

FAIRWEATHER WINDOWS

AND CONSTRUCTION

Specialising in Windows, Doors & Conservatories

Are you looking to replace those draughty old windows and doors?
Or create more space by adding a conservatory or extension to your home?



We are your local home improvement specialists, using only the best quality products, sold at very competitive prices. All products can be 'A' rated for extra energy efficiency and come to you with a full **10 year guarantee** from a FENSA registered company

Talk to a tradesman, not a salesman
Save Energy - Save Money!

call us NOW on **01279 813888**

FAIRWEATHER
PART OF THE FAIRWEATHER GROUP

Fascias & Soffits, Guttering,
UPVC Profiles and Fixings

Unit C Molehall, Cornells Lane, Widdington, Saffron Walden, Essex CB11 3SP
info@fairweatherwindows.co.uk www.fairweatherwindows.co.uk

Trade Counter & Showroom OPEN

DT Bedroom Design

bedrooms • kitchens • studies

Tel: 01279 301972 Mob: 07765 257 200



- Competitive Prices
- **Free** Visit, Design & Quote
- New or Re-Vamps
- Modern or Traditional
- 200 Colour/Design Combinations

Email: darryl.trigg@dtbedrooms.co.uk
www.dtbedrooms.co.uk

Free Delivery in Stansted

Paris Legore
Professional Floristry & Styling

Flowers and Gifts

01279 812 810 www.parislegore.co.uk paris@parislegore.co.uk

Paris Legore Flowers & Gifts | 27 Lower Street | Stansted | CM24 8LN



Golf World
Stansted

The Family Friendly Golf Venue

9 Hole Course
3 Hole Academy Course
Adventure Golf
Footgolf

TopTracer Driving Range
Weddings, Events & Much More

01279 812 865

www.golfworldstansted.co.uk

Hall Road, Nr Stansted Airport, Essex CM22 6FL

STORT BLINDS

INDIVIDUAL STYLE

SAVE UP TO 25% OFF NORMAL RETAIL PRICES
WITH OUR STUNNING BLIND RANGE

BLINDS | SHUTTERS | AWNINGS | CURTAINS



CALL FOR A FREE ESTIMATE

www.stortblinds.co.uk | Tel: 01279 504121

Front cover:
Celebrating 40 years of The Link
Page designed by Mike Dyer

Stansted Mountfitchet Village Magazine

The Link

www.stanstedlink.org.uk

Produced by Stansted Mountfitchet Magazine Community Interest Company

Delivered free to nearly 3700 homes and businesses in Stansted. Further copies may be purchased for £1 each or £11.00 per year, plus postage. Each edition is also available on our website.
If you do not receive your copy please email: distribution@stanstedlink.org.uk or telephone 813680

Editor:
Elizabeth Oakley
01279 812690
editor@stanstedlink.org.uk

Advertising:
Mike and Marion Dyer
01279 814059
adverts@stanstedlink.org.uk

Distribution Queries:
David Horton
01279 813680
distribution@stanstedlink.org.uk

Treasurer:
Alan Wheeler
01279 813745
accounts@stanstedlink.org.uk

Directors:
Mike Dyer (Chairman)
Yvonne Ayres
Susan Bone
Catherine Dean
Marion Dyer
Sarah Ludlow-Elston
Elizabeth Oakley



EDITORIAL



Welcome to this very special edition of The Link, as we celebrate its 40th birthday in style. The splendid autumnal cover was put together by Mike Dyer; the next two pages were also written and collated by him and Marion and these articles and pictures are really fascinating, showing how The Link has evolved during the past four decades. Yvonne Ayres has written a lovely article on p23 with a personal, national and international review of 1980s culture. To continue with the nostalgia theme, the second part of John Salmon's look at Stansted Village in the 1940s and 1950s continues on p5. Back to the present: it is such a relief to read about children back at school, some sports resuming and restaurants opening. It will be so great to have our What's On page back again, once our clubs etc are back to normal. Take care.

CONTENTS

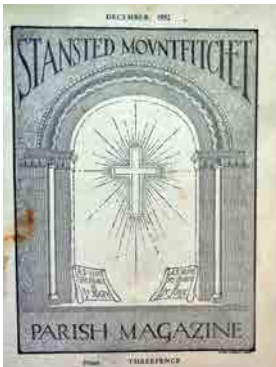
Churches	Friends of St Mary's Church	17	Fundraising	Recycle Ink, Stamps & Dental	23
	Stansted Family Church	14		Shoeboxes	29
	Stansted Free Church	15	Local Roundup	B S & District Footpaths	36
	Stansted Quaker Meeting	15		Birchanger Wood	31
	St John's 300 club	15		Gardens of Easton Lodge	33
	St John's Church	15		Hundred Parishes	39
	St Theresa's Catholic Church	14		Letter re A View from the Bench	7
	Thought for the Month	14		Letter re Stansted Airport	33
Children and Families	Bentfield Primary School	17		New Defibrillator	29
	Daisy May's Farm	27		Save Stansted Village	11
	Manuden Primary School	27		Stansted Business Forum	35
	St Mary's School	11		Stansted Day Centre	17
Clubs and Community Groups	Directory of Clubs & Organisations	38		Stansted Windmill	29
	Grove Cottage	25		Ugley Farmers' Market	25
	Human Roots	11		Uttlesford Community Travel	31
	Mountfitchet Garden Club	36		War Memorial Flowers	13
	Stansted Evening W I	7	Features	A view from the Bench part 3	7
	Stort Valley Rotary	33		Celebrating 40 Years of The Link	2-3
	The Place on the Hill	13		Editorial	1
Health and Wellbeing	Brain Training	27		Forty Years Ago	23
	Don't Struggle Alone	13		Look Back Poem	5
	Let's Talk	13		Nature Notes	25
	Uttlesford Frontline	25		Stansted 1949-50 Part 2	5
Local Councils	Green waste Skips	7		The Link Team - Elizabeth Oakley	31
	Stansted Network	19-22	Sports	Stansted Bowls Club	37
Fun and Games	Crossword	9		Stansted Hall Cricket Club	37
	Crossword Answers	37		Stansted Football Club	37
	British Food Quiz	9		Stansted Tennis Club	36
	British Food Quiz Answers	25	The Arts	South Mill Arts Complex	17
Advertising	Index to Advertisers	40			

CONTRIBUTIONS Up to 300 words in Word format. Photographs to be sent as separate attachments (jpg).
By email (preferred) to editor@stanstedlink.org.uk by noon on 9th October for the November issue or by hand/post by noon on 7th October to 7 Blythwood Gardens, Stansted CM24 8HG.

DISCLAIMER Opinions in The Link reflect those of the authors and contributors. Publication (on paper or electronically) of articles, advertisements or product/services information does not constitute endorsement by The Link nor is any culpability accepted for work undertaken by advertisers.

Celebrating 40 years of The Link - 1980 to 2020

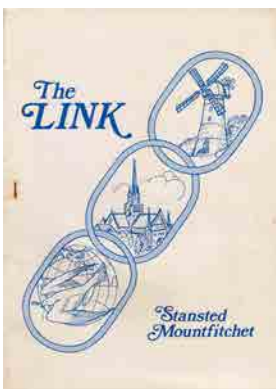
Our cover story



Before The Link was born in 1980 the village had been well served by the Parish Magazine, which had been published by the Church of England for at least 50 years. This is the cover of the December 1952 edition that was kindly provided by Ray Rogers, now living in Scotland, and whose baptism was recorded therein.

HOLY BAPTISM

Nov. 9—Raymond John, son of David John and
Florence Mary Rogers

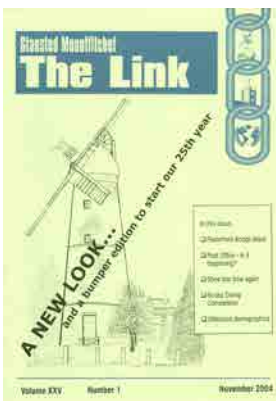


The first issue of The Link appeared in October 1980, and was on a subscription basis.

Under the heading 'How The Link Began' there were the following two paragraphs (yes, it was in Courier font from a typewriter!):

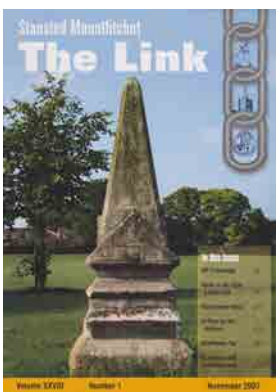
'The confidence and cooperation which have grown within the local Christian community now enable us to launch THE LINK which aims at being a truly village effort. Every group or individual may contribute to and, we hope, benefit from this new magazine.'

The title of the magazine describes its function. The cover design signifies our village, the Church and the world about us. Our purpose is therefore clear; we seek within Stansted to reach people of all denominations or none and so provide a service for which the joint churches' organization is uniquely fitted.'



After 24 years using the same rather bland design, in 2004 we changed to something more like our current cover. However, we were still limited to a single colour on the outside and no colour inside. By this time we had moved from typewritten 'cut and paste' articles to fully computerised production and professional printing. In 2004 the village was without a Post Office, so readers were no doubt pleased to see the following item by Alan Dean on Page 10. It eventually bore fruit!

'Post Office A lot is happening behind the scenes to open a new Post Office. I hate being secretive, but all I can say at the moment is that there are some really good ideas being considered. The District Council is doing its best working with other people and organisations to help turn the ideas into what we all want — a fully operational Post Office in Stansted.'



From November 2007 we decided to increase the circulation of The Link by making it free of charge. It now had full colour on the covers and was delivered to every home and business in Stansted village, as it still is. The Link came of age in September 2009 when we became formalised as a Community Interest Company (CIC) under the editorship of Derek Honour, who had been Chairman of the magazine committee at its foundation back in 1980. This final step relieved the Churches of their guardianship and gives legal responsibility to the directors.

Since our launch in 1980 we had used the same cover image for several consecutive issues. This was so covers could be printed in advance in large batches and simply over-printed with the issue number and date each month. Understandably this led to some confusion, so in 2013 we started using a different cover picture each month. The final significant change was a year later in February 2014, when we upgraded the printing process and the magazine now included colour throughout.

Celebrating 40 years of The Link - 1980 to 2020

Snippets around the Millennium year 2000

It has been a fascinating task to browse through back numbers of The Link, but rather more difficult to select items that might strike a chord with today's readers. In the end we have focused on the year 2000, being the midpoint of our existence.

In 2000 we were some way through an extended series of profiles of people who had contributed to the life of the village. Some of them will be familiar to older readers, and some have now passed away. The ones included in 2000 were:

January	Peter Jones	July	Jack Stone
February	Ann Calver	Aug/Sept	Brenda Ryan
March	Elizabeth and Jeremy Wagener	October	Richard Shervington
April	Lily Brett	November	Marion and Ted Pretty
May	Dick Pollard	December	Wilf and Iris Wood
June	Phyllis Watts and Bridget Gott		

The above profiles were all based on interviews with the people concerned, and recorded by a trio of interviewers consisting of Katharine Hurford, Elizabeth Wagener and Derek Honour.

Not only have many of our villagers passed away since 2000, but some village events have also died. Their demise has been due in part to a shortage of volunteers, and not the onset of Covid-19. Examples of front page publicity for three of these once-popular events are shown below:



Good Friday Project



Stansted Carnival



Art & Craft Market

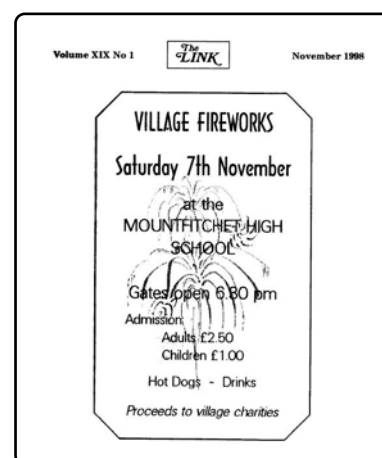
On the other hand it is good we have the following events still going strong (or at least they were before Covid-19!)



Fun Run



Windmill Fête



Village Fireworks

You can read all issues of The Link for the last ten years on our website. If you are interested in earlier issues, please contact me.

Mike Dyer, The Link Chairman
Tel: 814059 Email: chairman@stanstedlink.org.uk



Why live with your aches and pains?

Hazel Williams is one of the few practitioners who specialises in both structural and cranial osteopathy to treat a wide range of patients from babies to the elderly, from the immobile to athletes.

Her treatment can help with: back, neck, joint, arthritic and muscle pain, trapped nerves, sports injuries, headaches and migraine. She also incorporates acupuncture to aid pain relief and provides specially formulated pilates classes to help with rehabilitation.

Her aim is simple... **to give you continual relief from pain wherever possible.**

To claim your **free assessment consultation*** please call Hazel at her surgery on:

01279 813371

61 Blythwood Gardens, Stansted, Essex.
osteopathy@hazel-williams.co.uk
www.hazel-williams.co.uk

*Hazel Williams reserves the right to remove or change this offer at any time without prior notification.

Quendon

OSTEOPATHY

Jacolin Sheaf (Lampon) D.O.
 4a Red Cottages, Cambridge Road, Quendon,
 Saffron Walden CB11 3XH (*onsite parking*)

Structural Osteopathy, Cranial Osteopathy.
Treatment of back and neck pain, muscle and joint pain, tension headaches, trapped nerves and sports injuries.

One-to-one Pilates instruction.
Specialist Clinic for pregnant mothers, babies and children.


Tel: 01799 543444

Email: info@quendonosteopathy.co.uk
 Web: www.quendonosteopathy.co.uk

STANSTED YOGA LOUNGE

LYNDSEY DOYLE



Vinyasa Yoga Teacher




- Regular Classes
- Private Tuition

Tel 07970 022214

Email: lyndseydoyle@sky.com


Stansted Yoga Lounge


Back to Basics Pilates Class with Hazel Williams Registered Osteopath



7-8pm every Friday

9-10am every Saturday

8-9pm every Monday

At the Quaker Hall, Chapel Hill, Stansted Mountfitchet.

To book one of the limited places available please call Hazel on: **01279 813371** or **07973 409675** or to find out more go to www.hazel-williams.co.uk

Please wear loose clothing and bring an exercise mat.

50% introductory class on Fridays only (subject to availability)

CALLING NEW ADVERTISERS!

This could be YOUR ad here

Only £90 for 3 issues

or £330 for a full year

See our website for details

www.stanstedlink.org.uk/advertising

or call Marion & Mike on 814059

Email: adverts@stanstedlink.org.uk

Other sizes also available

FLEXIBLE STRENGTH

Mon 9:15, Tue 13:30 & Thurs 18:45

Manuden Community Centre

Simple but demanding movements that work on your core and brain.

Clare Harding: 07802 872919

f: flexible strength manuden

The only class of its kind in the UK!

free trial class with this voucher






C J FITNESS

Personal Trainer

One to one or small groups
 Work on your fitness or weight loss
 Home visits available
 Indoors or outdoors

Please call 07950329462

Email: juniperberryx@hotmail.com

STANSTED VILLAGE 1940-1950 (PART 2)

Following on from last month's memories of the village we now come back along Station Road. On the west side was Thurgoods cycle shop where Bombay Butler now stands. The King's Arms is still on the corner; going up Chapel Hill we had Mumfords Grocers on the corner of Sunnyside, Mr Poole's paper shop, followed by Houghton's watch and clock repairs. The Barley Mow pub was on the corner of Woodfields opposite the church.



W Robinson's building yard was in Back Lane. Aubrey Levey's (funeral directors) was on the corner of Recreation Ground. Further up Chapel Hill was the Central Hall which served as a Court House on Saturday mornings; these are now flats. Then there was the Post Office. Just past the entrance to Spencer Close is the road leading down to Stansted Pumping Station. On the corner of the lane stood a brick building which housed the pump for the fire engine, which is now demolished.



Now we are back at the fountain where we could have a drink from a metal cup on a chain. Turning left down Silver Street, Linden House on the corner was Peringer Nursing Home; further down was the Antiques shop. The next building was Mr Players, a cobbler. I am told one of the cottages just further down was a fish and chip shop, but I cannot remember it. We then had Miss Rose's tea and sweet shop. Crossing over coming back up the hill we had Joe Childs' repairs for radios and charging accumulators, The Windmill Public House followed by the depository store (furniture).



Mr Grey's cycle shop followed, then Pearsons the bakers. The Cock Public House comes next followed by another butchers, Mascalls. The little white cottages at the top housed Mrs Mant's sweet shop and downstairs in the second one of the yellow brick buildings was our Police Station. The other shops we had were Mr Turner's along Bentfield Road which was a general grocers and the little corner shop in Stoney Common.

John Salmon
Tel: 814789

LOOK BACK



We met and we married a long time ago,
We worked for long hours when wages were low,
No TV, no wireless, no bath; times were hard.
Just a cold water tap and a walk up the yard.
No holidays abroad, no posh carpets on floors
But we'd coal on the fire and we didn't lock doors.
Our children arrived, no pill in those days,
And we brought them all up without any state aid,
They were quite safe to go out and play in the park,
And old folk could go for a walk after dark.

No Valium, no drugs, no LSD,
We cured most of our ills with a good cup of tea.
But if you were sick you were treated at once,
Not "Fill up this form and come back in six months".
No vandals, no muggings, there was nothing to rob,
And we felt quite rich with a couple of bob.
People were happier in those far off days.
Kinder and caring in so many ways.
Milkmen and paper boys would whistle and sing,
And a night at the pictures was our one mad fling.

We all get our share of troubles and strife,
We just have to face it, that's the pattern of life.
But now I'm alone I look back through the years,
I don't think of the bad times, the troubles and tears,
I remember the blessings, our home and our love,
And that we shared them together, I thank God above.

Anon

**This could be YOUR ad here
Only £60 for 3 issues**

See www.stanstedlink.org.uk/advertising
or if you do not have internet access
please call Marion & Mike on 814059
Email: adverts@stanstedlink.org.uk



JOHN WILSON

JOHN WILSON
fine quality jeweller

**Manufacturing & Remodelling
Jewellery for all Occasions
Old Gold Bought**

Mobile: 07900 931 910 Workshop: 01279 647 878



**Company Branding : Workwear : Uniforms
Sports Wear : Personalised Gifts**

01279 897070 www.chogou.co.uk Chapel Hill, Stansted



**Looking for a Private/
NHS Dentist?**

**Castle Dental is taking Private|Denplan|NHS
Patients (subject to availability)**

Hygienist services, cosmetic and implant surgery

Open Monday to Friday 8.30am-5pm

Private Saturday and late evening appointments available

Tel. 01279 815166

Castle Dental, Castle Maltings, Stansted, Essex, CM24 8XG



Chapel Hill Dental

Smile creators @ Stansted

Want to improve your smile We provide all treatments and
have a wealth of experience in all aspects of dentistry

Member of British Association of Cosmetic Dentists

- **Cosmetic Dentistry • Implants • Tooth Whitening •**
- **Invisible Braces • Anti-Wrinkle Treatments •**
- **Facials • Eyelash Extensions • IPL •**
- **Semi-permanent Make Up •**

Accepting New Patients

Open Mon - Sat plus Tue Evening • 0% Finance Available

Call 01279 815041

Email: info@chapelhilldental.co.uk

www.chapelhilldental.co.uk

Are you Under Pressure & need a Helping Hand?



Then Look no further!


Witts End provides administrative, meeting logistics,
Freelance PA/Virtual Assistant support to small business,
start-ups, busy homes & individuals


Over 25 years extensive PA Administrative experience

Please contact **Philippa Pearson** Mobile: **07799 163522**

Email: hello@wittsendbusinessservices.co.uk

www.wittsendbusinessservices.co.uk

 @end_business

 WittsEndBusinessServices



**Our Community Allotment aims to help
people with mental health needs,
a disability or in social isolation**

I want to teach people all things gardening and food related

Help me to build a brighter future

If you would like to get involved please tel: 07946 783039

Email: keiran@humanrootscommunity.org.uk

www.humanrootscommunity.org.uk

**This could be YOUR ad here
Only £60 for 3 issues
or £220 for a full year**

See www.stanstedlink.org.uk/advertising
or call Marion & Mike on 814059

Email: adverts@stanstedlink.org.uk

From the standard
to the unusual



design print web exhibition
www.czdesignandprint.co.uk

01279 657769 • hello@czdesignandprint.co.uk



*If you need your
Leaflets/Menus/Magazines
delivered locally or nationally
Please contact us on*

07803 878961

or email martin@voucherpacks.com



**Stansted
Business Forum**

STANSTED EVENING WI



Our 60th Anniversary

On 14th July 1960 a meeting was held to discuss forming a WI in Stansted. Over 50 women attended and 33 people were nominated to stand on the first Committee, so obviously the interest was there. At the first meeting in October, 12 people were elected and Irene Sanders became the first President. Margaret Chastney, still a member, became Assistant Secretary. Margaret Meadows and Marion Pretty, both still members, were also there. By November, 51 members had signed up and fundraising was discussed. A generous donation of £10 was given by the Afternoon WI to start us off. Mrs Burton gave a talk in November entitled *Make your own Clothes*. I am not sure if this was a command or an invitation to learn how! Plans were made for snowball teas, a whist drive, a sales stall at a garden meeting, a choir and drama groups, as well as lampshade making, cane work and glove making classes! Homemade cakes and tea were provided by five members each month and cost 6d.

By January, classes were under way and a trip to the Ideal Home Exhibition had been organised. Irene retired from being President after less than a year due to ill-health. During the presentation of her bouquet, all the lights went out. The speaker began her talk and demonstration on candlewick, which suggests to me that the audience may have gone to sleep. Refreshments were served in semi-darkness and AGM resolutions were discussed before the lights came on again. In 1962, members attended the group meeting of six local WIs, held in Stansted.



The picture shows the line-up of presidents on that occasion; Irene Sanders is the second on the left. The important looking lady with the largest hat is the National Federation Vice-Chairman, Mrs Farquharson. We hope to celebrate our 60 years before too long and meanwhile we keep in touch with each other as best we can. We are grateful to those early members for their enthusiasm in setting up our WI.



Judy Colliver
Tel: 812470



Green Waste Skip Dates

Lower Street Car Park
Sundays 12.30 - 4.30 pm

October 4th & 18th
November 1st, 15th & 29th

A VIEW FROM THE BENCH Part 3

The rustic, rural idyll of our village, a gentle autumnal breeze caresses the air and my thoughts begin to stray ... to the mercurial temperament of Stansted's microclimate, as it moves in mood from a happy sun to a tearful rain and to the storms, Learesque in their rage and torment, the tinge in the atmosphere presaging rain. The delight when a cheeky ray of sunlight peaks 'neath the greyness of the cloud as if to say, keep smiling, better days ahead. A tang of ozone singeing my senses. That gentle susurrant of leaves and branches in the breeze, the elegance of the ladies of the village and the juxtaposition of the flowers still in bloom, complementing each other in sublime harmony. Admiration for the vintage and sports cars on the road with engines revving, some smooth some excitingly throaty, the 4 x 4s in their Amazonian certainty, the motorbikes that throb with an impatient urgency, the whizzing bikes, the creaky trikes, a cacophonous multiplicity of sound. The bench enhances my anticipation for my plans of the day. Whether it be my job, and the nice prospect of serving the kindly denizens of Stansted or Saffron Walden or perhaps salivating at the thought of savouring the first pint of the day. The gentle pad pad pad of the joggers. I have become adept at recognising the difference in sound between the lady and gentleman runners.

I have a few more tiddlers to hook your reading rods into ... A friend asked me if I was writing any more articles. I said it was possible and he jokingly rejoined, "Well, mention that overgrowing bush behind you, it needs to be pruned!" One rainy and inclement day, I was chatting to a neighbour across the road. He is a little on the bald side and I cheekily said the rain would help his hair grow. He replied, "Well it hasn't yet." His neighbour, who is also a tad short of hair, chipped in with, "Nope me neither." Such cheerful banter, such joyful riposting. Oh, and I nearly forgot the great BT Engineer incident. Two of the residents' internet was down and, when they saw the engineer, there was a great convergence upon him, so reminiscent of the shark from *Jaws*, that you could almost hear the theme tune! Everyone was incredibly friendly about it and it transpired that he was on a different job. Autumn is here with winter's icy tentacles not far in abeyance. However, with the sunny smiles of Stansted, summer is perpetual. So as this small *billet doux* to the people of our village draws to a close, I wish you all, health, wealth, happiness and most of all, love.



Krishna Mukhoty

LETTER RE A VIEW FROM THE BENCH

I felt compelled to write to you to tell you how much we enjoyed Krishna's *View from the bench*. It was fantastically refreshing to be reminded of how little is needed to have an enjoyable life and how camaraderie, neighbourliness and respect are so important to all our lives. There are many people living on their own across a range of age groups, and a kindly word and a simple acknowledgement of their existence is highly valued. Please pass on our thanks to Kris for his erudite and insightful words and encourage him to become a regular contributor with his observations of our great little village. Next pint is on us Kris! PS The Singing Painter has been outed!

Gary and Heather Waller
Forest Hall



We're passionate about

fulfilling residents' lives

At Mountfitchet House, we understand that choosing a care home can be stressful for everyone involved.

We offer residential, nursing and dementia care, and all-round support to make things easier.



inspected and rated by

Outstanding ☆



Care Quality
Commission

To find out more about living at Mountfitchet House, call us on **01279 881559** or visit **careuk.com/mountfitchet-house**

Fulfilling lives

Mountfitchet House care home
Coltsfield, Stansted, Essex CM24 8LH



Old age is for thriving,
not just surviving

Broome End ESSEX CARE HOME 2019 WINNER

Relax in the knowledge that we are an **award winning**, family owned home known for our excellent care, especially specialist dementia care.

Our staff espouse our values of offering **compassionate person-centered care** in a cosy and safe community setting.

01279 816455 | www.curaa.co.uk | Pines Hill, Stansted CM24 8EX

SCIMITAR CARE HOTELS PLC - First Class Residential Care for Mum & Dad



Luxurious residential care home for retired, elderly or convalescent senior citizens.



Hargrave House, Stansted: 01279 817272

Scimitar Care Hotels is dedicated to providing a superior lifestyle of comfort, happiness and independence that redefines the perception of residential care for the elderly. Our quality and standard of service really do make a difference to our residents' lives.

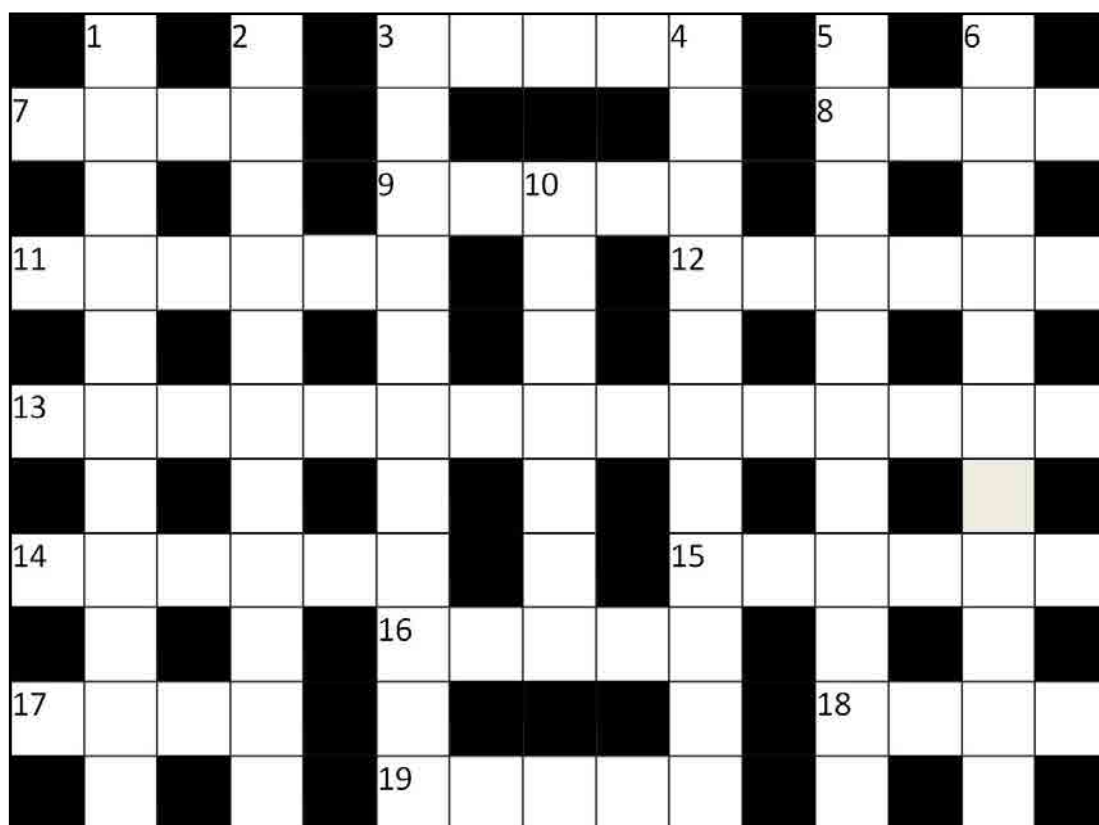
Are you planning a holiday but worry about a dependent elderly relative? Do you want a 'day out' for shopping, visiting friends or simply need a break but are concerned about leaving Mum/Dad without care?

Scimitar Care Hotels provides long and short-term care and day care so that carers can take a break.

- | | |
|----------------------------------|----------------------------------|
| ✓ En-Suite Facilities | ✓ Passenger Lifts |
| ✓ Private Telephone & Television | ✓ All Meals Freshly Prepared |
| ✓ Nurse Call Facilities | ✓ Short or Long Term or Day Care |
| ✓ 24 Hour Care | ✓ Single or Double Rooms |
| ✓ Fully Licensed Bar | ✓ Personal Laundry Service |

Head Office: The Lodge, Coopers Lane Road, Potters Bar, Hertfordshire, EN6 4AD. Tel: 01707 665515 - www.ScimitarCare.co.uk - mail@ScimitarCare.co.uk

FUN AND GAMES PUZZLE TIME



Compiled by Roger Wardle. Answers on page 37

ACROSS

- 3 Susan received a 13 when she sang
'I dreamed a dream' (5)
- 7 Coke or Pepsi (4)
- 8 His Holiness (4)
- 9 Putin will have his say (5)
- 11 See 3 down (6)
- 12 Adventurer who came from B Stortford (6)
- 13 They all got up and clapped (8.7)
- 14 See 5 down (6)
- 15 Sea bird (6)
- 16 Italian port or cake (5)
- 17 Elizabethan fiddle (4)
- 18 Wood source (4)
- 19 When on Twitter! (5)

DOWN

- 1 Henry VIII played this at Hampton Court (5, 6)
- 2 19th century boxers fought like this (4-7)
- 3 & 11 across TV show for amateurs (8,3,6)
- 4 OTT, wasteful, lavish (11)
- 5 & 14 across B&W TV version of 3 & 11 (11,6)
- 6 It tells you how fast you're going (11)
- 10 P'Pick up a flightless bird (7)

BRITISH FOOD QUIZ

Each food is named after a location in the UK

- 1 What are Pontefract Cakes made from?
- 2 What is traditionally added to a tomato juice drink?
- 3 Which famous dish can be served as a starter with onion gravy or with a main meal?
- 4 Soup associated with bad English food
- 5 Main ingredient of a modern Glamorgan sausage
- 6 Which famous dessert is always served at the annual cricket match between the top two public schools?
- 7 What kind of food is Cullen Skink?
- 8 What protected name is given to the variety of potato, International Kidney, grown as an early crop?
- 9 Where does the dessert consisting of a case containing layers of jam, frangipane and flaked almonds originate?
- 10 What kind of cake is made from a spicy yeast dough rolled into a square spiral with currants?
- 11 Which cheese is beloved by Wallace?
- 12 Carried by climbers and walkers as a source of energy
- 13 What is a Chelmsford Wonder?
- 14 What kind of fish is used in an Arbroath Smokie?
- 15 Stilton is a protected designation for cheese made in which 3 counties?
- 16 What is a Manx Queenie?
- 17 Sausage of chopped peppery pork up to 21 inches long
- 18 What would be the tin miner's lunch?
- 19 What kind of food is a Selkirk Bannock?
- 20 Hors d'oeuvres consisting of scrambled egg with anchovies on toast

Compiled by Cliff Gilbert. Answers on page 25

Stansted Psychotherapy

Counselling • Psychotherapy • Coaching

Siân Lloyd MA MBA Dip.NLPt

UKCP Registered Psychotherapist & Clinical Supervisor

Health Insurance Registered Provider

Video & Phone Consultations also available

Phone: 07966 195385

Email: sian@stanstedpsychotherapy.com



Walk-In NHS Hearing Aid Maintenance Service Update

Due to Covid-19 restrictions our Stansted sessions are currently suspended but please contact us if you need help. We are offering a limited number of appointments in select venues and may be able to deliver a doorstep visit to those with highest need who are unable to visit our venues.

For more information please check our website

www.hearinghelpessex.org.uk or call 01245 496347

Registered Charity 1113498 Company Limited by Guarantee Registered no 5664873

Ross Nursing Services Ltd Est 1999

Ross Nursing Services is family owned and run. We provide the highest levels of personal care and support for clients in their own homes. We have experienced carers to help people with a wide range of needs, from simply preparing meals, to dealing with multiple and complex conditions. Care plans are flexible, fully reflect our clients' needs, and can be changed at short notice when necessary.



See www.rossnursing.co.uk or call **01799 551046** and speak to our managing director Ros Holder

This could be YOUR ad here Only £60 for 3 issues

See www.stanstedlink.org.uk/advertising
please call Marion & Mike on 814059
Email: adverts@stanstedlink.org.uk

Larger sizes also available



MCM Computer Services

Computer Services for homes and businesses

- Computer Repairs & Upgrades
- Networking & Internet
- Virus & Spyware removal
- Website Design

- On site repairs up to 2 hrs - £40 fixed fee
- Fixed price on collection and return repairs

www.mcmcomputerservices.co.uk

mark@mcmcomputerservices.co.uk

For a friendly, fast and reliable service call Mark on

07815 011925

01279 897243

Taylor Computer Services (Stansted)

On-site Computer Maintenance/Repairs for Home or Business

DON'T BE RESTRICTED TO OFFICE HOURS, I CAN VISIT YOUR HOME OR OFFICE DURING THE DAY, EVENINGS OR WEEKENDS AT A TIME TO SUIT YOU.

Wireless Networking and Broadband Setup, Data Transfers, Hardware & Software Installation, Virus & Spyware Removal & Protection, New PC Setup & Training

Call Derrick on 01279 816418 ~ 07926 289749

Email: deltaylor61@btinternet.com

Get the Most out of Life Hypnotherapy and CBT

Glynis Cheers

MA, CIPD, DPM, BSCH, Diploma Clinical Hypnosis

One session help with smoking therapy (plus support)

Weight Gastric Band Confidence E ams

Phobias An iety OCDs School

Hypnobirthing Irritable Bowel Syndrome Past Lives

and much more

01279 812165 Email: threecheers@btinternet.com



.....A fresh start towards positive change

For stopping **smoking**, sleep problems, **anxiety** & low **mood**, sports **performance**, fears, **phobias** and habits, pain and **weight** management, exam nerves and **IBS**

Arrange a **FREE**, no-obligation consultation

07951 776608 or www.freshleafhypnotherapy.co.uk

Fully Qualified (MSc, BSc, HPD, DSFH) Registered & Insured



HELPLINE

Stansted's Voluntary Community Care Service

Need assistance with transport to medical appointments, shopping or collecting prescriptions etc?
No other transport available?

Call 07704 553727 Monday to Friday 9 am - 4 pm

Helpline serves to harness the goodwill that exists in Stansted if you would like to help as a Volunteer please give us a call

CHIROPODIST

Mrs Julie Golden

Est. 1994

HPC Registered ~ State Registered

Home isiting Practice

Tel: 01279 873492 Mob: 07916 075451

A professional service at a competitive price



**R. Handford & Co.
Podiatry Limited**

Bishop's Stortford

- ♦ Orthotics
- ♦ Diabetic foot Care
- ♦ routine Treatment
- ♦ Saturday Appointments

H.C.P.C. Registered

16 Hockerill Street, Bishop's Stortford

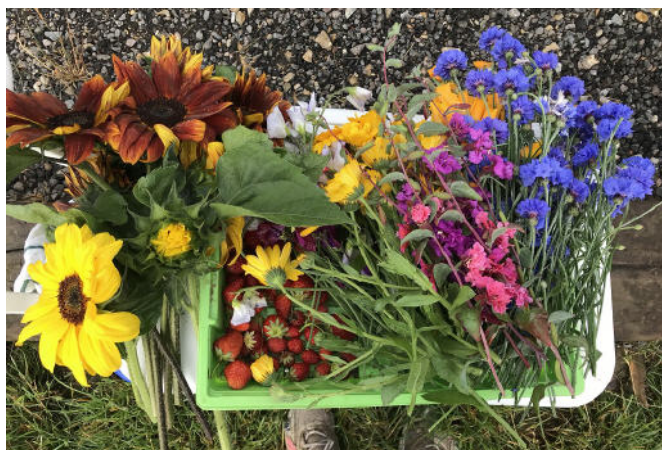
01279 652249 info@feet.org.uk

www.feet.org.uk



www.humanrootscommunity.org.uk

This year has brought us a bumper season of crops and our fair share of pests. With the season beginning to change and more free time, I am finally able to reflect on the good, the bad and the ugly for Human Roots. When the pandemic first hit, I had to decide quickly how to manage the allotment. I was constantly swaying between the 'go for it' or 'cautious' approach. I think we all know what happened. I went for it and planted all 26 beds!



Overall, I have been very successful with my crops, with an abundance of squashes, leafy greens, herbs, sunflowers, beetroot and carrots. However, I have had endless problems with black fly, aphids, melting cabbages, failed pumpkins and tomato blight. Despite the very hard work, I am really glad that I decided to go for it. Over the season Human Roots supported about 10 needy families every two weeks. All families were referred by Spangles Children's Centre and each received a range of fresh fruit and vegetables.



In recent weeks, we have recruited a new volunteer through *United in Kind* and look forward to working with him on the allotment in the coming seasons. Of course, we would also love more volunteers to get involved on the allotment so get in touch if you are keen to be part of something great.



Keiran Leigh Olivier
Tel: 07946 783039

Email: keiran@humanrootscommunity.org.uk



www.savestansted.co.uk

The Parish Council is supporting the Save Stansted Village (SSV) group which has reconvened following the submission by Bloor Homes to build 168 homes on land west of Pennington Lane. The Parish Council is not anti-development in the village, but does not consider that this application should be supported in this location. Should you share this view, please send your comments to Uttlesford District Council. The official deadline was 24th September, but usually comments would be accepted up until the Planning Committee meets to determine the application. You can upload your comments to the Planning Portal as follows:

- On your internet browser, type in *Uttlesford Planning Applications*
- Select *Comment or search for a planning application*
- Click on *View and comment on planning applications*
- Type in UTT/20/2121/OP or Pennington
- Click on *Make a comment* box, then fill in your name and address and your comments.

Alternatively you can write to: The Planning Department, Council Offices, London Road, Saffron Walden CB11 4ER. Make sure you include the reference: UTT/20/2121/OP. If you need help with writing your objections, or for a list of objections, please email: savestansted@gmail.com or look on the website. SSV also require funds to pay for things like specialist planning advice, printing, website costs etc. All donations gratefully received. Online transfers can be made direct to Stansted Parish Council, Sort Code 20-36-98, Account Number 20147168. Cash or cheques made payable to 'Stansted Parish Council', which can be delivered or posted to the Parish Council office: SSV Campaign, c/o Stansted Mountfitchet Parish Council, Council Offices, 72 Chapel Hill, Stansted CM24 8AQ. Or you can telephone the Parish Council on 813214.

James Hogg

ST MARY'S SCHOOL

www.stmarysstansted.co.uk



It is so nice to be able to write this. We have taken so much for granted and these last few months have shown us just how much we have and how rich our lives are. We are happy to have the children back at school; all the staff were sad to say goodbye so abruptly in March. We are working on keeping the children safe, happy and interested in their learning. Having said that, we are thrilled to discover our pupils are still as fantastic as ever and we are off to a flying start for this extra special academic year.

Matthew Curzon
Acting Headteacher
Tel: 812212



HOWE GREEN HOUSE SCHOOL

Independent Co-ed Prep School for 4 to 11 years & Little Oaks Nursery School for 2 to 4 years

www.howegreenhouseschool.co.uk
Tel: 01279 657706

Graham School of Dance & Theatre Arts

Outstanding tuition for children in

- * **MELODY BEAR** introductory dance classes for pre-school children age rising 2-3 years
- * **NURSERY BALLET** for children age 3-4 years and
- * **Royal Academy BALLET**, plus **Introductory MODERN DANCE** for children age 4-7 years

Classes held at **MOUNTFITCHET ROMEEA LEISURE CENTRE, STANSTED** on **MONDAYS**

Classes also at our 6-studio premises in Bishop's Stortford, & other local venues

For further details & a **free prospectus**:
E: info@grahamschoolofdance.co.uk
T: 01279 654423 www.grahamschoolofdance.co.uk

ROYAL ACADEMY OF DANCE COUNCIL FOR DANCE EDUCATION & TRAINING AQA

TUITION

Reading ♦ Writing ♦ Maths ♦ Science

I have many years of experience, teaching throughout the primary age range (4-11 years) and as a school SENCO

Please call me to discuss your child's needs

Katy Dockerill
Tel 01279 812997

The Peter Kirk Centre
St John's Road, Stansted CM24 8JP
www.rainbowpreschool-stansted.co.uk

We welcome Children aged 2½ to rising 5s
Experienced Friendly Staff

Children show extremely high levels of confidence and self esteem .
Children are making outstanding progress, securing the skills they need for their future learning and move onto school (OFSTED)

Please call
01279 814242 or 07966 506997

Felicity Hamilton BMus (Hons) LRAM
Singing Teacher

I offer expert technical training in all styles, in a fun and relaxed setting, to students of any age or level of experience. Based in Stansted, I would love to hear from you. Tel: 07833 363337
felicityamhamilton@gmail.com www.felicityhamilton.co.uk

"An inspired teacher with a gift for communicating her love of singing and all that it can bring ... I could not recommend her more highly" – parent of a pupil

Birchanger Butterflies Pre-school

Friendly, rural preschool in the grounds of Birchanger Primary School with experienced staff
Weekly Forest School session available

Limited Spaces available for both 15 and 30 hours
Children welcome from age 2 to rising 5
Visitors welcome, please call 01279 810800
www.birchangerbutterflies.org.uk
Previously known as Birchanger Nursery

PIANO (Classical & Jazz) VIOLIN and SINGING LESSONS in MANUDEN

All ages abilities welcome - beginners to diploma
AB SM Grade E aims prepared for
Tuition outside school hours so no vital lessons missed
JAMES PRIEST BMus, MMus in Performance TCML
To discuss individual requirements tel 01279 647050

Teach Me To Sew Sewing Classes

Gift Vouchers
07752 209936

www.teachmetosew.co.uk

City & Guilds APPROVED CENTRE

Richard Carr MA (Cantab) DipABRSM

Music tuition

Piano, organ, singing and theory lessons
Beginners to advanced
Preparation offered for ABRSM exams
Teaching studio located on Foresthall Park

Email: ricercare@cantab.net Telephone: 01279 647662

LINK ADVERTISING RENEWALS

Due to Coronavirus, our advertising renewals will take place in February

To book a space visit
www.stanstedlink.org.uk/advertising
or call Marion & Mike on 814059



www.stanstedmentalhealth.org

Stansted Community comes together to promote Mental Health Awareness

A group of volunteers from the village have come together to form *Let's Talk, Stansted!* This new project aims to get people talking and raise awareness of mental health issues throughout the community. It was set up as a local response to some tragic deaths in the area over the summer, following a post on social media by Elaine Knibbs, a local resident: "I was devastated to read in the local press about members of the community who had taken their own lives. I felt compelled to see if there was something we could do to bring the community together and talk about mental health issues, especially given how much Covid-19 has impacted everyone." Our objectives are:

- To raise mental health awareness within the Stansted community
- To provide a signposting service to support mental wellbeing in Stansted
- To help support members of the Stansted Community who have mental health concerns
- To create a network of local adults and young people who will all receive accredited training in suicide prevention and mental health awareness.

The group had their first meeting via Zoom at the beginning of July and after just seven weeks we were ready to launch our project on Thursday 10th September, which coincided with World Suicide Prevention Day. This is an awareness day which has been observed on 10th September every year since 2003, aiming to provide worldwide commitment and action to prevent suicides. The *Let's Talk, Stansted!* team were out in force around the village on 10th-13th September talking to the community about the project and recruiting volunteers. If you would like to join us or learn more, please email: contact@stanstedmentalhealth.org or see our website.



Rachel Dawes



Although the church is now open for Sunday worship, *The Place* will not re-open in the near future. The nature of a drop-in facility is that people just turn up, which would make it very difficult for us to adhere to the Government's social distancing measures and limits on numbers. Hopefully the restrictions will be lifted by the end of the year so that we can look forward to opening in January.



Mike Dyer
Tel: 814059

Email: theplace@stanstedfreechurch.org.uk

WAR MEMORIAL FLOWERS

In normal times, we would have started putting flowers on the War Memorial on Easter Sunday 12th April. Sadly, because of so much uncertainty, we decided it was better not to set up the rota as it was so soon after lockdown on 23rd March and so many people are involved. Tony and Lesley Graver have very kindly agreed to do the flowers for Remembrance Sunday on 8th November: such an important day.

I would like to invite people to attend at the War Memorial on **Wednesday 11th November** at 11.00am. It is usually a small informal gathering, but another very important occasion. I will then aim to start a new rota for next year starting at Easter. New volunteers are always very welcome; please contact me if you would like to help. Thank you very much.



Janet Hollis

Tel: 812073

Email: janhollis@btinternet.com



Citizens Advice
the charity for your community

DON'T STRUGGLE ALONE

www.uttlesfordcab.org.uk

If you are facing challenging circumstances at the moment, you are not alone. The pandemic may have caused financial or other problems for you or your family or it could have made an already difficult situation even worse. However insurmountable a problem seems, there is always a way out. A problem shared is a problem halved. In the first instance, take the time to talk to friends and family who know you well; they may be able to offer valuable advice and practical support. If you need more specialist support, our trained staff and volunteers can help with issues relating to employment rights, including issues related to redundancy, problems with housing such as landlord disputes or homelessness, discrimination issues including hate crime, domestic violence situations and other relationship challenges. Our advice is free, independent, and confidential.

If you are finding it difficult to manage financially due to a drop in your income, we can make sure that you are receiving all the benefits you are entitled to and can also check your eligibility for local support schemes to cover the cost of food, heating, travel, medical supplies or support you to access education or training opportunities that could help get you back into work. If you are in debt, the most important thing is not to ignore the problem. We can work with you to identify the best way forward, by working towards a debt free life with one of our debt specialists or referring you to telephone or online support such as www.nationaldebtline.org. Our advisers will explain your options and help you to make informed decisions about how best to manage your problems by focusing on your needs and priorities. To speak to an adviser call 01799 618840 and leave a message, or email: help@uttlesfordcab.org.uk.

Jo Hancock

THOUGHT FOR THE MONTH

Some of you will have had your children at home a great deal over the past few months, and I can imagine this scene: there is a gigantic crash in the living room and you rush in to find two or three objects lying on the ground and two guilty looking youngsters nearby. "What happened?" you ask "Who did this?" Sheepishly, one denies all knowledge of it and the other loudly protests their innocence. "Well, it must have been Mr Nobody," you say vaguely, aware that by Newton's Law those objects would not have moved without some force acting upon them, and although you suspect the 'butter-wouldn't-melt' youngsters, whose fault was it?

Right from the beginning humankind have been playing the blame game. In the Bible story of Adam and Eve, God asks Adam, "Did you eat the fruit that I told you not to eat?" (Genesis 3:11) and Adam tries to shift the blame onto Eve for leading him astray and onto God for creating her. Eve likewise tries to blame the serpent for deceiving her.

We are living in a time which is unprecedented and sometimes frightening. There are huge differences in the delivery and interpretation of the guidelines set out to keep us safe. There are attempts made to do what is needed to stop the spread of the virus, but when it all goes wrong, whose fault is it? We need to try to avoid playing the blame game at this challenging time and instead we need to help each other through with maturity and a sense of responsibility, to help our neighbour by doing what we can to keep each other safe.



Captain Megan Kervin
Bishop's Stortford Salvation Army

ROMAN CATHOLIC

St Theresa's of Lisieux

High Lane, Stansted CM24 8LQ
www.sttheresastansted.org

Masses

Saturday	5.15pm Confessions 6.00pm Mass
Sunday	8.30am and 10.00am Mass 9.15am Confessions
Monday	9.00am Confessions 9.30am Mass
Tuesday	7.15pm Confessions 8.00pm Latin Mass (Extraordinary Form)
Wednesday	12.00pm Confessions 12.30pm Mass
Thursday/Friday	9.00am Confessions 9.30am Mass

Face Coverings

A reminder that anyone attending church is required to wear a face covering.

Livestream Mass

We are also continuing with our livestream of the Masses via our YouTube channel; the link can be found on our website <https://www.sttheresastansted.org/live-mass/>

Website and Facebook Page

Our website and Facebook page are updated on a regular basis, along with our weekly Newsletter, so please remember to take a look every now and then.

Website: <https://www.sttheresastansted.org/>

Facebook: <https://www.facebook.com/StTheresaStansted>

Clair Rava
Parish Administrator

Email: stansted@dioceseofbrentwood.org



Like everyone else, all of our face-to-face group activities have been cancelled over the last few months, although some weekday evening and Sunday meetings have continued online. By the time The Link goes to press, things may have changed again. Please email or ring us for the latest updates on what is running and when. If you have a prayer-request, please contact us. If you are looking for Christians with a contemporary outlook, a desire to grow in our faith, and a vision to benefit our community, why not get in touch?



Ros and Howard Page
Tel: 810813
Email: contactstanfam@yahoo.com

From St John's Registers

August

Baptisms

2 nd	Marley Joseph Leys
30 th	Alice Ffion Grace Prichard

Wedding

29 th	Christopher James Todd and Jennifer Kim Davey
------------------	---

Funerals

4 th	Daphne June Nott, age 82 - at Parndon Wood
5 th	Janet Dorothy Roberta Peachey, age 86 - at Cam Valley
12 th	Gladys Theobald, age 97 - at Parndon Wood
26 th	Daphne Pretoria Smith, age 87 - at St Mary's followed by interment in churchyard



STANSTED FREE CHURCH

Methodist / URC
Chapel Hill

www.stanstedfreechurch.org.uk

Rector Rev'd Paul Wilkin
Tel: 812203
Email: stansted.rector@gmail.com

Assistant Curate Rev'd Helen Flack
Email: revhelenstn@gmail.com

Minister Rev'd Roy Fowler
Tel: 814809
Email: minister@stanstedfreechurch.org.uk

Lettings Marion and Mike Dyer
Tel: 814059
Email: lettings@stanstedfreechurch.org.uk

When we last sung the Eucharist service on 15th March, we were still in the season of Lent. After the lockdown, we did not have the heart to remove that day's hymns from the board so they have been there ever since! We could never have imagined that our next sung Eucharist service would not be for six months! I am pleased to report that at 9.30am on Sunday 6th September, the hymn numbers were returned to their box, and nearly normal service was resumed. Around 25 members of our congregation and seven choir members met to praise God (socially distanced and masked of course). There was organ music - thank you Anne Brooks - and singing! The congregation could not sing due to Government regulations, but the choir managed to make a fairly angelic sound, having removed their face coverings. As not everyone was able to attend, the service was Zoomed at the same time, which worked fine except for the odd internet wobble. We hope this service will be a weekly event, provided the guidelines do not change. You are most welcome to join us as we have room in church for a few more. Bring your face covering! The official guidance for those who are over 70 or vulnerable for other reasons is not to attend at present. These people can use Zoom; the link is www.us04web.zoom.us/j/109066258. We also have online morning prayer, Monday-Saturday 9.00am; www.us04web.zoom.us/j/459441774. The church is open for private prayer on Wednesdays 9.00am-1.00pm.

We are sorry that we cannot hold our Tots service in church, but Rev'd Helen has been meeting with several of the Tots families on the Recreation Ground on Tuesdays at 10.00am which is a lovely way to stay in touch. This will continue while the good weather holds. Keep praying!

Kathryn West
Pastoral Assistant
Tel: 816293

ST JOHN'S 300 CLUB

Many congratulations to the winners of the August draw:

£100 No 172 Delia Joyce
£50 No 182 John Elliott
£25 No 142 Jacqueline Corbishley

The draw for October will be held on **25th October** either in St John's Church or from my home, in the presence of the online congregation, following the 9.30am service. Numbers at £2 each month are still available for anyone who may wish to join the Club and be in with a chance of winning one of the 38 prizes totalling £2,500 given away each year. The Club raises vital money to help cover the heavy maintenance costs and work of St John's Church.

Jean Newson
Tel: 819062

Sunday worship at 10.30am

The Government's guidance for churches is regularly updated. Since the middle of August we have been permitted to have a small socially-distanced group singing the hymns to the congregation, accompanied by the organ or piano and flute. This is in line with the guidance for the Performing Arts sector and it has greatly enhanced our worship. The Zoom services will continue for the foreseeable future for those who are not yet ready to return to church; please contact me for details as the login changes each week. If you are not online, you can telephone in.



Marion Dyer
Tel: 814059

THE RELIGIOUS SOCIETY OF FRIENDS (QUAKERS)

Quaker Meeting House, 71 Chapel Hill
Stansted CM24 8AE
www.stansted.quakermeeting.org

Clerk and Lettings Jane Mitchell
Tel: 503024
Email: sjane.mitchell@ntlworld.com

Sunday Worship at 10.30am

Stansted Quakers are delighted to say that we re-opened for Sunday Worship in the Meeting House on 6th September. Necessary adjustments to make the premises Covid-safe have been carried out in accordance with current Government legislation and advice. We look forward to welcoming all, as and when they are ready and able to come. Throughout the past unusual months we have had a strong sense of continuing to worship together, even though doing so apart in our own homes. We communicate afterwards, and frequently in between! We welcome visitors to our meeting, but due to the need for social distancing we have limited space, so it is preferable that you contact us in advance if possible. A warm welcome will await you.

Sue Moloney





Manuden Village Community Centre

www.manudencommunitycentre.co.uk

Available for Hire

Stunning New Fully Licensed Venue
Fundraisers ♦ Meetings ♦ Celebrations

Special Offer Children's Parties £60

Licensed for Civil Weddings and Receptions

Floodlit Astro

See website for events, classes and clubs including

- Pilates
- Yoga
- Flexible Strength
- Circuit Training
- Zumba
- Short Mat Bowls

Owlets Playgroup

or more information please contact

Chris 01279 817111 info@mvcc.manuden.org.uk

Stansted Mountfitchet Social Club Your Friendly Community Hub!



- Live Music Nights
- Bingo - Tuesdays @ 8pm
- BT Sport
- Golf Society
- Darts, Snooker & Pool
- Superb Juke Box
- Great Selection of Drinks
- Fantastic Prices

A warm welcome awaits you!

**Membership just £20 per year
(plus initial £5 administration payment)**

Pop in for a form or visit

www.smsc.uk.com

Come and relax in our friendly atmosphere!

Tel 01279 812992



ST JOHN'S CHURCH HALL Available for Hire

Large hall available on a regular basis
or for one-off parties and other events

Fully fitted kitchen • Competitive prices

Central village location with some parking on site

Please contact the church office on 01279 815243

Email: st.johns.church@btinternet.com

Stansted Quaker Meeting House

71 Chapel Hill, Stansted CM24 8AE

Available for hire on a regular basis for classes,
clubs and organisations

One hall with access to a smaller room and kitchen for
making drinks, peaceful garden, piano, screen,
hearing loop, accessible toilet and ramp
Public parking opposite. Competitive rates

Please contact Jane Mitchell

Tel: 01279 503024

Email: sjane.mitchell@ntlworld.com



Ugley Village Hall

www.uglevillage.org.uk

With two halls, ample parking, facilities for the disabled and
competitive rates, Ugley Village Hall on the B1383
(Cambridge Road), is available for hire throughout the
year for children's parties, adult parties (over 25s),
functions, clubs, classes and social meetings.

For bookings or further information please contact Susan Bone
Tel: 01279 814052 Email: uglevillagehall@gmail.com

GREENSIDE BOUTIQUE CATTERY

Phone: 07525756414

Email: info@greensideboutiquecattery.co.uk

www.greensideboutiquecattery.co.uk




Poochie mumma
DOG WALKING & PET CARE SERVICES

- DOG WALKING
- HOME FROM HOME BOARDING
- DAYCARE FOR DOGS
- PET & HOUSE SITTING
- SMALL PET FEEDING VISITS

Fully insured pet care provider
Covering Stansted & surrounding areas
Please read our fantastic reviews!

THE LINK SPECIAL OFFER
FIRST TIME WALK
ONLY £8

07738 119711
www.poochiummma.co.uk



Deb's Dog Walking!

~ I CAN SOLVE YOUR PET CARE PROBLEMS ~

Dog Walking & Domestic Pet Care

Professional & fully insured

Prices, Services & References available online at

www.debsdogs.co.uk

✓ Sleep Overs

✓ Home Visits / Vet Visits

Call me for a chat

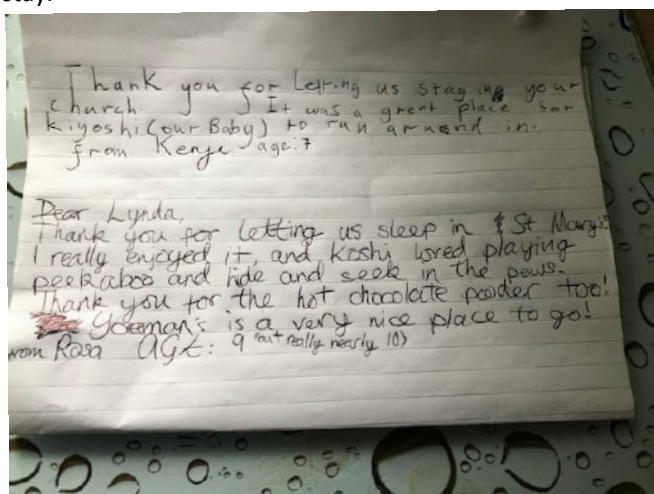
Deborah Hibbert



M: 07842 125503 H: 01279 647309

Everyday Care from Someone Local You Can Trust!

Champing at the Church is now up and running and we are now well into our third season. Couples have been staying for a cosy evening enjoying the stillness that the church brings. Families with children also made use of the space to stay whilst exploring the delights that our village brings. A suggestion from me to visit Yeoman's for breakfast was enthusiastically taken up. One family of five which included a baby of about 18 months left wonderful notes for me. I do not always see my champers but I did get the pleasure to meet a family of three from Hove. The little boy of seven was extremely enthusiastic and could not wait to go back to school to tell his teacher and friends about his champing experience in the church. This family were in the area to see parents for birthday celebrations but because of Covid restrictions they were unable to stay at their house. I am thrilled that we could provide the space for an overnight stay.



There are 23 champing churches dotted around the country and I am extremely pleased that St Mary's is one of them. It puts both the church and our village on the map and helps to raise funds for The Churches Conservation Trust. But more important ... we help to make memories!



Lynda Dale
Chairman
Tel: 07716 099474

(For those of you who are unfamiliar with Champing, it is the ability to camp overnight in historic churches; this successful initiative was launched in 2015.)

STANSTED DAY AND COMMUNITY CENTRE

Regrettably the Day Centre remains closed for lunches and for hirers. Once we are up and running again, I will be standing down as Chair of the Management Committee. If anyone would like to take over from me, please let me know so we can have a chat about it. If you were volunteering in lockdown and are now missing it, then it could be the job for you!



Catherine Dean
Tel: 813579
Email: catherinemarydean@btinternet.com

It has been wonderful to be able to welcome back pupils from all year groups at the start of this academic year, especially as a large percentage of our children would not have attended school for over five months. I could not be more complimentary about the way they have coped with the start of term and they have all settled back in enormously well. When we also take into account that the school day has changed from the one that we were used to, it is even more amazing to see their resilience and just how quickly they are adapting.

It seems as though everyone is happy to return to some form of normality, although as just mentioned, our new 'normal' has brought with it a great many changes. There are staggered drop offs and pick-ups in place for the start and end of the school day, and staggered playtimes and lunchtimes with each class staying in designated areas on the playground. Classes are very much remaining in their 'bubbles', experiencing lessons with all pupils in rows facing forward, and ensuring that there is frequent handwashing throughout the day. It is not without its challenges but the staff have been fantastic in adapting their practice and styles of teaching to ensure that pupils are supported with their learning. Throughout my time as Headteacher of Bentfield I have always maintained that the most important aim we have as a school is to keep everyone safe. Never has this been more applicable and we will continue to do everything in our power to ensure that this is the case.

David Rogers
Headteacher
Tel: 813626



www.southmillarts.co.uk

At thestage Stortford

Monday 26th 3.00pm and 5.00pm

Tom Brace: Eat, Sleep, AMAZE, Repeat

Wednesday 28th 11.30am and 2.30pm

Ugg n Ogg and the World's First Dog

Friday 30th 11.30am and 2.30pm

Shivers and Shadows

At thescreen Stortford

Sunday 4th 2.00pm and Wednesday 7th 7.00pm

Matthew Bourne's The Red Shoes

Thursday 22nd 2.00pm and Saturday 24th 7.00pm

Michael Ball and Alfie Boe: Together Again Encore

At themuseum Stortford

Monday 26th, Wednesday 28th and Friday 30th 11.00am-3.00pm **Children's Half Term Crafts**

To book tickets please call 710200 or visit our website.

DUNMOW IRONING PARLOUR

8 Station Road Industrial Estate, Great Dunmow, Essex CM6 1XD

Call 01371 878 399
www.dunmowironing.co.uk



- Collection and Delivery Service
- We cover a large surrounding area
- High standard and a quality service carried out by professionals
- Regular or one off pick ups
- A family run business
- Fully insured
- Dry Cleaning
- Service Washes

Collection and deliveries available in Stansted and surrounding areas

Tuesdays, Thursday and Friday late afternoon, early evening.

CLEAR OVENS

Oven Cleaning Specialists

01279 89 89 96

We accept cards!

The oven is the heart of your kitchen. But no matter how well you care for it, it eventually loses that showroom shine. Now you can bring it back to life, with our help!



BEFORE



AFTER



Single oven £44.00
Double oven £54.00
Range oven priced by size
Hob/extractor fan £15.00



Covering Sawbridgeworth, Harlow, Epping, Great Dunmow, Braintree, Stansted, Bishop's Stortford and surrounding areas.

01279 89 89 96 or visit us online at
www.clearovens.co.uk

The difference is clear

This could be YOUR ad here
Only £60 for 3 issues

See www.stanstedlink.org.uk/advertising
or if you do not have internet access
please call Marion & Mike on 814059
Email: adverts@stanstedlink.org.uk

GO-JO Quality Cleaning

Domestic Office
Cleaning

Jo Freeman
28 Years' Experience

01799 543066

07828 425944

freeman195@yahoo.com



MOBILE HAIRDRESSING & GEL NAIL TECHNICIAN

Idal Sassoon Academy Trained



Prices from:

Cut & Style	£25	Re-growth Tint	£30
Wet Cut	£20	Roots, Lengths & Ends	£40
Restyle	£30	Full Head Highlights	£55
Blow Dry	£20	Half Head Highlights	£40
Hair Up	£30	T-Section Highlights	£30
Toner	£15		

Gel nails £20 or £15 with another service

f Abby May Briggs Hairdressing ☎ 07956 160495

BARNET FAYRE VANITY FAYRE

Hair & Beauty

VANITY FAYRE

Your Friendly Local Salon
Est 28 years!

Please telephone:
Hair 01279 813087 Beauty 01279 813180

32A Lower Street, Stansted
Closed on Mondays

★ *Clare's* ★
Gents hairstylist
@ Rickling Green

★ Appointments from
7am Mon-Sat

★ FREE easy parking

★ Fully qualified
& insured



Call: 01799 542424
Text: 07791 058406

City & Guilds
Qualified



THE MAINSTREET BARBER SHOP

SPECIAL OFFERS

Monday - Friday Gents Haircut £12

Dads and Sons £20

Senior Citizens and boys under 10 £10

OPENING HOURS Closed Wednesday & Sunday

Monday and Tuesday	9 am - 5.30 pm
Thursday	9 am - 7 pm
Friday	9 am - 6 pm
Saturday	8.30 am - 4 pm



38A Lower Street
Tel 01279 814681



Stansted Network

NEWS FROM YOUR LOCAL COUNCILS

PLANNING ISSUES

Readers may be aware that the government has launched a consultation on a new White Paper “Planning for the Future”.

The proposals section has five main headings summarised as streamlining, taking a digital first approach, new focus on design and sustainability, reform of developer contributions to improve infrastructure delivery and, finally, improving residential land availability and supporting town and city centre renewal. You can read the document in full at https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/907647/MHCLG-Planning-Consultation.pdf and can make comments at smartsurvey.co.uk/s/MHCLG-Planning-for-the-Future by Thursday 29 October. (See also District Council report on p.21)

The lack of an Uttlesford District Council (UDC) Local Plan, meanwhile, promotes speculative planning and impacts the final shape and implementation of our own Neighbourhood Development Plan (NDP) and, we believe, the progress of the re-development of a new Princess Alexandra Hospital, as UDC is unable to specify projected increases in housing and population figures.

Both of these issues have meant that we need to review our draft NDP and therefore will not be holding our planned consultation this Autumn. A NDP is all about development and it must be in line with the Local Plan. The withdrawn draft Local Plan had indicated very few new homes for Stansted. However, the new Planning White Paper is likely to mean much higher housing numbers for Uttlesford - and in turn for us here in Stansted - so we have to consider carefully where those houses might be located and what community benefits we would expect.

SAVE STANSTED VILLAGE

The Parish Council is supporting the SSV group which has reconvened following the submission by Bloor Homes to build 168 homes on land west of Pennington Lane. The Parish Council is not anti development in the village, but does not consider that this application should be supported in this location. Should you share this view, please send your comments to UDC. The official deadline is 24 September, but usually comments

would be accepted up until the Planning Committee meets to determine the application. You can upload your comments to the Planning Portal at www.uttlesford.gov and find the planning page. Then search under planning reference number UTT/20/2121/OP. Suggested reasons for objection can be found on the SSV website at www.savestansted.co.uk.

If you are able to lend your support to the campaign group please contact them via email at savestansted@gmail.co.uk.

FLOODING

The Parish Council has been very active recently on matters related to Flooding. On the day of the flash floods our Chairman, staff and two members of the Flood Working Group (FWG) assisted parishioners and local businesses where flash-flooding had caused issues – in most cases for the first time ever. A collection point for sandbags was set up and over 100 were distributed – our supplies have since been replenished.



Whilst roadside drains had apparently been cleared in July, the two members of the FWG undertook an inspection of these again towards the end of August accompanied by a private drain specialist whose written report is awaited. We hope to use this information and his advice to persuade Essex Highways to undertake further remedial work.

The Environment Agency has indicated that work to install Natural Flood Measures around the Bollington Hall area is progressing and will be completed in this financial year. Meanwhile, County Cllr Ray Gooding has confirmed that he will fund a new store for all of our flood equipment so we are now able to progress this matter and the upgrade of the alarm system to solar power is also in hand.

Finally, our appeal on social media for additional volunteer flood wardens brought a few new members who will undergo training. Should you feel able to join them, please contact us for further information about what this entails. We are looking to have a call-down system for when flash-flooding affects people in the future.

AIRPORT APPEALS REFUSAL OF PLANNING

Manchester Airport Group has, late on, appealed against Uttlesford District Council's refusal to allow throughput at the airport to increase from the present limit of 35mppa to 43mppa. A Public Enquiry is to be held and details of how to make comments can be found at <https://acp/planninginspectorate.gov.uk> quoting reference number APP/C1570/W/20/3256619 by 30 September.

The Parish Council is reviewing its arguments against permitting further expansion. The evidence previously submitted to Uttlesford District Council may be found on their website under UTT/18/0460/FUL. If you have views which you would like the Parish Council to consider, please email or write to the Parish Council. Although the impact of COVID-19 has depressed demand for air travel, MAG must believe that growth will resume sufficiently over coming years to make raising the passenger limit worthwhile. If the appeal is successful not only is substantial expansion permitted but all would be in place to move to over 50mppa, hardly an airport in the countryside.

The Parish Council supports the existing airport and the employment opportunities but considers that the existing limit of 35mppa provides plenty of scope especially when set against the urgent need to reduce carbon emissions substantially in the face of the potential catastrophe of global warming.

YOUTH CLUB

Since August Gemini Youth Support have been out and about delivering detached services to our younger population. Whilst numbers vary, we hope that they have been able to recruit some new members for the youth club when it is finally able to reopen.

YOUTH FORUM

It's time for young people to have their say. It's your future too, get involved.

Anyone aged 13 to 19 (or up to 25 years old if you have a disability) who lives in or attends a school, college or youth club in Stansted, or works here, is eligible to apply to join us.

Do you want to:

Make Stansted a better place for young people?

Learn new skills, make friends and make a difference in Stansted?

Represent the views of local young people to decision-makers?

Campaign on issues that are important to young people?

Sit on scrutiny panels within your local council and inspect local services?

Have fun?

We are eager to recruit Youth Forum members. These individuals will help us mobilise the youth of Stansted in democracy, informing them of the opportunities open to them and tackling key issues they face. Contact us at parishcouncil@stansted.net or on 01279 813214.

SPORTS STRATEGY

The Parish Council, following the re-opening of the Romeera Leisure Centre and a discussion between our Chairman and Dist Cllr Armstrong, has agreed to promote a Sports Strategy for Stansted that will include all stakeholders and work across parish borders to promote sports and leisure facilities for residents in all age groups. Our picture shows members of the Tennis Club after a recent Ladies' Tournament!



The leads on this initiative will be Dist Cllr Melvin Caton and Parish Councillor Daniel Brett who will be in contact with known current providers. If you belong to, or run, such a group, please contact Melvin and/or Daniel by email - see contact details on page 22.

COVID-19

As we wrote last month, we shall continue to hold our meetings on the Zoom platform. Agendas are published on the noticeboards as well as on our website, but dates for Full Council meetings are now scheduled for 30 September, 11 November and 16 December, all starting at 7.30pm.

NEWS FROM ESSEX COUNTY COUNCIL

Cllr Ray Gooding writes:

Normally in September we see the return of children to school with excitement and some trepidation. However, with all that has happened this year, that process is much more complicated than usual, and the preparations that schools have had to make to welcome the children back has been far more extensive and significantly different from every other year. I would like to thank school leaders, teachers and other staff for all the work they have done to plan for this and ensure that schools are safe and welcoming places.

As I write this, I know that all the schools across the county are now open and children are returning after an extended time at home. I also know that the excitement at the return is shared not only by the children who can again meet with their friends, and recommence their education, but also by the teachers who are looking forward to welcoming everybody back.

It is my hope that all children will return to school without any concerns, but one of the questions I am asked is whether parents will be fined if they elect not to bring their children back. My response to that question is that if, as a parent, you are concerned, then you must speak with the head of your child's school. Clearly, if you are shielding a member of your family or have other reasons not to return then that does need to be recorded so that assistance can be provided. However, the education of our children is such an important matter that it is necessary for headteachers to retain the ability to refer families where adequate reasons for non-attendance are a concern.

There is a great deal of information available to parents at this time and if your child is starting Reception this year then the TLC facebook page may be helpful. If getting to school is a problem then the StopSwapGo website will give you information on all you need to know.

In the meantime I wish all those children and young people a fabulous return to school at whatever point in their school career they are returning.

NEWS FROM UTTLESFORD DISTRICT COUNCIL

Cllr Melvin Caton writes:

At a recent Stansted Mountfitchet Parish Council meeting a motion on discrimination and equality was agreed unanimously. Councillors from Stansted and Stort Valley subsequently developed a similar statement in conjunction with all parties represented on Uttlesford District Council which was also agreed unanimously.

The statement's prime purpose is to send positive signals to residents, communities and visitors to the District, as well as to the Council's employees, that diversity and inclusion are valued by the Council. It also recognised that the Council should not be complacent and needed to take further action.

Uttlesford councillors agreed to arrange a number of community listening events to hear from residents directly of their experiences of discrimination and the structural barriers that they face. An independently led group was set up to support and challenge the work of UDC in this area, as well as help shape the programme of the listening events. Please contact Cllr Ayub Khan if you wish to be involved in this welcome initiative.

August is usually a quiet month in local government. This year has been different. After the 'lockdown lull', Uttlesford District Council has been thinking about how we go about producing a new Local Plan for the District, following the decision to withdraw the last draft at the end of April.

All councillors have participated in three workshops delivered by specialist advisers from the East of England Local Government Association. In addition, a cross-party Local Plan Leadership Group (LPLG), which includes me, has been set up to advise the Cabinet on the way forward.

Unfortunately, a week after the LPLG had met for the first time the Government published a White Paper - Planning for the Future - which proposes radical changes to the planning system. It proposes that in future land would be categorised for Growth, Renewal or Protection. Land designated for growth would automatically be given planning permission in principle.

Alongside the White Paper the government also published proposals to change the way that "Housing Need" is assessed in each Local Planning Authority area. This change, if implemented, would result in Uttlesford having to plan for the building of 1230 houses each year rather than the current target of 715. The

new target means that Uttlesford has the 99th highest housing need in the country according to the Government's assessment. It is also the eight highest as proportion of existing homes in the district.

Other changes to local government are in the air, as the Government is due to issue another White Paper on Devolution including Local Government in October. The Government is believed to favour plans that abolish Essex County Council, the existing Southend-on-Sea and Thurrock Unitary Councils and the twelve district councils, including Uttlesford, and to create up to four new unitary councils with populations between 300,000 to 700,00 people. One option being considered is to amalgamate the three councils along the M11, Epping Forest, Harlow and Uttlesford into a new Unitary Council.

Following the creation of the new unitary councils the Government also wishes to see a directly elected Mayor who would lead a new 'Greater Essex' Combined Authority comprising the Mayor and all the leaders of the new Unitary Authorities. The Government is expected to say that they will devolve powers and funding for infrastructure and economic development to the Combined Authority.

On a local note we have worked with residents at Burton End to tackle the issue of pavement parking. Letters were delivered to households as a reminder to residents of the impact of pavement parking. We hope that the problems will now cease. Interestingly, the Government has recently announced a consultation on pavement parking which is proposing changes to legislation and more robust action including the levying of fines.

CONTACT DETAILS

Clerk - Ruth Clifford
Administration Assistant - Emma Philbrick
Email: parishcouncil@stansted.net
Phone/fax: 01279 813214 Mon, Tue, Thurs, Fri 9.00am-4.00pm, Wed 9.00am-1.00pm
Website: www.stansted.net

PARISH COUNCIL MEMBERS

Alan BARNES	817214
	afbarnes13@yahoo.co.uk
Daniel BRETT	817974
	danielbrettdotcom@gmail.co.uk
Maureen CATON	813914
(Chairman)	maureencaton@stansted.net
Jonathan HARDING	817921
	jharding.stansted@gmail.com

John HUDSON	814489
	johnedhudson@gmail.com
Matthew JESSUP	816591
	matthew@in2it.biz
Joanna KAVANAGH	815157
	jokavanagh.248@gmail.com
Ayub KHAN	815800
	cllrkhan@uttlesford.gov.uk
John O'BRIEN	816772
	johnedobrien@gmail.com
Frances RICHARDS	812748
(Vice Chairman)	frannie.richards@gmail.com
Geoffrey SELL	815925
	sellgeoffrey@yahoo.co.uk
Tom VAN DE BILT	07710 426850
	tom@vandebilt.co.uk
Daphne WALLACE-JARVIS	812259
	dwjjwj.444@gmail.com

UTTLESFORD DISTRICT COUNCIL MEMBERS

Melvin CATON	813914
	cllrcaton@uttlesford.gov.uk
Alan DEAN	813579
	cllrdean@uttlesford.gov.uk
Ayub KHAN	815800
	cllrkhan@uttlesford.gov.uk
Geoffrey SELL	815925
	sellgeoffrey@yahoo.co.uk

ESSEX COUNTY COUNCILLOR

Ray GOODING	813103
	cllr.ray.gooding@essex.gov.uk

MEMBER OF PARLIAMENT

Kemi Badenoch MP, House of Commons, London SW1A 0AA Tel 0207 219 1943 (House of Commons) Email kemi.badenoch.mp@parliament.uk

POLICE

PCSO Nikki Morris email: nikki.morris@essex.police.uk
Non-emergency 101 The Community Policing Team has its own email address which is monitored daily: braintreeanduttlesfordcpt@essex.pnn.police.uk

LIBRARY

Tuesday	9am-1pm
Wednesday	2pm-5pm
Thursday	2pm-6pm
Saturday	9.30am-5pm

GREEN WASTE SKIPS

The skips will be at the far end of Lower Street Car Park 12.30pm-4.30pm on Sundays 4th and 18th October, 1st, 15th and 29th November

FORTY YEARS AGO

I moved to the village 40 years ago when Stansted had three banks; Barclays in Cambridge Road, Lloyds on Chapel Hill and Nat West on the corner of Chapel Hill and Lower Street. The Three Colts (currently being converted into housing) and Bell and Feathers (now Wood Grill) along the Cambridge Road were both still pubs; there was a Post Office with separate sorting office near the top of Chapel Hill (now a private house) and we had a Police Station at the end of Hargrave Close, plus many more independent shops selling a variety of goods from clothing to hardware and furniture to toys. Stansted Free Church was the United Reformed Church, St Mary's Church was still holding church services and Roman Catholics worshipped in a converted house in Millside.



Notable national and international events that occurred in the same year include the launch of the famous Rubik's Cube, British Leyland's new *Metro* hatchback and *Iron Maiden's* debut self-titled album, the election of Jimmy Carter as US President and the murder of John Lennon in New York.

In this year the answer to the big question on everyone's lips, *Who shot JR?* from the popular television show *Dallas* was also finally revealed to a record number of viewers.



Punk fashion also emerged in 1980, as did big hair and bright heavy make-up for women along with power dressing and huge shoulder pads.



At the other end of the scale leg warmers and velour tracksuits (who could forget those?) were popular alongside wide belts, elastic headbands and trainers. Aerobics was the current fitness trend, *The Empire Strikes Back* was released and at the 1980 Eurovision Song Contest the unforgettable British entry, *Love Enough for Two* by Prima Donna (who?) scored 106 points and came third.



During October 1980 Kim Kardashian, American socialite, and television personality and actor Ben Wishaw were born and actress Hattie Jacques (of *Carry On* films fame) and Hans Asperger, the Austrian paediatrician, after whom *Asperger syndrome* was named, both sadly died.

On 10th October the then British Prime Minister, Margaret Thatcher delivered her famous *The lady's not for turning* speech and on the 17th Queen Elizabeth II became the first British monarch to make a state visit to the Vatican. The Thomson Corporation made an important announcement in London on 22nd October saying that *The Times* and all associated supplements would close in March 1981 if no buyer could be found.



However, by far the most notable event of October 1980 here in Stansted must have been **the publication of the very first edition of *The Link***! The magazine has grown from those few pages to the award winning 40 or so of today and we are fortunate to have such an informative, well-written and presented parish magazine. Many thanks and congratulations to the hard-working team of volunteers who produce *The Link*. Here's to the next 40 years.



Yvonne Ayres



RECYCLE INK, STAMPS AND TOOTHBRUSHES



We are now collecting original (not remanufactured or own brand) ink cartridges, postage stamps, toothbrushes, electric toothbrush heads, and toothpaste tubes (please place dental items in a paper or plastic bag). Although the churches where our collecting boxes are situated are still closed during the week, you can leave items in the box outside the blue main door of the Free Church at the bottom of Chapel Hill. Alternatively please leave items in the porch of 7 Blythwood Gardens. Thank you.



Marion and Mike Dyer
Tel: 814059

Email: recycle@stanstedfreechurch.org.uk

JONES & CO



Plumbing and Heating Engineers
Installation and Maintenance
Boiler and Cylinder Replacements
Bathrooms ~ Gas and Oil Services

Please contact David Jones

Tel: 01279 815877 Mob: 07860 213760

Email djonesco@btinternet.com



P. Knight
Plumbing



Local, reliable and friendly plumber

All small and large jobs undertaken

Phillip Knight 07985 640650

Email: phillipknight600@yahoo.co.uk

J.D.W. GAS HEATING SPECIALIST

Boiler Servicing

Fast Response to Breakdowns of
Central Heating & all Gas Appliances

Carbon Monoxide Testing • Boiler Replacements

General Plumbing • Cooker Installations

Contact Julian 1 Churchill Corner

Tel 01279 816083 or 07967 366585

24 Hour Call Out • Ex. British Gas



LINK ADVERTISING RENEWALS

Due to Coronavirus, our advertising
renewals will take place in February

To book a space visit

www.stanstedlink.org.uk/advertising
please call Marion & Mike on 814059

Stansted Electric

From fitting a light to a complete rewire

Partial or full Domestic Electrical Inspections.
Replacement fuse Boxes. Handyman Services.
Cookers, Hobs, Ovens and Showers installed.

For a Free Estimate

Phone Jim on 07921 908214

Telephone: 01279 816399

Email: enquiries@stanstedelectric.co.uk

www.stanstedelectric.co.uk



NEWMAN'S

HOME SERVICES LIMITED

Plumbing • Heating • Electrical

Kitchens • Cloakrooms • Bathrooms • Showers

Tel/Fax: 01279 814437 Mobile: 07831 233681



M. LLOYD & SON

Plumbing & Heating Services

All aspects of Plumbing and Heating



Tel 01279 216331

Mob 07949 839709

This could be YOUR ad here
Only £60 for 3 issues

See www.stanstedlink.org.uk/advertising

or if you do not have internet access

please call Marion & Mike on 814059

Email: adverts@stanstedlink.org.uk

STEVE KING

STANSTED GAS SERVICES

07956 855328

Servicing, Breakdown and repair to
Gas Central Heating and appliances.

Installation of Bathrooms and Showers

Gas Safe Registered. Ex - British Gas



CK Electrical Installations Ltd

www.ckelectricalinstallationsltd.co.uk

- All installations from light fittings to full re-wiring
- Full or Partial Domestic Electrical Inspections
- Garden Lighting and CCTV Installations
- All work certified for Building Regulations

Call Chris 07597 974945 or 01279 814333

E-mail: ckelectricalinstallations@gmail.com



ALBURY ELECTRICAL SERVICES

LOCAL FAMILY BUSINESS since 1984

All Electrical Installations
Domestic and Commercial
All Work Guaranteed

Free Estimates and Advice ~ Small Jobs Welcome

Tel: 01279 652588 or 07702 475585

Email: nickdewson@outlook.com

Visit our Stove Shop in Takeley

Woodburners, Multifuel
and Gas Stoves

Cooking Ranges
& Pizza Ovens

Expert HETAS Installers
and Free Home Surveys

OrionHeating.co.uk

01279 813591 Takeley Business Centre,
Dunmow Road, CM22 6SJ



During August we offered two free weekly sessions for anyone over 16 for the first time since we closed our doors in March due to the pandemic. Thanks to The South Mill Arts Centre, who provided their café area free of charge, we were able to organise very popular Wednesday afternoon Bingo sessions for our members. In addition, on Thursday afternoons we had *garden chats* at Grove Cottage, where our adult members came and enjoyed a chat with their friends at a safe distance in our garden. These holiday activities finished at the end of August, but our Special Needs Nursery re-opened on Monday 7th September and some of our other clubs re-opened later in September.



Kevin Davis, Chair of Trustees said: "We were delighted to be able to re-open some of our services in September. It has been a very difficult time for our families during the past few months, as our members have been unable to meet up with their friends on a regular basis, and our parents and carers have had little or no respite during this period. We have had to adhere to stringent Government guidelines to ensure that our services are safe for our members and staff, and several new processes have been put in place including staff wearing PPE, social distancing and limiting the numbers we can have at each club. We would like to thank the local community who have continued to support us while we have been closed." To find out more about how you can support us please visit our website.

Rosie Wren
Fundraising Manager
Tel: 651908

BRITISH FOOD QUIZ ANSWERS

1. Liquorice 2. Worcester sauce 3. Yorkshire Pudding
4. Brown Windsor soup 5. Cheese 6. Eton Mess
7. Fish Soup 8. Jersey Royals 9. Bakewell 10. Chelsea Bun
11. Wensleydale 12. Kendal Mint Cake
13. An Apple (yellow cooker) 14. Haddock
15. Derbyshire, Leicestershire and Nottinghamshire (Stilton village is in Cambridgeshire) 16. A queen scallop
17. Cumberland sausage 18. Cornish pasty
19. A raisin-filled cake-like bread 20. Scotch woodcock

Coping With Mental Health Issues In The Pandemic

Like a devastating hurricane Covid-19 has wreaked havoc on our familiar way of life, impacting not only the physical and economic wellbeing of the nation but also its psychological wellbeing. Mental health illness can hit us all; even children are at risk as are those with financial problems or suffering chronic illness. Access to help is available, although many services have had to change the way they operate. There is now a greater reliance on modern technology instead of face-to-face support: email, telephone, video calling and Zoom are ways of delivering advice. *Mind in West Essex* offers a number of self-help courses for mental illness through its online learning academy. Most are free including *Coronavirus Anxiety*, developed in response to the pandemic. With the economy under so much pressure and jobs at risk, levels of stress are high even for those with robust mental health. People suffering from depression or anxiety may find returning to the workplace truly daunting particularly after a period of unemployment. Funded by the Big Lottery Fund and European Social Fund, *Heads Up* helps people in Essex with mental health problems return to work or education, providing mentoring and support, making links with employers and opening up training opportunities.

Unfortunately, the mental health of children and young people has also suffered during lockdown so it is reassuring that free telephone support and counselling are available in our area from YCT. This is a well-established and locally respected mental health charity that specialises in helping young people aged 5-25 years, their parents and support workers through challenging times. For parents, *Mind in West Essex* also offers courses in Early Years Parenting (£15) and Supporting Teenagers' Emotional Wellbeing (£20). Visit our website and search 'mental health' for details on all these services and other providers in Uttlesford. Or download 'Frontline Referrals' from Google's Playstore or Apple's App Store.

Janet Elsey
Administrator
Tel: 01799 618842
Email: admin@frontlineuk.org.uk

UGLEY FARMERS' MARKET



Ugley Village Hall

Saturday 17th October

10.00am-12 noon



Unless Covid-19 regulations change, we hope to hold the market again in the car park and Village Hall.

All the usual great stalls

For info contact: Susan Bone 814052
Email: ugleyvillagehall@gmail.com
Website: ugleyvillage.org.uk

business networking

If you are a business in Uttlesford or North Essex then come and join the Stansted Business Forum.

We are a vibrant networking group. Come and see how you can broaden your business opportunities.

WHEN: First Friday of every month
WHERE: Linden House
CONTACT: Peter James telephone 01279 813318 or email peter.james@murdochsestateagents.co.uk



www.stanstedbusinessforum.co.uk

Think local, buy local!

LEVER & Co.

Solicitors & Notary Public



www.leverandco.com

A firm of Christian lawyers providing legal services in a professional, ethical, personal, caring & sensitive manner

- ♦ Wills & Probate
- ♦ Care Fees
- ♦ Property
- ♦ Trusts & Tax
- ♦ Powers of Attorney
- ♦ Notarial Services

Angela Lever welcomes your enquiries

Offices located in North Street, Bishop's Stortford
 (behind Pizza Express) Parking Available
 Tel: 01279 758760 Email: alever@leverandco.com

Are you thinking about making your will?

Herts & Essex Wills

offers clients a Will drafting service at a I ED EE with appointments in your home at a time to suit you

To arrange an appointment or for a brochure

Please call 01279 505234

www.hertsandessexwills.co.uk

Member of the Institute of Professional Willwriters



J DAY & SON
 CRAFTSMEN IN FINE STONE

We have a wide range of stylish and elegant memorials and headstones to choose from; alternatively we can design and craft bespoke options if you have seen one you like elsewhere

For a brochure and prices or home visit call 0800 783 7521

Station Road, Bishop's Stortford CM23 3BJ
 Tel 01279 654555 www.jdayandson.co.uk

Essex Autospray

Your local Collision Repair Centre - Est 1982

- Free Courtesy Cars
- Free Estimates
- Low Bake ovens
- Blackhawk



Tel: 01279 816296 E: info@essexautospray.co.uk
www.essexautospray.co.uk

M11 Business Link, Parsonage Lane, Stansted CM24 8TY

DANIEL ROBINSON & SONS

Independent Family Funeral Directors & Monumental Masons Est. 1892

- 24 hour careline with local, fully qualified managers offering advice & support
- Lady & gentleman funeral directors
- Competitive pricing policy

79/81 South Street
 BISHOP'S STORTFORD
 (01279) 655477

www.drobinson.co.uk



D BONNEY & SONS MANUDEN MOTOR VEHICLE ENGINEERS

MOT Testing T W Brake Centre
 All makes Serviced including 4 Wheel Drives
 Diagnostic and fault finding
 Welding and Chassis repairs
 Selection of used Cars Color Gas Stockist
 Guaranteed Workmanship

*We help YOU the motorist with a cheaper labour rate
 Free collection and delivery in local area*

Please call Malc, Neil or Craig on
 01279 813315 or 815946
 34 The Street, Manuden CM23 1DQ



DAISY MAY'S FARM

www.daisymaysfarm.org

Come and see the cutest things EVER!

We currently have the cutest little piglets at the farm and they are all snuffly and grunty as they go exploring around their sties. They are not shy and are out in the open for much of the day, so be sure to come and see them before they get too big and of course, you can make a fuss and feed many of our other lovely farm animals too. We also have so much more to do at the farm than ever before. Our animals are obviously the star attraction, but we also have a great play area and a brilliant woodland walk; you can paddle in the stream and see if you can spot the troll under the bridge, you can build dens in the woods, have a bite to eat in the various picnic areas, go for a lovely meadow walk – there really is so much to do for everyone! Covid-19 has affected us **very** badly and we **really** need you to support us in order to raise enough money to survive over the winter, so please, please, please keep visiting us whenever you can. Check our website for further details and for opening times.



Please help us to help our lovely animals. You can contact us by phone or take a look at our website or Facebook page to find out more. Thanks so much.

Elaine Terry
Tel: 07747 787973

MANUDEN PRIMARY SCHOOL

www.manudenprimary.co.uk



At the start of September our new school year began and it has been absolutely fantastic to see our school community finally back together again, with the children adapting brilliantly to the new routines and procedures needed for the full return. We welcomed our new reception children and their families and were amazed at how quickly they became established and part of our school family and we look forward to seeing the children grow and develop as they travel through the school. Elsewhere in the school, the children have had a busy and exciting start to the term. In Eagle Owl Class, our Years 5 and 6 children have become thoroughly engrossed in learning about the Titanic and have used green screen technology to create a news report. Our Years 3 and 4 children in Hawk Owl Class have been creating Viking Longhouses as part of their learning experience, complete with woven wall hangings. In Key Stage 1, Barn Owl Class have been thinking about the environment and how important it is to look after our planet, especially the vital role which bees play.

If your child is due to start school in September 2021 and you are interested in joining our special village school, we are holding a Virtual Open Evening on Tuesday 10th November at 7.00pm. At the online event, our Headteacher, Mrs Bratley, will take you on a video tour of the school and you will get a chance to meet some of our staff and pupils. To sign up for the event, please contact the school to book a place – see contact details below. Equally, if you are new to the village and looking for a school place in another year group, please contact the school office.
Manuden Primary School - Nurturing life skills and inspiring achievement for today and tomorrow.

Marnie Tait
Deputy Headteacher
Tel: 813370

Email: admin@manuden.essex.sch.uk

BRAIN TRAINING

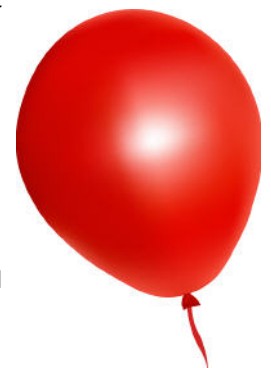
www.clareheading.com

How to get a six pack whilst sitting in your chair. Equipment: one balloon.

1. Blow the balloon up to loosen it. Release the air, not missing the opportunity for a bit of silliness
2. Put the balloon back between your lips and hold it there using only your lips, not your hands
3. Spread one hand across your tummy and the other around your throat
4. Now blow the balloon up. When you breathe in, grip the balloon between your teeth and lips and inhale through your nose
5. As you blow into the balloon, the abs tighten up considerably, the throat remains relaxed.

This is the most phenomenal tummy tightener! It will take some mastering, so don't be too gung ho at first since the chances are very high that the throat will tighten up rather than the abs and that does nobody any good at all.

Why is it brain training? Three reasons: you will feel your lip muscles working away as you hold that balloon and this is the facial nerve, the one that makes tears and spit as well as enabling you to hold a balloon in place. The second reason is you have to grip the balloon with your teeth when you inhale, which involves the biggest and most powerful cranial nerve, the trigeminal nerve. Incidentally, both these nerves help the upper back straighten up. The third reason is that this is also the most phenomenal breathing exercise and good breathing binds brain and body together.



Clare Harding
Z-Health Master Trainer
Tel: 816430



Call Today for a Free Written Quotation
Tel: 01279 812 962

All Types of Tree Work Undertaken

- ✓ Crown Reductions
- ✓ Tree Felling
- ✓ Seasoned Hard Wood Logs
- ✓ Hedge Cutting
- ✓ Stump Grinding
- ✓ Landscaping
- ♦ Fully Insured to £10m
- ♦ Fully Qualified
- ♦ Local Authority Approved



www.allaspectstreeservices.co.uk

TREE SURGERY ♦ STUMP GRINDING
HEDGE CUTTING ♦ FENCING

Please call for a free quotation on
01279 755545 or 07940 231964

Email: info@allaspectstreeservices.co.uk

GILL OWEN & COLIN FROST



**GARDENING AND
HANDY PEOPLE**

Please call: 07903 375225
07759 351071 or 01279 814616

No job too small

Cheerful ♦ Reliable ♦ Reasonable ♦ Local



GARDEN DESIGN ✓
CONSTRUCTION ✓
MAINTENANCE ✓

Friendly service...

No job too large or too small

Call Scott on 07968 121 016
for a free consultation

References available
Fully insured

website: www.thesecretgardener.net
email: thesecretgardeneressex@gmail.com

Uppercut Trees



- * *Qualified and Insured*
- * *Council Approved*
- * *All Aspects of Tree work Undertaken*
- * *All works completed to BS3998*
- * *Seasoned Logs for Sale*

At Uppercut Trees we pride ourselves on our local professional service. We deliver high standards of work in all aspects of tree and hedge care, from aesthetics to safety, conservation and ecology.

Please contact us for advice or a free no-obligation quotation today!

Mobile 07703 308232 Office 01279 899930
www.uppercuttrees.co.uk



MOWTIVATED
PROFESSIONAL & FRIENDLY
GARDEN SERVICES

Grass & Hedge Cutting • Fencing
Turfing & Grass Seeding
Ground maintenance contracts undertaken
Tree Surgery : All aspects of tree care
Power Washing : Patios, Decking & Drives

TOM COTTAM - 07834 785716 • 01279 850257

Inject your garden full of vibrant colour and delicious scent this season

Langthorns plantery
We live plants; we love plants

Visit Langthorns today and try something new!

Spectacular winter flowers, striking glossy berries, dramatic fiery foliage, dazzling coloured stems, exquisite heady scent

We are open for visitors between 11am and 4pm with safety measures in place Tuesday until Sunday.

www.Langthorns.com . 01371 872611



THE DOG & DUCK

• STANSTED MOUNTFITCHET •

A traditional village pub



Fine selection of real ales, beers & quality wines

Bar snacks, Sunday lunches, & great British classic menu using local produce

Beautiful decking area & large, rear enclosed garden

SKY & BT Sports, monthly quiz nights & regular live music

Dogs are welcome

Food Hours:

Mon Tues 12 - 3pm, 6pm - 8.30pm
Wed to Sat 12 - 9pm
Sun 12 - 5pm

T: 01279 812047 | dogandduckstansted@gmail.com | www.dogandduckstansted.co.uk
58 Lower Street | Stansted Mountfitchet | CM24 8LR



facebook.com/stansteddogandduck



instagram.com/dogandduckstansted

NEW DEFIBRILLATOR

Rose and Crown Pub, Bentfield Green

In December last year we started to raise money for a public defibrillator to be sited at the pub. Soon we had raised almost £2,000 thanks to Stacey, landlady of the Rose and Crown, who organised a Christmas quiz which raised over £1,200. Additional donations were received from Councillor Geoffrey Sell on behalf of Uttlesford Council, the local Freemasons and other kind individuals who donated money from their quiz winnings. A defibrillator was purchased; just as it arrived, lockdown happened! As lockdown restrictions have been eased, the defibrillator is finally in place on the outside wall of the pub, thanks to Greg Laing from Bentfield Green and Matt Pratley from EMO Electrical Services who kindly volunteered their fitting and electrical expertise.



The photo shows, left to right, Carol Clements, James Rogers and Ben, Cllr Geoffrey Sell and Caroline Bore.

The device is now being registered with the East of England Ambulance service, so when they receive a 999 call relating to an unconscious person who may be in cardiac arrest they will tell the caller where the nearest defibrillator is located (as long as it falls within one mile). They will also give the code to unlock the cabinet. This code is also held by Stacey at the pub and some neighbours. Once the ambulance team arrives, they will take the Automatic External Defibrillator (AED) to their station for safe keeping where it will be collected and returned to the pub by the custodian. The custodian at present is Ben, in the cottage next to the pub, who has kindly volunteered to check the equipment regularly. The locations of the other defibrillators in Stansted are on the Parish Council website and include the surgery, dentists and some schools, but some are inside buildings and not always accessible to the public. The UK resuscitation Council guidelines state there is no requirement to be trained in the use of the AED. If a person were to collapse, the non-trained person should still use the AED as the 'step by step' voice prompts will explain to the user what to do. In the event of a cardiac arrest, using an AED and undertaking CPR will improve the chances of survival.



Cherry Venn
Tel: 07799 143052



STANSTED MOUNTFITCHET WINDMILL

www.stanstedwindmill.co.uk

It was sad that we were unable to have our annual fête this year but I trust you are enjoying what remains of the summer. I expect some of you may have noticed the cherry picker we hired recently, alongside the windmill. You may have caught sight of our millwright Paul Kemp, our engineer Steve Mansfield and Richard Thomas our Treasurer, working hard from the cradle carrying out essential repairs and maintenance to the mill, with other volunteer millers helping out below. This will mean that we are well prepared for Saturday 12th December, which is the date we have provisionally set aside for our Christmas event in the hope – Covid-19 rules permitting – we will be allowed to open. There is not much more to report on the mill at present, only to say that we would welcome new members and anyone interested should contact me for a membership form. Even though the windmill is not open at present anyone wishing to purchase souvenirs can still do so by contacting me. Stay safe and stay well.



Molly Clark
Co-trustee
Tel: 816768



SHOE BOXES

www.teams4u.com

It is unlikely that we will be able to hold our usual shoe box packing evening this year, so we are asking people either to make up a whole shoe box or let us have items so that we can make them up. We will take the boxes to the depot in Loughton.

The following is a list of what can be put in a box:
Toiletries: soap, flannel, toothbrush and toothpaste
Hairbrush/ comb/girls' hairbands
Stationery items: paper, pens, pencils, crayons, ruler, geometry set
Gloves/hats/scarves/small handbags
Craft pack
A soft toy or puppet
Games/puzzles
Bubbles (well wrapped)
Small musical instruments
Small items of jewellery
Sweets and chocolate
A Christmas card and photo of yourself

Each box costs £2.50 to ship, so we would welcome donations of money, as we will not be able to hold a fundraising quiz this year. This can be gift-aided. Leaflets with a cut-out form to stick on the boxes will be available, or a label can be downloaded from the website teams4u.com. You will also find a lot of useful information there. Please don't forget to make up some boxes for teenage boys! For collection of completed boxes and items please contact us. Let us know if you need a shoe box.

Helen Baker Tel: 814865

Eileen Quinn Tel: 812109

Catherine Dean Tel: 813579

Email: catherinemarydean@btinternet.com

MEDIACOMS

Aerial Satellite AV Security

independent advice
expert knowledge
professional installations

sky

Your local
Sky expert



Aerial & Satellite Installations
Sky Subscriptions & Installations
Multiroom Audio Visual Distribution
CCTV & Home Security Systems
Home Cinema & TV Mounting
Broadband & Network Solutions

01279 871777 www.mediacoms.co.uk

6 Newman Road, Little Canfield, Dunmow, Essex, CM6 1GR



SDS INSTALLATIONS LTD

Aerial and Satellite Services

Foreign Satellite Systems - CCTV - Extra TV Points
Sky Link Ups - Phone Points - Home Signal Distribution
Wall Mounted Plasma / LCD Screens
Cables Supplied and Hidden

Alan Smith
50 Sunnyside
Stansted
Essex CM24 8AX

01279 279012
07771 881 042
sdsinstallations@hotmail.com
www.sdsinstallations.co.uk



Security Management, Fire Services and Drone Survey Specialists

Sygma provide the following to business & domestic clients:

SECURITY CCTV, Access control, Intruder alarms, Perimeter security,
Data network services, Remote monitoring, Service & maintenance

FIRE Fire risk assessments, Fire detection systems,
Fire suppression systems, Emergency lighting

DRONES Thermal imaging solutions, Building surveys, Promo videos,
Water leak detection, 4K aerial filming & photography,

Call 0800 043 6728 now for your FREE initial site survey
www.sygmasecurity.co.uk



**FREE
Consultation**

Garden lighting design & installation

All of our designs are individually created to enhance the features of your garden. We work closely with our clients to ensure complete satisfaction.

www.illuminatinggardens.com 07539 88 88 30

DC Alarm Systems

Intruder, Access, C.C.T.
Fire Alarm Systems

Local family business Est. 1984
All intruder systems guaranteed for two years

Call Grant on 07775 673273

Telephone: 01279 494 596
Email: dcalarmsystems76@gmail.com



GREENSCROFT FENCING REPAIRS AND REPLACEMENTS

Fast and Friendly Service

Fencing Panels • Picket Fencing • Shaped Panels • Post and Rail Fencing • Screening Panels



All types of Fencing Repairs



Contact Tim on 07801 643632 Email: tim@greenscroftfencing.co.uk
www.greenscroftfencing.co.uk

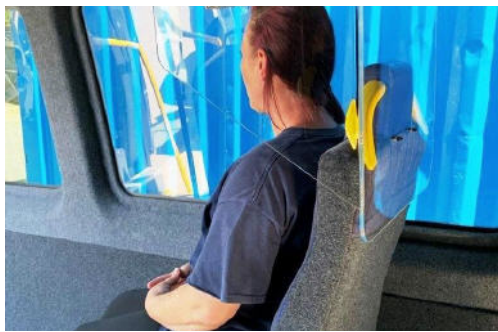


Uttlesford Community Travel

Your transport solutions are back on the road! The charity which provides community travel services for residents of Uttlesford is back in business. After a difficult few months Uttlesford Community Travel (UCT), which provides transport for the elderly, the disabled and the rurally isolated, recently resumed the operation of a restricted service for its members.

Understanding the potential nervousness about travelling, conversions to the minibuses have been made and additional features have been added to ensure that passengers feel safe and comfortable during their journey with UCT. Key measures that have been taken are:

- all minibuses have been fitted with PPE stations, with both the driver and passenger being shielded by Perspex screens for everybody's safety
- the driver will take the passenger's temperature on boarding the vehicle; a high temperature will mean that entry to the vehicle will be declined
- face coverings are required to be worn at all times when on the minibus.



Members wishing to take advantage of the Hospital Car service, which is also restricted at present, should contact the office on one of the numbers below. Guidelines from the Government are changing all the time, so the charity will keep them under constant review so that it can respond quickly to any alterations. For further information, or to book a ride if you are a member, please call 01371 875787 or 01799 519008.

Gary Matthews



www.birchangerwoodtrust.org

The calm of Birchanger Wood was a haven during the strangeness of the lockdown. It was one of the few places people could walk, get some fresh air, and remain healthy at a time of stringent and, for some, isolating social distancing. People enhanced their physical and mental wellbeing while reconnecting with nature and learning about our local natural history. Walking in the woodlands reduces levels of cortisol, a hormone associated with stress, and the immune system can be boosted by breathing in phytoncides, which trees emit to protect themselves from germs and insects.

Increased use of the wood also meant greater wear and tear on our pathways, as well as damage to trees and plants. Bluebells were pulled up, ivy was ripped off trees, fires were started and at one point there were people camping in the wood. The damage was caused by a small minority of visitors, but has had significant impact on our woodland. Next spring bluebells could be less abundant. Ivy destruction reduces habitats for insects; its removal does nothing to help the trees. With autumn approaching, we are resuming coppicing, cutting back trees to bring light to the woodland floor; the trees benefit from this radical pruning, which extends their lives. We have to repair paths and remove trees that have fallen near the paths. Additionally, we have a number of exciting woodland projects we want to pursue to boost our local wildlife. Although the work is carried out by volunteers, we have machinery, equipment, training and maintenance costs. We are appealing to residents who enjoy our woodland to give a regular small donation to help support our charitable objects. Please go to our website and give what you can to support our local woodland.



Daniel Brett
Secretary

Email: danielbrettdotcom@gmail.com

MEET THE LINK TEAM Elizabeth Oakley

I was an army brat, and our family moved around a lot when I was young. This must have inspired the travel bug which has influenced my life greatly. During my return from a visit to Italy, I met my future husband on a ferry crossing the Channel; he is a Texan, and reminded me of Jon Voight in Midnight Cowboy. I ended up living in the USA for 13 years, in San Francisco, Washington State and Virginia. I attended university in Norfolk, Virginia, and earned a BSc and MSc in Ecology. I then taught Biology and Chemistry for many years, until my retirement in 2016.




I left the States in 1983, and my daughter Rachel and I lived in Egypt for a while; then we came back to the UK. Once my daughter was grown up, I worked in other places besides England: the Falklands and the Netherlands for example. For the 13 years prior to retirement, I worked in Bishops' Stortford College, then moved to Stansted. I was so impressed with The Link that I asked if I could help with its production, and started doing editing work for the articles. When the wonderful Editor Ken Whyne moved to Kent, I took over as Editor, which I really enjoy; it is great to work with such a grand team. You can see from the above photo who occupies most of my time these days: her name is Suki and she has been known to submit articles for The Link. I also spend time with my teenage grandsons ... and I still travel as much as I can.

PRIME DECOR LIMITED

- Interior and Exterior Decorating •
- Hand-painted Kitchens •
- Furniture Painting •

Free quotes & high standards of work guaranteed

Tel: Carl 07880 705591

 Email: primedecor2015@gmail.com

T. F. PLASTERING

All aspects undertaken including:

Coving ending
floor Screeding Pebble Dashing

Over 20 yrs experience

High standard of work. Fully insured.

For a free estimate call Terry

Home 01279 416311 Mobile 07738 278036

Email: terryfincham44@gmail.com

DAVID DUNCAN DECORATING SERVICES

- ♦ All aspects of Decorating
- ♦ Interior & Exterior
- ♦ All types of Paperhanging

All work guaranteed to a high standard

Public Liability Insurance

Over 30 years' experience

Please tel: 07956 563 943

Email: duncan_dj@hotmail.com



- Interior & Exterior
- From one room to a complete house
- Competitive rates and references

Tel: 01279 810953 or 07973 364394

Email: lesleyprowse@aol.com



Brown's Painting & Decorating

All sized jobs considered
Please call Simon for a quote

Tel: 01279 813075

Mob: 07813 086763

Stansted based

Email: simonbrown uly64@gmail.com



mwr interiors

Specialists in Painting and Decorating

High Quality Painting Service

We offer basic painting and decorating through to specialist finishes, furniture painting and colour matching. We also have a large portfolio of heritage work sympathetic to older buildings.

Fully qualified, 20 years experience

Tel: Matthew 07941 293365 Stansted 01279 899846



Professional Painting
And Decorating Services
With many years
Experience

- Internal Decorating External Painting
- Slate & tile sealing + maintenance
- References available
- Wood floor lacquering
- Free detailed quotations available

Call... Office: 01279 817282

Andy Richardson Mobile: 07980 439924

Email: adadecorating@googlemail.com

www.adadecorating.co.uk



• Painting
• Decorating
• Gardening
• General Maintenance

ray@rayonthehill.co.uk
Mob: 07790 509556
Tel: 01279 851831

Herts & Essex Window Doctor www.hertsandessexwindowdoctor.co.uk



All Double Glazing Repairs

- ✓ Misted units
- ✓ Locks, Handles Hinges
- ✓ Patio, French Bi-fold Doors

All Conservatory Repairs Undertaken

Family Run Business

Call Nigel or Adam on

01279 816324 or 07769 274610

Email: nijillpark@aol.com or

nigel@hertsandessexwindowdoctor.co.uk



Free Quote - No Obligation

No Call Out Charge

All Work Guaranteed

DON'T REPLACE IT - REPAIR IT

Do-It-4U

Repair, Care & Maintenance
for your Home and Garden

- ♦ Plumbing, Electrical & Carpentry Services
- ♦ Drain Blockages Cleared
- ♦ Gardens Tidied & Maintained
- ♦ Hedges & Topiary Trimmed & Shaped
- ♦ Fences Erected & Repaired
- ♦ Gutters Cleaned, Repaired or Replaced
- ♦ Sheds & Other Sectional Buildings Erected

Tel 01279 814411 Mobile 07774 877320



STORT VALLEY ROTARY

www.stortvalleyrotary.com

Preparing for the Impact of Covid-19 restrictions

Recently our President Gordon Morrison and his wife hosted a garden party for 30 members and partners in the grounds of their beautiful home. Organisation involved strict observation of social distancing and other Covid-19 regulations. A band played while we ate at tables of six and afterwards we were able to converse with one another using the ample space of the garden to keep safe. This was a very special and enjoyable occasion as none of us had met face to face since lockdown.



Our recruiting campaign, which makes extensive use of modern media, is eliciting an amazing response. We have reached about 160,000 on Facebook and in the order of 300 hits per day on Twitter and the same number of visits to our website. The best news however is that many people are interested in joining our club as full members or friends. This is particularly reassuring as we anticipate that the demand for our services in the community will increase as the full impact of Covid-19 restrictions unfolds. We have resumed our meeting programme using Zoom. While these meetings lack the intimacy of the traditional, they do offer advantages such as it being possible to invite more non-members to listen to our speakers. We have developed quite a good following and regularly have over 50 attending and about 500 accessing via YouTube. Should you be interested in being a guest at one of our meetings, our speaker programme is on our website and an invitation can be requested by email.



Peter Latham

Tel: 881607

Email: stortvalleyrotary@gmail.com

LETTER RE STANSTED AIRPORT EXPANSION

I am writing in response to Manchester Airport Group's decision to appeal Uttlesford District Council's refusal of their planning application for 43 million passengers by 2028. The Committee on Climate Change predicts that aviation will be responsible for 35% of residual carbon emissions by 2050. Manchester Airport Group's own projections for this planning application at Stansted puts their emissions at 82% higher by 2028 than the Department for Transport's allowance. The recent bailouts to our airlines without environmental preconditions are in stark contrast to some of our European neighbours, who have imposed strict prerequi-

sites on the financial assistance to their airlines. This is surely a message at odds with our stewardship of Cop 26 in Glasgow next year.

Despite the unintended consequences of Covid-19 on aviation over recent months, the bigger picture is one of an industry that appears unwilling or unable to square the circle between continued expansion and the significant impact on the environment from its rapidly increasing carbon footprint. Business leaders and some politicians might support MAG's decision to appeal; seen through the prism of airport expansion's environmental impact, what we have is an industry that seeks to apply an unsustainable business as the usual approach to its impact on the climate in a dangerously warming world!

Jonathan Fox
Tel: 07702 606137



www.eastonlodge.co.uk

I am writing with my fingers firmly crossed for the rest of the season at the Gardens, as Covid regulations change again. Our last Open Day of the year is on **Sunday 11th October**. By then the trees will be on the turn, with the crimson maple at the top of the glade one of the first to flaunt its autumn colour. The pumpkins will all have ripened. There should be a full set of flavours of jams and jellies available on our tombola stall. We hope you can join us, with tickets available in advance and social distancing measures in place.



We have been blessed this year with the continuing support of our volunteers through these hard times. Sue, our most local Trustee, kept on gardening through lockdown, keeping weeds at bay; and Claire has worked even harder than usual to coordinate volunteers now working across four days of the week. Unfortunately, we have also said fond farewells to a few longstanding volunteers and supporters. Their contributions provided fantastic foundations for the Trust and the gardens' glory now is tribute to their efforts. Tickets for October Open Day are being sold through Eventbrite; there are links on our website and facebook pages. If you decide on the day, there will be some limited availability without tickets. Gates open 11.00am, last entry 4.00pm. There is no need to book for the last of this year's Open Thursdays, which run through to mid-October.

Jill Goldsmith
Tel: 07947 183439

Ed Howley
Furniture By Design
Fitted Furniture Specialist
 Bedrooms • Studies • Media Units • Bookcases
 { Furniture as individual as you are! }
 Online showroom www.edhowleyfbd.co.uk
Tel: 01279 815700 info@edhowleyfbd.co.uk
 3A Parsonage Farm, Foresthall Rd, Stansted, Essex, CM24 8TY

Peter Worby
 Antiques Restoration
ANTIQUES RESTORATION
Over 40 years experience
 All Repairs including Modern ♦ Polishing
 Fully Insured ♦ Free Estimates ♦ No VAT
 Tel: 01920 821973 Mob: 07803 895937
 Email: peterworby56@gmail.com
www.peterworby.co.uk

GILLSON CARPENTRY & JOINERY

 ➤ First & second fix carpentry
 ➤ Site & bench joinery
 ➤ Extensions & building projects
 ➤ Kitchens
 ➤ Wooden flooring
 ➤ Decking design & construction
 ➤ No job too big or too small
 Office 01279 812101
 Mobile 07525 061661
 Email: gillsoncarpentry@btinternet.com

CANFIELD Carpentry
 Offering a Quality Service
WITH OVER 20 YEARS EXPERIENCE
 Specialising in :-
 ✓ New Doors, Arches, Linings & Skirtings
 ✓ Stair Parts & Refurbishments
 ✓ Roofs, Joists, Floors & Stud Partitions
 ✓ Bespoke Kitchens & Worktops
 ✓ New Decking & Fencing
 ✓ Loft Conversions
FREE ESTIMATES call on 07930 920959
 ANDY@CANFIELDCARPENTRY.CO.UK
 @canfieldcarpentryltd @canfieldcarpentry & much more...

C J B CARPENTRY

 ✓ Hand Builtitchens
 ✓ Wood flooring
 ✓ Summer Houses
 ✓ 1st and 2nd fix Carpentry
 ✓ Doors and Locks
Please call Chris 07977 043983 or 01279 817997
Email: chris.bickers@sky.com

A.C. WRIGHT
BUILDING CONTRACTORS
 Orchard House, 5 Brewery Lane
 Stansted, Essex CM24 8LB

 Tel. Bishop's Stortford (01279) 815759
 Fax. (01279) 812484
 Mobile 07974 989938

Thinking of doing some building work?
 Uttlesford Building Control are your locally based
 Inspectors, we know all the local
 builders, surveyors and ground conditions.
We are here to help!
 Please contact us for pre-application
 advice - call before 10am to
 arrange a same day inspection.
T 01799 510453
E building@uttlesford.gov.uk


HIBBS & WALSH
 associates limited ARCHITECTURE & DESIGN

 Mike Hibbs Sebastian Walsh
 53 High Street Saffron Walden Essex CB10 1A
 Telephone 01799 523660
 Email: office@hibbsandwalsh.co.uk
 Website: www.hibbsandwalsh.co.uk



david lee
 land & new homes
Your land.
Your opportunity
 From consented sites to large gardens, if you own a piece of land, it pays to know what it's worth and how to release its potential.
 Talk to one of our local land experts and get the inside track on development, planning and how to sell for the very best price when the time is right.
Open to opportunity?
 For a no-obligation assessment today.
 ☎ 01279 815 511
 ✉ leeobrien@davidlee.co.uk
 Member of LAND & NEW HOMES NETWORK

Please support Stansted hospitality venues

This month we would urge you to go and visit our members who are in the hospitality trade in Stansted; details are shown below. We all want our local businesses to survive so go along and enjoy your food and drink; they are all ready to welcome you:

The Cork House is a wine bar and restaurant and offers a comprehensive menu. You can enjoy a drink, a meal or both in stylish surroundings and relaxed atmosphere. Have a look on their website at www.thecorkhouse.co.uk for more details.



The Dog and Duck pub and restaurant has been a local favourite for many years; it has a weekday and weekend menu. It has a public bar as well as a large enclosed rear garden. They also have a lovely decking area to the front of the pub. Look on their website for more details: www.dogandduckstansted.co.uk.



Linden House is continuing with the 'eat out to help out' initiative in September; here is your chance to get good value meals so please go along. Bookings are advised and you can ring 813003 to make your booking. Linden House also has a special offer that if you have an overnight stay and eat at the restaurant you will have a free bottle of wine. Make sure that you take advantage of this offer.

The Mix Wine bar has an extensive cocktail menu including lemon meringue and raspberry meringue martinis so do go along and try a cocktail or two. You can catch up what is happening on their Facebook page.

If you would like more information about the Business Forum, contact Peter James on 813318 or email: Peter.James@murdochsestateagents.co.uk.



Iris Evans



Nature Notes

Dog Rose *Rosa Canina* (Rose Hips)

Autumn is the time to enjoy foraging for food. At this time of year the hedgerows are full of tasty morsels. Perhaps the brightest of nature's fruits are the rose hips. Those hips contain the hairy seeds of the wild or dog rose, and later in the autumn they can be recognised against the sky as little beacons of red on top of very thorny stems. Great care is needed to harvest these fruits and protection is required against the cruel thorns.



Once upon a time, children liked to make use of the hips as itchy powders. However, during the war years they were obliged to pick them as part of the Ministry of Food war effort. Oranges were exceedingly rare then. Rose-hips contain 20 times more Vitamin C than an orange. The harvested hips were sent to pharmaceutical companies who turned the berries into rose hip syrup. This was a good source of calcium, silica, magnesium, phosphorous, and most importantly Vitamin C. It is possible to make the syrup at home; a lengthy process but well worth it. Until the 1970s it was possible to buy Delrosa Rose Hip Syrup which could be given to small children either diluted with warm water in a feeding bottle or administered by teaspoon. Most children loved it and it kept them free of colds in the winter months. Alternatively, it can be used for tea. Quite simply wash the hips, chop or mince, spread out to dry, then store in airtight containers. To make the tea, use about a teaspoon of the dried hips, add boiling water and leave to stand for about five minutes. Strain carefully. Enjoy ...

Bee's daughter

www.walksaroundstortford.org.uk

Sunday Walks: Departing at 10.00am 4-5/6 miles
For all walks, owing to the current situation, please keep checking our website to see if they will be taking place.
Government instructions for numbers of persons attending any event can be subject to instant rapid change.

4th Oct 3 Horseshoes PH. Molehill Green TL562246, Postcode CM22 6PQ
 18th Oct Thremhall Park. Start Hill BS TL533211
 Postcode CM27 7WE

The BSDFA finally went out on a walk following the long lockdown. It began with the Leader, Peter, taking our contact details should one of us subsequently be found to be suffering from Coronavirus, and reminding everyone to maintain social-distance distancing. Peter decided to take us on a short 4-miler; It was a lovely day and we had a super trundle across the Herts and Essex countryside alongside meadows to Gaston Green, with horses grazing and many birds. We turned down the River Stort and the canalised Stort. Here we took a break at the Tednambury Lock and followed the towpath of the Stort and walked back to Twyford Lock.



The new Stansted permissive paths provide a good number of circular routes and they link in well with the existing footpaths/bridleways in the area Public Rights of Way. They provide the opportunity for really short walks and much, much longer ones - brilliant! A map of the paths was in last month's Link. The great thing is that you can start from the very centre of Stansted - the Lower Street Car Park. From the new access off Dairy Lane you have not only a selection of paths but you are almost immediately in open pasture or walking along the Stansted brook. These paths provide a choice of two or three different ways to Elsenham, Burton End, May Walk and along to Aubrey Buxton Nature Reserve. They skirt a large area of marshland and sheep pasture. A wooden bridge goes over the Stansted brook and if you follow it along up the hill, there is a choice of returning past the community allotments, or walking up to the bridge over the motorway to Church Road. Alternatively part way up the hill, go under the motorway bridge then on to Burton End and Tye Green. You may like to take a ramble through and along these new paths and I do have a hand-drawn A4 extrapolated map which shows the many new possibilities. Keep fit. Keep safe.



Daphne Wallace-Jarvis
 Publicity Officer
 Email: dwjjwj.444@gmail.com

www.mountfitchetgardenclub.co.uk

Tuesday 1st September was the official start of autumn, the "season of mists and mellow fruitfulness". For some this lockdown period has kindled an interest in growing your own, whether it be fruit, vegetables or flowers. Seasoned gardeners have had extra time to spend tending their gardens and allotment plots. I am sure that the taste of home-grown food will encourage everyone to continue gardening and possibly try different things next year.



(The above photo was taken by Yvonne Ayres)

Autumn is also the time to start to plan ahead; garden centres and shops are stocking spring bulbs and seed and plant catalogues are being despatched, so over the next few weeks enjoy deciding what you would like to grow next year and buy or place your order. With the days shortening and the temperature dropping it is also worth checking which plants and pots will need to be brought under cover or given extra protection over the winter period. There is still no news as to when the Day Centre will be allowed to re-open and the Club meetings will be able to resume so in the meantime keep safe and enjoy the autumn colours in your gardens and in the countryside.

Maralyn Harris
 Chairman
 Tel: 07919 478144



www.stanstedtennisclub.co.uk

Club sessions restarted!

Social tennis sessions, open to all members and guests (paying a £3 visitor fee) are now taking place again. They are held on Wednesdays and Fridays 9.30am-noon, Wednesdays 7.00pm-10.00pm and Sundays 10.00am-1.00pm. There is also a ladies' night which is on the third Monday of every month from 6.30pm-10.00pm.

Coaching

Group coaching sessions for adult and junior members and non-members continues with Ollie Toms; please contact him on 07917 652014 or email: olliestennis@gmail.com for further details. Please go to our website for more information about the club and details of how to join.

Fiona Kelly
 Committee member



STANSTED FOOTBALL CLUB

www.essexseniorleague.co.uk/club/stansted-football-club

Despite the on-going threat caused by the Covid-19 pandemic, football at Hargrave Park has finally got under way with our three teams now playing in their respective league and cup competitions. For the First Team the thrilling encounters in the FA Cup along with some exceptional performances in the league have brought a great deal of excitement around the Club and a growing amount of support off the field which is much appreciated by the players. The coming month brings on the challenge of the FA Vase whereby, as a result of our successful run in last season's competition, we were exempt from playing in the early rounds.

The veterans over-45s, having resisted the opportunity this season of playing in a higher division, have had a good start to the season under new manager Bruce O'Brien and team captain Andy Thorpe. They are considered one of the favourites to win silverware this season. Our newly formed Under-13 squad have been busy playing some prestige friendly fixtures in preparation for their season in the Eastern Junior Alliance League; we are working on the logistics of trying to play some of their home games at Hargrave Park. However, lack of alternative pitch facilities in the village may mean the team have to play home games elsewhere which would be a shame. Our Club Committee has worked extremely hard over the past 12 weeks to make Hargrave Park as safe as possible for all players and supporters. Funding from the Football Foundation has enabled us to put in place various restrictions and guidelines to conform with rules released by the FA; we ask all visitors to adhere to these as we wish to see football continue.

October fixtures

6th League Saffron Walden
13th League Sporting Bengal
24th League Cockfosters



Tom Williams
Secretary
Tel: 07921 403842

STANSTED BOWLS CLUB



By the time these words are in print the Covid Bowls season will be over and we will be preparing the green for the winter. Three tonnes of top-grade soil would have been used to cover the whole playing area, very tiresome work. All of this is made worthwhile when we come to play on it in 2021, where it should be one of the top greens in the area. Let us hope that we shall not be impaired with further restrictions from the dreaded virus; time will tell. We are a very lucky club in many ways. With our current membership we have teams in five different leagues, plus mixed teams at the weekends; this means that every member could play in at least two matches each week of the season. Some choose to play more than this and there are also the five or six club competitions and league singles, and pairs matches to compete in as well: a good way to keep active and fit.

We look forward to the 2021 season, and we would really like to welcome more players, both ladies and men. It is an ideal way of getting out in the sun, or rain, for an evening or a weekend afternoon, coupled with lively banter as well as tea and cakes. If you think that bowling might suit you and you are keen to get involved in helping with the gardens and surroundings plus have a decent broom, then please get in contact; we shall be happy to show you around. If you are thinking about joining a bowls club then please give Stansted a try; we are a smaller club than many of those around us but we do try to ensure that all members get to play competitive bowling on a top-class bowling green. We look forward to welcoming you.

Peter Beattie

Hon Secretary

Tel: 07850 329192

Email: peterdavidbeattie@gmail.com

STANSTED HALL AND ELSENHAM CRICKET CLUB

www.shcc.hitscricket.com

The Club have managed to play half a season in the Herts and Essex Border League. The first matches were played on 18th July for both 1st XI and 2nd XI and will continue until mid-September. In early July most clubs thought that no cricket would be played this year; some leagues told member clubs that they would not be operating at all. So, to be able to play some cricket has been a relief and availability has been good. The Club have also played midweek and Sunday matches to get as many fixtures in as possible. The juniors have had only a few matches but coaching on Friday evenings has been very enjoyable. The Club also arranged a two-day junior cricket camp which was attended by 24 junior members. The pavilion and ground improvements at Molehill Green are now complete and matches will be played at that ground in 2021.

It has been a difficult year financially for the Club as we did not qualify for the £10,000 Uttlesford District Council Covid-19 Grant. Members, parents and friends of the Club gave generously to a Just Giving page that was set up by the committee. Going forward, our main income stream during the winter months of two quizzes looks very doubtful therefore 2021 could be another challenging year. These are difficult times for all of us; the most important thing is to stay healthy. Let us hope that this Coronavirus can be contained or eliminated in the near future.



David Brown

Tel: 831011 / 07788 99963

Email: david1.r.brown@gmail.com

CROSSWORD ANSWERS

Across

3. Boyle 7. Cola 8. Pope 9. Input 11. Talent
12. Rhodes 13. Standing ovation 14. Knocks
15. Gannet 16. Genoa 17. Viol 18. Tree 19. Tweet

Down

1. Royal tennis 2. Bare knuckle 3. Britains got
4. Extravaga 5. Opportunity 6. Speedometer 10. Penguin

DIRECTORY OF LOCAL CLUBS AND ORGANISATIONS

Alzheimers Society	Tel: 01371 872519	Rainbows (Fri)	Sue Pollard Tel: 813734
Air Training Corps	Tel: 681559/661929	Rotary Club	Peter Latham Tel: 507294
494 Squadron	Email: 494@aircadets.org		Email: stortvalleyrotary@gmail.com
Beaver Scouts	Angela Madigan	St John's Road and	Leila Riddell
Age 6-8	Tel: 01371 513028	Area Association	Tel: 07770 955830
Bowls Club	Peter Beattie, Hon Secretary	Scouts (age 10½ -14)	Mike Byrne Tel: 812780
	Tel: 07850 329192	Shotokan Karate Ryu	Donna Ring Tel: 731752
	Email: peterdavidbeattie@gmail.com		Email: skr@skr.org.uk
Brownies (Tue)	Kathy Shearman Tel: 07724 355533	Spangles Family Hub	Tel: 812348
Brownies (Wed)	Susan Scott Tel: 810955		Email: vcl.essexwest-uttlesfordadminhub@nhs.net
CAB	Tel: 01799 618840	Stansted and District	Geoff Lay
Corkers Netball	Lizzie Read Tel: 07770 594848	Past Rotarians Club	Email: geoff.lay@ntlworld.com
Cricket Club (Adults)	David Hedge Tel: 812509	Stansted Badminton	Vince Tel: 07793 000107
(Juniors)	Keith Ayres Tel: 814471	Club	Raj Tel: 07775 915418
Cub Scouts	Nic Devine	Stansted Business	Iris Evans
Age 8-10½	Email: kinglouie.huskies@gmail.com	Forum	Email: iris.evans9@gmail.com
Day Centre	Tel: 815091	Stansted Family Café	Ros Page Tel: 810813
Explorer Scouts	Paul Thorneycroft Tel: 01371 876784		Email: contactstanfam@yahoo.com
Friends of St Mary's	Lynda Dale Tel: 07716 099474	Stansted Football Club	Tom Williams Tel: 07921 403842
Church	Email: lynnydale@hotmail.com	Stansted Hall and	David Brown
Garden Club	Maralyn Harris Tel: 07919 478144	Elsenham Cricket Club	Tel: 831011/07788 999663
Grove Cottage	Jocelin Warren Tel: 07482 535020		Email: david1.r.brown@gmail.com
	Office Tel: 656085	Stansted Sparks	Gemma Snelling Tel: 07894 944242
Guides	Jennifer Jarvis Tel: 814434	Netball	Email: gemmasnelling@me.com
Helpline	Tel: 07704 553727	Stansted Speed	Warren Vickers Tel: 813996
History Society	Roger Barrett Tel: 814216	Watch	Email: vickersw@aol.com
	Email: rmbarratt54@gmail.com	Stansted Supers	Olly Pocknell
Huw Johnson Club	Katharine Collis Tel: 07759 157620	Handball Club	Tel: 07875 391701
	Email: kat_collis@hotmail.com	Talking Newspaper	Richard Barnett Tel: 651270
Investigators	Ros Page Tel 810813	(BS and District)	Email: familybarnett24@hotmail.com
Age 7-11	Email: contactstanfam@yahoo.com	Tennis Club	Fiona Kelly Tel: 07949 623484
Little Scrummers	Andrew Poyser Tel: 07738 591232		Email: fiona1.kelly@btintetnet.com
Millers (Windmill)	Molly Clark Tel: 816768	U3A	Ray Smith Tel: 813270
music@stansted	Sonia Levy Tel: 815282	W I Stansted)	Anne Watson Tel: 898693
(Classical concerts)	Email:	W I (Ugley)	Dorothy Wallace Tel: 850215
contactus@musicatstansted.co.uk		Whoosh Explore	Helen and Peter Nash
Neighbourhood	Valerie Trundle Tel: 813433	Canoe Club	Tel: 817453
Watch		Youth Centre	Linda Barnes Tel: 07947 548051
Parkinson's UK	Vivian Falk		
Uttlesford Support	Tel: 01799 513128		
Group	Email: vivian@brackendalehouse.co.uk		
Rainbow Pre-School	Gill Pursglove Tel: 814242/07966		
506997	Email: admin@rainbowpreschool.net		
Rainbows (Wed)	Rachel Roberts Tel: 078648 21905		

Note: This list will be updated as and when we learn of any changes. If you would like your organisation to be added please let us know. Contact details are on page 1.

BIRTHDAYS, ANNIVERSARIES or SPECIAL OCCASIONS

If you would like to mark any occasion that is special to you or someone you know, by announcing it in the Link, please email a short message together with your name address and telephone number to: announcements@stanstedlink.org.uk or send the details to 7 Blythwood Gardens, Stansted CM24 8HG. Details must be submitted by the 8th of the month for publication the following month.

THE HUNDRED PARISHES SOCIETY - WORKHOUSES

www.hundredparishes.org.uk

In these strange times we have seen people unable to attend their place of work. Many have been supported by a furlough scheme. Over the years, governments have taken various steps to care for the poor and those unable to work. The Act for the Relief of the Poor of 1601 made parishes legally responsible for parishioners who could not work. Most assistance was given as 'outdoor relief', meaning financial help but with people able to remain in their own homes. The Workhouse Test Act of 1723 obliged anyone seeking relief to enter a workhouse operated by the parish. Under the Poor Law Amendment Act of 1834 individual parishes were grouped together in a Poor Law Union which was responsible for constructing and operating a central 'Union' workhouse for the larger area. Many survive and have been re-purposed. Life in the workhouse was hard; families were split, husbands separated from wives and parents from their children - a stark contrast to today's benefits systems.

Ken McDonald, Secretary Tel: 813226



The Buntingford Union workhouse, built in 1836 for 160 people from 16 surrounding parishes, closed in 1933 and was converted to private houses and apartments



Linton built its workhouse in 1837 in Symonds Lane to accommodate 230 inmates. Today it is a retirement home.



Great Dunmow's Union workhouse was built in 1838 for 350 inmates at a cost of £8,000. One of the architects, George Gilbert Scott, was a prolific workhouse designer who later designed the Albert Memorial and St Pancras Station



Rye House Gatehouse was used as a Workhouse at Stanstead Abbots from 1760-1843. It is now a grade I listed building, featuring high-quality diaper brickwork and a "barley sugar twist" chimney



Clavering and Ashdon Workhouses were both part of the Saffron Walden Union which was created in March 1836

Index to Advertisers

IFC - Inside Front Cover		IBC - Inside Back Cover		OBC - Outside Back Cover	
Animal Care	Debs Dogs	16	Hairdressing	Briggs Mobile Hairdresser	18
	Greenside Boutique Cattery	16		Barnet Fayre	18
	Mercer & Hughes	OBC		Claire's Gents Hairstylist	18
	Poochie Mumma	16		Lino Thomas	OBC
Building Services	A C Wright Building Contractors	34	Halls for Hire	The Mainstreet Barber Shop	18
	David Lee	34		Quaker Meeting House	16
	Hibbs & Walsh (Architects)	34		Manuden Community Centre	16
	David Fortune (Builder)	OBC		St John's Church Hall	16
	Uttlesford District Council	34		Ugley Village Hall	16
	Vester Property Services	IBC	Household Installations	D C Alarms	30
Carpentry	Canfield Carpentry	34		Mediacomms	30
	CJB Carpentry	34		SDS Aerials	30
	Gillson Carpentry & Joinery	34		Sygma Security Systems	30
	Chiropody	R Handford	10	Ironing	Dunmow Ironing Parlour
Julie Golden		10	Jeweller	John Wilson	6
Cleaning	Clear Ovens	18	Legal	Herts and Essex Wills	26
	Go-Jo Quality Cleaning	18		Lever & Co Solicitors	26
Community & Care	Broome End Care Home	8	Leaflet Delivery	Leaflet Delivery UK	6
	Hargrave House Care Home	8	Motor Repairs	D Bonney & Sons	26
	Hearing Help	10	Essex Autospray	26	
	Helpline	10	Music Lessons	Carr (Piano, Organ, Singing)	12
	Human Roots	6		Priest (Piano, Violin, Singing)	12
	Mountfitchet House Care Home	8		Hamilton (Singing)	12
	Ross Nursing Services	10	Networking	Stansted Business Forum	26
	Computing & Office	MCM Computer Services	10	Osteopathy & Physiotherapy	Quendon Osteopathy
Taylor Computer Service		10	Williams (Osteopath)	4	
Witts End Business Services		6	Painting, Decorating & Plastering	Ada Decorating	32
Graham School of Dance		12	Brown's Painting & Decorating	32	
Dental	Castle Dental	6	David Duncan Decorating	32	
	Chapel Hill Dental	6	Lesley Anne (Painting)	32	
Education & Children	Birchanger Butterflies Nursery	12	MWR Interiors	32	
	Howe Green House School	12	Prime Decor	32	
	Rainbow Pre-School	12	Ray on the Hill	32	
	Tuition (ages 4 - 11)	12	T F Plastering	32	
	Electrical	Albury Electrical Services	24	Personal Services	Fresh Leaf (Hypnotherapy)
CK Electrical		24	Glynis Cheers (Hypnotherapy)		10
Stansted Electric		24	Stansted Psychotherapy		10
Estate Agent		Murdochs	IBC	Plumbing & Heating	Harpers Plumbing & Heating
Financial	Mansell & Co Accountants	IBC	JDW Gas Heating Specialist	24	
	Furniture & Restoration	DT Bedroom & Kitchen Designs	IFC	Jones (Plumbing & Heating)	24
		Furniture by Design	34	M Lloyd and Son	24
		Peter Worby Antiques Restoration	34	Newman's Home Services	24
Fitness	Flexible Strength	4	Orion Heating	24	
	Back to Basics (Pilates)	4	P Knight Plumbing	24	
	CJ Fitness	4	Stansted Gas Services	24	
	Stansted Yoga Lounge	4	Printing	Chogou Printing & Embroidery	24
	Food & Drink	Hadham Brewery		OBC	CZ Design & Print
Lams Chinese Takeaway		IBC	Property Maintenance	Do-It-4U	32
Mayflower Chinese Takeaway		IBC	Fairweather Windows	IFC	
The Dog & Duck		28	Finch and Son	OBC	
Garden Services		D Honour & Son (Landscapes)	OBC	Herts & Essex Window Doctor	32
	Illuminating Gardens	30	Retailers	Paris Legore (Flowers & Gifts)	IFC
	Gill Owen & Colin Frost	28		Squires (Gifts, Plants and Cards)	IBC
	Greenscroft Fencing	30		Soft Furnishings & Sewing	IFC
	Langthorns Plantery	28	Teach me to Sew	12	
	Mowtivated	28	Sport & Leisure	Golf World	IFC
	The Secret Gardener	28		Stansted Social Club	16
	Funeral Services	Daniel Robinson & Sons	26	Tree Surgeons	All Aspects Tree Services
J Day & Son (Stonemason)		26	Tree Management Company		28
			Uppercut Trees		28

Mansell & Co. Est. 1970

Chartered Certified Accountants, Registered Auditors

All aspects of accounts, audit and taxation

We are an established firm offering a cost-effective and professional service to businesses of all sizes, both start-ups and existing businesses changing advisor

Please contact us for a free consultation, quoting "Link"

Mark Williams FCCA or Jeremy Fozzard FCCA

5 Ducketts Wharf, South Street, Bishops Stortford CM23 3AR

01279 658499

info@mansellandco.org



Estate Agents
are **NOT** all
the same.



01279 813 318

1 Station Road, Stansted, CM24 8BE

Email: peter.james@murdochsestateagents.co.uk

www.murdochsestateagents.co.uk



SPECIAL CHINESE CUISINE TO TAKE AWAY



OPENING HOURS incl Bank Holidays

Mon, Wed - Sat 12 noon - 2 pm

Sun, Mon, Wed, Thu 5 pm - 11.30 pm

Fri & Sat 5 pm - midnight

Closed on Tuesdays

Telephone orders welcome

Tel: 01279 813207 / 817667

6 Station Road, Stansted CM24 8BE

五月花

MAYFLOWER

Under New Management (formerly China Garden)

CHINESE TAKE AWAY

OPENING HOURS including Bank Holidays

Sun, Tue - Thu 12 noon - 2.00 pm

5.00 pm - 11.30 pm

Fri & Sat 12 noon - 2.00pm

5.00 pm - midnight

Closed on Mondays except Bank Holidays

☎ 01279 812 941 and 812 488

8 Station Road, Stansted CM24 8BE



GENERAL BUILDING & ARCHITECTURAL SERVICES
EXTENSIONS \ RENOVATIONS \ KITCHENS



**"VESTER OFFERS A SIMPLE ONE STOP SHOP FOR YOUR PROJECT.
THE SKILLS & EXPERIENCE OF OUR INCREDIBLE TEAM MEANS
VIRTUALLY ANY CUSTOMER REQUEST IS ACHIEVABLE."**

VESTER PROPERTY SERVICES LTD

T: 01279 814089 \ M: 07793 887198

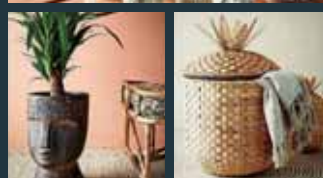
E: INFO@VESTERPS.CO.UK \ W: VESTERPS.CO.UK

FACEBOOK: VESTER PROPERTY SERVICES

INSTAGRAM: #VESTERPROPERTY

Squires

LIFE WITH STYLE



Squires, Cambridge Road, Stansted, CM24 8GE

Sworders Fine Art Auctioneers

www.squiresofstansted.com

07799 383403



LINO THOMAS
HAIRDRESSERS

TELEPHONE 01279 812910

LINO THOMAS, THE GREENS BUILDING, CAMBRIDGE ROAD,
STANSTED MOUNTFITCHET, ESSEX CM24 8BZ
WWW.LINOTHOMASHAIRDRESSING.CO.UK

AVEDA
HAIR CARE SYSTEM

NEW BUILDS & ALTERATIONS ■ LOFT CONVERSIONS ■ KITCHEN & BATHROOM FITTING ■ LANDSCAPING ■

David Fortune

New Build ~ Alterations ~ Extensions
Loft Conversions ~ Kitchen and Bathroom Fitting

MASTER BUILDER

For a free quotation please call
01279 816883 or 07576 753811

Plan drawing service available

FINCH & SON

KITCHENS
BATHROOMS · BEDROOMS
PLUMBING · CARPENTRY
SMALL BUILDING WORKS
DECORATING · TILING

Paul Finch (BEng)
07981 907 624 finchandson@gmail.com

Mercer & Hughes
Veterinary Surgery

Stansted Mountfitchet
01279 813780
80 Cambridge Road Stansted
Essex CM24 8DA

Saffron Walden **Great Dunmow**
01799 522082/521406 01371 872 836

RCVS ACCREDITED PRACTICE **IN-HOUSE 24 HOUR EMERGENCY SERVICE**

www.mercerandhughes.co.uk

Harpers
Heating & Plumbing Ltd
www.harpersplumbing.co.uk

WORCESTER
Bosch Group
Accredited Installer

All Plumbing, Heating & Gas Repairs
Boiler Servicing & Installation - Bathroom Installations
Gas & Oil Specialists - Boiler Finance Available

Tel: 01279 771981 Mob: 07885 597063
Email: info@harpersplumbing.co.uk

safe REGISTER **OFTEC** **Finance Available** **10 YEAR WARRANTY**

HADHAM
BREWERY
Est. 2015

Have a Hadham.

D. Honour & Son
(Landscape) Ltd.

Your local Marshalls approved Installer
Brickwork Paving Fencing

CELEBRATING 40 YEARS

BALI British Association of Landscape Industries **Marshalls REGISTER**
Constructionline

Tel: 01279 813160
info@honourlandscape.co.uk
www.honourlandscape.co.uk
The Old Brickyard, Elsenham Road, Stansted, Essex CM24 8ST