS

A vet's year has a predictable path with regard to the ailments treated: gastroenteritis from overindulgence at Christmas, chocolate poisoning at Easter and the arrival of fleas in spring. Every self-respecting dog or cat has fleas at some point in their lives; it does not mean your pet is unclean, it just means its blood tastes nice. They are a nuisance as they make your pet bite and scratch and can cause skin infections and allergies. They can transmit tapeworms and can cause anaemia; scarily, an adult flea can lay 50 eggs a day and up to 1500 eggs in about three weeks. It is hard to see fleas as they are tiny and very quick; you might see black specks of flea poo. One good way of checking for them is by doing the wet paper test. Get a piece of wet white kitchen roll and rub the pet's coat over it. If little black specks appear which slowly turn red, these are flea dirt. Products from a vet are usually much more effective than those available at supermarkets, pet stores or pharmacies. Flea collars, shampoos and sprays are outdated. Most modern flea products are either 'spot -on' products which you put on the back of your pet's neck, or palatable tablets.

The golden rules are:

1. Get your flea control preparations from a vet.
2. Treat all the animals in the house on the same day.
3. Follow the manufacturer's instructions and repeat the treatment at the correct intervals.
4. Treat the environment as well as the animals (but remember - washing pet bedding doesn't kill fleas, it just makes clean fleas).
5. Don't panic!

Or you can book your pet in to one of our free nurse clinics and we will do the job for you.



Ilse Pedler  
Mercer and Hughes  
Veterinary Surgeons



[www.walksaroundstortford.org.uk](http://www.walksaroundstortford.org.uk)

### Sunday Walks: Departing at 10.00am 5-6 miles

**2nd June** Manuden Community Centre (you may have to park on the road, as there is also the Village Scarecrow Trail event and the car park will be busy) GR: TL486272  
Post code: CM23 1EH

**16th June** B Stortford corner Barrellsdown Rd/ Cricketfield Lane (on the green) TL 485220 Post code: CM23 2SP

Don't forget to check the website, as there may always be a surprise walk listed, or information regarding a meeting place as there are so many road closures occurring locally. The walks in April were really interesting and we have been very lucky with the weather; we hope that this will continue.

Our local walks through our area of East Herts and North Essex have taken in assorted woodlands and birds; we have enjoyed open views, villages, the River Stort, aircraft, and have included many interesting vistas across our varied and yet familiar and often brilliant countryside. It has been really great to have you all come along - any chance you can give me some feedback too? No pressure! There are a lot of issues around the Stortford North development, so again,



*Photograph from walksaroundstortford website*

Recent walks over the Hallingburys and along the Stort River, and the old 'galloping' track under the flight-path into Stansted Airport were quite different. We will endeavour to keep them varied; so, where would you like to walk? We try to encompass the area north/south from Harlow North to roughly Widdington and east/west from Braughing to Stansted Airport. Do you have a favourite area? There are loads of possibilities in our radius around Bishop's Stortford. After June, we take a break, so see you in September.



Daphne Wallace-Jarvis  
Publicity Officer  
Email: [dwwjwj.444@gmail.com](mailto:dwwjwj.444@gmail.com)



## STANSTED MOUNTFITCHET WINDMILL

Our coffee morning on 10<sup>th</sup> April was well attended and we had a very sociable morning. All our mill openings so far have been busy with visitors who have enjoyed their tour of the mill. We had quite a few children visiting us on Easter Sunday and Monday and they were delighted to choose the Easter eggs on offer. Once again, courtesy of John Salmon, we had some strawberry and courgette plants to sell which reaped some welcome donations for windmill maintenance. I am looking for volunteer stewards who are willing to spare two hours on our open days either to give visitors a tour of the mill or be on the desk to take admission fees and sell souvenirs. Please give me a ring. Our next **windmill opening** will be on **Sunday 2nd June 1.30pm-5.30pm**.



Molly Clark

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### Happy Birthday Stansted Business Forum!

Friday 3<sup>rd</sup> May was a significant day for us as we celebrated our 50<sup>th</sup> breakfast meeting with a special bespoke cake and a lively session at Linden House. Peter James, the Secretary, spoke about the importance of the relationships that members of the Forum have with each other. Adam Taylor from Handlesbank and James Hogg from the Stansted Tennis Club also talked about the important links with the Business Forum. Geoffrey Sell, our local district councillor, who was involved in setting up the Forum, spoke about the importance of having a local business forum which was run by local businesses. He also said that it was essential for local businesses to have a voice in any local council decisions.



The Forum is therefore the way to make your business have a say in what is happening in Stansted. We make recommendations to use other members where possible and make sure that we give members every opportunity to tell everyone in Stansted and the surrounding villages what they do. We encourage members to advertise in our maps initiative. These maps are distributed in eight locations around Stansted showing the position of local businesses. Our directory, which shows all the services that our members can offer, is distributed to well over 3500 households in and around Stansted. So if you are a local business and have not been to one of our meetings come along and see for yourself. We only promote local businesses and you can be part of this. Our next meeting is on **Friday 7<sup>th</sup> June** 7.00am-9.00am at Linden House. Email [Peter.James@murdochsestateagents.co.uk](mailto:Peter.James@murdochsestateagents.co.uk) or call 813318 to book your place; don't miss out!



Iris Evans

## ORGANIC, BIODYNAMIC AND NATURAL WINES WHAT'S THE DIFFERENCE?

Many people seek these wines out for environmental reasons and others because they believe that sulphites and chemicals in wine give them headaches. What happens in the vineyard and then in the winery defines how they are classified. **Organic** vines (like organic vegetables) are grown without artificial fertilisers, weed killers, fungicides or pesticides. Sulphur dioxide or copper may also be used. They can use certain natural additives including sulphites, although the level can differ depending on certification rules. Try

Sainsburys SO Organic Prosecco £10, fresh and fruity with a floral nose, soft peach and apricot flavours, or Aldi's Toro Loco, Organico, Utiel-Requena, Spain 2016 £5.00, with juicy red berry fruit, sweet spices and smooth finish. **Biodynamic** wines have a lot in common but go a stage further in the vineyard almost to a spiritual level, following philosophies developed in the 1920s for soil preparation, such as the use of manure and how the grapes are managed and picked (for example, following lunar cycles). These again can contain sulphites. Try Waitrose Ch Maris Vieilles Vignes 2017 Minervois £11. Dark fruit flavours with a hint of spice, from old vines.

Both organic and biodynamic wines can also be vegetarian or vegan if they do not use animal-derived products in the winery such as egg whites or Isinglass for fining. **Natural wines** have no certification rules at present but these should be made without the use of chemical fertilisers or pesticides in the vineyards and little filtration of yeast, enzymes or sulphur used in the winery. However, there is a higher risk of bacterial infection or oxidation. Whilst some are wonderful and fresh, others can be unstable, cloudy and have some secondary fermentation (a slight fizz to the wine). These are generally only available from specialist merchants.



Paul Wilkinson  
Email: [Corkscrew\\_456@hotmail.co.uk](mailto:Corkscrew_456@hotmail.co.uk)

## STANSTED SOCIAL CLUB

[www.smsc.uk.com](http://www.smsc.uk.com)

By the time you read this we are hoping that the cottage is ready to rent out. Many thanks to everybody who has helped to get it shipshape again. We have had to withdraw our Heritage Lottery Fund application whilst we search for more documentation which is needed before they can make a decision. Whilst hunting through old documents I found a letter from Club members to the Committee voicing their displeasure at the fact that the Club was being used for political meetings. It was also interesting to discover that the upper floor of the Club was rented out as an office to an electrical contractor just after WWII. We are trying to put together a history of the Club so if you have any old documents or photographs please send copies to us.

### June entertainment

May was relatively quiet on the entertainment front. Huge thanks go to Johnny One Eye for stepping in at short notice on 4<sup>th</sup> May! Unfortunately, Goat Patrol have had to cancel their gig on **Saturday 1<sup>st</sup>** so we will now be showing the Champions League Final between Liverpool and Tottenham. We will have beer promotions on so definitely not one to be missed. The entertainment continues on **Sunday 2<sup>nd</sup>** with our first karaoke Sunday, which was carried over from May; **Sunday 9<sup>th</sup>** Johnny Mack returns; **Saturday 15<sup>th</sup>** Gladragz making their debut at the Club playing 60s and 70s pop and rock numbers; **Saturday 22<sup>nd</sup>** Rocktrip join us to play rock and pop classics from 1950 favourites to late 1970s, including The Stones, T Rex, Elvis, Chuck Berry and Pink Floyd. June finishes with karaoke on **Sunday 30<sup>th</sup>**. Check out the Facebook page or website for more information.



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## HATFIELD FOREST

[www.nationaltrust.org.uk/hatfield-forest](http://www.nationaltrust.org.uk/hatfield-forest)

Early summer at Hatfield Forest - a time when nature flourishes, as young birds and animals tentatively head towards independence. This is the perfect time to visit and enjoy the Forest in all its glory. Have you met our flock of sheep - our woolly conservators? Livestock have long grazed at Hatfield Forest and today our flock continues this tradition, helping clear scrub and restore wood pasture. We have 24 sheep, all hardy and rare breeds. They can graze wetter land than cattle, such as the marsh at the top end of the lake and Old Woman's Weaver. Sheep are easily stressed, so please ensure dogs are kept on leads and out of fenced off areas. We have our own sheepdog, a Welsh collie called Selena, who has worked at the Forest since early 2018. A donation from the Chelmsford Supporters' Group enabled us to buy her. She works with shepherd Ian Pease and can often be seen travelling through the Forest in the back of his pick-up truck.



Connecting with nature is part of the adventure at Hatfield Forest. Have a go at the activities on our list of '50 things to do before you're 11½': get to know a tree, build a den, look for wildlife or picnic in the wild. The Forest is hosting several theatre events this summer, including exciting productions of such classics as *A Midsummer Night's Dream*, *The Wind in the Willows* and *Frankenstein*. For more information and to book tickets please visit our website.

Helen Hooker and Elizabeth Reeve  
Visitor Welcome Team  
Tel: 870678



### Sheer Incompetence from Start to Finish

Uttlesford District Council (UDC) conceded that it could not grant final approval to the current Stansted Airport planning application before the recent local elections. At the end of an Extraordinary Council Meeting at UDC's Saffron Walden offices on 25<sup>th</sup> April a procedural motion, put forward by Residents for Uttlesford (R4U) councillors, supported by Liberal Democrats and two of the 20 Conservative councillors present, foiled the current administration's attempt to

approve the planning application before the recent local elections.

SSE Chairman Peter Sanders commented: "It is beyond comprehension why our own local council wanted to rush through approval of this planning application by accepting a totally inadequate package of local safeguards and community benefits which did not meet the minimum requirements set down by the Council's own Planning Committee. This planning application has been incompetently handled from start to finish. It was always far too complex to be dealt with locally. It should have been passed to the Secretary of State for national consideration at the very outset." Ahead of the meeting SSE had provided all UDC councillors with detailed briefing notes explaining the legal deficiencies in the proposed Section 106 Agreement and demonstrating that many of the proposals put forward by Stansted Airport, which the former UDC administration were prepared to accept, were grossly inferior to comparable arrangements at other major UK airports. Meanwhile, SSE continues to press ahead its High Court proceedings with the aim of forcing either the Transport Secretary or the Communities Secretary (or both) to take direct charge of the current Stansted Airport planning application. A date for the Judicial Review is expected to have been announced on 23<sup>rd</sup> May.

SSE Campaign Office  
Tel: 870558

Email: [info@stopstanstedexpansion.com](mailto:info@stopstanstedexpansion.com)



## BRITISH RED CROSS

Thank you to everyone who helped and supported the tea party on 8<sup>th</sup> May; you all made it a lovely village event. The marvellous total of £550 was raised. We are holding a **fund-raising lunch on Friday 21<sup>st</sup> June** at Manuden Community Centre, CM23 1EH. Coffee will be served from 11.00am, followed by a talk from Alexander Matheou, International Executive Director of the British Red Cross at 11.30am, and lunch at 12.30pm. Tickets: £30 from Angela Khalil email: [angelakhalil@btinternet.com](mailto:angelakhalil@btinternet.com) or tel 501955. There will be a raffle, and all proceeds will support Red Cross services in Essex.

Christine Stiles  
Tel: 813172

## MUSIC AT LITTLEBURY CHURCH

**Sunday 23<sup>rd</sup> June** 4.00pm *Music for a Summer Afternoon* with the University of London Chamber Choir (described by the BBC as one of London's most exciting young chamber choirs) conducted by local resident Colin Durrant. All proceeds to church funds. Tickets: adults £12, children free, from Saffron Walden Tourist Information tel: 01799 510444, or by email: [susan.amiss7@gmail.com](mailto:susan.amiss7@gmail.com) or on the door.

Janice Rust  
Tel: 01799 521312



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## STANSTED FOOTBALL CLUB

We thought we would use this month's edition to proudly display the trophy awards the Club received at the end of the season.



Our photo shows on the left the Brasted Memorial Trophy won for the first time in the Club's history, in the middle the Essex Senior League Challenge Cup, and right, the League Runners Up Shield which is a consolation for being pipped to the title on the last day of the season.



A truly remarkable season was capped off on Finals Day when our goalkeeper Charlie Turner won two awards: the Essex Senior League Player of the Season, the first time a Stansted player has achieved such a feat, and also the 'Golden Glove' for keeping the most clean sheets in a season. Our warmest congratulations to Charlie; we are very fortunate to have such a keeper playing for our Club.



Tom Williams  
Secretary  
Tel: 07921 403842



[www.stanstedtennisclub.co.uk](http://www.stanstedtennisclub.co.uk)

### Membership

The new membership year has just started, so if you would like to join please download a membership form from our website. There are four Club sessions a week and there are many Club tournaments held throughout the year. We have several teams in the Essex Small Clubs' League. Non-members are welcome to come along up to three times a year as a visitor (£2 per adult) to try us out first.

### Junior coaching

The junior coaching programme, open to members and non-members of the Club, is now up and running. There are still a few spaces available in the following sessions:

**Wed pm:** 5-10 years old, 5<sup>th</sup> June to 17<sup>th</sup> July (7-week block).  
Group 1: 4.00 pm-4.50pm, Group 2: 4.50 pm-5.40pm

**Thurs pm:** 11-17 years old, 6<sup>th</sup> June to 18<sup>th</sup> July (7-week block) Group 3: 6.00 pm-7.00 pm. For further details, please contact 07818 093992 or email:

[juniorcoaching@stanstedtennisclub.co.uk](mailto:juniorcoaching@stanstedtennisclub.co.uk)

**Ladies' night: Monday 10<sup>th</sup> June** from 6.30pm.

**Used tennis balls** £1 for a tube of four, from Jan Hollis at 105 Cambridge Road.

Fiona Kelly  
Publicity Officer  
Email: [fiona1.kelly@btinternet.com](mailto:fiona1.kelly@btinternet.com)

## STANSTED BOWLS CLUB



On Saturday 20<sup>th</sup> April we hosted Tony Ellis from Bowls England who led the President's team v the Captain's team. The weather was a scorcher and the Captain's team won by a very small margin. Tony presented the Club with a plaque celebrating the opening of the Clubhouse with its new roof. By the time this report goes to press we shall be firmly into the Men's Leagues and Ladies' friendlies and the weekend friendlies as well. There are A or B team matches on a Wednesday evening at 6.15pm on 5<sup>th</sup>, 12<sup>th</sup> and 26<sup>th</sup> June. Seniors Matches are on Tuesday afternoons at 2.30pm on 11<sup>th</sup> and 25<sup>th</sup>. Ladies' friendlies are on Thursday 6<sup>th</sup>, 13<sup>th</sup> and Tuesday 18<sup>th</sup> at 2.30pm and we have weekend matches on Friday 7<sup>th</sup> at 6.30pm, Sunday 16<sup>th</sup> and Sunday 30<sup>th</sup> at 2.30pm. All are welcome to come along to support the teams. We are still running our offer of **one year's FULL Membership, which allows you to take part in Club matches and competitions and full use of our discounted bar for just £10.00.**

We are a small club with a BIG Heart, we play because we enjoy it and have a few laughs along the way. Of course, it is nice to win and it is nice to be the best, but it is especially nice to be in the company of good friends enjoying a game. This we can promise you at Stansted Bowls Club, so come along on a Friday evening (our social evening) and meet a few of the players and help to put the world to rights; you know it makes sense.

Peter Beattie  
Hon Secretary  
Tel: 07850 329192  
E-mail: [peterdavidbeattie@gmail.com](mailto:peterdavidbeattie@gmail.com)



## STANSTED HALL & ELSENHAM CRICKET CLUB

After three friendly matches the league got under way for the 2<sup>nd</sup> XI who recorded a victory over Albury. In a low scoring match the Hall won by six wickets but sportingly, Albury fielded in rather wet conditions. The juniors are busy with coaching evenings (Friday) and matches. World Cup Cricket will soon be starting and will last for six weeks culminating with the final on 14<sup>th</sup> July. The club may be organising a parents vs children match and a BBQ. Come on the sunshine!



David Brown  
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Email: [david1.r.brown@gmail.com](mailto:david1.r.brown@gmail.com)

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10. Pegasus
11. Bob Champion
12. Steptoe and Son
13. Lipizzaner
14. Black Bess
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## Stansted Cricket Club

The water damage to the veranda has been repaired and the whole area given a new coat of paint. The senior season began with a narrow one wicket win in a friendly against Stansted Hall and Elsenham; a 1<sup>st</sup> XI win in HECL away at Little Hallingbury; a 2<sup>nd</sup> XI CCA defeat at Little Shelford II; and a last-over Sunday XI loss to Epping Foresters. Notable batting performances came from B Baker (71, 70 no and 57 no) and D Sammons (64). Best bowling came from E Pronk with 5-28. For Junior fixtures (U12s, U13s and U15s) please see [www.stanstedcc.secure-club.com/fixtures/default.aspx](http://www.stanstedcc.secure-club.com/fixtures/default.aspx).

### Home fixtures for June are:

Sat 1 <sup>st</sup>	2 <sup>nd</sup> XI v Camb St Giles III	CCA JL 4S	13.30
Sun 2 <sup>nd</sup>	Sun XI v Hockerill	Friendly	14.00
Sat 8 <sup>th</sup>	1 <sup>st</sup> XI v Farnham	HECL 2	13.30
Sun 9 <sup>th</sup>	Sun XI v Fyfield	Friendly	14.00
Sat 15 <sup>th</sup>	2 <sup>nd</sup> XI v Buntingford II	CCA JL 4S	13.30
Sun 16 <sup>th</sup>	Sun XI v TBC	Friendly	14.00
Tue 18 <sup>th</sup>	Cup XI v Takeley	Davies R2	18.00
Sat 22 <sup>nd</sup>	2 <sup>nd</sup> XI v Abington III	CCA JL 4S	13.30
Sun 23 <sup>rd</sup>	Sun XI v Chrishall	Friendly	14.00
Sat 29 <sup>th</sup>	1 <sup>st</sup> XI v Theydon Bois	HECL 2	13.30
Sun 30 <sup>th</sup>	Sun XI v President's XI	Friendly	11.30

If anyone is interested in sponsoring the Club (perhaps by a large banner displayed at the ground), please contact our Sponsorship Manager, Huw Edwards email: [huwr\\_edwards@hotmail.com](mailto:huwr_edwards@hotmail.com). If anyone is interested in scoring on a regular basis, please contact me. Adult players wishing to join the Club should contact me; Juniors should contact Head Coach Keith Ayres on 814471. Finally, congratulations to Stansted FC on having a very successful season, winning two cups and coming league runners-up!



David Hedge  
Hon Secretary  
Tel: 812509



## RSPB STORT VALLEY LOCAL GROUP

[www.rspb.org.uk/groups/stortvalley/events](http://www.rspb.org.uk/groups/stortvalley/events)

Our next monthly meeting on **Tuesday 11<sup>th</sup> June** 7.30pm at Bishops Park Community Centre, Lancaster Way, Bishop's Stortford (next to Tesco) will be our AGM night. This will include our chairman's update on the barn owls he has nesting in his garden. Three eggs had been reported at the April meeting, what will be their fate?



It is the last evening of our year before we break for the summer. We restart our programme of talks and walks in September. Look out for an update in the September Link. Advance notice to save the date for our annual quiz night which this year will be held on **Saturday 12<sup>th</sup> October** in the Thorley Community Centre. More details to follow in September. To reserve a table (max 8) do give me a call. Entry: £3.00 Members, £5.00 visitors.

Sheila Bowles  
Tel: 814973



## STANSTED MOUNTFITCHET U3A

[www.u3asites.org.uk/stansted](http://www.u3asites.org.uk/stansted)

Our monthly meeting will be held on Thursday 20<sup>th</sup> June 1.30pm for 2.00pm in St John's Church Hall. Sylvia Keith will be giving a presentation on one of her many travels. In June the Philosophy group will continue to discuss the work of Kierkegaard. The Bus Pass Group will travel to Rayleigh on Market Day. The Art Appreciation Group will visit the Henry Moore Foundation to view Henry Moore's Drawings and the Literature Study Group will discuss *A Gentleman in Moscow* by Amor Towles. Our many other interest groups will continue to meet regularly, and may be starting their preparations for our U3A Showcase, to be held in October. We hope that at the Showcase each group can put on a display of their activities for both members and visitors. More detailed information about each group can be found on the Groups page of our website, by phoning the number below or from the Activities Leaflet.



*The Walking and Nature Appreciation Group in the Bluebell Woods at Quendon and Rickling*

Booking has already started for the day trip to Sandringham House on Monday 1<sup>st</sup> July. The visit takes in the house, gardens, church and parkland. The cost for those 59 and under is £30.50, for those 60+ it is £26 although for members of the RHS it will be £18. If you wish to book please email Jenny Wraith. Booking starts in June for the day trip to the Brick Lane Music Hall in October. Although booking for the September Holiday to West Sussex and Brighton started in February there may still be places left. Further details are available on both the Trips and Events and the Day Trips and Holidays website pages.

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## DIRECTORY OF LOCAL CLUBS AND ORGANISATIONS

Alzheimers Society	Tel: 01371 872519	Rainbows (Friday)	Sue Pollard Tel: 813734
Air Training Corps 494 Squadron	Tel: 681559/661929 Email: 494@aircadets.org	Rotary Club	Martin Budzinski Tel: 07803 878961 Email: martin@voucherpacks.com
Beaver Scouts Age 6-8	Angela Madigan Tel: 01371 513028	St John's Road and Area Association	Secretary: Leila Riddell Tel: 07770 955830
Bowls Club	Peter Beattie, Hon Secretary Tel: 07850 329192 Email: peterdavidbeattie@gmail.com	Scouts (age 10½ -14)	Mike Byrne Tel: 812780
Brownies (Tuesday)	Kathy Shearman Tel: 07724 355533	Shotokan Karate Ryu	Donna Ring Tel: 731752 Email: skr@skr.org.uk
Brownies (Wednesday)	Susan Scott Tel: 810955	Spangles Family Hub	Tel: 812348 Email: vcl.essexwest- uttlesfordadminhub@nhs.net
CAB	Tel: 01799 618840	Stansted and District Past Rotarians Club	Secretary: Geoff Lay Email: geoff.lay@ntlworld.com
Corkers Netball	Lisa Menzella Tel: 07827 988732	Stansted Badminton Club	Vince Tel: 07793 000107 Raj Tel: 07775 915418
Cricket Club (adults) (juniors)	David Hedge Tel: 812509 Keith Ayres Tel: 814471	Stansted Business Forum	Iris Evans Email: iris.evans9@gmail.com
Cub Scouts Age 8-10½	Nic Devine Email: kinglouie.huskies@gmail.com	Stansted Family Café	Ros Page Tel: 810813 Email: contactstanfam@yahoo.com
Day Centre	Tel: 815091	Stansted Football Club	Tom Williams Tel: 07921 403842
Explorer Scouts	Paul Thorneycroft Tel: 01371 876784	Stansted Hall and Elsenham Cricket Club	David Brown Tel: 831011/07788 999663 Email: david1.r.brown@gmail.com
Friends of St Mary's Church	Tony Graver Tel: 656881 Email: anthony.graver53@gmail.com	Stansted Sparks Netball	Gemma Snelling Tel: 07894 944242 Email: gemmasnelling@me.com
Garden Club	Maralyn Harris, Chairman Tel: 07919 478144	Stansted Speed Watch	Warren Vickers Tel: 813996 Email: vickersw@aol.com
Grove Cottage	Jocelin Warren Tel: 07482 535020 Office tel: 656085	Stansted Supers Handball Club	Olly Pocknell Tel: 07875 391701
Guides	Jennifer Jarvis, District Commissioner Tel: 814434	Tennis Club	Fiona Kelly, Publicity Officer STC Tel: 07949 623484 Email: fiona1.kelly@btintetnet.com
Helpline	Tel: 07704 553727	U3A	Ray Smith, Chair Tel: 813270
History Society	Peter Brown, Chairman Tel: 812816	Women's Institute (Stansted)	Anne Watson, President Tel: 898693
Huw Johnson Club	Katharine Collis Tel: 461270 Email: kat_collis@hotmail.com	Women's Institute (Ugley)	Dorothy Wallace, President Tel: 850215
Inner Wheel Club	Jenny Savage, President Tel: 656065	Whoosh Explore Canoe Club	Helen and Peter Nash Tel: 817453
Investigators Age 7-11	Ros Page Tel 810813 Email: contactstanfam@yahoo.com	Youth Centre	Linda Barnes Tel: 07947 548051
Little Scrummers	Andrew Poyser Tel: 07738 591232	Note: This list will be updated as and when we learn of any changes. If you would like the details of your organisation to be added please let us know. (Contact details on page 1.)	
Millers (Windmill)	Molly Clark Tel: 816768		
music@stansted - classical concerts	Sonia Levy Tel: 815282 Email: contactus@musicatstansted.co.uk		
Neighbourhood Watch	Valerie Trundle Tel: 813433		
Parkinson's UK Uttlesford Support Group	Vivian Falk, Chairman Tel: 01799 513128 Email: vivian@brackendalehouse.co.uk		
Rainbow Pre-School	Gill Pursglove (Administrator) Tel: 814242/07966 506997 Email: admin@rainbowpreschool.net		
Rainbows (Wednesday)	Rachel Roberts Tel: 078648 21905		

### BIRTHDAYS, ANNIVERSARIES or SPECIAL OCCASIONS

If you would like to mark any occasion that is special to you or someone you know, by announcing it in the Link, please email a short message together with your name address and telephone number to: [announcements@stanstedlink.org.uk](mailto:announcements@stanstedlink.org.uk) or send the details to 7 Blythwood Gardens, Stansted CM24 8HG. Details must be submitted by the 8th of the month for publication the following month.

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