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Our front cover shows the wonderful creation by Chrissie Hammond of the Social Club

Photo by Nina Fox

Enhanced by Paul Burt Photography

Stansted Mountfitchet Village Magazine

The Link

www.stanstedlink.org.uk

The Link is published by Stansted Mountfitchet Magazine Community Interest Company and delivered free to 3700 homes and businesses in Stansted. Further copies may be purchased for £1 each or £11.00 per year, plus postage. Each edition is also available on our website.

If you do not receive your copy please email: distribution@stanstedlink.org.uk or telephone 813680

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CONTRIBUTIONS FOR THE NEXT ISSUE Please email editor@stanstedlink.org.uk by noon on 9th of the month. Submissions should be in Word or typed into an email, maximum 300 words, and may be subject to editing. Please send photographs as separate jpg not embedded in documents. PDFs and posters are not accepted.

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EDITORIAL



Many thanks to Nina Fox for her wonderfully unusual picture of the Social Club's flower-pot horse; we are delighted that this splendid creation graces our front cover this month. See the article below for further details. We are so very pleased that our readers send us their photographs to use in The Link; this enables us to have a great variety of pictures on the cover. While I am thanking people, I think it is about time to show our gratitude to everyone who submits articles to us, and to our advertisers – without these people, we would not exist. We are now taking bookings from additional advertisers for our new printing year which starts in November. If you run a local business, check The Link website for our very competitive prices. You will note that this issue of the magazine is larger than usual this month - four pages have been added. This is due to the numerous articles which we received from you. It was something of a surprise as the summer months are often a bit quieter in terms of articles; for example, schools are closed so we rarely hear from them except Bentfield Nursery, who have sent an endearing and amusing submission which you can read on p 27.

Notable also this month are the number of fundraising articles, ranging from a cat charity with the adorable name of *Toe Beans* on p 17 to Grove Cottage's high energy family fun day on p 9. People who have lived in the Stansted area for a while will enjoy looking at p 32 to see who they recognise or remember. It is a totally marvellous photograph and it is great that it has been kept for people to enjoy, decades on. Our thanks to Audrey Rodgers for sending this to us. September is often a terrific month; do enjoy it.



FUN PLACE ON THE HILL

www.stanstedfreechurch.org.uk

The Fun Place on the Hill is open every **Friday, including school holidays**, from 9.15am-11.30am in the Free Church Hall. Parents, children and all age visitors are welcome to drop in and enjoy a relaxing hot drink and chat, while the children enjoy plenty of space to run around and play with the toys.



Story Time at around 10.30am is very popular, and children particularly like interactive stories and sing-alongs. Comments from our younger visitors:

*I get to meet new people and have fun
I like the toys
I like story time
I like the snacks
and from the adults I like the chats*

Free squash and healthy snacks are available for children, and tea or coffee and biscuits for the adults. There is limited free parking in the church car park. Looking forward to welcoming you on Friday mornings.

Sue Parker and Fran Richards
Tel: 657116
Email: funplace@stanstedfreechurch.org.uk

STANSTED SOCIAL CLUB

www.smsc.uk.com



We hope you are enjoying the floral displays around the Club. The judges from Anglia in Bloom have been so now we wait! We are also thrilled that the horse planter, put together by our own Chrissie Hammond, features as The Link front cover this month. Our amazing entertainment programme continues to increase our membership, and as holders of the best entertainment club in the UK within our group we will be hoping to retain that award in November. There is stiff competition, and we will be up against 978 other sports and social clubs.

We start September's entertainment with a fabulous *Neil Diamond* tribute on **Saturday 2nd**. *Big 10 Ska Band* return on **Saturday 9th**, one not to be missed! On **Saturday 16th** another act, *All Glammed Up* makes its Club debut. *The Motown Experience* are back on **Saturday 23rd** and we round off the month on **Saturday 30th** with a *Whitney Houston* tribute. Also make a note, *Imagine the Beatles* are back on **Saturday 7th October**. Entry is free for members and £10 for non-members. Please come along and have a drink and a look around; you will not be disappointed!



Andrew Sharpe
Tel: 812992
Email: stanstedclub@gmail.com

????????? SHOE BOX QUIZ ????????????

To cover this year's shipping costs we are holding a quiz on **Saturday 30th September** 7.00pm for 7.30pm in St Theresa's Parish Hall. Everyone is welcome. Tickets are £5, available from the churches or from me, and there will be a raffle. Please bring your own food, drink and glass. There is plenty of free parking. Hope to see you there.

Dave Morson
Tel: 850209

MANUDEN GUIDES



Going for Gold

We are proud to announce that four members of Manuden guides, Holly Beeson, Mary Beeson, Lily Betts and Poppy Vernon-Harcourt, have gained their Gold Award, the highest you can achieve as a guide. They had to earn lots of badges from different themes, including *skills for the future*, *have adventures*, and *express myself*, in addition to taking part in a range of challenges and adventures, such as high ropes, paddleboarding, raft building, hikes, camps, ice-skating in London and sports nearer to home. They organised a walk through the village for the Manuden Brownies, who had to find the answers to questions as they walked, ending up with snacks and chat in the churchyard. The girls have been wonderful members of our unit, taking part in as many activities as they could, including service events like giving out medals and goodie bags at the village Fun Run, serving teas at the Village Open Gardens, and bag packing at Waitrose in aid of Grove Cottage.



It has been really special for us, as they are the first in our unit to achieve this award since the introduction of the new guide programme. Their commitment to the fun and ethos of guiding has led them to want to start a ranger unit in Manuden for girls aged 14 to 18, not necessarily with any experience of guiding, and we are very much hoping this will happen.



Glynis Prothero
Guide Leader

Tel: 814145 Mob: 07835 717942
Email: glynisprothero@aol.com



HUW JOHNSON CLUB

The Club has been on a summer break during August and restarts at the end of September with a games evening. If you or anyone you know with a learning disability is interested in attending as a member, please do get in touch. We would also welcome any new volunteers over the Autumn term to help make sure we can run the Club each week, as some of our regular volunteers will be away for a few weeks. Please let me know if you can help.

Ellen Brooks
Tel: 07800 896516
Email: ellenbrooks@hotmail.co.uk

BOOKS TO GROW INTO

I am hoping to set up a new book group in the village for anyone keen to read children's literature, probably aimed at ages 9-13, with a view to passing on recommendations to any young readers in your life. I would like to revisit some 20th century classics such as Susan Cooper, Alan Garner, Ursula le Guin and Diana Wynne Jones, as well as more recent novels. We would probably meet quarterly so as to make the reading load manageable within the rest of life. If you might be interested in joining me, I would love to hear from you. Please feel free to list any titles you might suggest we cover. If there is sufficient interest, I will arrange a first meeting in the Autumn.

Claire Pelly
Email: bookstogrowinto@gmail.com



DAISY MAY'S FARM

www.daisymaysfarm.org

Come and have fun on the farm and bring your friends. We have a fabulous safe area to play in, picnic area, den building, splashing stream, woodland trail to explore, themed crafts, refreshments, ice creams, lots of animals to see and so much more. We also still have all sorts of babies everywhere, such as chicks and ducklings; you can even cuddle the lambs and kid goats - they all love our visitors! We also have our fabulous campsite; you can stay in the woodland area and get back in touch with nature or stay in our camper/caravan paddock where there is lots of space and lovely scenery. All these options obviously include entry to the farm where you can meet our lovely animals and their babies. What a fabulous holiday for just £25 a night and on your doorstep! Please book through our website, thank you.



The holidays might be coming to an end, but the fun does not have to. There really is so much to do and see at the farm and our animals just love seeing you, so do be sure to come and see us. We are open daily 10.00am-4.00pm. Adults £5, under 1s free, and it really is a fabulous day out for all the family. We are in Hall Road, Elsenham CM22 6DN.

Elaine Terry
Tel: 07747 787973



SUSTAINABLE STANSTED

www.sustainablestansted.org

Our Rubbish Kills

It is said that one picture is worth a thousand words. This model of a dolphin was taken by the sea and, strikingly, shows the variety of our rubbish which litters our seas and kills much marine life. So what is the relevance to us in Stansted? Follow a route to the sea; rubbish dropped into Stansted or Ugley Brooks continues its journey via the rivers Stort, Lea and Thames into the North Sea and beyond. Marine life is then poisoned, threatening the health of the seas on which we depend. If you take a trip to the seaside, an empty bottle or other rubbish dropped on the beach will quickly end up in the sea.



As a small contribution to preserving our environment for ourselves and, more importantly for our children and grandchildren:



- Bin your rubbish
- Recycle as much as possible
- Stop using single-use plastic bottles
- Avoid non-recyclable plastics
- Avoid products in excessive packaging

Such small efforts become significant if it becomes a habit for all of us: a big gain for a little effort.

Peter Jones

Email: sustainablestansted@gmail.com

STANSTED IS WELL READ

The next meeting of our book group will be on **Tuesday 5th September** at 8.00pm in the Dog and Duck, Lower Street. We decided that for our next book we would like to read an Agatha Christie, but as she has written so many it was difficult to choose just one. So we are all going to choose our own title and we will have lots of books to discuss and compare at our September meeting which will be good for our little grey cells. To quote Hercule Poirot, "If the little grey cells are not exercised, they grow the rust." Please do get in touch if you would like to join us; a warm welcome will await.



Anne Watson

Tel: 898693

Email: stanstediswellread@gmail.com

THE AFTER PROJECT

www.victoriathecelebrant.com

It is often after the funeral which is the hardest. Planning the service effectively gives you a job to do. Something to organise, often whilst feeling totally surreal. Then you go home, after the service, perhaps to an empty house, or to a family who have lost a parental guide, a sibling, or a carer, and go ... now what? How do I do this? Friends say to pop round if you need anything, but you do not want to be a burden. Family members slowly begin to pick up their own lives, perhaps many miles away, because as much as we want it to, life does not stop; though for us, it can feel like life as we know it has ended.

I phoned a recently bereaved family not long ago; we talked about how hard it is to find information on local activity and support groups which may be of some help to their recently widowed parent. So I put a shoutout on social media, got some amazing feedback, and our local communities came good. We are supported by so many kind and caring people, including TouchPoint and Let's Talk Stansted, which go from strength to strength, creating safe spaces, and encouraging connections in our community. However, so many people do not know what is out there, or how to access it. So I started collating on my website the groups available in our surrounding areas, covering Stansted, Bishop's Stortford, Harlow, Sawbridgeworth, Dunmow and Saffron Walden. Search for *local-support-activity groups* on the website above. It is only early days, but I hope it may help someone find a new hobby, someone to talk to, or help others guide and support them *after*. Take care everyone.



Victoria

Email: victoria@victoriathecelebrant.com

HAPPY 100th BIRTHDAY

Wishing my mother Joan Grose a very happy 100th birthday on **17th September**.



Joan lived in Croasdaile Road for 40 years, but is now a resident in Mountfitchet House. She is looking forward to receiving her card from the King and celebrating with all her friends and family.

Shirley Greenall

Tel: 07749 785500



Green Waste Skip Dates

Lower Street Car Park
Sundays 12.30 - 4.30 pm

3rd & 17th Sep
1st, 15th & 29th Oct



Saturday Seminar

Saving Humanity with a Doughnut

by Meryl Wingfield

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St John's Church Hall

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www.mencapgrovecottage.org
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WHAT'S ON IN SEPTEMBER

2	Sat	U3A Seminar	St John's Hall 9.30 am
		Grove Cottage in the Park	Sworders' Field noon
3/17	Sun	Green Waste Skips	Lower St 12.30 pm
3	Sun	Windmill open	1.30 - 5.30 pm
		St Mary's Church open	2 - 5 pm
5	Tue	Stansted is Well Read	Dog and Duck 8 pm
9	Sat	Link copy due in today	before noon
10	Sun	My Brother Matthew	Southmill Arts 3 pm
12	Tue	RSPB	Bishop's Park 7.30 pm
14	Thu	W I	Day Centre 7.30 pm
16	Sat	Farmers' Market	Ugley Village Hall 10 am
		Harlow Food Festival	Redchurch Brewery noon
17	Sun	Sponsored Memory Walk	St Clare Hospice 11.00 am
		Open day	Easton Lodge 11.30 am
20	Wed	Ugley W I	Ugley Village Hall 2 pm
21	Thu	U3A Monthly Meeting	St John's Hall 2 pm
29	Fri	Macmillan Coffee Morning	Old Lane Hse 10.30 am
		Elsenham Farmers' Market	Village Hall noon
30	Sat	Shoebox Quiz	St Theresa's Centre 7.30 pm



Stansted Windmill
Open 1.30 - 5.30 pm
Sun 3rd Sep

* * *
St Mary's Open Sunday
2 - 5 pm Sun 3rd Sep

Refreshments and
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Church open daily 9 am - 4 pm

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www.uglevillage.org.uk

10 am - noon

Sat 16th Sep

Ugley Village Hall

Meat ~ Refillable Cleaning Products
Hummus and Soup ~ Fish
Bread & Home Baking ~ Eggs
Honey ~ Skincare ~ Plants
Knitting and Needlework ~ Crafts
Refreshments and Free Parking

For info and future dates tel 814052

Macmillan Cancer Support

Please come and
support Stansted's ...



10.30 am Fri 29th Sep

Old Lane House, Church Road
Raffle ~ Cake Stall
Bring and Buy
All Welcome ☎ 813172

THE FORGOTTEN GARDENS OF EASTON LODGE APPLES AND BEES

11.30 am - 5 pm (last entry 4.00 pm)

Sun 17th Sep

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www.stclarehospice.org.uk

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STANSTED SURGERY

Another Local Dispensing Pharmacy is coming soon

In March 2022, the Partners of Stansted Surgery approached a specialist solicitor to help us with an application for a dispensing pharmacy license in Stansted.

Why did we make an application?

An application for such a pharmacy was made in December 2016, but was refused in January 2018. It was clear to us that local residents did not have a reasonable choice of pharmaceutical services, so we decided to give it a go.

How did it work?

The Partners had to form a Limited Company, as Partnerships cannot apply for a dispensing licence. It is important to note that this application falls completely outside of Stansted Surgery business and is a completely separate venture. Our formal application was submitted on 11th August 2022. The application was refused by NHS England on 6th January 2023; we had 30 days to appeal. We did so on 3rd February and we are delighted to announce that the application was granted on 13th July. This process was extremely difficult, and we are very grateful indeed to our solicitor who helped us navigate the very complex process. He represented the people of Stansted with passion and fought incredibly hard to get this fantastic outcome.

What happens now?

We have six months to find premises, which will require approval by NHS England. After the date of approval of our premises, we have one year to open as a fully functional pharmacy. However, we hope to do this as soon as possible.

What about the pharmacy near the Surgery?

The premises are owned by Hilton Properties Ltd, and they currently have a tenant (Stansted Pharmacy) in the property. We have written to the current leaseholder to enquire about taking over the lease from them, with a view to opening the dispensing pharmacy in that location. If that is not an option, we will find alternative premises. We have fantastic plans for our new pharmacy and will keep you informed along the way. We will post updates on our Facebook page; once we have secured premises, we will set up a website for the new pharmacy.

Teresa Buglass
Practice Manager
Tel: 813200

As you may recall, Ray Woodcock has been working tirelessly to make this happen. He also sent an article to us about the Pharmacy, and below is part of what he wrote. I am sure everyone will agree that he deserves a few hearty cheers for his commitment to this cause.

We won; *within the next 12 months, I hope much sooner, we will have a licensed community dispensing pharmacy in the Lower Street area. Thank you to the 664 people who signed my petition in January 2022 and the 667 who completed the online survey in April/May of this year. Essex County Council*

also conducted an online survey in January 2022; about 60 people responded from the whole of Essex and the majority came from the Stansted Mountfitchet area. If you want to know more, please call me on 816468 or email: raymond.woodcock@btinternet.com.

Ed

IN THE GARDEN

September marks the beginning of meteorological Autumn, a time to start reflecting on the garden this year and looking forward to next year. Gardening is a process of continuous change and improvement. It is a time to aerate, feed and reseed lawns, to look to the borders for opportunities to plant new perennials as the soil will still be warm and welcoming and anything planted now will have the chance to get a good start before the onset of winter. Now is also a good time to divide perennials; this not only gives you more plants with which to fill your borders but also revitalises the plant itself, stimulating new and vigorous growth. Lift large clumps with a fork, then using a second fork, insert them both, back-to-back, in the centre and push them apart. Once divided it is usually easy to prise smaller pieces away by hand. You can look around the borders for seedlings to transplant to a different part of the garden or pot them up to make small presents for friends. September is also a time to pore over bulb catalogues and choose which varieties and types of spring bulbs to buy. Daffodils and narcissi should ideally be planted before the end of September and the earlier you buy them the better the availability and choice of both quality and type.



Now Autumn is on its way, leaves may be falling into the pond so keep removing them or they will sink and it is not a good idea to scrape them up from the bottom. During August water lilies may have put on a lot of leaf growth so remove excess leaves. Keep replenishing the pond if needed and thin out oxygenator plants if they are taking over.

u3a Garden Group Members
Email: stanstedu3a@gmail.com





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ST CLARE HOSPICE

www.stclarehospice.org.uk

New Patient and Family Support Drop-in Session

We have started a new drop-in session for the loved ones of anyone diagnosed with a long-term or progressive illness at the Hospice. It is held in the hospice lounge on Fridays 10.00am-noon and is open to the family, friends and carers of anyone with a palliative condition. For more information, call the Patient and Family Support team on 773700.

MND Association at St Clare Hospice

People with motor neurone disease, their relatives and carers can expect a friendly welcome at a new monthly coffee morning hosted by the MND Association at Café Clare. It takes place at the Hospice on the second Friday of each month 10.00am-noon.

Palliative Care Conference

The Hospice's second annual Palliative Care Conference returns to the Manor of Groves Hotel, Sawbridgeworth on **Wednesday 27th September**. This year's theme is *Placing the person at the centre of their care*.

Help your planet and your hospice urgent stock appeal

Are you planning a clear out this autumn? Our charity shops would really appreciate any donations of pre-loved goods such as good quality clothes, shoes, bags, furniture, games, books, CDs and vinyl. Please take items to the St Clare Hospice shops in Bishop's Stortford or Harlow.

Walking in Memory 5k Sponsored Walk

Sunday 17th September 10.30am-2.00pm. The walk starts at 11.00am from the Hospice in Hastingwood Road CM17 9JX. Remember your loved ones and celebrate their lives at our fifth 5k sponsored walk. Tickets are adults £12, under-16s £5. For more information please contact the fundraising team on 773750 or email: fund@stclarehospice.org.uk.



GriefLine Tel: 945089

GriefLine operates Monday to Friday 9.00am- 5.00pm and is here for anyone who is struggling with their grief. It does not matter when your loss took place. *GriefLine* can also help if you are looking for support for a family member, friend, or for a young person. For more information visit www.griefline.co.uk. For further information on any of our services, please see our website.

Eleanor Kent
Marketing and Communications Manager
Tel: 07960 014047
Email: Eleanor.kent@stclarehospice.org.uk



GROVE COTTAGE IN THE PARK

www.grovecottageinthepark.org

We are thrilled to announce the electrifying DJ Digital Pocahontas, an official *Standon Calling* ambassador, as the host of this year's festivities. This wonderful, captivating family fun day and music festival is on **Saturday 2nd September** noon-8.00pm in Sworders Field, Bishop's Stortford. It promises an unforgettable experience for the entire family, with a whopping eight hours of live music and entertainment from local bands, Grove Cottage performance clubs, and friends of Digital Pocahontas. There will be a dedicated kids' zone, brimming with exciting activities to entertain youngsters.



In addition to exceptional entertainment, *Grove Cottage in the Park* will ensure that guests are well-fed and hydrated throughout the day with an enticing array of food and drink stalls offering food from Mexican to waffles. Money from ticket sales will go directly to Grove Cottage, enabling them to continue their vital work enriching the lives of individuals with learning disabilities. For booking information and event updates, please visit our website.

Sarah Smith
Communications Officer
Tel: 07517 861608
Email: comms@mencapgrovecottage.org

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STANSTED PEOPLE

COLIN FAIRWEATHER

Rev'd Dr Colin Fairweather is the Vicar of St John's Church in Stansted, as well as St Mary's Birchanger, St Mary's Farnham, Holy Trinity Church Takeley and All Saints' Church in Little Canfield, known rather logically as The Five Churches. Colin has only been here for just over two years, but he has already made a very strong mark on the community. He moved to Stansted in March 2021; he was licensed for ministry in April. I wondered which was most important to him in his title, the Dr or the Rev'd; with no hesitation at all, he replied that the Rev'd means more to him than the Doctorate. The latter is intellectually very important, but Theology supersedes it. In fact, Colin wanted to drop the Dr when he moved here, but his Dean insisted that he keep it. He is happily single and has a brother with children and Colin enjoys being an uncle to them. His parents still live in Sidcup. Colin's proudest moment in his life was to see the look on his parents' faces when he told them he had earned three As for his A-levels! They were very surprised indeed when he told them he was going to be a vicar – many people in Vicar School come from religious families; Colin is unusual as he does not.



Colin was born and brought up in Sidcup, Kent. He attended grammar school, then went on to Robinson College, Cambridge as an undergraduate. He studied for a Masters in Liverpool then returned to Robinson College to study for a PhD, in Elizabethan Erotic Poetry. He became interested in Theology on an intellectual level, and started teaching the subject. He began going to church, and kept dismissing the idea of ordination. One Friday evening, after a particularly bad week, Colin talked to a friend who said "You need a promotion or you need to become a Minister". After this, he cried all weekend at the strength of the presence of God. He discussed the matter with his Vicar, who encouraged him to undergo a Discernment Process, which he did, from 2012 until 2014. The most important aspect of this process is the *Calling* aspect, from within himself and how other people view him in this context – the authenticity of the calling is of

paramount importance. Other important items to work out are his prayer life, relationships and leadership qualities, for example. After these two years, he went to Ridley Hall (Vicar School) from 2014-2016. He went to Braintree for his Curacy; this went on for longer than usual due to Covid. He was there for over four years. He got used to holding Morning and Evening Prayer and Sunday services on YouTube. Colin regarded Lockdown as a Call to Prayer. Colin has strong connections with a Benedictine Monastery in Hampshire and thinks he would quite like the monastic life.

We discussed humanity; Colin often sees the best of humanity in his work. In a broader context, it is great when humans get together to fight against oppression or other difficulties; he quoted the problems experienced by the Scottish singer Lewis Capaldi who struggled with his Tourette's during Glastonbury, and how the crowds supported him with much empathy. Colin can also see that large crowds can also be very negative and show the worst of humanity. As a vicar, he often sees people at their most vulnerable, and he needs to inhabit their darkness in order to help them. We talked about the odd situation that the UK has an established religion, and yet its senior politicians need show no proof of religious ties, yet the US (which has a clear separation in its constitution between church and state) pretty much insists that its presidents are Christian. British people do not attend church as once they did because religious institutions no longer have the authority as they did in former times; however, most of our citizens would count themselves as spiritual.

The role of religion in our secular democracy is to be at the intersection of the Kingdom of the World and the Kingdom of Christ. The Church should be a transforming presence. Often something transformational happens when interactions between the two Kingdoms take place, and there seems no rhyme nor reason behind them. Colin told a wonderful story about Lily, bed bound and in a care home for years. Colin said prayers to her, gave her a blessing and then started to sing *All Things Bright and Beautiful*; Lily sang too. A staff member was totally stunned as Lily had not uttered a sound for two years!

Colin loves living in Stansted; he has never lived opposite the church before and he loves having the church right on his doorstep. What an enviable commute!

Ed

WAR MEMORIAL FLOWERS

Last month I appealed for a few more volunteers to do the flowers on the War Memorial. I had the most wonderful response, and I am so grateful to you all. I have a full complement now for this year, but please do not hesitate to let me know if you would like to help next year.



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UGLEY WOMEN'S INSTITUTE

Our July meeting saw the very welcome return of Lynn Croot - a lovely lady whose talk *I had a Dream* held us enthralled. Her dream was to be a scuba diver, inspired by watching Jacques Cousteau television documentaries of the deep-sea world. The dream was realised over 20 years ago on the Island of Tobago when she had the opportunity to take a scuba diving course. She has since then completed over 900 dives. Lynn brought along some amazing photos taken on the sea bed; French and Grey Angel fish, Parrot fish, Hawksbill turtles, Trumpet fish and coral were just a few of the delights we got to see thanks to her photographic talents. She also brought along the equipment she uses to complete her dives including an air tank and jacket, dive regulator and fins, plus a selection of jewellery and other items that she made with material bought on the island. After her fascinating, beautifully illustrated talk, she judged our shell competition.

So ended another very enjoyable afternoon for our members and three visitors. Pat Beard will be the speaker at our next meeting on **Wednesday 20th September** at 2.00pm in Ugley Village Hall. Her subject will be *Pets as Therapy*. Why not come along and join us for the afternoon? You would be most welcome!

Andrea Fitt
Tel: 815922

DAVID NUNN'S BECOMES FRANKLINS'

David Nunn's Garage in Bentfield Road has been a part of the Stansted landscape for over 40 years, and many readers will have taken their cars there for repair. Longer term residents will recall how Charlie would always try to fit us in, knowing that we needed our car back on the road as soon as possible. In the 70s and 80s, most families only had one car and there were no courtesy cars. Charlie has now taken well-deserved retirement and we wish him well for the future.

The site has been taken over by passionate car enthusiasts Louise and Matthew Taub who are opening *Franklins' Sports and Classics* specialist car sales and servicing. Having lived in and around Stansted for nearly 20 years, they know the area well. We wish them every success in their new venture.



Marion Dyer

BRAIN TRAINING

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Long term pain, the brain and the pudding tummy

Pain is fascinating, seriously weird and much studied. We may suffer a trauma in the body, for example slip a disc or break an ankle; once the trauma has largely healed, we still feel pain, alongside fear of using that part of the body. So, what is going on? Studies have found that two parts of the brain become unbalanced in people suffering long term

pain. The areas deal with decision making. When we make a decision, they work together to make a choice. One part is very emotional and the other very deliberate and unemotional. A good example of this balancing act is the *pudding tummy*. We feel nutritionally satisfied after the main course, but our pudding tummy is empty. Hah. We then eat due to feeling, not the hard reality of how hungry we are. In long term pain these two areas become unbalanced. The fear of moving grows so the emotional brain area increases in size and the hard reality part of the brain, the deliberative part, decreases.

Say the COLOR, not the word:

PURPLE	ORANGE	BLUE
BLUE	RED	PURPLE
BLACK	GREEN	YELLOW
GREEN	BLUE	RED
ORANGE	YELLOW	GREEN

What to do? Train the deliberative part of the brain! The most effective way is with a partner and the simplest is to play hand/foot. The trainer says hand and the trainee taps a hand, the trainer says foot and the trainee taps a foot (left or right). After a few rounds of this, now when the trainer says hand, the trainee taps the foot and vice versa. Do this for a few minutes then swap. Then you will definitely need a cup of tea and a biscuit. Training without a partner is also good – you need to download a Stroop Test app. Android example: Stroop Tests for Science, Apple example: Stroop Effect. The picture gives the gist.

Clare Harding
Z-Health Master Practitioner
Tel: 07802 872919

ST JOHN'S 300 CLUB

Many congratulations to the winners of the July draw:

£200	No 149	Jaqueline Corbishley
£100	No 136	June Cannon
£50	No 5	Linda and Tony Gurr
£25	No 206	J M Gascoyne

The draw for September will be held on **24th September** in St John's Church, following the 9.30am service. Numbers at £2 per month for each number are still available for anyone who may wish to join the Club and be in with a chance of winning one of the 38 prizes totalling £2500 given away this year. The Club raises vital money to help cover the heavy maintenance costs and work of St John's Church.

Jean Newson
Tel: 819062
Email: jean733@btinternet.com

THOUGHT FOR THE MONTH

A recent conversation among Quakers explored the relationship between peace, truth, equality, simplicity and sustainability; values which help to shape how we understand our faith. One significant theme to emerge was the importance of being principled in what we do. Reflecting on this afterwards, a flood of memories came back to me. Many years ago, I lodged with a Sikh family. Baldev Singh Chahal, my landlord, had been a hero in the Sikh community by resolutely refusing to wear a crash helmet when riding his motorbike. To have done so would mean he could not wear his turban which would be contrary to his religious faith. His defiance of the law led to numerous court appearances and eventually to a change in the law. By sticking to his principles he struck a blow for religious freedom of expression.

Some years later I was at a wedding reception where a group of guests were rejoicing that the white groom was marrying a woman of the same ethnic origin. Their conversation soon descended into a racist diatribe. I was on the brink of challenging them when I was suddenly seized by all the reasons not to. They are unpleasant people who are likely to turn violent; it would cause a scene. These and other reasons to hold back prevailed. I was a coward and, to my shame, held my tongue. Perhaps the ultimate test in sticking to one's principles is martyrdom; dying for one's beliefs be they religious, political or a deeply held concern. I recall one person who had an unwavering conviction that it was wrong to experiment on animals to benefit humans. When he was diagnosed with cancer, he was firm in his refusal to have any treatment that had been developed as a result of testing on animals. This limited his treatment options and his life expectancy. We can only hope that we will find the strength to stick to our own principles, if and when we are put to the test.



Jonathan Morrell
Stansted Quaker Meeting



STANSTED QUAKERS

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Contact Jonathan Morrell Tel: 07775 860379
Email: woldsouth3@gmail.com

Lettings Yvonne Estop Tel: 07595 087207
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Sunday worship 10.30am. Visitors are always welcome. We join together in stillness for an hour, followed by coffee and chat. Quakers allow each person to explore their own experience of the divine. We try to live our faith in everyday life, with a dedication to peace, simplicity, truth, equality, and nature.

Light Group This is a guided Quaker meditation. There is more information on the noticeboard outside the Meeting House or do contact Sue on 07759 532115. We generally meet on the 2nd Saturday of each month.



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Preachers for September

3rd 10.30am Richard Lewney - Church Anniversary
10th 10.30am Heather Gale
20th 10.30am Rev'd Ernie Bosse
24th 10.30am Rev'd Charles Martin - Communion



From St John's Registers

July

Baptism

16th Rowan Edgar Flowers Pelly Gale

Funeral

20th Pamela Seavers, age 95 - at Cam Valley

Correction In the July issue it was incorrectly stated that the funeral of Sally Smith took place in St John's Church; it should have been St Mary's. Apologies for the error.



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Pastoral Assistant Kathryn West Tel: 816293
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Director of Music: Anne Brooks
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Services Family Communion (1st Sunday) 9.30am
 Holy Communion (2nd-4th Sundays) 9.30am

July was another busy month for us with three different musical events: *Blue Skies Big Band* with *That Other band* playing the following day. They had us dancing away. The following weekend we were thrilled to welcome back the *Pheon Singers*, an ex-Cambridge University Choir, for Evensong. Absolutely stunning voices filled this beautiful building. Our thanks to all who entertained us and we look forward to your return very soon.



A Champing booking came in for a man called Feargus, his friend and a little Corgi called Boo. Nothing unusual, you might think, but oh no! He was a journalist for an American magazine called Citylab, part of Bloomberg. Champing HQ asked me to introduce myself, welcome them and give a short interview. I am thrilled to tell you that Feargus did us proud and wrote a wonderful article including some stunning photos. What to do with churches no longer in use due to falling congregational numbers was the theme of the article. If you would like to read it search: *Church camping takes off in the UK-Bloomberg*. Clearly this phenomenon is worldwide and not just here in the UK. The Churches Conservation Trust launched the Champing experience programme way back in 2015 with over 10,000 guests spending nights in churches. This helps bring in revenue for the upkeep of redundant churches. We are now in our 6th season and St Mary's is still a very popular venue. This year there are 22 churches opening doors for champers across the country.



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Sunday 10.00am Mass

Baptisms By appointment

Our Mass times can be subject to change so please refer to our website and newsletter for updated information, including weekday Masses. Confessions are at 5.00pm every Saturday before the Vigil Mass and by appointment.



Our next Open Sunday is **3rd September** 2.00pm-5.00pm. Refreshments will be available. *Music for a Summer's Afternoon* featuring Nancy May is on **10th September** at 3.00pm. Tickets are £10.00 available from Goldings on Chapel Hill or from me at the church.



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TOE BEANS CAT RESCUE

www.toebeanscatrescue.org.uk

This is a local charity rescuing and rehoming cats in the Uttlesford area. They have no paid staff and run completely on volunteer power. With no venue they rely on almost 20 fosterers who take abandoned, injured and pregnant cats into their homes. Of course they do it for the love of their feline friends but the pandemic pet boom and the cost-of-living crisis have put Toe Beans in a very precarious position. This year they have seen many more kittens than in any previous year. Since early 2023 they have cared for 31 kittens (with more on the way) and almost all of them came from local area streets. The increased cost of living is causing pets to be abandoned and Toe Beans' services are absolutely essential. For the first time there is a waiting list of moggies needing to be rescued and rehomed, and adoptions are the slowest ever.



Working with local vets they ensure that cats are neutered to reduce the number of strays living dangerous lives on the streets. They pay for medication and treatment, then find loving homes for the cats – all of whom deserve a comfy sofa on which to spend their days! The current situation means Toe Beans is struggling and in need of donations: money to help with vet bills, food, litter, toys and everything else needed by the fluffy residents. If you can help please visit their website where you will find details on donating and their Amazon wish list which you can use to send cat food etc directly to fosterers. Toe Beans is also looking for new fosterers so if you fancy giving a temporary home to a furry feline (or a pile of kittens) get in touch. If you are looking for a new permanent family member, consider Toe Beans when you are ready to adopt.

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THE HUNDRED PARISHES SOCIETY

www.hundredparishes.org.uk

Residents living in the countryside are fortunate that the sounds of human activities are less intrusive than those living within built up areas close to main roads, railway tracks or beneath regular flight paths. Even at home our ears are subjected to a cacophony of sounds: TV or radio programmes, ring tones, the hum of machines, barking dogs or noisy neighbours. Rarely are we surrounded by silence! Appreciating tranquillity is an essential aspect of being in the countryside, where people have attractive views of verdant landscapes or cloudy skies, hear natural sounds and catch glimpses of wildlife without intrusive background noises. Evidence gathered over the past 15 years reveals that tranquillity is not just a pleasurable experience but is essential for human health and well-being, reducing stress levels and lifting spirits.

In the early 1990s concerns were raised about the harmful levels of unpleasant noise in daily lives. The Countryside Commission and the Council for the Protection of Rural England (CPRE) worked together to produce an Intrusion Map which highlighted areas that were most affected by human-induced noises. Since then, research has been undertaken by CPRE and others to develop suitable methodology for measuring noise and evaluating the visual impact of developments on landscapes.



In 2012, tranquillity gained recognition in national planning policy. Now studies are prepared to evaluate *Landscape Character Areas and their Sensitivity to Change*, and these are included in the reports prepared for Local Plans. They must include appropriate mitigation measures to help reduce noise to acceptable levels. The walk descriptions listed on the Hundred Parishes website provide opportunities to appreciate the peace of this part of the country, to hear bird song, sense the wind in the trees and view some wonderful rural landscapes.

Tricia Moxey
Trustee
Tel: 01277 364522



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STANSTED FIRE STATION

www.essex-fire.gov.uk/locations/Station-83-Stansted

We hope you have not been disappointed with the wet July we have experienced this summer. Our station off-road vehicle was mobilised to a number of wildfire incidents due to the dry conditions we experienced in June and early July.



Haystack in Sheering

However, with the low pressure settled in there has been some respite and the service has not seen a repeat of the prolonged hot spell of 2022 so far. The crew at Stansted have been thinking about our colleagues and their families in much of the rest of Europe, who have been experiencing incredibly hard and arduous conditions with the extreme temperatures they are facing as they try to protect their communities.

We still do not know if we may have a small hot spell in September but it is always healthy for everyone to be aware of the risks during extreme weather. Please see the safety advice displayed on our website: search for *Stay Safe Essex this Summer*. Lastly as always, the crews continue to visit homes and carry out home fire safety visits. These are free to any Essex resident and can be booked on our website (search for *Home Fire Safety*). This is a Government and Essex County Fire and Rescue Service initiative to get a working smoke alarm in every residential dwelling; please feel free to get in touch. Stay safe and best wishes from all of us at the fire station.

Steven Perry
Tel: 01376 575830
Email: oclo@essex-fire.gov.uk



LET'S TALK
Stansted!

www.stanstedmentalhealth.org

One of our key aims is to educate people to have the confidence and skills to assist people at any time, wherever and whenever someone is in need. This was recently demonstrated at the station, when one of our Mental Health First Aiders, who just happened to be passing, helped a man who had been attempting to take his own life. She engaged him in conversation and stayed with him until the police and ambulance arrived. Most of us would want to be able to

help a person in this kind of crisis, but if you worry about what to do or say, please get in touch and put your name down for a free course which will give you the confidence and tools needed.

Over the summer, alongside continuing to run our own Muddy Walkers, Veg Shed and Open Swimming groups, the Let's Talk Stansted! volunteers continued to support various organised events around the village, including the Skatepark Jam and the Windmill Fête. We are also starting to plan our own autumn events to support mental wellbeing. Keep a lookout for information about the football event on the Recreation Ground on Suicide Prevention Day **Sunday 10th September** and our 3rd Wellbeing Festival on **Sunday 8th October** in support of World Mental Health Day. Keep a lookout on the Let's Talk, Stansted! Facebook page for information. Our monthly socials are on the last Tuesday of each month at 7.00pm in the Social Club; everyone is welcome so do come along and meet the team.

Thank you to everyone who has been raising money for us through the Co-op. The total stands at just over £600 and we would love to reach our target of £1,000 by the time the funding round ends on 21st October. Please support us if you can by using your membership card and choosing us as your cause <https://membership.coop.co.uk/causes/69702>.

Dina McDonald
Email: contact@stanstedmentalhealth.org

MY BROTHER MATTHEW

Our son Simon has made a film about his disabled brother Matthew which will be shown on **Sunday 10th September** at 3.00pm in South Mill Arts, Bishop's Stortford. Matthew has limited mobility but likes to challenge himself and to raise money for different charities.



The film shows Matthew's struggles and frustrations, but highlights his sense of humour and optimism. It focuses on the last challenge which Matthew accomplished by swimming a mile each week until he had swum the length of the English Channel. He raised over £3,000 for the MS (Multiple Sclerosis) Society. Tickets for the film are £8, available from 710200 or www.southmillarts.co.uk and all money raised will go to the MS society. A reasonable number of tickets need to be sold to ensure that the event will go ahead, so please purchase tickets in advance if possible.

Helen and Peter Baker
Email: helentheresebaker@gmail.com

Stansted Network

NEWS FROM YOUR LOCAL COUNCILS

PARISH COUNCIL UPDATE

with news of a successful appeal for a dispensing pharmaceutical licence, the Stansted SkateJam, the Village Trail Leaflet Launch, an appeal for SpeedWatch volunteers and an update from District Councillor Alan Dean on the Local Plan for Uttlesford district.



Cause for Celebration

Stansted's hilly topography, its expanding population and rising age demographic have all been factors behind the community's calls for a second dispensing pharmacy in the village in recent years. It was fantastic news to learn then, that over the summer partners at the Stansted Surgery won their appeal, lodged with NHS England back in February, for a dispensing pharmaceutical licence. We can now have a second dispensing pharmacy in the south of village, closer to local GP services and the homes of thousands of residents.

In a little over a decade, Stansted has seen the construction of two sizable housing developments — Walpole Meadows and Foresthall Park. But there has been little accompanying expansion of health services. This has left over 8,600 residents to be served by a single dispensing pharmacy. The location of Boots on Cambridge Road can be an issue for those living in the south of the village. Walking up Chapel Hill with its narrow pavements can be an obstacle for people, such as young mums with prams, those with mobility issues and elderly residents.

Community pleas for the Essex Health and Wellbeing Board to grant a second licence for a dispensing chemist fell on deaf ears. Pharmaceutical Needs Assessments have repeatedly found no grounds for expanding medical services in Stansted which is why the Parish Council would like to thank the partners of the Stansted Surgery for going the extra mile to pursue their appeal.

Not only did they have to hire a specialist solicitor to navigate the complex appeal process, but they also had to set up a new limited company. Time remains a factor, too. Mountfitchet Partners Ltd have to meet a six-month

deadline to find premises and must be serving prescriptions 12 months after that.

The Parish Council supported the partners of Stansted Surgery by submitting written evidence for the appeal. This was acknowledged in the appeal judgement. It has been a long-standing commitment of the Parish Council to see a second dispensing pharmacy in south of the village. This looks closer to becoming a reality thanks to the efforts and hard work of Stansted Surgery.

Look out for updates on plans to set up the new pharmacy on [facebook/thestanstedsurgey](https://www.facebook.com/thestanstedsurgey)

Parking Schemes Need 75% Approval

The Parish Council has been informed by the North Essex Parking Partnership (NEPP) that any scheme submitted to it must now command 75% community support for it to win approval by the body.

The NEPP oversees parking matters for Braintree, Epping, Harlow, Colchester, Tendring and Uttlesford. Parking proposals submitted to it by Stansted Mountfitchet Parish Council for Spencer Close, Cambridge Road, Chapel Hill, Cambridge Road and Lower Street have been affected by the stipulation. The 75% figure represents a high benchmark for such schemes.

Readers may recall SMPC undertook a consultation with residents of the Mountfitchet Estate with a view to introducing a Residents' Parking Scheme, but this was rejected by the residents and not pursued by the Parish Council. In addition, SMPC proposed a programme of red line restrictions to improve road and pedestrian safety particularly around the many junctions on the estate. SMPC have learned that this proposal, which was submitted, has also been rejected by the NEPP.

We are seeking further clarification of the new 75% rule. The Parish Council's current understanding is, for example, it wouldn't be enough for 75 households out of 100 to respond to a Council parking consultation. [Continues Page 22](#)





Wet weather brought down the curtain early on the Stansted SkateJam, but by the time the rain did arrive those who ventured down to the Lower Street car park on the last weekend of July had already been treated to a fantastic celebration of alternative sports talent. Kudos to Seann Tompson for once again stepping forward to organise and compère the Jam. A special thank you also to sponsors and caterers Yeoman's Café, Mix Wine Bar and I AM DUMPLING, among others. The Parish Council owns and maintains the skatepark and helps cover costs for the SkateJam each year — an event it is proud to be associated with.

COMMUNITY EVENT

STANSTED SKATEPARK JAM | 30 JULY 2023



COMMUNITY EVENT

TRAIL LEAFLET WALK | 6 August 2023



The offer of tea and cake appeared to do the trick as over 40 residents ventured to Savages, Lower Street on Sunday, August 6 to celebrate the reprinting of the Stansted Trail leaflet. The event was organised by the Stansted in Bloom (SiB) group and served as a substitute to their garden competition which is planned to return to the community calendar in 2024. SiB would like to thank Murdochs Estate Agents, AVS Motors and Stansted Social Club for sponsoring the leaflet's reprint, and Peter Jones for playing host. A special mention also to The Linden, which kindly offered a meal for two to the person who captured the best shot of the village taken as they walked the trail on the day. The event raised £200 for TouchPoint, Stansted Helpline, St Mary's Church and the Stansted Millers.



Continued from Page 20 At least that percentage would need to agree to the proposal. Even in cases with unanimous backing would fail if less than 75% of consultees responded positively to a survey. The NEPP explained the requirement will allow it to focus on measures submitted to it that are deemed “absolutely necessary”. We are currently considering whether any scheme should be re-submitted in cases where we believe that safety outweighs other factors.

REJECTED Red lines on the Mountfitchet Estate



SpeedWatch: Can You Help?

Can you spare a couple of hours a week to support the Community SpeedWatch Team? The group play an important part in keeping Stansted Mountfitchet’s roads safe by keeping an eye on speeding motorists passing through the village. A recent two-hour session on Church Road found more than 49 drivers breaking the 30mph limit, four of whom were speeding in excess of 45mph and two going over 50mph! The details of cars driven excessively fast are passed to the police for action. The team is made up of a small band of volunteers who are always on the lookout for new recruits. SpeedWatch is supported by the local police who regularly attend the group’s patrols and provide them with training. If you would like to play a part in promoting safe driving on our village’s roads, contact Ray Woodcock (tel 01279 816468) or Ken Pell (email ken.pell@btinternet.com).



DISTRICT COUNCIL UPDATE



Alan Dean

District Councillor for Stansted North

“Time is running out!” — is what a resident recently said regarding finishing and agreeing a draft Local Plan by October 2023. This was said on 26th of July 2023 at the first meeting of the Council’s Local Plan Leadership Group following May’s local elections. He continued: “As a resident, I feel totally uninformed.” As a district councillor, I also am being kept totally in the dark about a document that is meant to shape the district for the next few decades and is due to be published in one- or two-months’ time.

Uttlesford’s Local Plan — its blueprint for development — is supposed to be updated at least every 5 years. You may be surprised to know the latest one is dated 2005; a near 20-year gap! The existing plan is substantially out of date.

Any new Plan needs to be sound or risks being rejected by a government inspector for a third time. Without a Plan, the Council can’t be sure to achieve delivery of affordable homes for people who are unable to buy homes on the open market, and it may not achieve other high standards such as energy efficiency. Instead, we will get what developers want to build and where they want to build them.

Meetings/workshops about specific details such as climate change measures will be held in private prior to the publication of an initial draft plan. The whole idea about publication is to release the plan in its entirety in the autumn, rather than in dribs and drabs, to avoid giving some landowners and developers an advantage

over others.

Despite that intention, concern has been expressed by both the public and by some elected Members of the Council about the secrecy surrounding what’s been going on. The public will be allowed a six-week consultation in the autumn of this year (and hopefully not again over Christmas) on the assumption that the Cabinet and Full Council meetings agree to the release of the Plan.

We are promised that all the policies in the new Plan will be joined up and be consistent, and that there will be evidence to demonstrate that they are sound and will satisfy not just the planning Inspector, who has to approve the final Plan by 2026, but hopefully also satisfy the residents of the district that the plan is the best possible, even though many people may not like the inevitable changes that the Plan will contain.

At the moment, much of the development that is occurring in and around Stansted —and further afield — is based on what landowners and developers want to happen. That is because of the failure of councillors in recent years to make sensible decisions about creating a Local Plan.

At least one member of the Local Plan Leadership Group (LPLG), which is supposed to be steering the Local Plan process, raised a concern about whether it actually is a Leadership Group or rather is a Listening Group. That councillor was clearly feeling left in the dark. I fear the whole process could go pear-shaped yet again when the LPLG, or the Cabinet or the Full Council is required to make the key decision in a public meeting that takes the Local Plan forward to the public for the important public consultation stage.

All I can say is WATCH THIS SPACE...

PLEASE HAVE YOUR SAY WHEN INVITED!

STANSTED PARISH COUNCIL

STAFF

Clerk Ruth Clifford **Deputy Clerk** Emma Philbrick

Committee & Projects Officer Laila Azure-Marxen

Communications Officer Dan Schlanker

Email: info@stanstedmountfitchet-pc.gov.uk

Tel: 01279 813214

Office Hours Mon-Fri 9am-4pm, Wed 9am-2pm

Reception: Mon-Fri 10am-2pm

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Facebook: www.facebook.com/stanstedcouncil

Instagram: stansted@parishcouncil **Twitter:** @StanstedMPC

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Tom VAN de BILT | ☎ 07710426850

tomvandebilt@stanstedmountfitchet-pc.gov.uk

PARISH COUNCIL MEETINGS

Meetings 7.30pm at the Mountfitchet Exchange. If you wish to attend virtually, look for Zoom details in agenda documents on our website: **Open Spaces Sep 6**, **Full Council Sep 13**, **Finance & General Purposes Sep 20**

UTTLESFORD DISTRICT COUNCILLORS

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Ray GOODING

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Nick CHURCH

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ESSEX COUNTY COUNCILLOR

Ray GOODING

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MEMBER OF PARLIAMENT

Kemi BADENOCH MP

House of Commons, London SW1A 0AA

☎ 0207 219 1943

email: kemi.badenoch.mp@parliament.uk

POLICE

PCSO 81764 Alex STEWART

email: alexander.stewart@essex.police.uk

Non-urgent incidents call: 101

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www.essex.police.uk/ro/report

LIBRARY

The library at Mountfitchet Exchange opens:

Tuesday 9am-1pm **Wednesday** 2pm-5.30pm

Thursday 2pm-7pm **Saturday** 9am-5pm

ADVICE SESSIONS

Uttlesford Citizen's Advice run a FREE drop-in service every Thursday from 9.30am-2pm. You can also ask to speak to an advisor during Parish Council reception hours via computer hook-up. Ask at reception for details.

The Peabody Trust run a drop-in service on the first Thursday of each month from 11am-3pm. Advisors can help with Benefits problems, housing issues, access to job training, and offer support to overcome addiction: **Sep 21**

TOUCHPOINT, STANSTED

The community wellbeing project runs a variety of clubs, groups and activities from 72 Chapel Hill where you can socialise, get help, access training, and fill up your larder for free! *Foodshares* Stansted Social Club Wed 2.30-3.30pm, Thursdays Crafton Green 10am-noon, Saturdays 1-2pm; *Community Cafe* Thursdays 11am-5pm, Fridays 10am-12pm; *Free hot meals* on Tuesdays 4-6pm for pre-school and school age children; *Breakfast Club* every Friday 8.30a-10.30am. Contact info@thetouchpoint.org ☎ 07572 114882

GARDEN WASTE SERVICE

A refuse truck will be in the Lower Street Car Park from 12.30-4.30pm to recycle your garden waste on the following Sundays: **Sep 3, 17**

Village Defibrillators

Defibrillators in yellow on the map are accessible 24/7. Call Emergency Services for an access code. Defibrillators in orange are only available during the working hours of the establishment they are sited at.





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HATFIELD FOREST

www.nationaltrust.org.uk/hatfield-forest

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Come and relax in the lake area; the Café is open daily 9.00am-4.30pm. It serves freshly made sandwiches, savoury pastries and delicious homemade cakes, as well as hot and cold drinks. Outdoor seating and toilet facilities are available. Dogs are welcome but please remember to walk your dog on a short lead in the lake area and around livestock including near fenced areas where sheep are grazing. Elsewhere, you can let your dog off but always keep it in sight and recall it when necessary. Professional dog walkers please note you need a licence to walk your dogs in the forest. For more information, please visit our website.

Hannah Underwood
Assistant Business Services Co-ordinator
Tel: 870678
Email: hannah.underwood@nationaltrust.org.uk



RECYCLING



A reminder that we can take the following for recycling: ink cartridges (**not** toners), dental products, blister packs, stamps, mobile phones, ipads and tablets (**not** laptops). Please make sure all personal data has been erased from ipads, mobiles and tablets. The easiest way to do this is by a *factory reset*; please see your manufacturer's website for instructions on how to do this for your particular phone. It would be helpful if **all items** could be placed in a paper/plastic bag or envelope; please use a **separate** one for

each category and do not mix toothbrushes with blister packs, for example. Donated items can be left in the boxes outside the blue main door of the Free Church at the bottom of Chapel Hill. There is also a collecting box inside St John's church. Alternatively please leave items in the porch of 7 Blythwood Gardens.

The Free Church recycling project does not include laptops or printers but Cambridge Recycling Centre refurbish these items and donate them to schools and charities. They will collect items from you free of charge. Call 01223 473875 email: sales@cambridge-computer-recycling.co.uk. I have recently heard that a company in Harlow offers the same thing. Call them on 898240 or visit their website www.townstech.co.uk.



Marion and Mike Dyer
Tel: 814059

Email: recycle@stanstedfreechurch.org.uk



RSPB

www.rspb.org.uk/groups/stortvalley

As you read this our annual break for August has finished and we are looking forward to the start of our new programme through to summer 2024. Our first meeting is on **Tuesday 12th September** at 7.30pm in Bishop's Park Community Centre next to Tesco. Ralph and Brenda Todd will be presenting *The Return of The Osprey*. The story of Ospreys in Britain is truly an amazing one. They have gone from being in abundance leading to hunting to extinction followed by recovery. Thanks to an amazing conservation effort they are steadily increasing in numbers and resettling and breeding in England and Wales.



During August our website was updated and details of meetings, future events and activities can be found there. Please take the time to look around the website and any feedback would be welcome. It is for you the users, and the plan is to continually develop it. We are and always will be a friendly and welcoming group where the enjoyment of birds and nature in general is paramount. I hope you will be able to join us in having fun, enjoying birds and nature and facing the challenges ahead.

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BENTFIELD NURSERY SCHOOL

www.bentfieldprimaryschool.co.uk

This academic year has gone by very quickly and what a bag of mixed emotions for our team. We feel excited for the new adventures our children who are moving to reception class will be having, but we are sad to see them leave us. Over the summer term the children have all been working hard to get prepared for big school; they have also been learning about our natural world and local community with our topics *Creepers and Crawlers* and *Where we Live*. The children have learnt about what seeds need in order to grow and have planted a variety of different ones as well as some bulbs.



They carried out bug hunts in our garden and forest areas and learnt about different mini beasts. The children have visited various places within our local community including shops, a church and a park which has helped us develop their vocabulary and sparked new art ideas. We were also very lucky to have a visit from the Fire Brigade.

Our puppets *Counting Claire the Crocodile* and *Geraldine the Phonics Giraffe* have brought a lot of excitement to our hugely successful whole class teaching sessions which involved the children recognising letter sounds and writing them independently. We ended the term with a sports day celebration on the field where each child took part in races and team games. Everyone received a medal for their fantastic efforts and were cheered on by their families. We are really looking forward to meeting our new children in the autumn term as well as welcoming back some familiar faces. We are already planning some exciting activities for our new topics *Night and Day Animals* and *Celebrations*. We still have spaces for the new term.

Rachel Grant
Head of Learning Support
Tel: 813626



**WE ARE
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We will be holding our annual Coffee Morning in aid of Macmillan on **Friday 29th September** from 10.30am at Old Lane House, Church Road CM24 8PY. There will be a cake stall, bring and buy and a raffle. Please support this event; everyone is very welcome.

Christine and Bill Stiles
Tel: 813172

music@stansted

www.musicatstansted.co.uk

Summer is slipping away from us, but the consolation is that with Autumn approaching, we begin our next season of concerts. We are especially pleased that the Parish Council have recognised our contribution to the well-being of the community by making a substantial grant towards our running costs. This comes in addition to equally generous financial support from Uttlesford District Council and will help ensure that we continue to invite world-class musicians to perform live in Stansted. Our sincere thanks go to both Councils for contributing in this way to the cultural life of the village.



Our new season begins on **Saturday 7th October** at 7.30pm in St John's Church, when we welcome back the Kammerphilharmonie Europa, who have played for us twice before. The Chamber Philharmonic is based in Cologne and has over 60 professional musicians on its books from 18 countries. The orchestra offers them the opportunity to perform full-scale symphony concerts, chamber concerts and operas across Europe. They are so much in demand that they make regular tours of the UK to venues such as Stansted. This year, Bach, Mozart, Rachmaninoff and Elgar are among the composers on their programme. Tickets are adults £15, concessions £12, under 25s free. Even better prices are available by buying a season ticket for all four concerts in the series. If you are not already on our mailing list, please email: contactus@musicatstansted.co.uk and we will send you our annual newsletter with details of concerts and performers, and how to buy tickets. We look forward to welcoming you to another season of musical treats.

Richard Allaway
Email: richard.allaway@yahoo.co.uk



www.mountfitchetgardenclub.co.uk

Fiona Rose was guest speaker for our August meeting; she gave a detailed talk about the life of William Morris. As well as a textile designer, he was also a poet, artist, translator, writer and a socialist activist. He was associated with the British Arts and Crafts Movement, the revival of traditional British textile arts and methods of production. Born in the then rural Walthamstow, he enjoyed being outside from an early age; his love of nature influenced his designs throughout his life. Morris had a keen interest in medieval architecture, history and design and the gardens in his various homes depicted this. In the Red House Garden in Bexleyheath he commissioned small garden enclosures surrounded by wattle fencing so that roses and other plants could clamber over them. This concept of rambling plants can be seen in his colourful designs with names such as Marigolds, Acanthus, and Strawberry thieves. As his designs grew in popularity, Morris purchased land adjacent to the River Wandle in Merton, which allowed him to bring all his workshops together in one place. Two of his homes, The Red House and Kelmscott Manor are open to the public.



September and October meetings

September will be a members' social evening; there will not be a meeting at the Day Centre. The next meeting at the Day Centre will be on **Wednesday, 4th October** when Paul Embleton will be talking about *Our Travels - Flora from Around the World*. Doors will open at 7.30pm for an 8.00pm start with refreshments prior to the talk. Everyone is welcome; members free, visitors £5 pp.

Members Green Bowl Photographic Competition

Remember to take photographs of *Flowers in your Garden* for displaying at our September social evening.

Maralyn Harris
Chairman
Tel: 07919 478144

THE HARLOW FOOD AND DRINK FESTIVAL

The Harlow Food and Drink Festival is taking place on **Saturday 16th September** noon-5.00pm at the Redchurch Brewery, in aid of disability charity Accuro Care Services. This is the second food and drink festival co-hosted by

Redchurch and Stort Valley Spirits and is being organised this year by Accuro.

There will be a fantastic array of artisan food and drink from local producers; from pasta to pies and cheeses to chutneys, with a wide range of comestibles to sample, and all profits will go to Accuro. We are pleased to confirm that *Smok'n Greek BBQ*, *Precious Pasta* and *Cupcake Daisy* are among the local producers who will have a stall. Emma, co-owner of Stort Valley Spirits recalled that last year's festival attracted over 1,000 visitors. This year they are working with Redchurch and Accuro on what is hoped will become an annual event.



There is no entry fee; however we suggest a voluntary donation of £2 per person. There will be a raffle on the day. To keep up to date with news about this event, please visit www.accuro.org.uk/events. Accuro is a small charity supporting local children, young people and adults with disabilities in West Essex by providing services that are fun, safe and inclusive. These services reduce social isolation and empower members by providing accessible social and leisure opportunities which allow members to develop life skills, gain confidence and self-esteem as well as to make friends.

Katie Bullett
Accuro Communications Officer
Email: katie@accuro.org.uk



A group of us like-minded ladies decided that as we missed both the produce and more importantly, the café at Clifford's, that we would start a monthly Farmers' Market. The aim is to get the good folk of Elsenham and the surrounding area together regularly to enjoy delicious high-quality coffee and cakes and have the opportunity to buy from independent and local sellers, many of whom will have produced the goods themselves.

Our market is on the **last Saturday of the month** noon-2.00pm in Elsenham Village Hall. Future dates are 30th September, 28th October and 2nd December (changed due to Christmas Market). This is the first time we have organised such an event, but really hope that you will bear with us and more importantly, support us! We look forward to seeing you.

Elsenham Farmers Market Ladies



ANGLIA IN BLOOM

The Anglia in Bloom judges visited us on Tuesday 11th July. They were given a two-hour tour of the village which took in the Crafton Green Touchpoint Community Garden, Cambridge Road, the Aubrey Buxton Nature Reserve, Bentfield Green, Recreation Ground, the Windmill, Blythwood Gardens Knight Sign and flower bed, the Memorial Gardens, the Social Club in Lower Street, Elms Farm Allotment (Human Roots and Man Shed) and St Mary's churchyard.



Above is the photo of the Social Club's floral display which I used for our entry. I think their efforts deserve to be featured. We had to submit six photos and no more than 80 words for the entry in the *additional category* which was judged virtually. This was our submission:

The social club occupies a prominent position in the main commercial area of the village. The floral display that members create adds colour and vibrancy to the street scene. Most of the plants have been nurtured and maintained by members of the club. Imaginative use of repurposed planters along with an impressive water feature add interest to the display. A total of £800 of club funds was spent on this year's display.



The judges play their cards very close to their chests, so we have no idea what they made of what they saw and we have to wait until the presentation day in September for the results. The photo shows the judges with Ashley Huggonson and Cathy Izzard from Human Roots.

Trevor Lloyd
Tel: 07739 428352



STANSTED MOUNTFITCHET WINDMILL

www.stanstedwindmill.co.uk

We were pleased to welcome the Hertfordshire Vintage Sports Car Club to the Mill on **Saturday 12th August**. Their Harvest Tour involves a small convoy of pre-war cars visiting a few windmills across East Anglia including Cromer post mill and Thaxted as well as our own Mill. We are currently awaiting confirmation from Santa on the dates he will be available for our very popular Santa at the Mill event. As soon as he has got back to us we will publish the date so you can reserve it on your calendars. By the time you read this the annual August Bank Holiday Windmill Fête may well have been and gone for another year. Hopefully the weather was kind to us, there was a good attendance and we raised a reasonable amount of money for Mill funds. We will provide a full report in the October Link.

The Mill will be open for visitors on **Sunday 3rd September** 1.30pm-5.30pm and the final Sunday opening for 2023 will be on **1st October**.

Trevor Lloyd
Tel: 07739 428352

STANSTED MOUNTFITCHET EVENING WI



At our July meeting the speaker was Ken McDonald, a regular contributor to this magazine. His talk was about the *Hundred Parishes Society* which he described as a Talk and Walk Society. He gave a short background on how the Society was founded in 2009, the area it encompasses and approximately the number of residents in it. He provided a very helpful leaflet and said they have a website with all the walks on it and a Facebook page where members post interesting photos taken during the walks they do. Some of the walks start from railway stations and all of them are detailed with fascinating things. It was an excellent talk and sparked a lot of interest.

The speaker for our next meeting on **Thursday 14th September** is Martin Lockwood who is going to talk about *Saucy Seaside Postcards*. We meet on the second Thursday of every month at 7.30pm in the Day Centre. We welcome visitors and new members to our meetings; do come and join us.

Linda Gurr
Tel: 07743 549241

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THE AUBREY BUXTON NATURE RESERVE

www.essexwt.org.uk

The wet weather in late July and early August encouraged lush vegetation growth in the reserve, with nettle and bramble in particular doing their best to reclaim the visitor paths. Whilst keeping the paths clear I am conscious that the nettles are a top food plant for the larva of many moths and butterflies while the bramble flowers are an important nectar source for many moths, butterflies, bees and other insects. As I write this in early August there are Red Admiral, Peacock, Comma and Gatekeeper butterflies on the bramble flowers. I have had a report of Purple Emperor in the reserve this summer, although I have not seen one myself, so keep a look out for this spectacular butterfly. We are always interested in hearing about what you have seen at the reserve so do send in your sightings.

I have been asked why we ask visitors to clear up and remove their dog poo. It is very unpleasant to step on, and adds unwanted nutrients to the soil. This can be disastrous for rare plants that are adapted to low nutrient levels. As the soil nutrients increase, these plants are crowded out by nutrient-loving plants like nettles.



In September the volunteer work parties will cut the meadow areas. Whilst this looks destructive, the vegetation is only removed once the seeds have had the chance to fall to earth. The objective is to maintain the meadows for a wide variety of flowers and other plants and to prevent certain species becoming overly dominant. This in turn benefits a wider range of insect species and creates a superior base for the food chain.

John Welham
Warden

Email: communications@essexwt.org.uk



STANSTED MOUNTFITCHET u3a

www.u3asites.org.uk/stansted/home

Our August Seminar: *H G Wells – The Realist and the Dreamer*, was led by Patrick Parrinder, President of the H G Wells Society. We are looking forward to welcoming Meryl Wingfield, a sustainability leader in a big global energy company who will be leading the next Saturday seminar on **2nd September** 9.30am-noon. We are moving the venue for this seminar to St John's Church Hall to provide a café style

event with audience participation. The title is *Saving Humanity with a Doughnut* and Meryl will speak about our planet being in such a precarious position due to climate change and loss of nature, caused by human exploitation. In the UK we have more flooding and heatwaves than ever before, and we are ranked in the bottom 10% globally for the health of our nation. Doughnut Economics is one proposal to solve this problem. Intrigued? Tickets £7 from stanstedseminars@gmail.com.



The Bus Pass Group enjoying a visit to Colchester

The Garden Group is planning a visit in September to the Tudor Walled Garden at Cressing Temple and the Antiques and Collectibles Group will make a trip to Halstead Antiques Centre. At the monthly meeting on **Thursday 21st September** at 2.00pm in St John's Hall, we will be welcoming Charley Haylock as our speaker. I am sure many of you will remember how entertaining he can be. He will be describing his role as voice coach to Ralph Fiennes while making the recent film version of John Preston's novel about the 1939 excavations at Sutton Hoo. The East Anglia u3a has become the first in the country to start a regional interest group. It is an aviation group and they meet on Zoom on the first Tuesday of the month 10.00am-11.30am. You can find more details on our website.

Eileen Quinn

Tel: 07874 385541

Email: stanstedu3a@gmail.com



THE PLACE ON THE HILL

www.stanstedfreechurch.org.uk

The Place continues to offer a friendly warm space for all adults on **Wednesdays 10.00am-noon**. Join us for free coffee, cakes and biscuits in good company - what more could you ask? We even have a jigsaw you can work on. There is no need to book, just come along to the Free Church at the bottom of Chapel Hill and save on your home's energy bills. If you have children, please come along to *Fun Place on the Hill* which opens on Fridays; see separate article for more information.



Mike and Marion Dyer

Tel: 814059

Email: theplace@stanstedfreechurch.org.uk

ST JOHN'S YOUTH FELLOWSHIP

Hearing the sad news of Malcolm Treacher's death in May prompted me to dig out some old photographs. This one was taken in December 1947 at the Central Hall in Chapel Hill, now converted into flats and known as The Court House.

Pictured below are the Stansted St John's Youth Fellowship with Malcolm looking very cheerful in the front row. Just two of us are still living in Stansted and other faces will be known to some Stansted residents.



Back row (l-r): Alan Porter, Susan Smith, Betty Waterman, *Pat Welford*, Janet Ramsey, Mary Murray, *Rosemary Goodey*, Jean Turner, *Brenda Hudgell*, John Pape

Second Row: Ian Roberts, *John Mumford*, Ena Silvester, Tom Johnson, Nancy Gillam, *Terence Harnetty*, Audrey Warwick, Keith Turner, Patricia Bull

Seated: *Joyce Johnson*, Margaret Silvester, Malcolm Treacher, Nesta Millwood, Douglas Rose, Joan Jordan, *John Sewell*, Anne Robinson, *Angela Ripley*

I would be very pleased to hear from anyone who has information about those shown above in italics. Thank you.

Audrey Rodgers
Tel: 812162
Email: afcr1931@gmail.com

The President's Cup

After Michael Wilde sadly had to pull out of this competition on Saturday 1st July, due to injury, Club president Martyn Taplin stepped in. With his partner in the draw, Caroline Mott, they went on to win the annual tournament, beating Diane Brown and Adrian Olver 6-3, in a nail-biting final. In the consolation draw, the outcome of the final hung in the balance until the last point. Carol Cook and Sam Arnold took it right down to the wire, beating Sandra Ayres and Trevor Lloyd 4-3. Many thanks to all the players and to the organiser Caroline Mott for such an enjoyable afternoon. The Club holds many tournaments throughout the year for ladies, men, mixed and juniors and we also have several teams playing in the local leagues. If you would like to join, please go to our membership page on our website for further details.



Club Sessions

Sunday, Wednesday and Friday mornings and Wednesday evenings; Men's club nights first Monday of the month, ladies' nights second and fourth Monday. Non-members welcome, £2 visitor's fee.

Rusty Rackets

Adults try-out sessions, Sundays 9.00am-10.00am. Visitors welcome, £2 fee.

Coaching

LTA qualified coach Ollie Toms continues his popular coaching programmes for all ages, call 07917 652014 or visit www.olliestennis.co.uk for more information.

Fiona Kelly

Email: contact@stanstedtennisclub.co.uk



STANSTED BOWLS CLUB

We were very pleased to hear that our application for a grant of £2,000 from London Stansted Airport Community Fund (LSACF) was successful, and we were therefore able to purchase: website, cash register, card reader, bottle cooler and two new ovens. Many thanks indeed to LSACF.

The Emerson competition is gathering pace, with two more games to play, good wishes to you all. Inter-club competitions are continuing in between the rain showers! The A Team are through to the League Final to be held at Elsenham Bowls Club on **Sunday 10th September**, time still to be confirmed. We wish them well. Check notice boards for Club Presentation Dinner on 25th November.

September Weekend Friendlies

Sunday 3rd 2.30pm Lionmede at home
Saturday 16th 10.00am Finals day
 Saturday 23rd 2.30pm Last bowl at home

Visitors are always welcome at home matches.

Doreen Scraggs

Hon Secretary

Tel: 07881 852833 or 815036

Email: doreenscraggs@talktalk.net



STANSTED FOOTBALL CLUB

It was an encouraging start to the new season for the First Team; our debut game in the Spartan South Midlands League proved to be a tough start. However, the team gave its usual committed performance and despite having to endure periods of the game when the defence was under severe pressure, they stood firm and thoroughly deserved to come away with a share of the points scoring a late equaliser. What was also pleasing was the number of local supporters who also made the journey; their encouragement was fantastic. This set us up for a home FA Cup tie against Stotfold who were favourites to win. With 250 supporters, we were worthy 2-1 winners. We now progress to the next round where we face a trip to Brightlingsea Regent, so fingers crossed we will still be in the competition when you read this article in September. The other FA Competition in which we still hope to be competing during September is the FA Vase, which of course is a competition which has a huge historical significance for the Club. This is the 30th year anniversary when the village was draped in blue and white as a number of supporters' coaches made the trip to Wembley to witness the team win the FA Vase against Stamford 3-2.

In the middle of their pre-season is our Over 45s Veterans under new manager Terry Gardner; they have been busy recruiting new players to bolster their squad as they hope to mount a serious promotion challenge this coming campaign. In league matters we begin our home campaign this month with three games in a week.

September Fixtures at Hargrave Park

9 th	Tring	3.00pm
12 th	St Panteleimon	7.45pm
16 th	Aylesbury Vale Dynamos	3.00pm



Tom Williams

Secretary

Tel: 07921 403842

STANSTED JUNIOR CRICKET CLUB

www.stanstedcc.hitscricket.com

The Stansted Junior Cricket Club season has drawn to an end, as always just as we were getting into the swing of things. The U13s had some wonderful games that were all close and came out victorious on two occasions. The U12s won one and came close at other times. The U10s performed extremely well in the games they played in, winning three matches. The future looks very promising for this wonderful sport, certainly in this vicinity. We rounded it off with a fantastic presentation evening and BBQ which was extremely well supported.



Special thanks to the coaches who give up their time every week for games and training and also to our proud sponsor Russell Properties. I would also like to thank the generous parents and businesses who have contributed to the GoFund me page for helping us buy a much-needed softball bowling machine. Plans are already afoot for next season, and we will be looking to enter an U15s team into the league. Four of our juniors have represented the Senior teams this season so far: Tom Mclean, Jack and Ryan Cope and Wilson Bushnell. If you wish to sign your child up for 2024, please contact me.

Matt Cope
Junior Cricket correspondent
Tel: 07583 106408



www.stanstedbusinessforum.com

We celebrated our 10th anniversary in March with the aim of supporting local businesses and encouraging residents to think and buy local. Stansted Business Forum (SBF) is the local voice of business in the community and do everything we can to support our members and the wider business community. Our monthly meetings enable local businesses to showcase their trade and experience the power of networking. We publish a directory of members. We also build positive links with the community and local schools and have fostered friendship and connections with Rungis in France, which is twinned with Stansted. We contact local councillors for help and advice and to support local charities.

We are absolutely delighted to have our local MP Kemi Badenoch as our guest speaker at our lunch on **Friday 1st September** at the Linden. Kemi will be talking about *Trade and Business*, followed by questions, and all local businesses are welcome. We have a long history of linking with MPs and councillors and this will be a special visit for us. To book your place for the lunch, please email James Garratt at hello@stanstedbusinessforum.com



Iris Evans
Treasurer



STANSTED HALL & ELSENHAM CRICKET CLUB

England failed to regain The Ashes but were rather unlucky as all five test matches were well contested and could have gone either way. The Australians return down under as World Champions in Test Match Cricket and take a replica of the Urn home. Many youngsters have enjoyed the series and more want to play cricket which is very good news for all clubs.

Our U14s won the West Essex District Cricket Board in a closely fought final against Audley End – see photo below. The Hall scored 109-9 thanks to an aggressive 30 from Eli Fletcher. Audley End ended up on 107-7 thanks to JJ Petch and Eli Fletcher both taking three wickets. The Club's U13s have also reached the final which will be played soon against Dunmow. The season for the junior section will be rounded off with a two-day Cricket Camp and a Presentation Day BBQ and drinks. A thoroughly successful and enjoyable season was had by players and parents. The senior teams continue to do exceptionally well. The 1st XI is second in the Herts and Essex Border League Premier Division. The team have not lost a match since early June but just cannot catch a very good Matching Green team. The 2nd XI have performed very well and are top of Division 3 with promotion only two wins away. A great blend of youngsters guided by experienced players has worked very well.



The close season will soon be upon us but a golf day, music and general knowledge quizzes have already been organised. Indoor nets for both juniors and seniors will be arranged for the winter months. As ever, if you have an interest in cricket and want to get involved in a club, my details are below. We look forward to hearing from you.



David Brown
Tel: 831011 Mob: 07788 999663
Email: david1.r.brown@gmail.com

DIRECTORY OF LOCAL CLUBS AND ORGANISATIONS

494 (Stansted Airport) Squadron ATC	Squadron Chairman: Sqn Ldr (Ret'd) Michael Dodd Tel: 07808 635652 Email: chair.494@rafac.mod.gov.uk	Rotary Club	Peter Latham Tel: 881607 Email: stortvalleyrotary@gmail.com
Beaver Scouts Age 6-8	Angela Madigan Tel: 01371 513028	St Clare Hospice	Rebecca Day Email: info@stclarehospice.org.uk
BS Beekeepers	Kate Walker Tel: 07399 197756 Email: secretary@stortfordbees.org.uk	St John's Road and Area Association	Secretary: David Marchant Email: david@marchant.com
Bowls Club	Doreen Scraggs Mob: 07881 852833 Home: 815036 Email: doreenscraggs@talktalk.net	Scouts (age 10½ -14)	Mike Byrne Tel: 812780
Brownies (Tue)	Kathy Shearman Tel: 07724 355533	Stansted and District Past Rotarians Club	Geoff Lay Email: geoff.lay@ntlworld.com
Brownies (Wed)	Susan Scott Tel: 810955	Stansted Badminton Club	Vince Tel: 07793 000107 Raj Tel: 07775 915418
CAB	Tel: 01799 618840	Stansted Business Forum	Iris Evans Email: iris.evans9@gmail.com
Corkers Netball	Lizzie Read Tel: 07770 594848	Stansted Cricket Club (Adults)	Ben Sammons Tel: 07852 510330 Email: bensammons3178@gmail.com
Cub Scouts Age 8-10½	Emma Croutcher Email: croutchere@gmail.com	(Juniors)	Keith Ayres Tel: 814471
Explorer Scouts	Paul Thorneycroft Tel: 01371 876784	Stansted Football Club	Tom Williams Tel: 07921 403842
Friends of St Mary's Church	Lynda Dale Tel: 07716 099474 Email: lynnydale@hotmail.com	Stansted Hall and Elsenham Cricket Club	David Brown Tel: 831011/07788 999663 Email: david1.r.brown@gmail.com
Garden Club	Maralyn Harris Tel: 07919 478144	Stansted Social Club	Andrew Sharpe Tel: 812992 Email: stanstedclub@gmail.com
Grove Cottage	Sarah Smith Email: comms@mencapgrovecottage.org	Stansted Sparks Netball	Gemma Snelling Tel: 07894 944242 Email: gemmasnelling@me.com
Guides	Jennifer Jarvis Tel: 814434	Stansted Speed Watch	Warren Vickers Tel: 813996 Email: vickersw@aol.com
Helpline	Tel: 07704 553727	Stansted Tennis Club	Debbie Lane Tel: 07870 971983 Email: debbieglane@gmail.com
History Society	Roger Barrett Tel: 814216 Email: rbarrett54@gmail.com	Talking Newspaper (BS and District)	Richard Barnett Tel: 651270 Email: familybarnett24@hotmail.com
Human Roots	Keiran Oliver Tel: 07946 783039 Email: keiran@humanrootscommunity.org.uk	The Hundred Parishes Society	Ken McDonald Tel: 813226 Email: hundredparishes@btinternet.com
Huw Johnson Club	Ellen Brooks Tel: 07800 896516 Email: ellenbrooks@hotmail.co.uk	TouchPoint	Shirley Johnson Tel: 07572 114882 Email: info@thetouchpoint.org
Let's Talk, Stansted Mental Health Support	Richard Haywood Tel: 07794 268208 Email: contact@stanstedmentalhealth.org	Town Twinning	Chairman: Geraldine Allars Tel: 07833 089298 Email: twinning@stansted.net
Little Scrummers	Andrew Poyser Tel: 07738 591232	u3a	Susan Sedgebeer Email: bertiestar@gmail.com
Millers (Windmill)	Tudor Owen Tel: 810805 Email: info@stanstedwindmill.co.uk	WI (Stansted)	Linda Gurr Tel: 07743 549241
music@stansted (Classical concerts)	Sonia Levy Tel: 815282 Email: contactus@musicatstansted.co.uk	WI (Ugley)	Dorothy Wallace Tel: 850215
Neighbourhood Watch	Linzi Shelford Tel: 07427 377118 Email: linzishelford@hotmail.com	Youth Centre	Essex Youth Services Tel: 07584 140507
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Rainbow Pre-School	Gill Pursglove Tel: 814242/ 07966 506997 Email: admin@rainbowpreschool.net		
Rainbows (Fri)	Sue Pollard Tel: 813734		

Note: This list will be updated as and when we learn of any changes. If you would like your organisation to be added please let us know. Contact details are on page 1.

BIRTHDAYS, ANNIVERSARIES or SPECIAL OCCASIONS

If you would like to mark any occasion that is special to you or someone you know, by announcing it in the Link, please email a short message together with your name address and telephone number to: announcements@stanstedlink.org.uk or send the details to 7 Blythwood Gardens, Stansted CM24 8HG. Details must be submitted by the 8th of the month for publication the following month.

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